

## Citizen NY0040-09W

# Citizen Promaster Marine Automatic Watch Instruction Manual

Model: NY0040-09W

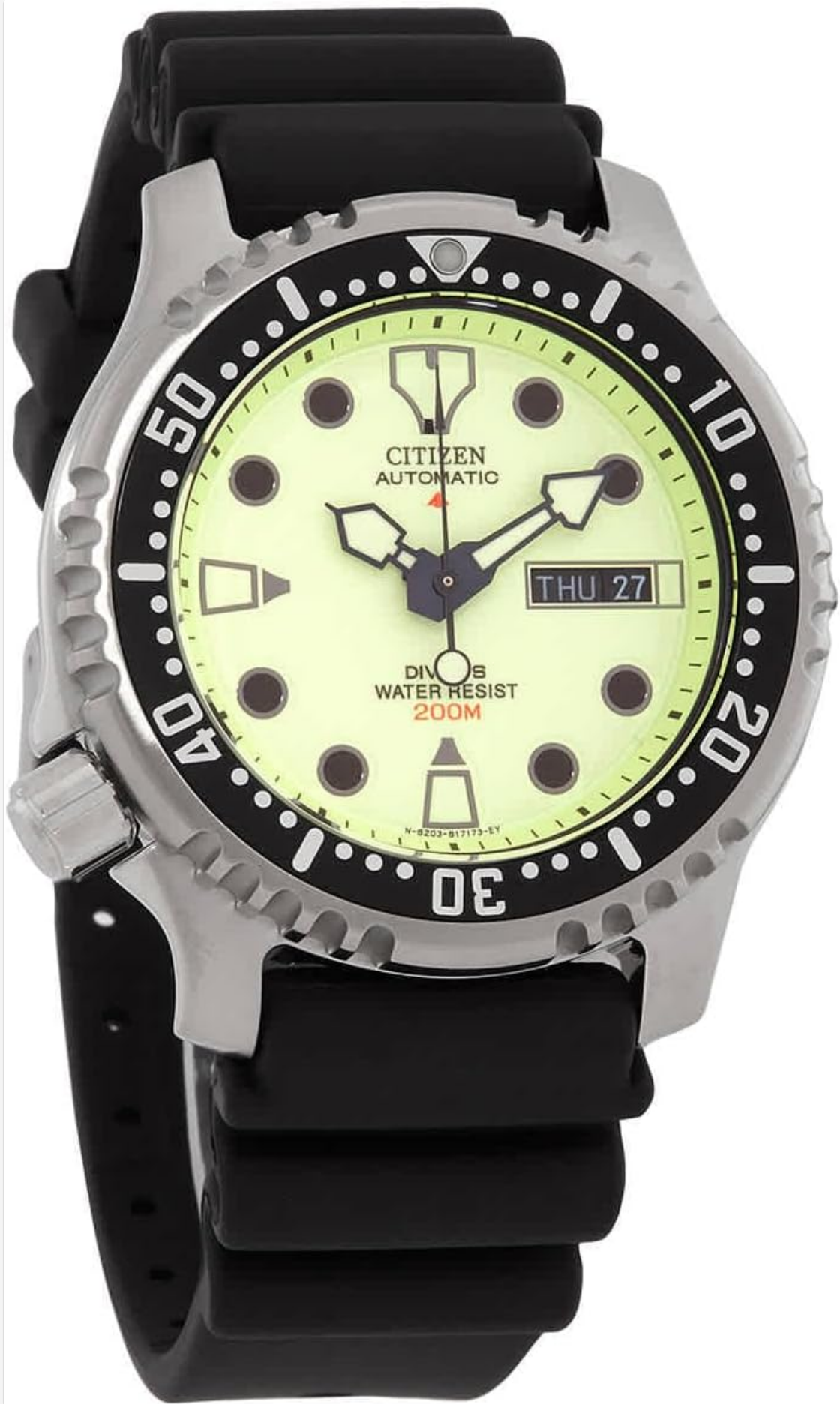
## INTRODUCTION

Thank you for choosing the Citizen Promaster Marine Automatic Green Dial Men's Watch. This timepiece is engineered for reliability and precision, featuring an automatic movement and robust water resistance suitable for marine environments. Please read this manual carefully to understand the functions and proper care of your watch.

## KEY FEATURES

- **Automatic Movement:** Self-winding mechanism powered by wrist motion.
- **200 Meters / 660 Feet Water Resistance:** Suitable for professional marine activity and serious surface water sports.
- **Uni-directional Rotating Bezel:** Designed for dive time measurement.
- **Scratch Resistant Mineral Crystal:** Durable protection for the watch face.
- **Green Dial with Luminous Hands and Markers:** Enhanced visibility in low light conditions.
- **Silver-tone Stainless Steel Case:** Robust and corrosion-resistant.
- **Black Rubber Band with Tang Clasp:** Comfortable and secure fit.
- **Screw Down Crown:** Contributes to water resistance.

## PRODUCT OVERVIEW



*Image: Front view of the Citizen Promaster Marine Automatic Watch (Model NY0040-09W). The watch features a vibrant green dial with luminous hour markers and hands, a uni-directional rotating black bezel with silver markings, a silver-tone stainless steel case, and a black rubber strap. The dial displays "CITIZEN AUTOMATIC" and "WATER RESIST 200M".*

## SETUP

### Initial Winding

As an automatic watch, it is powered by the motion of your wrist. If the watch has stopped or the power reserve is low, it may require initial manual winding:

1. Unscrew the crown (located at 8 o'clock) by turning it counter-clockwise until it springs out to the first position.
2. Gently turn the crown clockwise approximately 30-40 times. This will provide enough power reserve for the watch to start running.
3. Push the crown back in and screw it down tightly clockwise to ensure water resistance.

### Setting Time and Date

1. Unscrew the crown and pull it out to the second click position. The second hand will stop.
2. Turn the crown to set the time. To avoid confusion between AM and PM, advance the hour hand past 12 o'clock. If the date changes, it is midnight.
3. Push the crown back in to the first click position.
4. Turn the crown to set the date and day. Turn clockwise for date, counter-clockwise for day. Avoid setting the date between 9 PM and 4 AM, as this can damage the movement.
5. Pull the crown out to the second click position again.
6. When the second hand reaches the 12 o'clock position, push the crown back in to the normal position and screw it down tightly.

## OPERATING THE WATCH

### Timekeeping

Once set, the watch will continue to operate as long as it is worn regularly or kept on a watch winder. Daily wear for approximately 8-10 hours should provide sufficient power reserve.

### Using the Uni-directional Rotating Bezel

The bezel rotates in one direction (counter-clockwise) to prevent accidental changes that would indicate a shorter dive time. It is used to measure elapsed time, particularly for diving:

1. Before starting an activity, align the triangle marker on the bezel with the minute hand.
2. As time passes, the minute hand will move, indicating the elapsed time against the bezel's scale.

## MAINTENANCE

### Cleaning

Wipe the watch regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and then dry thoroughly. Avoid using chemical cleaners.

### Water Resistance

Your watch is water resistant to 200 meters (660 feet). To maintain water resistance:

- Always ensure the crown is screwed down tightly before exposing the watch to water.
- Do not operate the crown or pushers (if any) while the watch is submerged in water.

- Avoid exposing the watch to extreme temperature changes, such as moving from a hot sauna to cold water, as this can affect seals.
- Have the water resistance seals checked periodically (e.g., every 2-3 years) by an authorized service center.

## Storage

When not wearing the watch, store it in a cool, dry place away from direct sunlight and strong magnetic fields. If storing for an extended period, consider a watch winder to keep the movement running and lubricated.

## TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch has stopped or is running slow.	Insufficient power reserve.	Manually wind the watch (refer to "Initial Winding" section) or wear it for a longer period.
Date/Day does not change at midnight.	Time is set to AM instead of PM, or date was set during restricted hours.	Advance the time by 12 hours. Avoid setting the date between 9 PM and 4 AM.
Condensation under the crystal.	Temperature change or compromised water resistance.	Seek immediate professional service to prevent damage to the movement.

## SPECIFICATIONS

Feature	Detail
Model Number	NY0040-09W
Movement	Automatic
Water Resistance	200 meters / 660 feet
Case Material	Silver-tone Stainless Steel
Case Size	42 mm (diameter) x 12 mm (thickness)
Crystal	Scratch Resistant Mineral
Dial Color	Green (Luminous)
Band Material	Black Rubber
Clasp Type	Tang Buckle
Crown	Screw Down

## WARRANTY AND SUPPORT

Citizen watches typically come with a manufacturer's warranty covering defects in materials and workmanship. For specific warranty terms and conditions, please refer to the warranty card included with your purchase or visit the official Citizen website.

For service, repairs, or technical support, please contact an authorized Citizen service center. Using unauthorized service centers may void your warranty.

You can find more information and contact details on the [Official Citizen Website](#).



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