

Tuanzi KR06

Tuanzi KR06 Sports Smart Watch User Manual

Model: KR06

1. INTRODUCTION

Thank you for choosing the Tuanzi KR06 Sports Smart Watch. This manual provides detailed instructions to help you understand the functions, operation methods, and precautions for using your device. Please read this manual carefully before use to ensure proper operation and to fully utilize all features.



Image 1.1: Tuanzi KR06 Sports Smart Watch displaying time, date, steps, calories, distance, heart rate, and weather.

2. WHAT'S IN THE BOX

Upon opening your Tuanzi KR06 Sports Smart Watch package, please verify that all the following items are included:

- 1 x Tuanzi KR06 Smart Watch
- 1 x Charging Cable

- 1 x User Manual (this document)

If any items are missing or damaged, please contact customer support.

3. SETUP

3.1 Charging the Device

Before first use, fully charge your KR06 Smart Watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a standard USB power adapter (not included) or a computer's USB port. The watch display will indicate charging status.

3.2 App Installation (Da Fit)

The Tuanzi KR06 Smart Watch requires the 'Da Fit' application for full functionality and data synchronization. The app is compatible with both Android and iOS devices.

1. **For Android:** Search for 'Da Fit' in the Google Play Store.
2. **For iOS:** Search for 'Da Fit' in the Apple App Store.
3. Download and install the application.



Image 3.1: Da Fit App download instructions for Android and iOS.

3.3 Device Pairing

After installing the Da Fit app, follow these steps to pair your watch with your smartphone:

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the Da Fit app and create an account or log in.
3. Navigate to the 'Device' section within the app.
4. Tap 'Add Device' or 'Bind Device'.
5. Select 'KR06' from the list of available devices.
6. Confirm the pairing request on both your phone and the watch if prompted.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

- **Power Button:** Press to wake the screen or return to the main watch face. Long press to power on/off.
- **Touch Screen:** Swipe left/right, up/down to navigate through menus and functions. Tap to select.

- **Watch Faces:** From the main watch face, long press the screen to change watch faces. You can also customize watch faces via the Da Fit app.

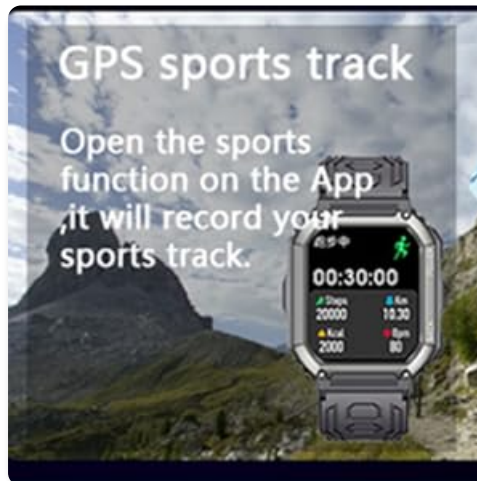


Image 4.1: Various customizable watch faces available on the KR06 Smart Watch.

4.2 Bluetooth Calling

The KR06 Smart Watch supports Bluetooth calls, allowing you to make and receive calls directly from your wrist when connected to your smartphone.

- **Making Calls:** Access the dial pad or contact list on the watch to initiate a call.
- **Receiving Calls:** When a call comes in, the watch will display the caller ID. You can answer or reject the call from the watch.



Image 4.2: Bluetooth call functions including dial pad, call ID, and call management.

4.3 Music Playback Control

Control music playback on your smartphone directly from your watch.

- Access the music control interface on the watch.
- Play, pause, skip tracks (previous/next), and adjust volume.



Image 4.3: Music control feature on the KR06 Smart Watch.

4.4 Voice Assistant

Activate your smartphone's voice assistant (e.g., Siri, Google Assistant) through the watch for hands-free commands.

4.5 Health Monitoring

The KR06 Smart Watch provides comprehensive health monitoring features:

- **Heart Rate Monitoring:** Continuous 24-hour heart rate tracking. View real-time data and historical trends in the Da Fit app.
- **Blood Pressure Monitoring:** Measure your blood pressure directly from the watch.
- **Blood Oxygen Monitoring:** Monitor your SpO2 levels.
- **Sleep Monitoring:** Tracks sleep duration and quality (deep sleep, light sleep, awake time).
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.
- **Drinking Water Reminder:** Reminds you to stay hydrated throughout the day.
- **Menstrual Reminder:** For female users, track menstrual cycles.



Image 4.4: Heart rate monitoring feature and data display.



Image 4.5: Drink water reminder feature.

4.6 Sports Modes

The watch supports 16 sports modes to track your activities. While the watch itself does not have built-in GPS, it can utilize your smartphone's GPS via the Da Fit app to record your sports track.

- **Available Modes:** Road, Running, Riding, Ball, Rope Skipping, Basketball, Football, Swimming, Mountaineering, Cross-country Running, Yoga, Fitness, Dancing, Hiking, Indoor Walking, Indoor Running.
- **Tracking:** Select a sport mode to start tracking duration, calories burned, and other relevant metrics.



Image 4.6: GPS sports track function, utilizing the smartphone's GPS.

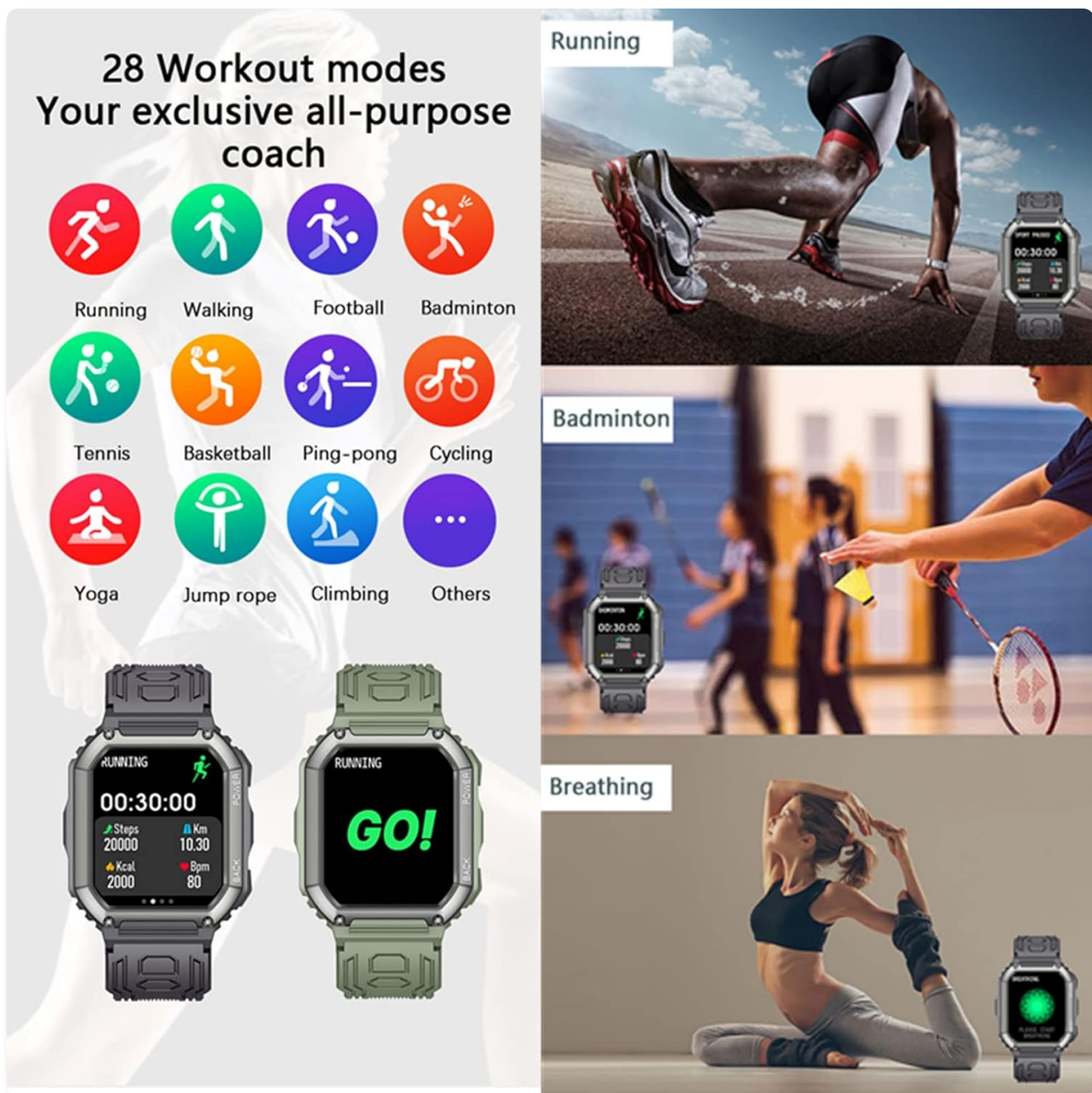


Image 4.7: Icons representing various sports modes available on the watch.

4.7 Notifications

Receive notifications from your smartphone directly on your watch for calls, SMS, and various social media applications (QQ, WeChat, Facebook, Twitter, LinkedIn, WhatsApp, Line, Instagram, Snapchat, Skype, Gmail).

4.8 Other Features

- **Alarm Clock:** Set multiple alarms via the Da Fit app.
- **Stopwatch & Countdown:** Basic timing functions.
- **Remote Camera Control:** Shake the watch to remotely trigger your phone's camera shutter.
- **Find Phone:** Use the watch to make your paired phone ring.
- **Weather Forecast:** View current weather and forecasts (requires app synchronization).

The watch has a variety of caring functions, like incoming call or message, sedentary reminder. It also tracks your activities and provides DND, weather forecast functions.



Image 4.8: Overview of additional features like alarm, music control, heart rate, weather, stopwatch, and drink reminder.

5. MAINTENANCE

5.1 Cleaning

- Wipe the watch and strap regularly with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials, as they may damage the device.
- Ensure the charging contacts are clean and dry before charging.

5.2 Water Resistance (IP67)

The KR06 Smart Watch is IP67 water-resistant, meaning it is protected against dust and can withstand immersion in water up to 1 meter for up to 30 minutes. It is suitable for daily use, such as washing hands, face, and light sweating during sports. However, it is **not recommended** for swimming, showering with hot water, or

diving, as steam and high water pressure can compromise the seals.

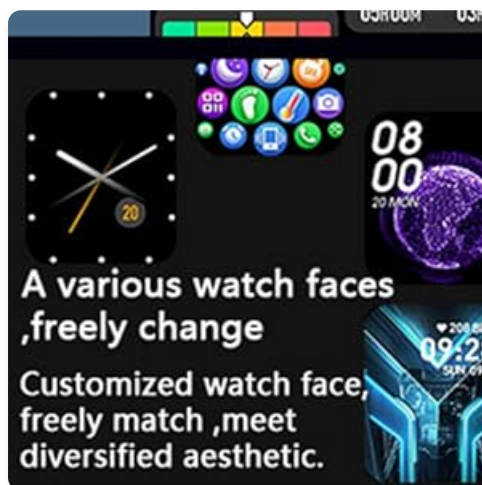


Image 5.1: IP67 water resistance for daily activities.

5.3 Battery Care

- Avoid extreme temperatures, which can affect battery life.
- Charge the watch regularly, even if not in constant use, to maintain battery health.
- Use only the provided charging cable.

6. TROUBLESHOOTING

If you encounter issues with your Tuanzi KR06 Smart Watch, please refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Unable to pair with phone:**
 - Ensure Bluetooth is enabled on your phone.
 - Make sure the watch is within Bluetooth range (typically 10 meters).
 - Restart both your phone and the watch.
 - Check if the Da Fit app has necessary permissions (location, Bluetooth).
 - If previously paired, try unpairing from your phone's Bluetooth settings and then re-pairing through the Da Fit app.
- **Inaccurate health data:**
 - Ensure the watch is worn snugly on your wrist, about one finger's width from your wrist bone.
 - Avoid excessive movement during measurements.
 - Note that these measurements are for reference and not for medical diagnosis.
- **Notifications not received:**
 - Ensure the watch is paired and connected to the Da Fit app.
 - Check notification permissions for the Da Fit app in your phone's settings.
 - Verify that notification alerts are enabled within the Da Fit app for specific applications.
 - Ensure your phone's 'Do Not Disturb' mode is off.
- **Short battery life:**

- Reduce screen brightness.
- Limit continuous heart rate monitoring or frequent use of power-intensive features.
- Ensure the watch is fully charged each time.

If the problem persists, please contact Tuanzi customer support.

7. SPECIFICATIONS

Feature	Specification
Model	KR06
Display	1.8-inch IPS Hancal glass, 240x286 resolution
Bluetooth Version	BLE 5.0
Bluetooth Chip	gr5515i0nd + Jieli
Heart Rate Chip	Tianyi Hexin hx3600
Memory	RAM_256KB + ROM_64MB
Battery Capacity	320mAh Lithium Polymer
Battery Life	7-10 days (normal use), up to 30 days (standby)
Water Resistance	IP67
Operating System	App: Da Fit (Android 4.4+, iOS 9.0+)
Dimensions	2.28 x 1.72 x 0.53 inches (58 x 43.6 x 13.5 mm)
Weight	4 ounces
G-sensor	G-SC7A205

Graceful two-color OPTION

Bi-colored match

remarkable



Black style
Silicone strap

Green style
Silicone strap



Product size



Product specification

Model	KR06 smart watch
Resolution	240*286
Display	1.8 inch HannStar glass
Waterproof	IP67
Battery	320mAh
BT version	BLE 5.0
Heart rate senso	HX3600
Charging interface	Magnetic cable
G-sensor	G-SC7A205
Compatible	Android 4.4 IOS 9.0 above

Image 7.1: Product dimensions and detailed specifications.


8. WARRANTY AND SUPPORT

The Tuanzi KR06 Sports Smart Watch comes with a standard manufacturer's warranty. Please refer to the warranty card included in your packaging for specific terms and conditions, including warranty duration and coverage details.

For technical support, troubleshooting assistance, or warranty claims, please contact Tuanzi customer service through the retailer where you purchased the product or visit the official Tuanzi website for contact information.

Online Resources:

- Tuanzi Store on Amazon: [Visit the Tuanzi Store](#)

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