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AGARO TM4276

AGARO TM4276 TENS Massager User Manual

Model: TM4276

1. INTRODUCTION

The AGARO TM4276 TENS Massager is a Transcutaneous Electrical Nerve Stimulation (TENS) device designed for temporary relief of pain associated with sore and aching muscles in the shoulder, waist, back, neck, upper extremities (arm), and lower extremities (leg) due to strain from exercise or normal household work activities. This manual provides essential information for the safe and effective operation of your device.

2. IMPORTANT SAFETY INFORMATION

WARNING: Consult your physician before using this device, especially if you have pre-existing medical conditions, are pregnant, have a pacemaker, or have any concerns about your health. Do not use this device on your head, face, neck, or chest. Do not use over open wounds, rashes, or swollen, red, infected, or inflamed areas. Keep out of reach of children.

This device is intended for adult use only. Do not use while driving, operating machinery, or during any activity where involuntary muscle contractions could put you at risk.

3. PACKAGE CONTENTS

Verify that all items are present in the package:

- 1 x Main Unit (AGARO TM4276 TENS Massager)
- 4 x Electrode Wires
- 8 x Reusable Electrode Pads
- 1 x USB Cable
- 1 x Pad Holder

In The Box



Image: All components included in the AGARO TM4276 TENS Massager package.

4. PRODUCT FEATURES

The AGARO TM4276 TENS Massager offers a range of features for a customizable pain relief experience:

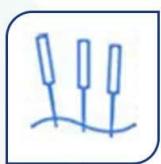
- 4-Channel Output:** Allows simultaneous treatment of up to four different body areas or multiple points on a single area using 8 pads.
- 10 Massage Modes:** Includes pre-set modes such as Kneading, Acupuncture, Tapping, Scrapping, Cupping, and Random, along with specific position settings for Shoulder, Knee, Back, and Foot.
- 20 Intensity Levels:** Fine-tune the stimulation strength for optimal comfort and effectiveness. Each channel can be adjusted independently.
- 6 Timer Settings:** Select session durations from 10, 20, 30, 40, 50, or 60 minutes.
- Portable Design:** Compact and lightweight, powered by 3 AAA batteries for use at home, work, or while traveling. Also supports USB power.
- Backlit Display:** Provides clear visibility of settings and remaining time.

10 Different Massage Modes

6 Function Settings



Kneading



Acupuncture



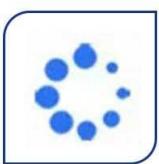
Tapping



Scrapping



Cupping



Random



4 Position Settings



Shoulder



Knee



Back



Foot

Image: Overview of the 10 massage modes and position settings available on the device.

Featuring New Improved TENS



Image: Key features of the AGARO TM4276 TENS Massager.

5. DEVICE LAYOUT

Familiarize yourself with the components and controls of your TENS Massager:

Know Your TENS MASSAGER



Image: Detailed diagram of the AGARO TM4276 TENS Massager's controls and ports.

- **Display Screen:** Shows mode, intensity, timer, and battery status.
- **ON/OFF Button:** Powers the device on or off.
- **Timer Button:** Adjusts the session duration.
- **Channel Buttons (A/B):** Selects channel groups for intensity adjustment.
- **Intensity Buttons (+/-):** Increases or decreases stimulation intensity for selected channels.
- **Mode Buttons:** Selects different massage modes (Knead, Acu, Tap, Scrapping, Cupping, Random).
- **Position Buttons:** Selects specific body areas (Shoulder, Back, Knee, Foot).
- **Output Ports (A1, A2, B1, B2):** Connect electrode wires.
- **Mini USB Port:** For external power supply (USB cable).
- **Battery Cover:** Access for AAA battery installation.
- **Holder:** Clip for convenient carrying.

6. SETUP

6.1 Battery Installation

1. Locate the battery cover on the back of the device.

2. Slide the cover open.
3. Insert 3 AAA batteries, ensuring correct polarity (+/-).
4. Close the battery cover securely.

6.2 Connecting Electrode Pads

1. Connect the electrode wires to the output ports (A1, A2, B1, B2) on the top of the device.
2. Attach the electrode pads to the ends of the electrode wires. Ensure a secure connection.
3. Peel the protective film from the electrode pads.
4. Apply the pads to clean, dry skin on the desired treatment area. Ensure pads are firmly adhered to the skin.



Image: Example of electrode pad placement for a 4-channel TENS massager.

7. OPERATING INSTRUCTIONS

7.1 Power On/Off

- Press the **ON/OFF** button to turn the device on. The display will light up.
- Press and hold the **ON/OFF** button to turn the device off.

7.2 Selecting Massage Modes

- After powering on, the device will start in a default mode.
- Press the **MODE** buttons (Knead, Acu, Tap, Scrapping, Cupping, Random) to cycle through the available massage modes.
- Alternatively, press the **POSITION** buttons (Shoulder, Back, Knee, Foot) to select a mode optimized for that body area.
- The selected mode will be indicated on the display.

7.3 Adjusting Intensity

- First, select the channel group you wish to adjust by pressing the **A** or **B** button.
- Press the **+** button to increase the intensity.
- Press the **-** button to decrease the intensity.
- Adjust the intensity gradually until you feel a comfortable, strong, but not painful, sensation.

7.4 Setting the Timer

- Press the **TIMER** button to cycle through the available session durations (10, 20, 30, 40, 50, 60 minutes).
- The selected time will be displayed. The device will automatically shut off once the timer expires.

8. MAINTENANCE

8.1 Cleaning the Device

- Ensure the device is turned off and disconnected from any power source before cleaning.
- Wipe the main unit with a soft, slightly damp cloth. Do not use abrasive cleaners or immerse the device in water.

8.2 Electrode Pad Care

- After each use, place the electrode pads back onto the pad holder or the protective film to preserve their adhesive quality.
- If the pads lose their adhesiveness, gently wipe the adhesive surface with a damp cloth and let them air dry. If they still do not stick, replace them with new pads.

8.3 Storage

- Store the device and accessories in a cool, dry place, away from direct sunlight and extreme temperatures.
- Remove batteries if the device will not be used for an extended period.

9. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Batteries are dead or incorrectly inserted.	Replace batteries or ensure correct polarity.

Problem	Possible Cause	Solution
No sensation or weak sensation.	Pads not adhering well; intensity too low; wires loose; pads worn out.	Ensure pads are firmly on skin; increase intensity gradually; check wire connections; replace pads.
Pads are not sticking.	Skin is oily/dirty; pads are old/dry.	Clean skin before application; gently clean pads with damp cloth; replace pads if necessary.
Display is dim or flickering.	Low battery power.	Replace batteries.

10. SPECIFICATIONS

Model Number	TM4276 (Internal Model: 33879)
Power Source	3 x AAA Batteries (DC 4.5V) or USB Cable
Number of Channels	4 Independent Channels
Massage Modes	10 (Kneading, Acupuncture, Tapping, Scrapping, Cupping, Random, Shoulder, Knee, Back, Foot)
Intensity Levels	20 Levels
Timer Settings	10, 20, 30, 40, 50, 60 minutes
Product Dimensions (LxWxH)	5.9 x 2.3 x 20 cm
Item Weight	269 g
Material	Plastic
Manufacturer	Universal Corporation Limited
Country of Origin	China

11. WARRANTY & SUPPORT

The AGARO TM4276 TENS Massager comes with a **1-Year Warranty** from the date of purchase. This warranty covers manufacturing defects under normal use.

For warranty claims, technical support, or any inquiries regarding your device, please contact AGARO customer service through their official channels. Refer to the product packaging or the official AGARO website for the most current contact information.