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› SHANG WING Lynn Smartwatch User Manual

SHANG WING Lynn

SHANG WING Lynn Smartwatch User Manual

Model: Lynn

INTRODUCTION

The SHANG WING Lynn Smartwatch is designed to enhance your daily life with a range of smart features and health monitoring capabilities. This manual provides essential information to help you get started, operate, and maintain your device effectively. Please read these instructions carefully before using your smartwatch.



Image: The SHANG WING Lynn Smartwatch is available in multiple colors, offering a blend of style and functionality.

WHAT'S IN THE BOX

Upon unpacking your SHANG WING Lynn Smartwatch, please ensure all the following items are present:

- 1 x SHANG WING Lynn Smartwatch
- 1 x Replacement Strap
- 1 x USB Charging Cable
- 1 x User Manual (may be in multiple languages)

SETUP

1. Charging the Smartwatch

Before initial use, fully charge your smartwatch. Connect the provided USB charging cable to the charging port on the back of the watch and to a standard USB power adapter (not included). The watch display will indicate charging status.

- **Charging Time:** Approximately 2.5 to 7 hours for a full charge.
- **Battery Life:** 5 to 7 days of typical use.
- **Standby Time:** 25 to 30 days.

2. App Installation and Pairing

To unlock the full functionality of your SHANG WING Lynn Smartwatch, you need to install the companion application on your smartphone and pair the devices.

1. **Download the App:** Search for the "InxFit" application in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. **Compatibility:** The app is compatible with Android 6.0 or higher and iOS 9.0 or higher.
3. **Install and Open:** Install the app and open it on your smartphone. Follow the on-screen prompts to create an account or log in.
4. **Pairing:** Ensure Bluetooth is enabled on your smartphone. In the InxFit app, navigate to the device pairing section and select your SHANG WING Lynn Smartwatch from the list of available devices. Confirm the pairing request on both your phone and the smartwatch if prompted.



Image: The smartwatch is designed to be small, stylish, and smart, offering both classic and sport styles.

OPERATING INSTRUCTIONS

1. Basic Navigation

The SHANG WING Lynn Smartwatch features a 1.09-inch touchscreen display for interaction. Swipe across the screen to navigate through menus and tap to select options. A side button provides additional control, typically for returning to the home screen or powering on/off.

2. Customizing Watch Faces

Personalize your smartwatch by changing the watch face. You can select from a wide range of elegant designs available in the InxFit app or upload your own photo to set as a background for a truly customized look.



Image: Customize your watch face with various designs or personal photos via the companion app.

3. Health Monitoring

The smartwatch offers comprehensive health tracking features to help you monitor your well-being.

- **Heart Rate Monitor:** Continuously samples your heart rate and can be set to alert you if it's too high or too low.
- **Blood Oxygen (SpO2) Monitor:** Measures your blood oxygen saturation levels.
- **Sleep Monitor:** Tracks your sleep patterns, including deep sleep, light sleep, REM, and awake times, to provide insights into your sleep quality.
- **Feminine Health Reminder:** Provides tracking and reminders for the menstrual cycle.



Image: Monitor your heart rate during exercise and throughout the day.



Image: Track your sleep quality and patterns for better rest.



Image: Utilize the feminine health tracking feature for cycle management.

4. Activity Tracking

The smartwatch supports multiple sport modes to track your physical activities, counting steps, calories burned, and intensity minutes.

- **Supported Activities:** Walking, running, cycling, dancing, yoga, climbing, spinning, badminton, tennis, rope skipping, aerobics, and more.
- **GPS via Smartphone:** For outdoor activities, the watch can use your smartphone's GPS to track routes and distance.



Image: Track your fitness progress with detailed activity metrics.

5. Smart Notifications

Pair your smartwatch with a compatible smartphone to receive notifications directly on your wrist.

- **Notifications:** Email, calls, SMS, and messages from social applications such as Facebook, WhatsApp, Telegram, Twitter, Messenger, and Gmail.



Image: Receive important notifications directly on your smartwatch.

6. Music Control

Control music playback on your smartphone directly from your smartwatch. Play, pause, skip tracks, and adjust volume without needing to take out your phone.



Image: Music control icon.

7. Weather Forecast

View current weather conditions and forecasts directly on your smartwatch after syncing with the app.

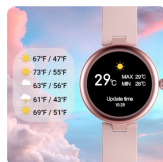
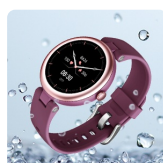


Image: Weather forecast icon.

8. Water Resistance

The SHANG WING Lynn Smartwatch has an IP68 water resistance rating, meaning it is protected against dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, such as hand washing, rain, and shallow swimming. However, it is not recommended for hot showers, saunas, or diving.



MAINTENANCE

To ensure the longevity and optimal performance of your SHANG WING Lynn Smartwatch, follow these maintenance guidelines:

- **Cleaning:** Regularly clean the watch and strap with a soft, dry cloth. If necessary, use a slightly damp cloth with mild soap, then rinse and dry thoroughly. Avoid harsh chemicals or abrasive materials.
- **Charging Contacts:** Keep the charging contacts on the back of the watch clean and free of debris to ensure proper charging.
- **Storage:** Store the smartwatch in a cool, dry place when not in use.
- **Avoid Extreme Conditions:** Do not expose the watch to extreme temperatures, direct sunlight for prolonged periods, or strong magnetic fields.

TROUBLESHOOTING

If you encounter issues with your SHANG WING Lynn Smartwatch, try the following solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot pair with smartphone:**
 - a. Ensure Bluetooth is enabled on your smartphone.
 - b. Make sure the smartwatch is within Bluetooth range (8-10 meters).
 - c. Restart both your smartphone and the smartwatch.
 - d. Check if the InxFit app is updated to the latest version.
 - e. If previously paired, try unpairing and re-pairing the device through the app.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, about one finger's width above your wrist bone. Clean the sensor on the back of the watch.
- **Notifications not received:**
 - a. Verify that notifications are enabled in the InxFit app for the desired applications.
 - b. Check your smartphone's notification settings to ensure the InxFit app has permission to send notifications.
 - c. Ensure the watch is connected via Bluetooth to your smartphone.
- **Screen unresponsive:** Try restarting the smartwatch by pressing and holding the side button. If unresponsive, allow the battery to drain completely and then recharge.

SPECIFICATIONS

Feature	Specification
Model Name	Lynn
Display	1.09-inch Touchscreen (LED, LCD, or OLED)
Resolution	240 x 240 pixels
Connectivity	Bluetooth
Compatible Systems	Android 6.0+ / iOS 9.0+
Application	InxFit App

Battery Type	Lithium-polymer
Battery Capacity	210 mAh
Charging Time	2.5 - 7 hours
Battery Life (Typical Use)	5 - 7 days
Standby Time	25 - 30 days
Water Resistance	IP68 (up to 1.5 meters for 30 minutes)
Effective Bluetooth Distance	8 - 10 meters
Strap Material	Thermoplastic Polyurethane (TPU)
Case Material	Plastic
Weight	33 Grams
Dimensions	26.5 x 8.7 x 1.7 cm
Memory Storage Capacity	128 MB

WARRANTY AND SUPPORT

Your SHANG WING Lynn Smartwatch comes with a standard manufacturer's warranty. For specific warranty terms, duration, and conditions, please refer to the warranty card included in your product packaging or visit the official SHANG WING website. For technical support, troubleshooting assistance beyond this manual, or inquiries about replacement parts, please contact SHANG WING customer service through their official channels. Contact information can typically be found on the product packaging, the official website, or within the InxFit application.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

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