

HIFIT HFT-UP-043

HIFIT Queen Size Platform Bed Frame - Instruction Manual

MODEL: HFT-UP-043

1. Safety Information

Please read and understand all instructions before assembly and use. Keep this manual for future reference.

- **Weight Capacity:** Do not exceed the maximum weight capacity of 950 lbs. Exceeding this limit may result in injury or product damage.
- **Assembly:** Improper assembly can lead to instability and potential injury. Ensure all parts are correctly aligned and securely fastened.
- **Mattress Security:** Failure to properly secure the mattress may result in it shifting, causing injury.
- **Children:** Keep children away from the assembly area. Small parts can be a choking hazard.
- **Tools:** Use appropriate tools as specified in the assembly instructions.

2. Package Contents

Verify that all components listed below are present before beginning assembly. If any parts are missing or damaged, please contact customer support.

Component	Quantity
Headboard (Velvet Upholstered)	1
Footboard (Velvet Upholstered)	1
Side Rails (Metal)	2
Center Support Bar	1
Support Legs	Varies (check diagram)
Wooden Slats	Set
Assembly Hardware & Tools	1 Set

3. Setup (Assembly Instructions)

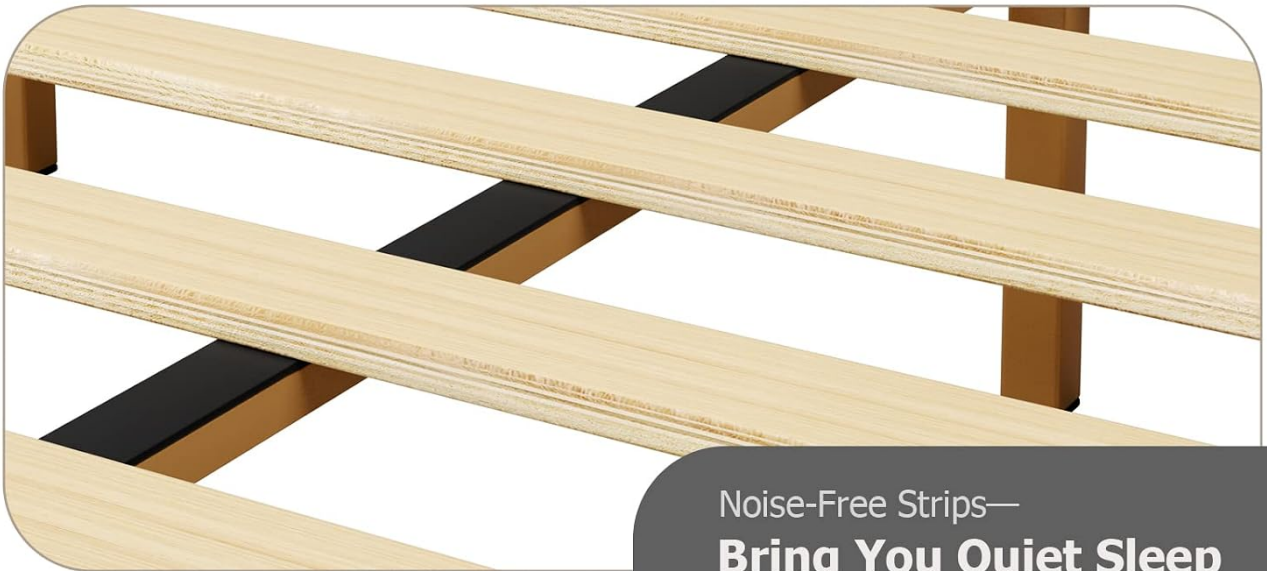
Assembly is required. Follow these steps carefully. It is recommended to assemble with two people, though it can be done by one.

- 1. **Unpack and Identify Parts:** Carefully remove all components from the packaging. Lay them out on a soft, clean surface to prevent scratches. Identify each part using the provided parts list and diagrams.
- 2. **Attach Headboard and Footboard to Side Rails:** Connect the side rails to the headboard and footboard using the provided bolts and tools. Ensure all connections are tight and secure.
- 3. **Install Center Support Bar:** Attach the center support bar to the designated points on the headboard and footboard. Secure the support legs to the center bar.
- 4. **Place Wooden Slats:** Lay the wooden slats across the bed frame, fitting them into the designated slots or attaching them as per the specific design. Ensure the noise-free strips are correctly positioned to prevent squeaking.
- 5. **Final Tightening:** Double-check all bolts and screws to ensure they are fully tightened. Do not overtighten.



Figure 3.1: Bed frame dimensions and key components. Note the 9.8-inch under-bed storage clearance.

Sturdy Wooden Slats and Metal Screw—
More Stable, None Shaky and Squeaky



Noise-Free Strips—
Bring You Quiet Sleep

Figure 3.2: Detail of sturdy wooden slats and noise-free strips for quiet operation.

Video 3.1: Visual guide for assembling the HIFIT Upholstered Bed Frame. This video demonstrates the unpacking and assembly process.

4. Operating Instructions

This platform bed frame is designed for direct mattress placement, eliminating the need for a box spring.

- **Mattress Placement:** Place your mattress directly onto the wooden slats. The recommended mattress height is 8 to 12 inches for optimal comfort and headboard visibility.
- **Under-Bed Storage:** The frame provides 9.8 inches of clearance from the floor, offering ample space for storage boxes or a sweeping robot.



Figure 4.1: Illustration of the generous under-bed storage space.

5. Maintenance

Proper maintenance will ensure the longevity and continued performance of your bed frame.

- **Cleaning:** Wipe the frame and upholstered surfaces with a damp cloth. Avoid harsh chemicals that may damage the velvet or metal finish.
- **Fastener Checks:** Periodically inspect all bolts and screws. Tighten any loose fasteners to maintain stability and prevent squeaking.

6. Troubleshooting

If you encounter any issues, refer to the following common solutions:

- **Squeaking Noises:** Ensure all assembly bolts are securely tightened. The bed frame is designed with noise-free strips to minimize sound. If squeaking persists, re-check the slat placement and all connection points.
- **Instability:** If the bed frame feels unstable, verify that all components are correctly assembled and all fasteners

are tightened.

- **Mattress Shifting:** Ensure your mattress is properly centered on the slats. The velvet headboard and footboard help to keep the mattress in place.

7. Specifications

Feature	Detail
Model Number	HFT-UP-043
Size	Queen
Product Dimensions	82.3"L x 78"W x 43.3"H
Color	Black
Headboard Material	Velvet
Frame Material	Heavy-Duty Metal
Slat Material	Solid Wood
Weight Capacity	950 lbs
Under-Bed Clearance	9.8 inches
Recommended Mattress Height	8"-12"
Special Features	Button Tufted Headboard, Noise-Free Design, No Box Spring Needed

8. Warranty and Support

HIFIT is committed to providing quality products and customer satisfaction.

- **Post-Sale Support:** If you have any questions, concerns, or require assistance with missing parts or product issues, our post-sale service team is available 24/7 to assist you.
- **Contact:** Please refer to the contact information provided on your purchase receipt or the HIFIT brand store for support.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for

conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question