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› doTERRA Lemongrass Essential Oil 15 mL Instruction Manual

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Brand: doTERRA | Model: Lemongrass Essential Oil 15 mL

dōTERRA
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PRODUCT OVERVIEW

doTERRA Lemongrass Essential Oil is derived from the lemongrass plant (*Cymbopogon flexuosus*) and is known for its distinct herbaceous, smoky aroma. This essential oil is valued for its versatile applications, including supporting healthy digestion, providing a refreshing sensation when applied topically, and purifying the air when diffused.



Image: Two 15 mL bottles of doTERRA Lemongrass Essential Oil, showcasing the product packaging.

KEY FEATURES AND BENEFITS

- **Digestive Support:** When taken internally, Lemongrass essential oil supports healthy digestion.
- **Topical Refreshment:** Creates a refreshing sensation when applied to the skin.
- **Aromatic Purification:** Diffusing Lemongrass oil helps to brighten and refresh your space.
- **Culinary Flavoring:** Can be used to flavor entrées and meat dishes.
- **Massage Blend:** Mix a few drops with a favorite massage blend for a soothing experience.

USAGE INSTRUCTIONS

Follow these guidelines for safe and effective use of doTERRA Lemongrass Essential Oil.

Aromatic Use:

- Diffuse 3-4 drops of Lemongrass essential oil in an essential oil diffuser to create a refreshing and inspiring atmosphere.

Topical Use:

- Dilute 1-2 drops of Lemongrass oil with a carrier oil (such as fractionated coconut oil) and apply to the desired area of the skin. This helps to minimize skin sensitivity.
- For a soothing massage, mix a few drops with a preferred massage blend.

Internal Use:

- Add 1-2 drops to food or drink to support healthy digestion.
- Always follow dilution guidelines for internal consumption.



Image: An infographic detailing various applications and benefits of Lemongrass essential oil.

SAFETY INFORMATION

- Possible skin sensitivity. Always dilute with a carrier oil for topical application to minimize sensitivity.
- Keep out of reach of children.
- Avoid contact with eyes, inner ears, and sensitive areas.
- Consult a healthcare professional if pregnant, nursing, or if you have a medical condition before use.

PRODUCT SPECIFICATIONS

Specification	Detail
Brand	doTERRA
Scent	Lemongrass
Volume	15 mL (0.51 Fl Oz) per bottle
Product Dimensions	0.98 x 0.98 x 2.56 inches
Item Weight	3.53 ounces

Special Feature	Pure, Undiluted, Aromatherapy
Manufacturer	doTERRA
ASIN	B0BM3DSZ21

MEDIA GALLERY

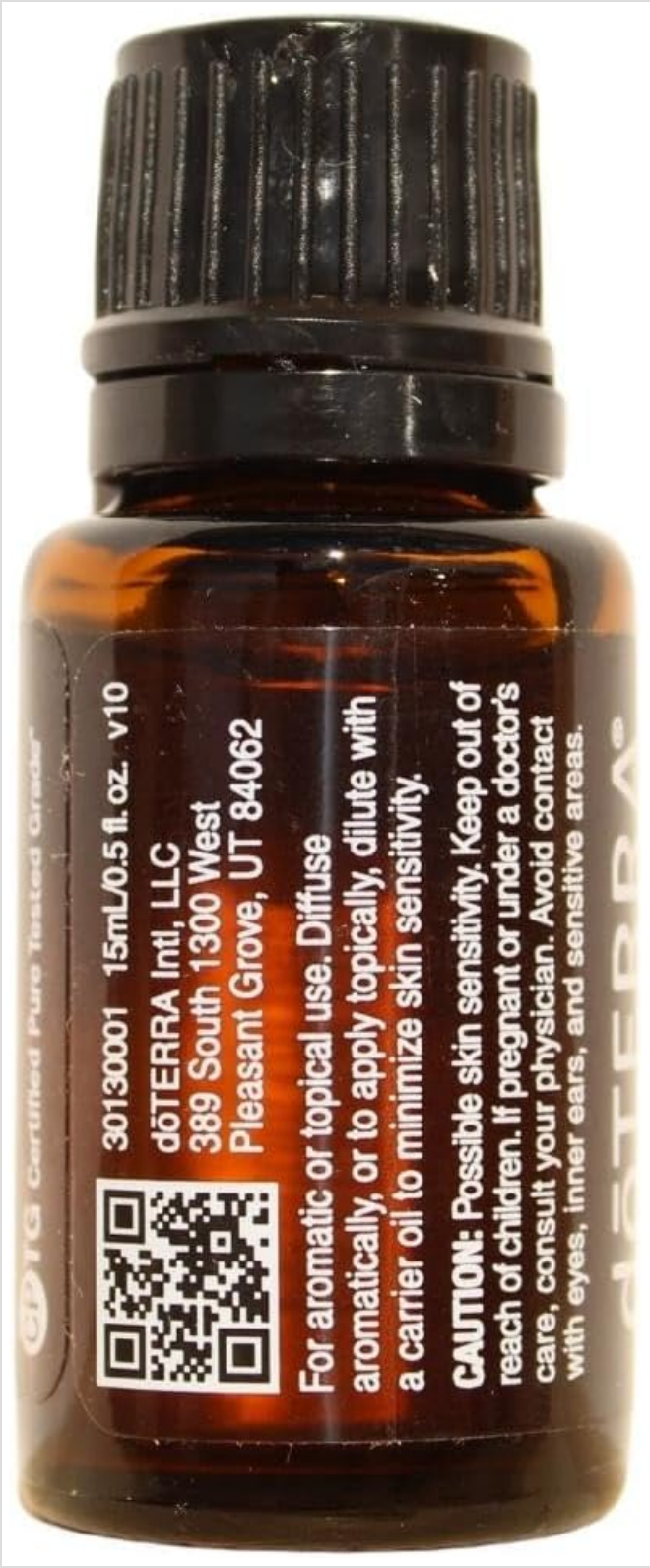


Image: A 15 mL doTERRA Lemongrass Essential Oil bottle, displaying detailed label information including botanical name and safety warnings.



Image: A doTERRA Lemongrass Essential Oil bottle held in a hand, with a soft floral background.



Image: A doTERRA Lemongrass Essential Oil bottle, accompanied by fresh lemongrass stalks on a textured surface.



Image: A close-up of a healthy lemongrass plant in its natural environment.



Image: A doTERRA Lemongrass Essential Oil bottle positioned on a rock, highlighting its natural origin.

Official Product Videos

No official product videos from the seller are available for this specific product.

LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

WARRANTY AND SUPPORT

Specific warranty information for doTERRA Lemongrass Essential Oil is not provided in the available product data. For detailed warranty information or customer support, please visit the official doTERRA website or contact their customer service directly.

You can visit the doTERRA Store for more products and information:[doTERRA Official Store](#)

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ASK A QUESTION ABOUT THIS MANUAL

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Email

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question