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> [AUVON Rechargeable TENS Unit Muscle Stimulator \(4th Gen\) Instruction Manual](#)

AUVON 4th Gen TENS Machine

AUVON Rechargeable TENS Unit Muscle Stimulator (4th Gen)

Model: 4th Gen TENS Machine | Brand: AUVON

IMPORTANT SAFETY INFORMATION

Please read all safety warnings and instructions carefully before using the AUVON TENS Unit. Failure to do so may result in injury or device malfunction.

- Do not use this product if you have an implanted defibrillator, cardiac pacemaker, or any other implanted metallic or electronic device.
- This product is prohibited for people with heart rhythm problems, epilepsy, brain diseases, or neurological disorders.
- Do not use this product if you have undiagnosed chronic pain.
- Do not use if pregnant or in labor.
- Do not use if you have cancer.
- Do not use if sensitive to electrotherapy.
- Avoid excessive use of electrotherapy.
- Avoid use above the neck, especially on the head or neck area.
- Not suitable for children under 16 years of age. Keep out of reach of children.
- Consult your physician or qualified healthcare provider regarding your condition and appropriate medical treatment before use.

WHAT'S INCLUDED

Your AUVON TENS Unit package contains the following items:

- 1 x AUVON TENS Muscle Relaxer (Device)
- 8 x Square Electrode Pads (2"x2")
- 2 x Lead Wires (1/2 Wire)
- 1 x Pads Holder
- 1 x Type-C Cable

- 1 x Pouch
- 1 x Professional User Manual

What You Receive



Image: All items included in the AUVON TENS Unit package.

PRODUCT OVERVIEW

The AUVON Rechargeable TENS Unit is a professional electric massager designed to excite and stimulate sensory nerves and muscles, activating the natural pain gate mechanism for pain management and muscle relaxation.

- **24 Pre-programmed Modes:** Offers a wide range of user-friendly massage modes and adjustable timing for diverse pain relief needs.
- **Upgraded Electrode Pads:** Features low-impedance solid gel pads for premium self-stick performance and easy clean-up, providing a longer lifespan of up to 45 uses.
- **Rechargeable Lithium Battery:** Provides up to 10 hours of continuous use on a single charge. A power indicator keeps you informed of the remaining battery life.
- **Superior Quality:** Precise electronic circuitry ensures optimal safety (CE/ROHS Cleared).



Image: The TENS unit provides safe, non-invasive, drug-free pain relief and management for various body areas.

Up to 24 Mode Choices

24 mode options and controls to give you a relaxing massage with little fuss.



24 Modes



20 Intensity



Pocket Size



10h Usage



Steady Current



Rechargeable



* The 24 sub-mode choices selection is under the 6 massage modes.

Image: The AUVON TENS unit offers up to 24 mode choices, 20 intensity levels, 10 hours of usage, and is rechargeable.



Good Stickiness

Upgrade Gel, More Reuses

Lower Impedance, Better Conductivity.

	AUVON GEL	OTHERS GEL
Number of reuse	45 times	30 times
Resistance	45 Ω	50 Ω
Biocompatibility	✓	✗
Production Tool	Automated Machine	Hands
Certificate Report	510K Biocompatibility Report	✗

Image: AUVON gel pads offer upgraded stickiness and reusability compared to standard pads.

Current Stability

Classic pin-style electrodes are better than other button-style ones on current stability and anti-corrosion.

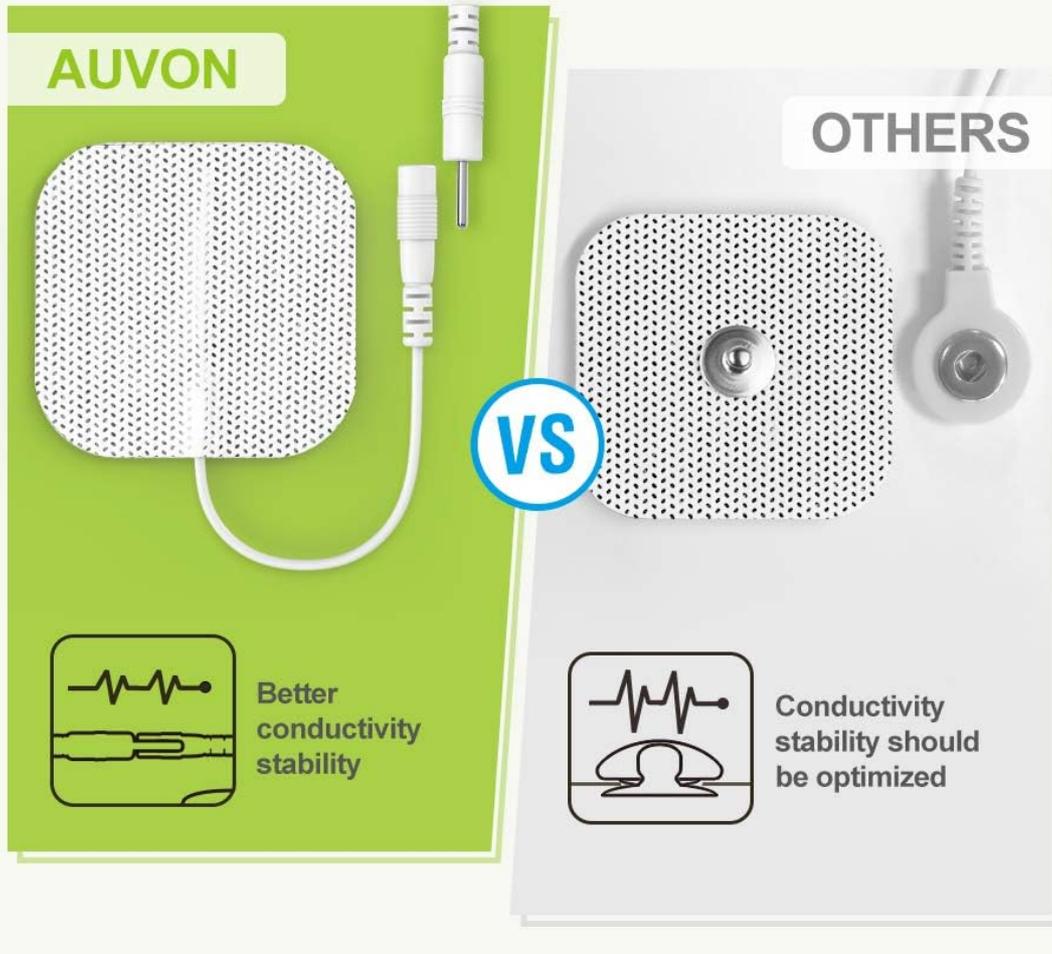


Image: AUVON's classic pin-style electrodes provide superior current stability and anti-corrosion properties.

Superior Quality

Precise electronic circuitry highly ensures for optimal safety (CE / ROHS Cleared).



Image: The internal components of the AUVON TENS unit, demonstrating its superior quality and precise electronic circuitry.

Applicable User

Office Worker /Overworked /
Housewife / Fitness /
Middle aged and
elderly people etc.

* Important: Do NOT use if you have a
pacemaker, are pregnant, or have epilepsy.

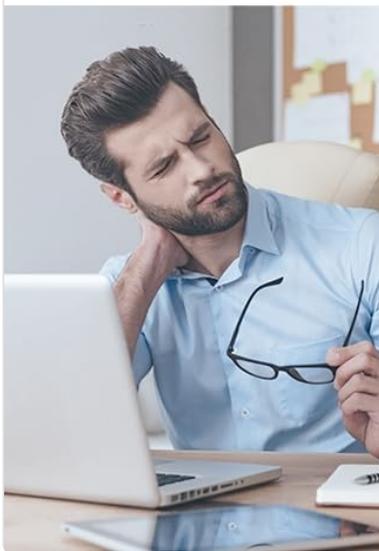


Image: The AUVON TENS unit is suitable for various users, but important contraindications apply.

SETUP INSTRUCTIONS

1. **Prepare the Skin:** Ensure the skin area where pads will be placed is clean and dry.
2. **Attach Lead Wires to Pads:** Connect the pin-style ends of the lead wires to the electrode pads.
3. **Apply Pads:** Carefully peel the protective film from the electrode pads and firmly place them on the desired body area. Refer to the user manual for recommended placement for specific conditions.
4. **Connect Lead Wires to Device:** Plug the other end of the lead wires into the 'A' or 'B' ports on the top of the TENS unit. The unit supports two independent channels (A and B), allowing for up to 4 pads to be used simultaneously.

Video: Unboxing and Initial Setup

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Video: This tutorial demonstrates the unboxing of the AUVON TENS unit, showing all included accessories and how to connect the electrode pads and lead wires to the device.

OPERATING INSTRUCTIONS

1. **Power On:** Slide the power switch located on the top of the device to the 'ON' position. The screen will illuminate.
2. **Select Mode:** Press the 'M' button to cycle through the 6 main massage modes. Each main mode has 4 sub-modes, totaling 24 options. The screen displays icons representing different massage techniques.
3. **Adjust Intensity:** Use the '+' and '-' buttons to increase or decrease the intensity level for each channel (A and B). Start with the lowest intensity and gradually increase until you feel a comfortable, yet effective, sensation.
4. **Set Timer:** Press the 'T' button to adjust the treatment duration. The timer can be set in 10-minute intervals, typically from 10 to 90 minutes.
5. **Lock Function:** Long press the round button (M/T) to lock the screen and prevent accidental changes during treatment.
6. **Power Off:** Slide the power switch to the 'OFF' position when finished.

Video: Device Features and Operation

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Video: This video provides a close look at the AUVON TENS unit's features, including how to navigate modes, adjust intensity, and set the timer.

Video: Understanding Modes and Intensity

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Video: This video explains the 4 outputs, 24 different modes, and how to gently increase the intensity of the AUVON TENS unit.

CHARGING THE DEVICE

The AUVON TENS Unit is equipped with a rechargeable lithium battery, providing long-lasting power for your therapy sessions.

- **Charging Port:** The device features a Type-C charging port.
- **Charging Process:** Connect the included Type-C cable to the device and a compatible USB power source (e.g., wall adapter, computer USB port).
- **Charging Time:** The unit fully recharges in approximately 1 hour.
- **Power Indicator:** The screen displays a power indicator to keep you aware of the remaining battery life.
- **Tip:** Turn on the unit first, then recharge it with the included wall charger.

MAINTENANCE AND STORAGE

- **Electrode Pad Care:** The upgraded low-impedance solid gel pads can provide premium self-stick performance for up to 45 uses. If stickiness decreases, gently wipe the adhesive side with a damp cloth to remove debris and restore adhesion.
- **Pad Holder:** Use the included pads holder to store the electrode pads when not in use. This helps protect the adhesive and prolong their lifespan.
- **Device Cleaning:** Wipe the device with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the TENS unit and all accessories in the provided pouch in a cool, dry place, away from direct sunlight and extreme temperatures.

TROUBLESHOOTING

If you experience any issues with your AUVON TENS Unit, please refer to the following common troubleshooting tips:

- **No Sensation/Weak Sensation:**
 - Ensure the device is turned on and fully charged.
 - Check that lead wires are securely connected to both the pads and the device.
 - Verify that the electrode pads are firmly applied to clean, dry skin.
 - Increase the intensity level gradually using the '+' button.
 - Replace old or worn-out electrode pads if their stickiness or conductivity is compromised.
- **Screen Not Turning On:**
 - Ensure the power switch is in the 'ON' position.
 - Charge the device fully using the provided Type-C cable.
- **Pads Not Sticking:**
 - Clean the adhesive surface of the pads with a damp cloth to remove any lint or oils.
 - Ensure skin is clean and dry before application.
 - If pads are old or heavily used (beyond 45 uses), they may need to be replaced.

For further assistance, please contact AUVON customer service.

SPECIFICATIONS

Feature	Detail
Product Dimensions	3.74 x 1.97 x 0.04 inches
Weight	8.15 ounces
Battery Type	1 Lithium Ion battery (included)

Manufacturer	AUVON
Modes	24 pre-programmed massage modes
Battery Life	Up to 10 hours continuous use
Charging Time	Approximately 1 hour

WARRANTY AND SUPPORT

AUVON is committed to providing high-quality products and excellent customer service.

- **Warranty:** Your AUVON TENS Unit comes with a 12-month warranty.
- **Technical Support:** We offer dedicated technical support to assist you with any product-related inquiries or issues.
- **Customer Service:** Our friendly customer service team is available to help. Please refer to the contact information in your Professional User Manual for details.