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› Sharper Image Sound Soother Sleep Trainer & Aide User Manual

SHARPER IMAGE Sleep Therapy Sound Soother Bedtime Light

Sharper Image Sound Soother Sleep Trainer & Aide User Manual

Model: Sleep Therapy Sound Soother Bedtime Light

1. INTRODUCTION

The Sharper Image Sound Soother Sleep Trainer & Aide is designed to assist in developing healthier sleep patterns through a combination of light, sound, and smart features. This device integrates a dimmable light program, a selection of soothing soundscapes, a Bluetooth speaker, and a smart clock, all controllable via a companion application. This manual provides detailed instructions for the setup, operation, and maintenance of your Sound Soother to ensure optimal performance and user experience.

2. IMPORTANT SAFETY INFORMATION

Please read and understand all safety instructions before using this product.

- Do not use this device in a bathtub or near water.
- This product is not intended for use as a toy.
- Always unplug the device from the power source before cleaning.
- Avoid exposing the device to excessive heat or moisture.
- Do not use if the power cord or plug is damaged.
- Always follow the instructions in this user manual for safe operation.

3. PACKAGE CONTENTS

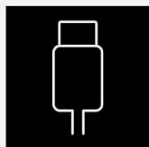
Verify that all items are present in the package:

- Sharper Image Sound Soother Sleep Trainer & Aide Unit
- USB-C Cable

WHAT YOU GET



Sound Soother® Sleep



USB-C power cable



An image of the Sound Soother with a measurement indicating its height of approximately 4 inches. This image also shows the included USB-C power cable.

4. PRODUCT OVERVIEW

The Sound Soother features an intuitive design with integrated controls and a clear digital display.



SLEEP TRAINER



ALARM CLOCK



10 SOUNDS



WIRELESS AUDIO



A detailed view of the control panel located on the base of the Sound Soother, featuring buttons for power, Bluetooth pairing, volume adjustment, and sound selection.

Key Features:

- **Sleep Trainer:** Utilizes a dimming light program to promote healthier sleep schedules.
- **Soothing Soundscapes:** Includes 10 built-in soundscapes for relaxation and sleep.
- **Bluetooth Speaker:** Allows wireless streaming of audio from smart devices.
- **Digital Clock:** Displays time and supports programmable alarms with light and sound.
- **Companion App:** Provides remote control for all device functions.



01 SLEEP TRAINER

Set a dimming light program to help you learn a better sleep schedule

02 SOOTHING SOUNDS

Relax and unwind with 10 featured soundscapes designed to soothe

03 WIRELESS SPEAKER

Connect smart devices to stream music and audio

04 DIGITAL CLOCK

Read the time and set unique alarms with light and sound programs

05 COMPANION APP

Control all the Sound Soother® Sleep functions with the free app



The Sound Soother device with an overlay listing its primary features: Sleep Trainer, Soothing Soundscapes, Wireless Speaker, Digital Clock, and Companion App.

5. SETUP

5.1 Power Connection

1. Connect the provided USB-C cable to the port on the back of the Sound Soother.
2. Plug the other end of the USB-C cable into a compatible USB power adapter (not included) and then into a wall outlet.
3. The device will power on, and the digital clock display will illuminate.

5.2 Companion App Installation

For full functionality and remote control, download the dedicated companion app.

1. Scan the QR code on the product packaging or search for "Sharper Image Sound Soother Sleep" in your device's

app store (Apple App Store for iOS, Google Play Store for Android).

2. Install the application on your smartphone or tablet.
3. Ensure Bluetooth is enabled on your smart device.

SHARPER IMAGE®

SOUND SOOTHER® SLEEP

BEDTIME LIGHT AND SOUNDS



COMPANION APP

Control the Sound Soother® Sleep
with the free companion app

DESIGNED IN CALIFORNIA USA

The Sound Soother device next to a smartphone, illustrating the companion app interface for controlling the device's functions.

6. OPERATING INSTRUCTIONS

6.1 Power On/Off

Press and hold the power button located on the control panel to turn the device on or off.

6.2 Setting the Clock

The clock can be set manually using the buttons on the device or automatically synchronized via the companion app once connected.

6.3 Sleep Trainer Function

The intelligent dimming light program helps establish a healthier sleep schedule. This feature can be programmed through the companion app to gradually dim the light over a set period as you prepare for sleep.

6.4 Soothing Soundscapes

The device includes 10 built-in soundscapes designed to promote relaxation. Cycle through the available sounds using the dedicated sound selection button on the control panel or manage them via the app.

6.5 Bluetooth Speaker Pairing

1. Press the Bluetooth pairing button on the device. The Bluetooth indicator light will flash.
2. On your smart device, go to Bluetooth settings and select "SI Sleep" from the list of available devices.
3. Once paired, the indicator light will become solid, and you can stream audio wirelessly.

6.6 Smart Clock & Alarm

Set alarms with customizable light and sound programs using the companion app. This allows for a personalized wake-up experience.

6.7 Dimmable Light

Adjust the brightness of the integrated light. This can be done by touching the circle above the clock display to cycle through brightness levels (including off) or by using the precise controls within the companion app.

7. MAINTENANCE

7.1 Cleaning

To clean the Sound Soother, first unplug it from the power source. Use a soft, dry cloth to wipe down the exterior surfaces. Do not use abrasive cleaners, solvents, or immerse the device in water.

7.2 Storage

When not in use for extended periods, store the device in a cool, dry place away from direct sunlight and extreme temperatures.

8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not power on.	Not connected to power, or power adapter/cable is faulty.	Ensure the USB-C cable is securely connected to both the device and a working power adapter/outlet. Try a different USB-C cable or power adapter.
Bluetooth pairing fails.	Bluetooth not enabled on smart device, device too far, or pairing mode not active.	Ensure Bluetooth is enabled on your smart device. Place the Sound Soother closer to your device. Press the Bluetooth button on the Sound Soother to activate pairing mode.
No sound from speaker.	Volume too low, device not paired, or audio source issue.	Increase volume on both the Sound Soother and your smart device. Verify Bluetooth connection. Check if the audio source on your smart device is playing correctly.

Problem	Possible Cause	Solution
Companion app not working correctly.	App glitches, outdated app version, or connectivity issues.	Ensure your app is updated to the latest version. Restart the app and the Sound Soother. Check your smart device's internet connection. If issues persist, try reinstalling the app.

9. SPECIFICATIONS

- **Product Dimensions:** 5.17 x 5.17 x 6.97 inches
- **Weight:** 1.06 Pounds
- **Material:** Plastic
- **Power Source:** USB-C (Battery Powered for clock memory only, requires constant power for full functionality)
- **Model Name:** Sleep Therapy Sound Soother Bedtime Light
- **ASIN:** B0BF3S15MY

10. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the contact details provided with your purchase documentation or visit the official Sharper Image website. Keep your proof of purchase for warranty claims.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Details

