

LIGE ST2-A1-HSJ-CA

LIGE Smart Watch User Manual

Model: ST2-A1-HSJ-CA

1. INTRODUCTION

This manual provides essential instructions for setting up, operating, and maintaining your LIGE Smart Watch Model ST2-A1-HSJ-CA. Please read this manual thoroughly before using the device to ensure proper function and safety.

2. PACKAGE CONTENTS

Verify that all items are present in your package:

- 1 x LIGE Smart Watch
- 1 x Stainless Steel Strap
- 1 x Silicone Strap
- 1 x USB Magnetic Charging Cable
- 1 x User Manual

3. SETUP

3.1 Charging the Device

Before first use, fully charge the smartwatch. Connect the USB magnetic charging cable to the charging contacts on the back of the watch and to a standard USB power adapter (not included). A full charge typically takes approximately 3 hours.

3.2 App Installation and Pairing

To unlock all features, download the companion application on your smartphone. Scan the QR code in the manual or search for the app name (usually indicated in the manual or on the watch screen) in your phone's app store. Ensure your phone's Bluetooth is enabled, then open the app and follow the on-screen instructions to pair your LIGE Smart Watch.

4. OPERATING INSTRUCTIONS

4.1 Basic Controls

The LIGE Smart Watch features a 1.32-inch HD TFT full touch screen (360x360 resolution) for navigation. Swipe left, right, up, or down to access different menus and functions. The physical buttons on the side provide additional control, such as power on/off or returning to the home screen.



Image: The LIGE Smart Watch features a 1.43-inch AMOLED display with an always-on clock function, offering clear visuals and smooth operation.

4.2 Bluetooth Call and Message Notifications

The smartwatch supports Bluetooth 5.0 for stable call functionality. Once paired with your phone, you can answer or make calls directly from the watch using its built-in speaker and microphone. The watch will also vibrate to alert you of incoming messages and app notifications (e.g., Facebook, WhatsApp, Twitter).

Bluetooth Call & Message Notification

The built-in Hi-Fi speaker and the microphone can easily respond to calls.



Image: The smartwatch displays incoming calls and message notifications, allowing users to answer calls directly from the wrist.

4.3 DIY Dial Customization

The companion app offers over 200 different dial styles. You can also customize the watch face using your own photos to personalize the display.

Customize Your Stylish Dial

The smartwatch supports 200+ dial replacements and also dial customisation Use your picture and show your personality.




Image: Various customizable watch faces are available, including options to use personal photos for a unique display.


4.4 Additional Functions

The watch includes various practical functions such as music control, weather forecast, breathing training, stopwatch, flashlight, calculator, and timer. Access these features through the watch's menu interface.


Rich And Practical Functions




Music Control




Low Power Chip




Quick Wake Up




466*466 HD Resolution




330 mAh Large Capacity battery



Weather



IP68 Waterproof



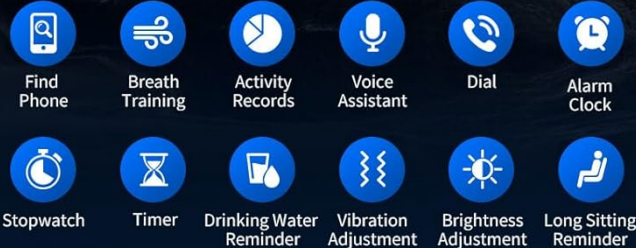


Image: The smartwatch offers a range of functions including music control, weather, and a 330mAh battery, alongside IP68 waterproofing.

5. HEALTH MONITORING

The LIGE Smart Watch provides continuous health tracking:

- **Heart Rate Monitoring:** Tracks real-time heart rate 24/7.
- **Blood Oxygen (SpO2) Monitoring:** Measures blood oxygen levels.
- **Sleep Tracking:** Monitors sleep quality and patterns throughout the night.

Review detailed data and trends in the companion app to help maintain a healthy lifestyle. This device is not intended for medical use.

7/24 Health Monitoring

Provide 24h Heart rate, SpO2 monitoring real time and sleep track on night.



Image: The watch continuously monitors heart rate, blood oxygen, and sleep patterns, providing comprehensive health data.

6. SPORTS MODES

The smartwatch supports 20 sports modes, including walking, running, cycling, rope skipping, badminton, basketball, and soccer. During exercise, it records data such as speed, heart rate changes, and calories burned to help optimize your training.

124+ Sport Mode for Daily Exercise



Image: The smartwatch tracks various sports activities, displaying metrics like time, calories, heart rate, steps, and distance.

7. WATER RESISTANCE

The LIGE Smart Watch has an IP67 waterproof rating, meaning it is resistant to splashes, rain, and brief immersion in water. It is suitable for wearing during hand washing or light outdoor activities. Avoid hot water, saunas, or diving, as these conditions may compromise the water resistance.

8. BATTERY LIFE

A full charge provides approximately 5-7 days of normal use and up to 30 days of standby time. Actual battery life may vary based on usage patterns and enabled features.

9. COMPATIBILITY

The LIGE Smart Watch is compatible with smartphones running Android 4.4+ and iOS 8.4+.

10. MAINTENANCE

10.1 Cleaning

Regularly clean your smartwatch and straps with a soft, dry cloth. If necessary, use a slightly damp cloth and mild soap, then dry thoroughly. Avoid harsh chemicals or abrasive materials.

10.2 Storage

When not in use for extended periods, store the watch in a cool, dry place. Ensure it has some charge to prevent deep discharge, which can affect battery longevity.

11. TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged.
- **Cannot pair with phone:** Check if Bluetooth is enabled on your phone and the watch. Ensure the watch is within range and not paired with another device. Restart both devices and try again.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor area regularly.
- **Notifications not received:** Check app permissions on your phone to ensure the companion app has access to notifications. Verify notification settings within the app.

12. SPECIFICATIONS

Feature	Specification
Model Name	ST2-A1-HSJ-CA
Display	1.32-inch HD TFT (360x360 resolution)
Connectivity	Bluetooth 5.0
Operating System Compatibility	Android 4.4+, iOS 8.4+
Water Resistance	IP67
Battery Capacity	330 mAh Lithium Polymer
Battery Life	5-7 days (normal use), 30 days (standby)
Health Monitoring	Heart Rate, Blood Oxygen, Sleep Tracking
Sports Modes	20+ modes (e.g., walking, running, cycling)
Material	Stainless Steel (case and one strap)
Item Weight	0.24 Kilograms

13. WARRANTY AND SUPPORT

LIGE offers a 30-day refund policy and a 12-month warranty for this smartwatch. For any questions or support, please contact LIGE customer service. Contact information is typically provided in the

product packaging or on the official LIGE website.