

HIFIT HFT-UP-04

HIFIT Full Upholstered Bed Frame User Manual

Model: HFT-UP-04

INTRODUCTION

Thank you for choosing the HIFIT Full Upholstered Bed Frame. This manual provides essential information for the safe and efficient assembly, operation, and maintenance of your new bed frame. Please read all instructions carefully before beginning assembly and retain this manual for future reference.

This bed frame features a luxurious handmade button-tufted headboard, a sturdy metal and wood slat construction, and four integrated storage drawers, designed to offer both comfort and practical storage solutions.

SAFETY INFORMATION

Important Safety Precautions:

- Do not exceed the maximum weight capacity of 900 lbs. Overloading the bed frame can lead to structural failure and injury.
- Be cautious of sharp edges and potential pinch points, especially when assembling the frame and using the storage drawers. Keep hands clear of moving parts.
- Always follow the assembly instructions carefully and completely to ensure stability and prevent collapse. Incorrect assembly can compromise the structural integrity of the bed frame.
- Ensure all bolts and fasteners are securely tightened before use. Periodically check and re-tighten all connections.
- Keep small parts and packaging materials away from children to prevent choking hazards.
- Do not allow children to play on or under the bed frame, especially during assembly.

PACKAGE CONTENTS

Before assembly, verify that all components listed below are present and undamaged. If any parts are missing

or damaged, please contact customer support immediately.

- Headboard (1)
- Side Rails (2)
- Footboard (1)
- Storage Drawers (4)
- Wooden Slats (11)
- Center Support Bar(s)
- Support Legs
- Assembly Hardware (screws, bolts, washers, nuts)
- Assembly Tools (Allen wrench, etc.)
- Instruction Manual (this document)



Figure 1: Overview of bed frame dimensions and main components, including the headboard, frame, and storage drawers.

SETUP AND ASSEMBLY INSTRUCTIONS

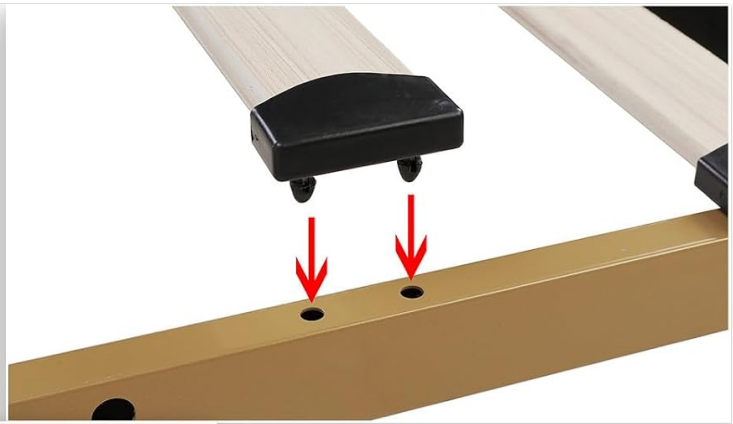
The HIFIT bed frame is designed for easy assembly, typically within one hour, with all necessary tools included. Follow these steps for proper setup:

1. **Unpack and Identify Parts:** Carefully remove all components from the packaging. Lay them out on a clean, soft surface (like a rug or blanket) to prevent scratches. Refer to the parts list and diagrams to identify each piece.
2. **Assemble the Headboard:** Attach the support legs to the headboard as per the instructions provided in your specific assembly guide. Ensure all connections are firm. The headboard features a handmade button-tufted design with a golden frame.
3. **Connect Side Rails and Footboard:** Attach the side rails to the headboard and footboard. The frame utilizes a heavy-duty metal construction for stability.
4. **Install Center Support:** Place the center support bar(s) within the frame.
5. **Place Wooden Slats:** Position the 11 sturdy wooden slats across the frame. The bed frame features a snap-lock design for easy installation of the slats, eliminating the need for screws in this step. Ensure the slats are evenly spaced and securely seated.
6. **Attach Noise-Free Strips:** The frame is equipped with extra silent strips to prevent friction and noise between parts. Ensure these strips are properly aligned under the slats for a quiet sleep experience.
7. **Assemble Storage Drawers:** Assemble the four steel storage drawers according to the separate instructions for the drawers. Each drawer is equipped with high-quality quiet wheels for smooth pulling and fixtures to hold them in place under the bed.
8. **Final Check:** Once assembled, double-check all connections to ensure they are tight and secure.

Note: *Mattress is sold separately. This bed frame is compatible with mattresses between 8-14 inches in height. A box spring is not required but can be used with a mattress of 8-12 inches.*

Stable Snap Lock

Easy to assemble



Noise-Free Strips

Bring you a quiet sleep



Strong Support Structure

No box spring need



Figure 2: Details of the bed frame's construction, highlighting the snap-lock slat system, noise-reducing strips, and robust support structure.

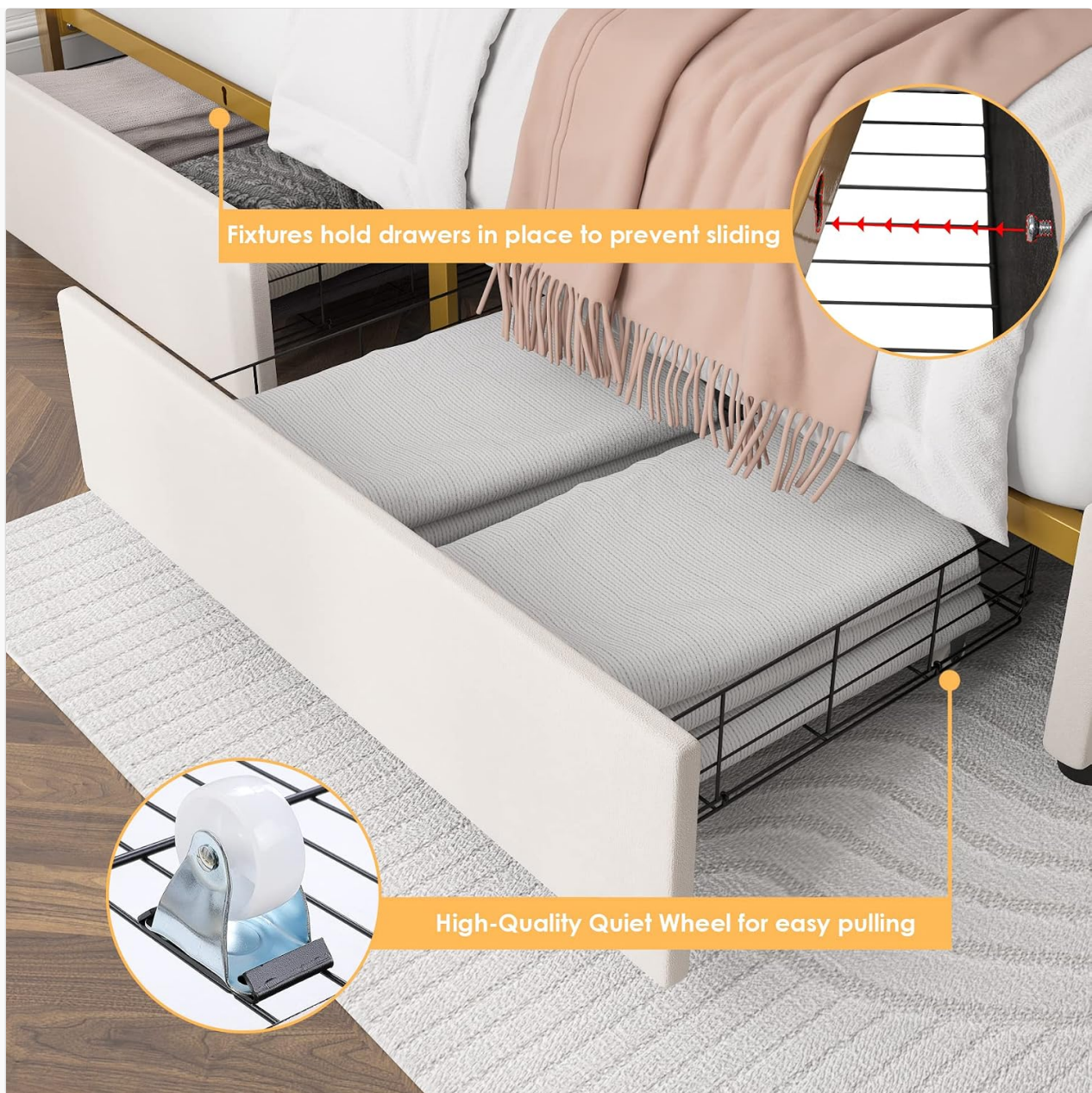


Figure 3: Detailed view of the storage drawer mechanism, illustrating the smooth-gliding wheels and secure locking fixtures.

OPERATING INSTRUCTIONS

The HIFIT bed frame is designed for straightforward use. Its primary operational feature involves the integrated storage drawers.

- **Using Storage Drawers:** The four steel drawers are located beneath the bed frame. To access, gently pull the drawer handle. The smooth wheels allow for effortless sliding. To close, push the drawer back until it is fully seated under the bed. The integrated fixtures help keep the drawers in place, preventing them from sliding out unintentionally.
- **Weight Distribution:** For optimal performance and longevity, distribute weight evenly across the bed surface. Avoid concentrating heavy loads in one small area.

FOUR LARGE DRAWERS FOR STORAGE

create an organized and neat sleeping environment



Figure 4: The four large storage drawers provide significant space for organizing items, contributing to a tidy sleeping environment.

MAINTENANCE

Regular maintenance will help preserve the appearance and structural integrity of your HIFIT bed frame.

- **Cleaning:** Wipe the bed frame surfaces with a damp cloth. Avoid using harsh chemicals or abrasive cleaners, as these can damage the finish and fabric. For the velvet headboard, use a soft, dry brush or a vacuum cleaner with an upholstery attachment to remove dust. Spot clean any stains with a mild fabric cleaner, testing on an inconspicuous area first.
- **Fastener Check:** Periodically (e.g., every 3-6 months) check all bolts, screws, and connections to ensure they remain tight. Re-tighten if necessary to maintain stability and prevent squeaking.
- **Drawer Maintenance:** Keep the drawer wheels free of debris to ensure smooth operation. If drawers become difficult to slide, clean the wheels and tracks.
- **Avoid Excessive Moisture:** Protect the bed frame from prolonged exposure to direct sunlight and excessive moisture, which can cause fading or damage to materials.

TROUBLESHOOTING

If you encounter any issues with your HIFIT bed frame, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Bed frame squeaks or wobbles.	Loose fasteners; uneven floor; slats not properly seated.	Check and tighten all bolts and screws. Ensure the bed is on a level surface. Verify that all wooden slats are correctly positioned and secured by the snap-lock design and noise-free strips.
Storage drawers do not slide smoothly or get stuck.	Debris in wheel tracks; misaligned drawers; damaged wheels.	Clean the wheels and tracks of any dust or debris. Ensure the drawers are properly aligned with the bed frame. If wheels are damaged, contact customer support for replacement parts.
Wooden slats fall out or do not fit properly.	Incorrect installation; manufacturing defect.	Ensure slats are fully inserted into the snap-lock holders. Verify that the frame is assembled correctly and not warped. If slats appear too short or consistently fall out despite correct installation, contact customer support.
Headboard appears loose.	Headboard attachment bolts are loose.	Re-tighten the bolts connecting the headboard to the side rails.

If the problem persists after attempting these solutions, please contact HIFIT customer support.

SPECIFICATIONS

- **Model:** HFT-UP-04
- **Size:** Full
- **Product Dimensions:** 83.5"L x 62.1"W x 42.5"H
- **Color:** Beige
- **Finish Type:** Brushed Finish, Steel
- **Included Components:** Drawer, Headboard, Slat, Sturdy Frame
- **Compatible Mattress Size:** 8-14 inches (without box spring), 8-12 inches (with box spring)
- **Brand:** HIFIT
- **Furniture Finish:** Brushed Finish, Gold
- **Assembly Required:** Yes
- **Item Weight:** 90 pounds
- **Maximum Weight Capacity:** 900 lbs
- **Special Features:** Fade Resistant, Handmade Button Tufted Headboard, Squeak Resistant, Storage Drawer



Mattress 8"-12"



Mattress + Box Spring 8"-12"

Figure 5: Mattress compatibility guide, indicating suitable mattress thicknesses for the bed frame.

WARRANTY AND SUPPORT

HIFIT is committed to providing quality products and excellent customer service.

- **Post-sale Support:** After receiving your package, please check whether all accessories are complete as described in the instructions. For any questions or concerns regarding your HIFIT bed frame, our post-sale service team is available 24/7 to assist you.
- **Contact Information:** Please refer to the contact details provided in your product packaging or on the official HIFIT website for direct support.