

## GYMAX CA-GM1441

# GYMAX Folding Bedside Commode User Manual

Model: CA-GM1441

## 1. PRODUCT OVERVIEW

The GYMAX Folding Bedside Commode is a versatile and robust mobility aid designed to assist the elderly, disabled, injured, and pregnant individuals. This multi-functional unit serves as a portable toilet, shower chair, toilet safety frame, and a general-purpose padded chair. Constructed from high-carbon steel, it offers exceptional stability and durability, supporting up to 440 lbs. Its design incorporates user comfort and convenience with a removable backrest, adjustable height, thick PU cushion, and ergonomic armrests. The folding mechanism allows for easy storage and transport, making it suitable for various environments including homes, hospitals, and nursing homes.



Figure 1.1: The GYMAX Folding Bedside Commode in its unfolded and folded states, showcasing its compact design for storage and transport.

## 2. KEY FEATURES

- **4-in-1 Multifunctionality:** Functions as a bedside commode, shower chair, toilet safety frame, and a padded chair.
- **Heavy-Duty Construction:** Made of high-quality carbon steel, supporting a weight capacity of up to 440 lbs.
- **Enhanced Stability:** Features screw-thread foot pads to prevent slipping and improve overall stability, especially in damp environments.
- **Adjustable Height:** Offers 5 levels of height adjustment (17.5" - 21.5") to accommodate various user heights and toilet sizes.
- **Comfortable Design:** Equipped with a thick PU cushion seat and ergonomic armrests for improved user comfort.
- **Removable Bucket:** The toilet bucket can be easily lifted directly or pulled from the front or back for convenient cleaning.
- **Detachable Paper Holder:** Includes an extra paper towel holder for added convenience.
- **Foldable and Portable:** Simple button-press folding mechanism for easy movement, storage, and

transportation.

- **FDA Certified:** Passed FDA test for reliable and safe usage.

## 4-in-1 Design for Different Needs



Commode Chair



Shower Chair



Mobile Toilet



Normal Chair

Figure 2.1: The 4-in-1 design illustrating its use as a commode chair, shower chair, mobile toilet, and a regular chair.



Figure 2.2: Detailed view of key components including the comfortable PVC seat plate, extra towel holder, non-slip foot pads, ergonomic armrests, and detachable backrest.

### 3. SPECIFICATIONS

Attribute	Value
Color	Silver
Material	Carbon Steel, Plastic
Dimension of Unfolding (L x W x H)	23" x 21" x 36.5" - 40.5" / 58 x 54 x 93 - 103 cm
Dimension of Folding (L x W x H)	20" x 8" x 36.5" / 51 x 20 x 93 cm
Size of Commode (Diameter x H)	11" x 6.5" / 28 x 16 cm
Net Weight	19 lbs / 8.5 kg
Weight Capacity	440 lbs / 200 kg



Attribute	Value
Adjustable Height Range	17.5" - 21.5"
Model Number	CA-GM1441



Figure 3.1: Detailed dimensions of the GYMAX Folding Bedside Commode.

## 4. PACKAGE CONTENTS

Please ensure all components are present and undamaged upon opening the package.

- 1 x Bedside Commode Chair
- 1 x Instruction Manual

## 5. SAFETY INFORMATION

Read all instructions carefully before assembly and use. Failure to follow these instructions may result in serious injury.

- Always ensure all parts are securely assembled before use.
- Do not exceed the maximum weight capacity of 440 lbs (200 kg).
- Ensure the commode chair is placed on a flat, stable, and non-slip surface.
- Regularly inspect the chair for any signs of wear, damage, or loose components. Discontinue use if any damage is found.
- Keep hands and fingers clear of moving parts during folding and unfolding.
- Supervise individuals who may have difficulty using the commode independently.
- Clean the commode regularly to maintain hygiene and prevent bacterial growth.
- This product has passed FDA testing for safety and reliability.

## 6. SETUP AND ASSEMBLY

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The GYMAX Folding Bedside Commode comes largely pre-assembled. Follow these steps to prepare it for use:

1. **Unpack:** Carefully remove all components from the packaging.
2. **Unfold the Frame:** Gently pull the sides of the commode chair apart until the frame locks into its fully open position. Ensure all locking mechanisms are engaged.
3. **Attach Backrest (if detached):** Slide the backrest into the designated slots on the rear frame until it clicks securely into place.
4. **Insert Bucket:** Place the removable bucket into the designated holder beneath the seat.
5. **Adjust Height:** To adjust the height, locate the spring-loaded pins on each leg. Press the pin, slide the leg to the desired height setting (there are 5 positions), and ensure the pin locks into the hole. Repeat for all four legs, ensuring they are set to the same height for stability.
6. **Attach Toilet Paper Holder:** If desired, attach the detachable toilet paper holder to the side of the frame.

# Convenient Folding Function

Easy to store and transport



**Step 1** Press the buttons on the both sides of the seat frame



Fits most car trunks for transportation



**Step 2** Flip both armrests back and forth to fold



Compact size for space saving

Figure 6.1: Steps for folding the commode chair for compact storage and transportation.

## 7. OPERATING INSTRUCTIONS

The GYMAX commode chair offers multiple functionalities:

### 7.1 As a Bedside Commode or Mobile Toilet

- Place the commode chair next to the bed or in a convenient location.
- Ensure the bucket is properly inserted.
- Assist the user to sit comfortably on the padded seat.
- After use, remove the bucket for emptying and cleaning.

### 7.2 As a Shower Chair

- Remove the bucket from the commode chair.
- Place the chair inside the shower area, ensuring all four non-slip foot pads are firmly on the shower floor.
- The water-resistant surface makes it suitable for damp environments.

### 7.3 As a Toilet Safety Frame

- Remove the bucket and position the commode chair over a standard toilet.
- Adjust the height of the chair legs to ensure it fits securely and comfortably over the toilet bowl.
- The armrests provide support for sitting down and standing up.

### 7.4 As a Padded Chair

- With the bucket removed and the padded seat in place, the commode can be used as a comfortable, regular chair.

## 5-position Adjustable Bedside Commode



Figure 7.1: Illustrates the 5-position height adjustment feature of the bedside commode.



The diagram illustrates the dimensions of the folding commode chair and the removable toilet bowl. The chair is shown in two views: a front view and a side view. The front view shows the chair with the toilet bowl attached. The side view shows the chair without the bowl. The dimensions are as follows:

- Chair Dimensions:**
  - Overall height: 36.5" - 40.5"
  - Backrest height: 7"
  - Backrest width: 20"
  - Seat width: 17"
  - Seat depth: 17"
  - Seat height: 17.5" - 21.5"
  - Base width: 23"
  - Base depth: 21"
  - Base height: 4"
- Toilet Bowl Dimensions:**
  - Width: 11"
  - Height: 6.5"

## 8. MAINTENANCE AND CLEANING

- **Bucket Cleaning:** After each use, remove the bucket, empty its contents, and clean thoroughly with a mild disinfectant and water. Rinse well and dry before reinserting.
- **Frame and Seat Cleaning:** Wipe down the carbon steel frame, padded seat, and armrests with a damp cloth and a mild, non-abrasive cleaner. Avoid harsh chemicals that may damage the materials.
- **Drying:** Ensure all parts, especially the frame and seat, are completely dry after cleaning to prevent rust and maintain hygiene.
- **Inspection:** Periodically check all screws, bolts, and connections to ensure they are tight. Inspect the foot pads for wear and tear.

- **Chair feels unstable:**

- Ensure all four legs are adjusted to the same height.
  - Verify that the spring-loaded pins on each leg are fully engaged in the adjustment holes.
  - Check that the chair is placed on a flat, even surface.
  - Confirm that the frame is fully unfolded and locked into position.
- **Difficulty folding/unfolding:**
    - Ensure the buttons on both sides of the seat frame are fully pressed when attempting to fold.
    - Check for any obstructions or debris in the folding mechanism.
- **Bucket is difficult to remove/insert:**
    - Ensure the bucket is aligned correctly with the rails or opening.
    - Check for any debris or residue that might be obstructing the bucket's movement.

## 10. WARRANTY AND SUPPORT

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For any questions, concerns, or support regarding your GYMAX Folding Bedside Commode, please contact the manufacturer, GYMAX. While specific warranty details are not provided in this manual, please retain your proof of purchase for any warranty claims.

For further assistance, please visit the official GYMAX store or contact their customer service through the details provided with your purchase or on their official website.

Manufacturer: GYMAX