

[Manuals.plus](#) /

› [Pure Enrichment](#) /

› Pure Enrichment PureRelief Pro Far Infrared XL Heating Pad - Muscle Relief for Back, Neck, Shoulder, & Knee Pain in Athletes, 4 Heat Settings, Dry/Moist Heat, 12" x 24" Extra-Large Size (Iron Gray)

Pure Enrichment PEFIR24-IG

Pure Enrichment PureRelief Pro Far Infrared XL Heating Pad User Manual

Model: PEFIR24-IG

INTRODUCTION

The Pure Enrichment PureRelief Pro Far Infrared XL Heating Pad is designed to provide targeted heat therapy for muscle relief and pain management. Utilizing InfraWave Technology, it delivers deep-penetrating far infrared heat to soothe various body areas.

Important Safety Information

Caution: For external use only. Do not use on broken or irritated skin. Keep away from water, moisture, and flammable substances. Always unplug when not in use. Do not cover with thick clothing or blankets while in use. Avoid direct contact with heating elements to prevent burns. Do not let children or pets use or touch the heating pad while it is plugged in. Always use a stable, level surface to prevent tipping over. If the heating pad malfunctions or shows signs of damage, discontinue use immediately. Consult a healthcare professional if you experience pain, discomfort, or other adverse effects.

Indications for Use

This heating pad is indicated for temporary relief of chronic pain, inflammation, menstrual cramps, minor muscle and joint pain, stiffness, arthritis pain, and muscle spasms.

SETUP

Before first use, unroll the heating pad and inspect it for any damage. Ensure the detachable LED controller is securely connected to the pad.

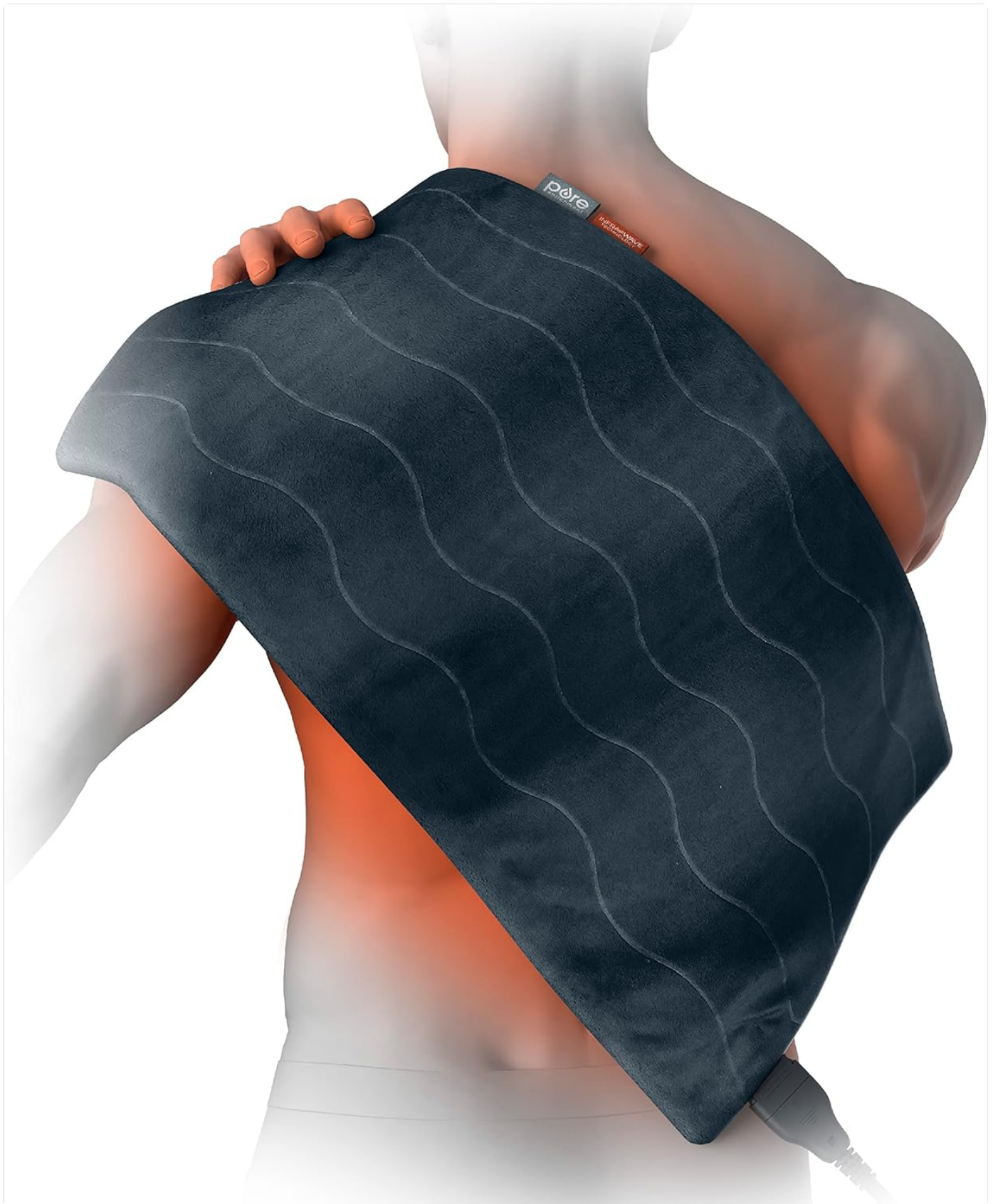


Image: The PureRelief Pro Far Infrared XL Heating Pad, showcasing its large size and soft micromink fabric. The detachable controller is visible.

Place the heating pad on a clean, dry, and stable surface or directly on the area of the body requiring heat therapy. Ensure the power cord is not obstructed or tangled.

OPERATING INSTRUCTIONS

Using the Heating Pad

1. **Plug in the heating pad:** Connect the power cord to a standard electrical outlet.
2. **Select a heat setting:** Use the handheld controller to choose your desired heat level. The pad offers 4 heat settings:
 - Warm (110°F)
 - Low (120°F)
 - Medium (130°F)
 - High (140°F)

The InstaHeat technology allows the pad to warm up quickly.

3. **Apply the heating pad:** Place the pad on the desired area of your body. Its 12" x 24" extra-large size provides ample coverage for the arms, neck, back, abdomen, and legs.
4. **Automatic Shut-Off:** The heating pad is equipped with an auto shut-off timer that will turn off the device after 2 hours of continuous use to prevent overheating.

Moist Heat Application

For faster and deeper heat penetration, moist heat can be applied. Lightly pat one side of the pad with water from a damp cloth or use a spray bottle to apply a fine mist. *Do not spray or dampen the connector.*



Image: A man demonstrating the use of the heating pad on his lower back, highlighting its flexibility for various body parts.

ABDOMEN

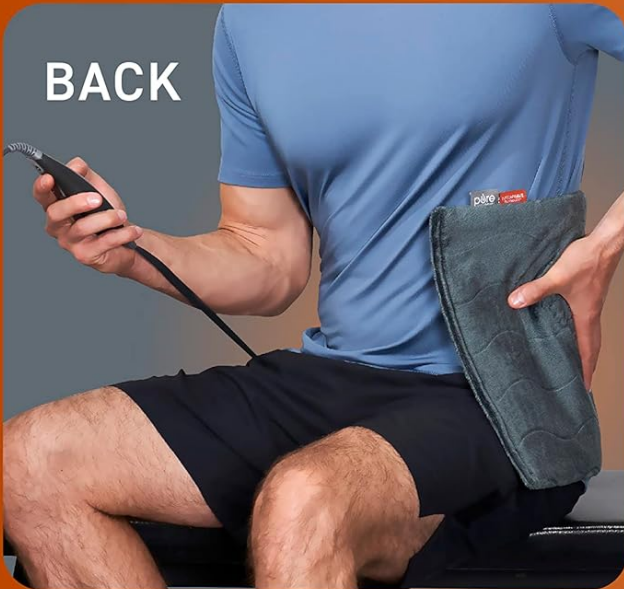


ARMS



FULL BODY PAIN RELIEF

BACK



LEGS



Image: A collage illustrating the versatility of the heating pad for full body pain relief, including use on the abdomen, arms, back, and legs.

MAINTENANCE

Cleaning Instructions

The ultra-soft micromink fabric of the heating pad is machine washable. Always detach the LED controller before washing. Follow the care instructions on the product label for best results.

Ensure the heating pad is completely dry before reconnecting the controller and storing or using again.

Storage

When not in use, store the heating pad in its provided storage bag in a cool, dry place. Avoid folding the pad tightly or placing heavy objects on it, which could damage the internal heating elements.

TROUBLESHOOTING

Common Issues and Solutions

Problem	Possible Cause	Solution
Heating pad does not turn on.	Not properly plugged in; power outlet issue; controller not connected securely.	Ensure the power cord is fully inserted into the outlet and the controller is securely attached to the pad. Test the outlet with another device.
Pad is not heating sufficiently.	Incorrect heat setting; external factors (e.g., thick clothing).	Increase the heat setting on the controller. Ensure the pad is in direct contact with the skin or a thin layer of clothing.
Pad turns off unexpectedly.	Automatic shut-off activated; overheating protection.	The pad has an automatic 2-hour shut-off feature. If it turns off before 2 hours, unplug it, let it cool down for 30 minutes, and then try again. If the problem persists, contact customer support.

If you experience any issues not listed here, or if the problem persists after attempting the solutions, please contact Pure Enrichment Customer Support.

SPECIFICATIONS

Product Dimensions: 24 x 12 x 0.5 inches; 2.29 Pounds

Model Number: PEFIR24-IG

Material: Micromink fabric with ceramic beads

Color: Iron Gray

Heat Settings: 4 (Warm, Low, Medium, High)

Special Features: Automatic Shut Off, Timer, InfraWave Technology

Power Cord Length: Approximately 108 inches (274.3 cm)



Image: A visual representation of the heating pad's dimensions (12" x 24") and cord length (108"), along with its storage bag and controller.

INFRAWAVE TECHNOLOGY

Heat-retaining
ceramic beads
send far infrared
wavelengths below
the skin's surface
to target sore spots

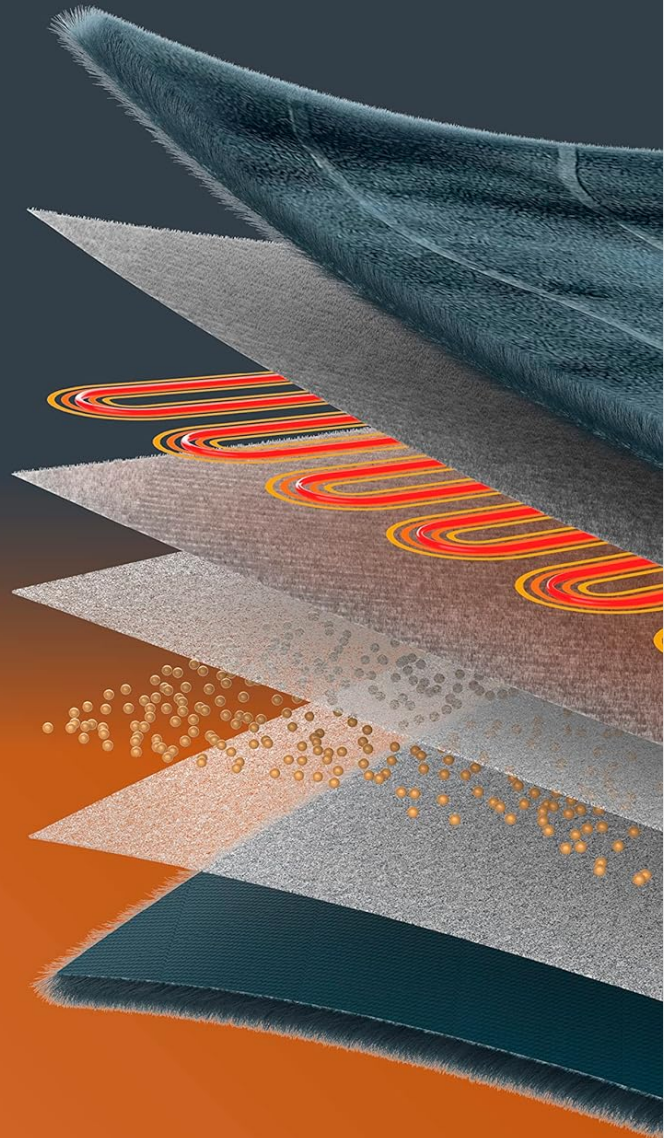


Image: An exploded view diagram detailing the InfraWave Technology, showing heat-retaining ceramic beads and how they emit far infrared wavelengths for deeper penetration.

WARRANTY AND SUPPORT

The Pure Enrichment PureRelief Pro Far Infrared XL Heating Pad comes with a **5-Year Manufacturer's Warranty**. This warranty covers defects in materials and workmanship under normal use.

For warranty claims, technical support, or any questions regarding your product, please contact Pure Enrichment Customer Support. Refer to the contact information provided in your product packaging or visit the official Pure Enrichment website.

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.



