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> Qulomvs Mesh Ergonomic Office Chair with Footrest (Model C008) - Instruction Manual

Qulomvs C008

Qulomvs Mesh Ergonomic Office Chair with Footrest

Model: C008

INTRODUCTION

Thank you for choosing the Qulomvs Mesh Ergonomic Office Chair with Footrest. This manual provides comprehensive instructions for the assembly, operation, and maintenance of your new office chair. Please read this manual carefully before assembly and use to ensure proper function and safety. Keep this manual for future reference.



Figure 1: The Qulomvs Mesh Ergonomic Office Chair with Footrest, showcasing its design and features.

SAFETY INFORMATION

- **Maximum Weight Capacity:** This chair is designed to support a maximum weight of 300 pounds (136 kg). Do not exceed this limit.

- Ensure all screws and bolts are securely tightened before initial use. Periodically check and re-tighten as necessary to maintain stability.
- Do not stand on the chair.
- Use the chair only on a stable, level surface.
- Keep hands and feet clear of moving parts during adjustment to prevent injury.
- This chair is intended for indoor use only.

PACKAGE CONTENTS

Before beginning assembly, please verify that all components are present and undamaged. If any parts are missing or damaged, contact customer support.

- 1x White Office Chair with Footrest (disassembled)
- 1x Bag of Screws (all necessary fasteners)
- 1x Installation Instruction Paper
- 1x Installation Tool (Allen wrench)

SETUP AND ASSEMBLY

Assembly is straightforward and typically takes approximately 15 minutes. All necessary tools and hardware are included in the package. Follow the included instruction paper step-by-step for detailed guidance.

1. Unpack all components and lay them out on a clean, soft surface to prevent scratches.
2. Attach the casters to the chair base. Ensure they click securely into place.
3. Insert the gas lift cylinder into the center hole of the chair base.
4. Attach the seat mechanism to the underside of the seat cushion using the provided screws.
5. Place the seat assembly onto the gas lift cylinder.
6. Attach the backrest to the seat mechanism using the designated screws.
7. Install the armrests to the seat and backrest as per the instructions.
8. Attach the headrest to the top of the backrest.
9. Slide the footrest assembly into its designated slot under the seat.
10. Verify all connections are tight and the chair is stable before use.

For visual guidance, refer to the detailed installation manual (PDF) available online or the included instruction paper.

OPERATING INSTRUCTIONS

Your Qulomvs office chair offers multiple adjustments for personalized comfort and ergonomic support.

1. Seat Height Adjustment

To adjust the seat height (from 17.9" to 20.2"):

- To raise the seat: While standing, pull the **LIFT** lever (right lever) upwards. The seat will rise. Release the lever at the desired height.
- To lower the seat: While seated, pull the **LIFT** lever (right lever) upwards. The seat will lower. Release the lever at the desired height.



Figure 2: Chair dimensions and maximum height/weight capacity. Max height 74.8", Max weight 300lbs. Seat height adjustable from 17.9" to 20.2".

2. Backrest Recline and Tilt Lock

The backrest can recline from 90 to 135 degrees. To adjust the recline:

- To recline: Pull the **TILT** handle (left lever) outwards to unlock the backrest. Lean back to the desired angle. Push the handle inwards to lock the backrest in position.
- To return to upright position: Pull the **TILT** handle outwards, lean forward slightly, and then push the handle inwards to lock.

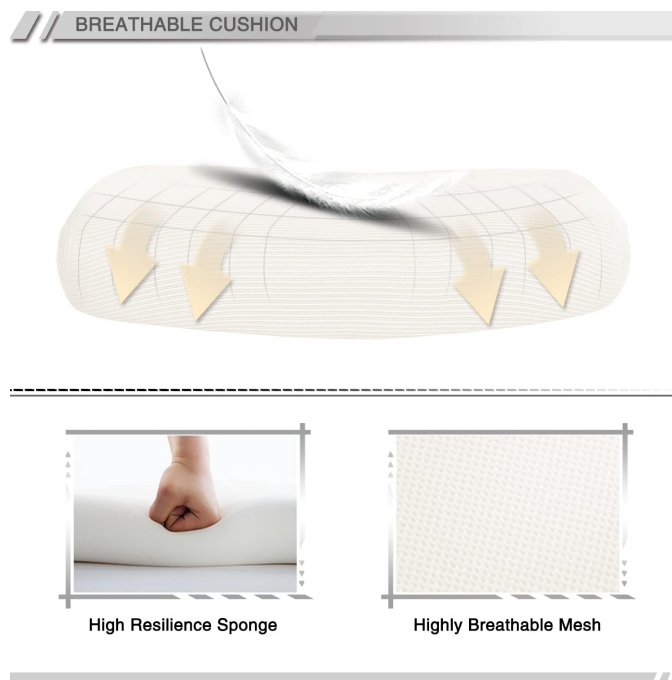


Figure 3: Illustration of the chair's recline function (90-135 degrees) and the tilt and lift levers.

3. Lumbar Support Adjustment

The lumbar support can be adjusted vertically to provide optimal support for your lower back.

- Locate the lumbar support knob or lever on the back of the chair.

- Adjust it up or down to find the position that best supports the natural curve of your spine.

COMFORTABLE HEADREST

- Adjusts for ergonomic head and neck support
- Soft, breathable fabric for ultimate comfort



Figure 4: Close-up of the adjustable lumbar support mechanism on the chair's backrest.

4. Headrest Adjustment

The headrest can be adjusted up and down to support your neck and head.

- Grasp the headrest and gently pull it up or push it down to your preferred height.



ADJUSTABLE LUMBAR

- Adjusts for an enhanced ergonomic fit
- Hugs your lower back for added support

Figure 5: Illustration of the adjustable headrest for neck and head support.

5. Footrest Operation

The retractable footrest provides additional comfort for reclining or resting your legs.

- To extend the footrest: Pull the footrest out from under the seat.
- To retract the footrest: Push the footrest back under the seat until it is fully stored.

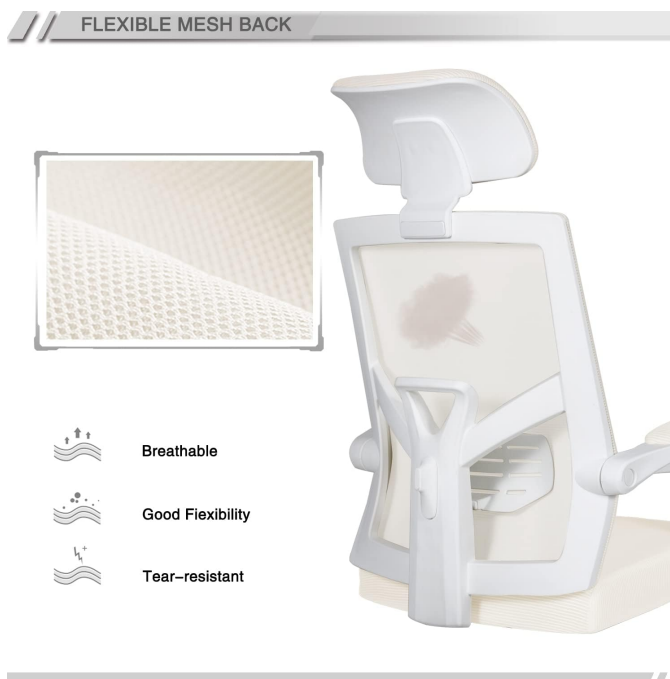


Figure 6: The chair with its footrest extended, demonstrating its use for relaxation.

6. 360-Degree Swivel and Rolling Casters

The chair features a 360-degree swivel function and smooth-rolling casters for easy movement around your workspace.

- The chair can rotate freely in any direction.
- The casters are designed for smooth movement on hard floors.



Figure 7: Detail of the chair's heavy-duty metal base, high-quality gas lift, and smooth 360-degree rotating casters.

7. Armrest Functionality

The armrests are designed to provide support and can be flipped up or down to suit your preference or to save space.

- To raise the armrests: Gently lift the armrests upwards until they lock into a vertical position.
- To lower the armrests: Release the lock (if applicable, or simply push down) and lower the armrests to a horizontal position.

MAINTENANCE

Proper care will extend the life and appearance of your chair.

- **Cleaning:** Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners. For mesh areas, a soft brush can be used to remove dust.
- **Inspection:** Periodically check all screws and bolts to ensure they are tight. Re-tighten if necessary to maintain stability and safety.
- **Casters:** Keep casters free of hair and debris to ensure smooth rolling.
- **Storage:** Store the chair in a dry, cool environment away from direct sunlight to prevent material degradation.

TROUBLESHOOTING

If you encounter any issues with your chair, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Chair wobbles or feels unstable.	Loose screws or uneven assembly.	Check and tighten all assembly screws. Ensure the chair is on a level surface.
Seat does not adjust height.	Gas lift malfunction or lever not engaged.	Ensure the height adjustment lever is fully engaged. If the issue persists, the gas lift may need replacement. Contact customer support.
Backrest does not recline or lock.	Tilt mechanism locked or damaged.	Ensure the tilt lock lever is disengaged. Check for any obstructions in the recline mechanism.
Casters do not roll smoothly.	Debris caught in casters.	Clean any hair, dust, or debris from the caster wheels.

SPECIFICATIONS

- **Brand:** Qulomvs
- **Model Name:** C008
- **Color:** Cream White
- **Material:** Mesh (backrest), Foam (seat)
- **Frame Material:** Aluminum
- **Product Dimensions (Depth x Width x Height):** 25.2" x 25.2" x 46.2"
- **Seat Height:** Adjustable from 17.9" to 20.2"
- **Seat Depth:** 20.1 inches
- **Chair Backrest Width:** 20.08 Inches
- **Maximum Weight Recommendation:** 300 Pounds
- **Features:** Adjustable Headrest, Adjustable Height, Foot Rest, Reclining (90-135 degrees), Rolling, 360-degree Swivel
- **Assembly:** Required, easy to follow instructions included
- **Recommended Use:** Office, Indoor

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the contact details provided with your purchase documentation or visit the official Qulomvs website. Please have your model number (C008) and purchase date available when contacting support.