

Thera Care 24-312

TheraCare Digital 12" x 15" Heating Pad

INSTRUCTION MANUAL

Model: 24-312 | Brand: Thera Care

Important Safety Information

DANGER: BURNS MAY OCCUR FROM IMPROPER USE. TO REDUCE THE RISK OF BURNS, ELECTRIC SHOCK AND FIRE, THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS.

- Read all instructions before use.
- Do not use while sleeping.
- Burns may occur regardless of control setting. Check the skin under the pad frequently to avoid burning and blistering.
- Do not use on an infant or an animal.
- This pad is not to be used by or on an invalid, sleeping, or unconscious person, or a person with poor blood circulation unless carefully attended.
- Do not use on skin areas of sensitive skin.
- Never use pad without the removable cover in place.
- Do not use in an oxygen enriched environment or near equipment which stores/emits oxygen.
- Place pad on top of and not under the part of the body needing heat.
- Do not sit on, or against, or crush pad. Avoid sharp folds.
- Do not put this pad in a microwave.
- Never pull this pad by the supply cord. Do not use cord as a handle.
- Unplug when not in use.
- Carefully examine inner vinyl cover before each use. Discard the pad if vinyl covering shows any signs of deterioration (such as blistering or cracking).
- Loop cord loosely when storing as tight wrapping may damage cord and internal parts.
- This unit should not be used by children without adult supervision.
- Do not tamper with this pad in any way.

- Never use pins or other metallic means to fasten this pad in place.
- There are no user-serviceable parts. If for any reason this pad does not function satisfactorily, return it directly to the manufacturer for repair or replacement.
- Do not use this pad with liniment, salve or ointment preparations, especially ones that contain heat-producing ingredients, as skin burns may result.
- Never leave the heating pad unattended, especially if children are present.
- Do not bend or pinch cord; do not use if cord is damaged.
- Use this pad only on a 120 volt AC circuit.

CAUTION: READ AND FOLLOW ALL INSTRUCTIONS BEFORE USE. SAVE THESE INSTRUCTIONS.

Product Features

- **Targeted Heat Therapy:** Soothes aching muscles and stiff joints, increases blood flow for faster healing and pain relief.
- **Digital Control:** Easy-to-use controller for precise temperature adjustments from 110°F to 160°F.
- **Automatic Shut-Off:** Safety feature with selectable 30 or 60-minute timer.
- **Comfortable Size:** Generous 12" x 15" dimensions for versatile application on various body parts.
- **Long Power Cord:** A 9-foot power cord provides convenience and flexibility during use.
- **Easy to Clean:** Features a machine washable, removable plush cover.
- **Moist & Dry Heat Options:** Offers both dry heat for quick therapeutic warmth and moist heat for deeper penetration into muscles.

THERACARE
HEAT THERAPY

Digital Heating Pad

MOIST OR DRY HEAT

Soothes and Relaxes Muscles with Therapeutic Warmth

TARGETED HEAT THERAPY

- Digital Display Controller
- Programmable 1-Hour Timer
- Customizable Temperature Thermostat



RANGE FROM 110°F TO 160°F

1 PAD 12 IN. x 15 IN. (30.5 CM x 38.1 CM)



Image: TheraCare Digital Heating Pad with its digital controller displaying a temperature of 120°F.

THERA|CARE®

by Veridian Healthcare

WHY THERA|CARE®?

- ✔ Effective for acute injury recovery
- ✔ 3-Year limited warranty
- ✔ Ultra-soft
- ✔ Washable cover
- ✔ Multiple heat settings
- ✔ Auto shut-off
- ✔ Moist & Dry Heat



Image: A woman applying the TheraCare heating pad to her shoulder, highlighting its key features.

Package Contents

- 1 x TheraCare Digital Heating Pad (12" x 15")
- 1 x Removable, Machine Washable Plush Cover
- 1 x Digital Controller with 9-foot Power Cord

Setup

1. **Unpack:** Carefully remove the heating pad and all accessories from the packaging.
2. **Attach Cover:** Ensure the plush cover is securely placed over the heating pad. The cover is designed to prevent direct contact with the heating element and should always be used.
3. **Position Pad:** Place the heating pad on the desired area of your body. Ensure the pad is not folded, crushed, or placed under your body.
4. **Connect to Power:** Plug the power cord into a standard 120V AC electrical outlet.

Operating Instructions

1. **Turn On:** Press the 'ON/OFF' button on the digital controller to turn on the heating pad. The display will illuminate.
2. **Adjust Temperature:** Use the 'TEMP' up and down arrows to select your desired heat level. The temperature range is from 110°F to 160°F. The current temperature will be displayed on the screen.
3. **Set Timer:** Press the 'TIMER' button to cycle through the automatic shut-off options: 30 minutes or 60 minutes. The selected time will be indicated on the display. The pad will automatically turn off after the set time.
4. **Turn Off:** To manually turn off the heating pad, press the 'ON/OFF' button again. Always unplug the unit from the electrical outlet when not in use.

USER-FRIENDLY DESIGN



Temperature range from 110°F to 160°F



Shut-off timer of 30 or 60 minutes



Easy-to-handle design



Image: Close-up of the digital controller, illustrating temperature and timer adjustment buttons.

Moist Heat Application

For enhanced therapeutic benefits, the TheraCare heating pad can be used with moist heat. Follow these steps:

1. **Dampen Cover:** Lightly dampen the removable plush cover with water. Ensure the cover is moist but not dripping wet.
2. **Place Cover:** Securely place the damp cover over the heating pad.
3. **Apply:** Apply the heating pad with the damp cover to the desired area of your body.
4. **Operate:** Follow the standard operating instructions to turn on and adjust the heat settings.

Care and Maintenance

1. **Unplug:** Always unplug the heating pad from the electrical outlet before cleaning.
2. **Remove Cover:** Detach the plush cover from the heating pad.
3. **Wash Cover:** The plush cover is machine washable. Wash on a gentle cycle with cold water. Tumble dry on low heat or air dry. Do not bleach or iron.
4. **Clean Pad:** The heating pad itself is wipeable. Use a damp cloth to gently clean the surface if necessary. Do not immerse the heating pad in water.
5. **Storage:** When not in use, store the heating pad with the cord loosely coiled. Avoid tight wrapping, which can damage the cord and internal parts. Store in a cool, dry location.

MACHINE WASHABLE

HASSLE-FREE CLEANING



Remove the pad
to wash the cover

Image: Demonstrating the removal of the machine washable plush cover from the heating pad.

Troubleshooting

Problem	Possible Cause	Solution
Heating pad does not turn on.	Not properly plugged in; power outage; controller malfunction.	Ensure the power cord is securely plugged into a working 120V AC outlet. Check household circuit breaker. If issues persist, contact customer support.
Heating pad is not heating sufficiently.	Low heat setting selected; pad not positioned correctly.	Increase the temperature setting using the 'TEMP' buttons. Ensure the pad is placed directly on the desired body area and not folded.
Heating pad feels too hot.	High heat setting selected; prolonged use.	Decrease the temperature setting. Discontinue use if discomfort occurs. Always check skin frequently.
Automatic shut-off activates too soon.	Timer set to a shorter duration.	Adjust the timer setting to 60 minutes if a longer duration is desired.

Specifications

Feature	Detail
Model Number	24-312
Product Dimensions	12 x 15 x 1 inches
Item Weight	1.15 Pounds
Material	Fleece
Color	Gray
Temperature Range	110°F - 160°F
Automatic Shut-Off	30 or 60 minutes
Power Cord Length	9 feet
Manufacturer	Veridian Healthcare

PERFECT SIZE THAT FITS YOU

- ✔ Reduces stiffness in joint areas
- ✔ Improves circulation
- ✔ Releases accumulated tension

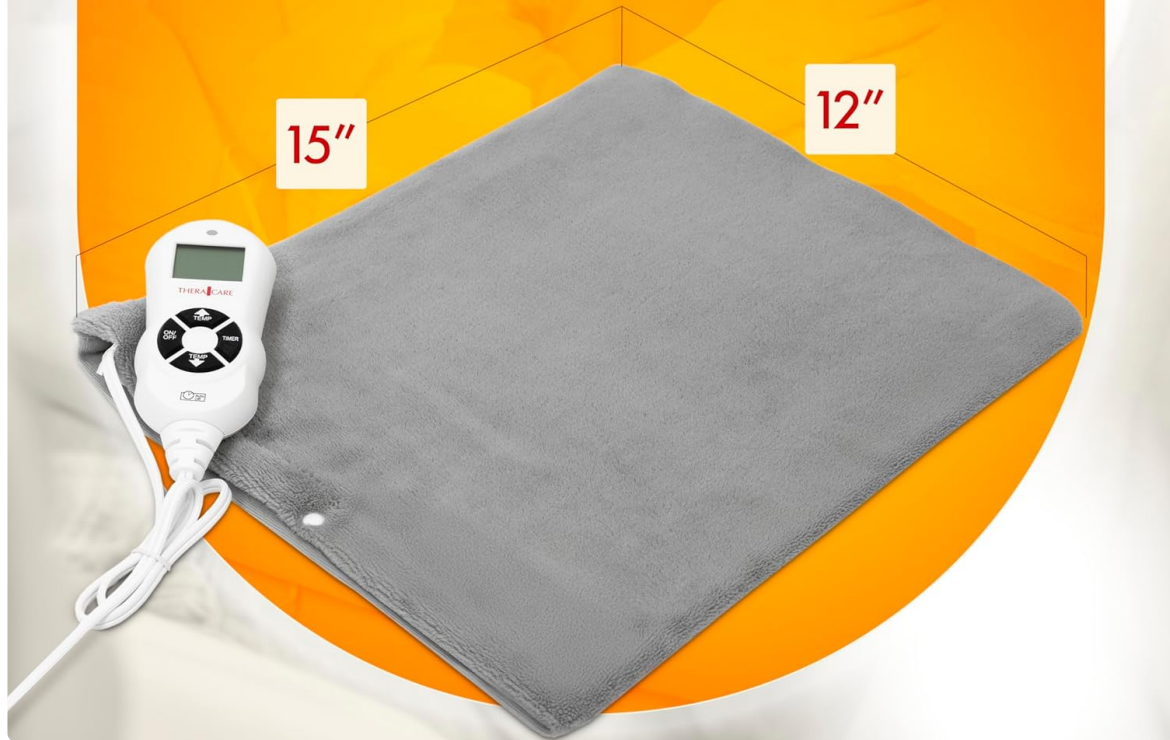


Image: The TheraCare heating pad laid flat, illustrating its 15-inch by 12-inch dimensions.

Warranty and Support

The TheraCare Digital 12" x 15" Heating Pad comes with a **3-year limited warranty** from the manufacturer, Veridian Healthcare. This warranty covers defects in materials and workmanship under normal use.

For any product inquiries, technical assistance, or warranty claims, please contact the dedicated Customer Care Help Line provided by Veridian Healthcare. Refer to the product packaging or the official Thera Care website for contact details.

Official Product Video

Your browser does not support the video tag.

Video: An official product video from Veridian Healthcare LLC, demonstrating the Thera Care Heating Pad's use on various body parts like the back, legs, and abdomen.

