

DYNAMIC SAUNAS MX-M306-01

DYNAMIC SAUNAS Maxxus MX-M306-01 3-Person Full Spectrum Infrared Sauna User Manual

Model: MX-M306-01 | Brand: DYNAMIC SAUNAS

1. INTRODUCTION

This manual provides essential instructions for the safe and efficient setup, operation, and maintenance of your DYNAMIC SAUNAS Maxxus MX-M306-01 Infrared Sauna. Please read all instructions carefully before assembly and use to ensure proper function and longevity of your product.

The Maxxus MX-M306-01 is a 3-person full spectrum infrared sauna constructed from natural reforested Canadian Clear Red Cedar wood. It features Near Zero EMF FAR infrared carbon panels and Near IR elements, designed to operate up to 140°F. The sauna includes an interior chromotherapy lighting system, exterior accent lighting, and integrated Bluetooth and MP3 auxiliary connections with built-in speakers.

Important Safety Information:

- Consult a physician before using the sauna, especially if you have pre-existing medical conditions.
- Do not use the sauna under the influence of alcohol or drugs.
- Ensure proper ventilation and electrical installation as specified in the setup section.
- Keep children and pets away from the sauna during operation.
- Handle glass components with care during assembly and use.

2. SPECIFICATIONS

Model Number	MX-M306-01
Capacity	3 Person
Wood Type	Canadian Clear Red Cedar
Overall Dimensions (W x D x H)	64" x 44" x 75" (add 5.9" for roof overhang)

Heater Type	Full Spectrum (4 FAR IR Carbon Panels, 3 Near IR Elements)
EMF Level	Near Zero EMF (Under 2MG at 2-3 inches from panels)
Maximum Operating Temperature	140°F (Ideal between 118°F to 135°F)
Lighting	Interior Chromotherapy Color Lighting System, Exterior Accent Lighting
Audio Features	Bluetooth and MP3 auxiliary connection with built-in speakers
Item Weight	430 pounds
Manufacturer	Golden Designs Inc (NA)

Note: Product dimensions and specifications are subject to minor variations.

3. SETUP AND ASSEMBLY

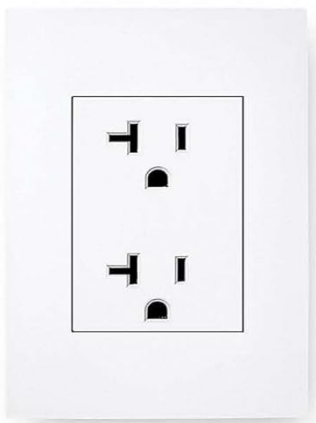
Assembly requires two adults. Ensure the sauna is placed on a dry, level surface. A dedicated 120V, 20 Amp (Non-CAFCI/GFCI) circuit is required for operation. Professional electrical installation is recommended.

3.1. Electrical Requirements


The DYNAMIC SAUNAS Maxxus MX-M306-01 requires a 120V, 20 Amp electrical outlet. This must be on a dedicated line with a non-CAFCI/GFCI breaker. Consult a qualified electrician for proper installation to ensure safety and optimal performance.

**3 Person Saunas
Require a 20 Amp
Outlet / 120V**

**Must be on a
dedicated line.**



**3 Person Saunas
Require a 120V
20 Amp
(Non-CAFCI/GFCI)
Breaker.**



Please Note: Circuit Breakers do go bad over time. A circuit breaker is just a switch. And although it can be reset many times, it is possible for the connections inside to open up and effectively make the breaker bad. Once the connections are opened up, the electricity will not flow through and you'll have no power on that circuit - regardless of whether the switch is on or off.

Image: Illustration of a 120V, 20 Amp outlet and corresponding circuit breaker. This setup is crucial for the safe operation of the 3-person sauna.

3.2. Assembly Steps

- Floor Panel Placement:** Place the sauna's floor panel on a dry and level surface. The floor heater cord should be located at what will be the left rear side of the sauna room.
- Front Wall Panel Installation:** Carefully lift the front wall panel and place it onto the sauna's floor panel. Ensure the front wall panel is centered.

3. **Side Wall Panel Installation:** While one adult holds the front wall panel in place, a second adult lifts the right side wall panel and inserts it into the sauna's floor panel. The guide and guide inserts will need to be positioned so that the right side wall is lifted and inserted into the front wall panel. Once inserted, the right side wall will slide downward until the two wall panels are flush at the top. Repeat for the left side wall panel.
4. **Rear Wall Panel Installation:** To install the rear wall panel, open the side wall panels slightly to allow for the rear wall panel to be installed. Two adults will need to lift the rear wall panel up and onto the sauna's floor panel. The buckles can then be used to fasten the wall panels together.
5. **Roof Panel Installation:** Two adults will need to lift the roof panel up and onto the sauna room. Be careful as the heater cords and wiring harness will need to be fed through the holes in the roof panel. The heater cords and wiring harness will need to be connected with their counterparts up on top of the roof panel.
6. **Bench Heater Panel and Bench Installation:** The bench heater panel will need to be inserted at an angle and then slid down into place. Be sure to connect the floor heater cord and the bench heater cord into the applicable outlets underneath the bench. Next, the bench can be placed over the bench heater panel and slid back into place. The bench can be secured using the two provided wood screws.
7. **Door Handle Installation:** Remove and discard the black protection corners around the glass edges. To install the door handle, you will need a Philips screwdriver. You will first separate the door handle noting the order of the pieces. The rubber gaskets will be used so that the metal pieces of the door handle do not touch the glass. Be sure not to over tighten the screws.

4. OPERATING INSTRUCTIONS

The sauna's control panel allows for easy adjustment of temperature, time, and lighting. The control panel is accessible from both inside and outside the sauna.

4.1. Control Panel Overview

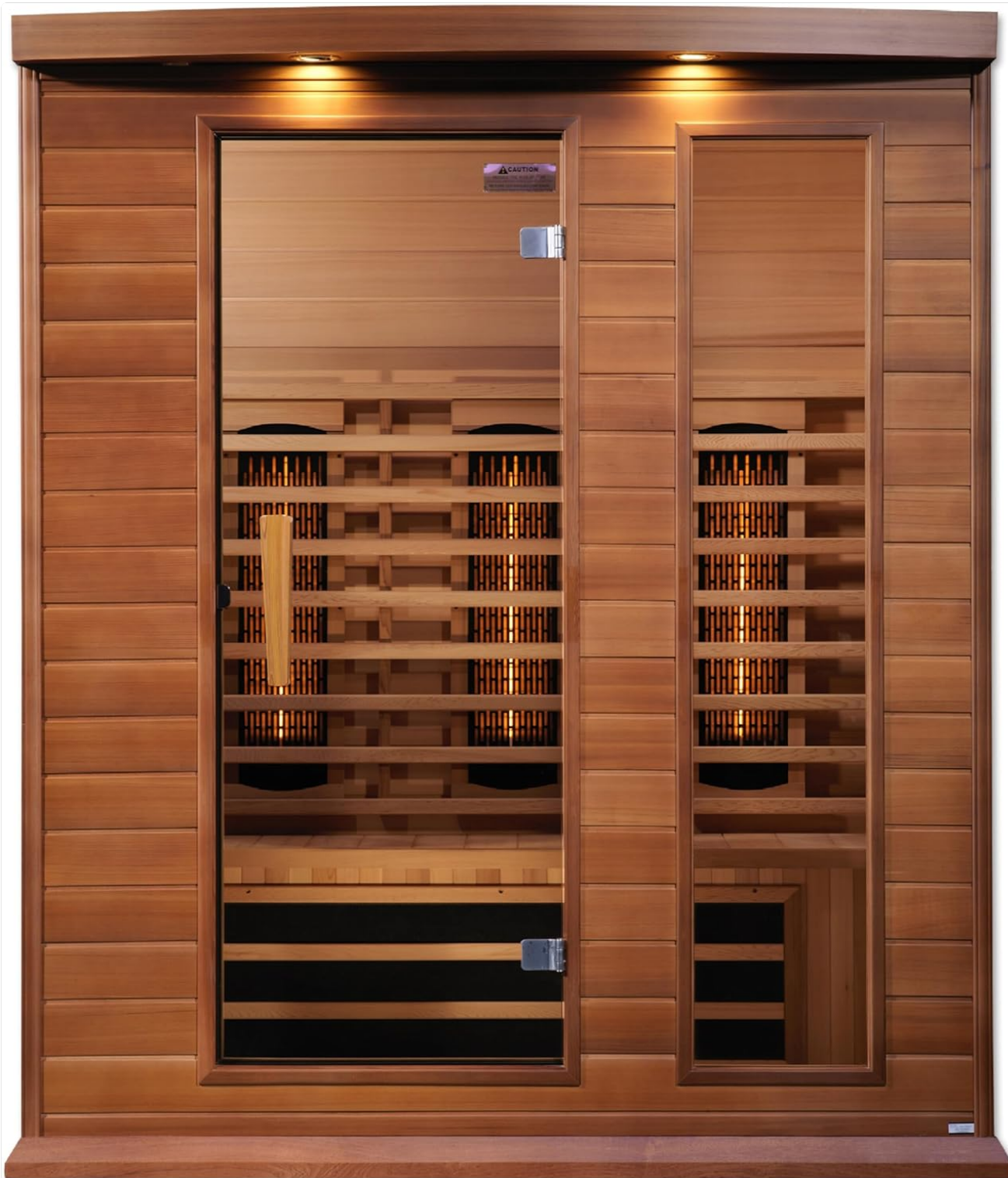


Image: Close-up view of the digital control panel, showing temperature, time, and various function buttons.

- **Power Button:** Turns the sauna on/off.
- **Temperature Controls:** Use up/down arrows to set desired temperature (up to 140°F).
- **Time Controls:** Use up/down arrows to set session duration (up to 60 minutes).
- **Light Controls:** Buttons for interior chromotherapy lighting and exterior accent lighting.
- **Bluetooth/MP3:** Activates audio connectivity.
- **Start/Stop:** Initiates or ends the heating cycle.

4.2. Temperature and Time Adjustment

Press the power button to turn on the sauna. Use the up/down arrows under the "TEMPERATURE" display to set your desired temperature. The sauna can reach up to 140°F, with an ideal range between 118°F and 135°F. Use the

up/down arrows under the "TIME" display to set your session duration, up to 60 minutes. Once settings are configured, press the "START" button to begin heating.

4.3. Lighting Features

Your sauna is equipped with both interior chromotherapy lighting and exterior accent lighting. Use the dedicated light buttons on the control panel to cycle through different colors or turn the lights on/off. Chromotherapy lights can enhance your sauna experience.



Image: Interior view of the sauna showcasing the chromotherapy lighting system with various color options.

4.4. Audio Connectivity

Connect your device via Bluetooth or use the MP3 auxiliary input to enjoy music or podcasts during your sauna session. Built-in speakers provide clear audio.



Image: Close-up of the MP3 auxiliary input port located inside the sauna, labeled "MP3 AUX INPUT".

5. MAINTENANCE

Regular maintenance ensures the longevity and hygiene of your sauna.

- **Cleaning:** Wipe down interior and exterior surfaces with a damp cloth after each use. For deeper cleaning, use a mild, non-abrasive cleaner specifically designed for wood. Avoid harsh chemicals that can damage the cedar wood.
- **Wood Care:** Cedar wood is naturally resistant to moisture and decay. To maintain its appearance, avoid excessive moisture and direct sunlight. Do not apply sealants or varnishes to the interior wood as this can interfere with the sauna's natural properties and heater performance.
- **Heater Panels:** Ensure heater panels are free from obstructions. Do not place towels or other items directly on the heating elements.
- **Glass Surfaces:** Clean glass doors and windows with a non-abrasive glass cleaner to prevent streaks and

residue buildup.

6. TROUBLESHOOTING

If you encounter issues with your sauna, refer to the following common troubleshooting steps:







Problem	Possible Cause	Solution
Sauna does not power on.	No power supply; circuit breaker tripped; loose connections.	Check power outlet, ensure sauna is plugged in securely. Reset circuit breaker. Verify all internal wiring connections are tight.
Sauna not heating sufficiently.	Temperature setting too low; door not fully closed; ambient room temperature too low.	Increase temperature setting on the control panel. Ensure the door is securely latched. Allow more pre-heating time in colder environments.
Lights not working.	Light function not activated; loose wiring.	Press the light buttons on the control panel. Check wiring connections for the lighting system.
Audio not connecting/playing.	Bluetooth not paired; incorrect MP3 connection; volume too low.	Ensure Bluetooth is enabled on your device and paired with the sauna. Verify MP3 cable is fully inserted. Adjust volume on both your device and the sauna.

If problems persist after attempting these solutions, please contact DYNAMIC SAUNAS customer support for further assistance.

7. WARRANTY AND SUPPORT

Specific warranty details for the DYNAMIC SAUNAS Maxxus MX-M306-01 are typically provided with your purchase documentation. Please refer to the warranty card or contact the manufacturer directly for comprehensive information regarding coverage, terms, and conditions.

For technical support, replacement parts, or any inquiries not covered in this manual, please contact DYNAMIC SAUNAS customer service. Contact information can usually be found on the manufacturer's website or your purchase receipt.

 <p>Owner's Manual CARBON MODEL SAUNA SAUNA IS FOR INDOOR USE ONLY UL919C 15AMP Dedicated Circuit Required Carefully and thoroughly inspect the sauna before using. Inspect for proper installation and wiring. The manufacturer is not responsible for any damage to the sauna or its components.</p>	<p>Dynamic DYN-6225-02 2 Person FAR Infrared Corner Sauna Owner's Manual</p> <p>Comprehensive owner's manual for the Dynamic DYN-6225-02 2-person FAR Infrared Corner Sauna. This guide covers infrared ray technology, health benefits, assembly instructions, operating procedures, safety precautions, and troubleshooting tips for your sauna.</p>
 <p>OWNER'S MANUAL FOR DYN-6210-02 / DYN-6310-02 FOR INDOOR USE ONLY UL919C 15AMP Dedicated Circuit Required Carefully and thoroughly inspect the sauna before using. Inspect for proper installation and wiring. The manufacturer is not responsible for any damage to the sauna or its components.</p>	<p>Dynamic Saunas DYN-6210-02 / DYN-6310-02 Owner's Manual</p> <p>Owner's manual for Dynamic Saunas DYN-6210-02 and DYN-6310-02 models. Provides detailed information on infrared ray technology, sauna benefits, operation, assembly instructions, maintenance, safety guidelines, and troubleshooting for 2-person and 3-person infrared saunas.</p>
 <p>OWNER'S MANUAL FOR DYN6101 / DYN6102 / DYN6106 / DYN6109 / DYN9101 / DYN9102 / DYN9106 FOR INDOOR USE ONLY UL919C 15AMP Dedicated Circuit Required Carefully and thoroughly inspect the sauna before using. Inspect for proper installation and wiring. The manufacturer is not responsible for any damage to the sauna or its components.</p>	<p>Dynamic Saunas DYN6101/DYN6102/DYN6106/DYN6109/DYN9101/DYN9102/DYN9106 Owner's Manual and Assembly Guide</p> <p>Comprehensive owner's manual and assembly guide for Dynamic Saunas models DYN6101, DYN6102, DYN6106, DYN6109, DYN9101, DYN9102, and DYN9106. Covers infrared ray technology, benefits, installation, operation, safety, troubleshooting, and warranty information.</p>
 <p>OWNER'S MANUAL FOR DYN6101 / DYN6102 / DYN6106 / DYN6109 / DYN9101 / DYN9102 / DYN9106 FOR INDOOR USE ONLY UL919C 15AMP Dedicated Circuit Required Carefully and thoroughly inspect the sauna before using. Inspect for proper installation and wiring. The manufacturer is not responsible for any damage to the sauna or its components.</p>	<p>Dynamic Saunas Owner's Manual: DYN6101, DYN6102, DYN6106, DYN6109, DYN9101, DYN9102, DYN9106</p> <p>Comprehensive owner's manual for Dynamic Saunas, covering assembly, operation, maintenance, and safety instructions for 1-2 person infrared saunas. Includes information on infrared ray technology and benefits.</p>
 <p>Infrared Sauna Instruction Manual Models MX-M356-01 FS (SJ-8323) 3 Person Corner Infrared Sauna Full Spectrum Infrared Heaters (SHEETS) 800 CALOR WATERS 100% RED CEDAR UL919C 15AMP Dedicated Circuit Required Carefully and thoroughly inspect the sauna before using. Inspect for proper installation and wiring. The manufacturer is not responsible for any damage to the sauna or its components.</p>	<p>Infrared Sauna Instruction Manual - MX-M356-01 FS (SJ-8323)</p> <p>Comprehensive instruction manual for the 3 Person Corner Infrared Sauna, model MX-M356-01 FS (SJ-8323). Covers assembly, operation, safety, maintenance, and warranty information for this full-spectrum, red cedar infrared sauna.</p>
 <p>Infrared Sauna Instruction Manual Models MX-M206-01 FS (SJ-8223) / MX-M306-01 FS (SJ-8323) 2 and 3 Person Infrared Saunas Full Spectrum Infrared Heaters (SHEETS) 800 CALOR WATERS 100% RED CEDAR UL919C 15AMP Dedicated Circuit Required Carefully and thoroughly inspect the sauna before using. Inspect for proper installation and wiring. The manufacturer is not responsible for any damage to the sauna or its components.</p>	<p>Maxxus Infrared Sauna Instruction Manual - Models MX-M206-01 FS & MX-M306-01 FS</p> <p>Comprehensive instruction manual for Maxxus infrared saunas, models MX-M206-01 FS (SJ-8223) and MX-M306-01 FS (SJ-8323). Covers assembly, operation, safety, maintenance, and warranty information.</p>

