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› LASTAR Light Therapy Lamp User Manual - Model CM019

LASTAR CM019

LASTAR Light Therapy Lamp User Manual

Model: CM019

1. INTRODUCTION

Thank you for choosing the LASTAR Light Therapy Lamp, Model CM019. This device is designed to provide up to 12,000 Lux of UV-free light, simulating natural sunlight to support your well-being. It features adjustable color temperatures, multiple brightness levels, and a convenient timer function to customize your experience. Please read this manual thoroughly before use to ensure proper operation and safety.

2. SAFETY INFORMATION

- Do not look directly into the light source for extended periods.
- Place the lamp on a stable, flat surface to prevent tipping.
- Keep the device away from water or other liquids.
- Do not use if the power cord or plug is damaged.
- Keep out of reach of children and pets.
- Unplug the device when not in use or before cleaning.
- Consult a healthcare professional before using light therapy if you have any eye conditions, skin conditions, or are taking medications that increase light sensitivity.

3. PACKAGE CONTENTS

- LASTAR Light Therapy Lamp (Model CM019)
- Power Adapter
- User Manual



Figure 3.1: LASTAR Light Therapy Lamp, power adapter, and user manual.

4. SETUP

1. Unpack the Light Therapy Lamp and all accessories from the box.
2. Place the lamp on a stable, flat surface where you intend to use it.
3. Connect the power adapter to the DC input port on the back of the lamp.
4. Plug the power adapter into a standard electrical outlet.

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Video 4.1: Overview of the LASTAR Light Therapy Lamp, demonstrating its features and setup. This video shows the product being unboxed and connected to power.

5. OPERATING INSTRUCTIONS

5.1 Power On/Off

To turn the lamp on or off, gently tap the power button located on the top surface of the lamp.

5.2 Adjusting Brightness Levels

The lamp offers 5 brightness levels (1%, 10%, 40%, 70%, 100%). Use the '+' and '-' touch buttons on the back of the lamp to increase or decrease the brightness. Each tap cycles through the available levels.



Figure 5.1: Visual representation of the 5 adjustable brightness levels.

5.3 Changing Color Temperature

The lamp features 4 color temperature settings (3000K Warm Light, 4000K Natural Light, 5000K Day Light, 6500K White Light). Tap the 'M' (Mode) touch button on the back of the lamp to cycle through these color temperatures.

Customize an Exclusive Light Therapy



Figure 5.2: Illustration of the four available color temperature options.

5.4 Setting the Timer

The lamp includes 6 timer functions: 10, 20, 30, 40, 50, and 60 minutes. Tap the timer button on the back of the lamp to select your desired duration. The digital display on the front will show the remaining time. The lamp will automatically turn off once the timer expires.

Timer Function

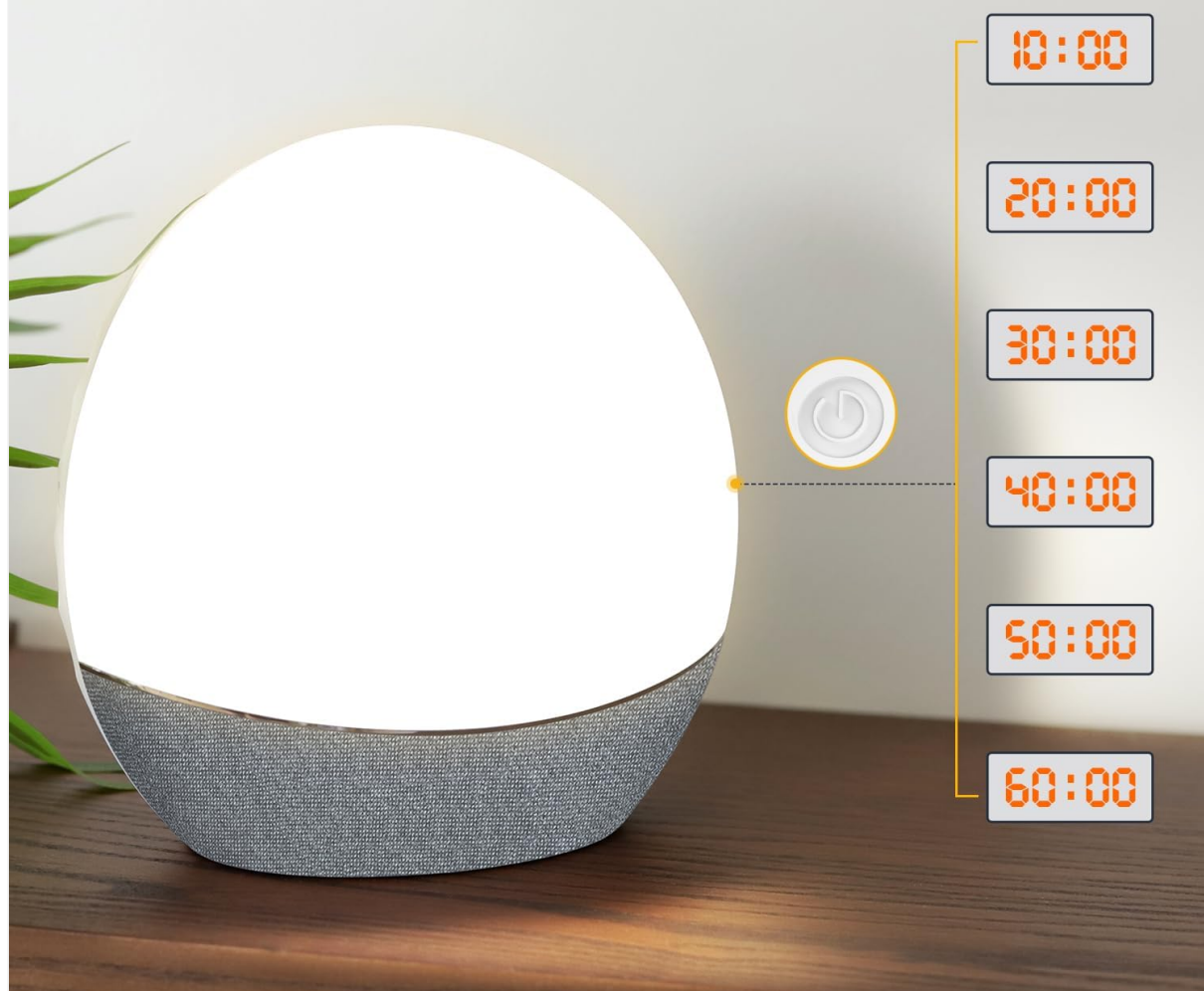


Figure 5.3: The timer function with various duration options and countdown display.

5.5 Memory Function

The lamp is equipped with a memory function. It will retain the last used brightness and color temperature settings when turned off and on again.

5.6 Smart Plug Compatibility

The LASTAR Light Therapy Lamp is compatible with smart plugs. When connected to a smart plug, the lamp can be instantly turned on/off via the smart plug's controls, maintaining its last settings due to the memory function.

6. MAINTENANCE

To maintain your light therapy lamp, ensure it is unplugged before cleaning. Use a soft, dry cloth to wipe the surface of the lamp. Do not use abrasive cleaners or solvents, as these may damage the finish.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Lamp does not turn on.	Not properly plugged in.	Ensure the power adapter is securely connected to the lamp and the electrical outlet.
Light is too dim/bright.	Brightness level needs adjustment.	Use the '+' or '-' touch buttons to adjust the brightness to your preferred level.
Color temperature is not desired.	Incorrect color temperature selected.	Tap the 'M' (Mode) touch button to cycle through the available color temperatures.
Timer not functioning.	Timer not set or incorrectly set.	Tap the timer button to select a duration. Ensure the digital display shows a countdown.

8. SPECIFICATIONS

- **Model:** CM019
- **Illumination:** 12,000 Lux
- **UV-Free:** Yes
- **Color Temperature:** 3000K-6500K (Adjustable)
- **Brightness Levels:** 5 (1%, 10%, 40%, 70%, 100%)
- **Timer Functions:** 6 (10, 20, 30, 40, 50, 60 minutes)
- **Power:** 12W (max)
- **CRI:** > 90 Ra
- **Product Dimensions:** 3.34"D x 7.37"W x 6.91"H
- **Weight:** 1.43 Pounds
- **Base Material:** Acrylonitrile Butadiene Styrene

9. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the contact details provided on the product packaging or visit the official LASTAR website. Keep your purchase receipt for warranty claims.