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## Philips SCF430/01

# Philips Avent Manual Breast Pump

## USER MANUAL - MODEL SCF430/01

Your guide to comfortable and efficient milk expression.

## Introduction

Thank you for choosing the Philips Avent Manual Breast Pump, model SCF430/01. This manual provides essential information for the safe and effective use, assembly, operation, cleaning, and maintenance of your breast pump. Designed for comfort and efficiency, this portable hand pump features natural movement technology inspired by a baby's unique sucking motions, stimulating milk flow quickly. Its soft silicone cushion adapts gently to your nipple, ensuring a comfortable experience. Please read this manual thoroughly before first use and keep it for future reference.

## Important Safety Information

Please read all instructions carefully before using the Philips Avent Manual Breast Pump. Failure to follow these safety instructions could result in injury or damage to the product.

- **Hygiene:** Always wash your hands thoroughly with soap and water before handling the breast pump parts and your breasts. Ensure all parts that come into contact with breast milk are clean and sterilized before each use.
- **Product Use:** This breast pump is intended for personal use by a single user. Sharing the breast pump may pose health risks.
- **BPA-Free:** The bottle and other parts of this breast pump that come into contact with breast milk are BPA-free, in accordance with EU Regulation 10/2011.
- **Damage:** Do not use the breast pump if any parts are damaged or missing. Contact Philips customer support for replacement parts.
- **Storage:** Store the breast pump and its components in a clean, dry place away from direct sunlight and extreme temperatures.
- **Children:** Keep all components out of reach of children. This product is not a toy.

## Product Overview and Components

The Philips Avent Manual Breast Pump SCF430/01 consists of several key components designed for efficient and comfortable milk expression. Familiarize yourself with each part before assembly.



Figure 1: An exploded view of the Philips Avent Manual Breast Pump, illustrating its individual components for easy assembly and cleaning.

The set includes:

- 1 x Pumping kit with handle
- 1 x 120ml Bottle
- 1 x Silicone cushion (flange)
- 1 x Diaphragm
- 1 x Valve
- 1 x Bottle stand/cover

## Setup and Assembly

Before first use, and after each subsequent use, ensure all parts are thoroughly cleaned and sterilized as per the 'Cleaning and Maintenance' section. Follow these steps to assemble your breast pump:

1. Insert the white valve into the pump body from below. Ensure it is securely fitted.
2. Screw the 120ml bottle onto the bottom of the pump body until it is firmly attached.

3. Place the silicone diaphragm into the top of the pump body, ensuring it creates a tight seal.
4. Attach the handle to the diaphragm stem, pushing it down until it clicks into place.
5. Position the silicone cushion (flange) onto the pump body, ensuring it fits snugly around the rim.



Figure 2: The Philips Avent Manual Breast Pump SCF430/01, shown here with its retail packaging, highlighting its compact design and ease of use.



*Figure 3: The fully assembled Philips Avent Manual Breast Pump, ready for use, placed on a wooden table.*

## Operating Instructions

Follow these steps for effective and comfortable milk expression:

1. **Preparation:** Find a comfortable and relaxed position. Ensure your hands are clean.
2. **Positioning:** Place the assembled breast pump's silicone cushion over your breast, ensuring your nipple is centered in the funnel. Create a good seal between the cushion and your skin.
3. **Pumping:** Gently squeeze the handle to create suction. You will feel a gentle pull. Release the handle to allow the milk to flow into the bottle. Mimic your baby's natural sucking rhythm.
4. **Adjusting Suction:** You can adjust the pace and suction power by varying the pressure and speed of your squeezes on the handle. Start with a gentle, fast rhythm to stimulate milk let-down, then switch to a slower, deeper rhythm once milk starts flowing.
5. **Duration:** Pump until your breast feels empty or milk flow significantly slows down. This typically takes 10-15

minutes per breast.

6. **Storage:** Once finished, carefully remove the pump from your breast. Cap the bottle with expressed milk and store it according to recommended guidelines for breast milk storage.



Figure 4: A user demonstrating the comfortable and upright pumping position enabled by the Philips Avent Manual Breast Pump's design.

# Enkel pumping

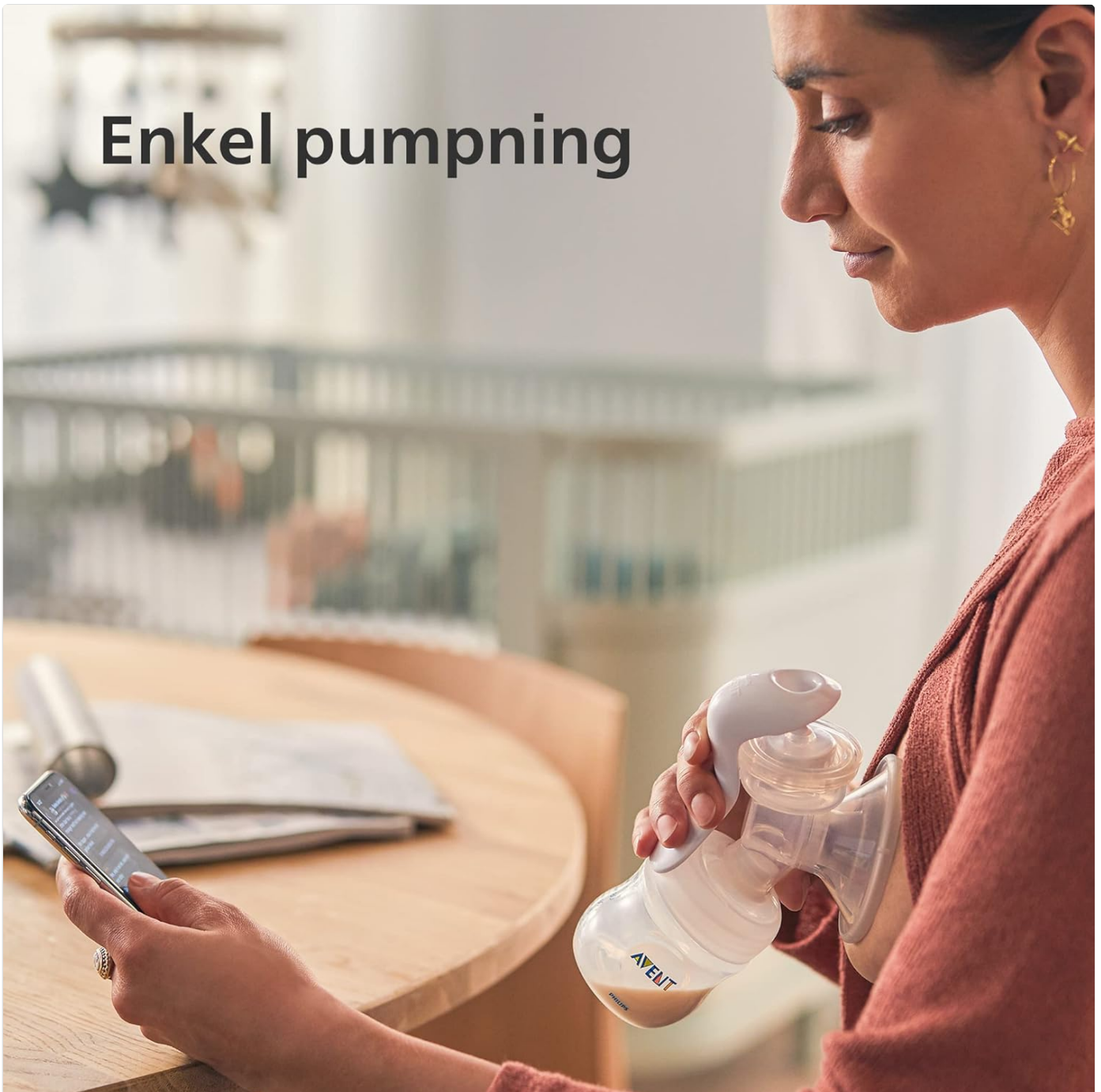


Figure 5: This image shows a user easily operating the Philips Avent Manual Breast Pump, emphasizing its simple and intuitive design for efficient milk expression.

## Cleaning and Maintenance

Proper cleaning and maintenance are crucial for hygiene and the longevity of your breast pump. Clean all parts that come into contact with breast milk immediately after each use.

1. **Disassembly:** Disassemble all parts of the breast pump.
2. **Rinsing:** Rinse all components under cold running water to remove any residual milk.
3. **Washing:** Wash all parts in warm, soapy water using a mild dish soap. Use a soft brush to clean hard-to-reach areas. Ensure all milk residue is removed.
4. **Rinsing Again:** Rinse thoroughly under clean running water.
5. **Sterilization:** Sterilize the components using one of the following methods:
  - **Boiling:** Place all disassembled parts in a large pot of boiling water for 5 minutes. Ensure parts do not touch

the bottom or sides of the pot to prevent damage.

- **Steam Sterilizer:** Use a Philips Avent steam sterilizer or another suitable steam sterilizer according to its instructions.
- **Cold Water Sterilization:** Use a cold water sterilization solution according to its instructions.

6. **Drying:** Allow parts to air dry on a clean drying rack or use a clean cloth. Do not use a dish towel that may harbor germs.

7. **Storage:** Once completely dry, reassemble the pump or store the parts in a clean, dry container until next use.

**Note:** This product is **not** dishwasher safe. Hand washing and sterilization are required.

The breast pump is made from Polypropylene and Silicone materials. Avoid harsh abrasive cleaners or scouring pads that could scratch or damage the surfaces.

## Troubleshooting

If you encounter issues with your Philips Avent Manual Breast Pump, please refer to the following common problems and solutions before contacting customer support.

Problem	Possible Cause	Solution
No suction or weak suction	Valve not properly attached or damaged. Diaphragm not creating a tight seal. Silicone cushion not properly sealed to breast.	Ensure the white valve is securely pushed into the pump body. Check for tears or damage and replace if necessary. Ensure the silicone diaphragm is correctly seated and forms a tight seal. Reposition the breast pump on your breast to ensure a complete seal.
Milk not flowing or slow flow	Incorrect pumping rhythm. Not relaxed enough. Blocked milk ducts.	Start with a faster, lighter rhythm to stimulate let-down, then switch to a slower, deeper rhythm. Try to relax before and during pumping. Warm compresses or gentle massage may help. Consult a lactation consultant if you suspect blocked ducts.
Discomfort or pain during pumping	Incorrect flange size. Too much suction. Nipple not centered.	Ensure the silicone cushion fits comfortably around your nipple. Your nipple should move freely in the tunnel. If not, consider a different size flange (sold separately). Reduce suction by applying less pressure to the handle. Pumping should not be painful. Ensure your nipple is perfectly centered in the funnel before applying suction.

## Specifications

Detailed technical specifications for the Philips Avent Manual Breast Pump SCF430/01:

Feature	Detail
Model Number	SCF430/01
Product Dimensions	9.2 x 13.4 x 24.7 cm
Item Weight	211 g
Model Name	Manual Breast Pump
Colour	Translucent
Material Type	Polypropylene, Silicone
BPA Free	Yes (for parts in contact with breast milk)
Additional Features	Ergonomic, Portable, Wearable
Number of Items	1 (pumping kit with handle, bottle)
Pump Type	Manual
Batteries Required	No
Dishwasher Safe	No
Manufacturer	Philips Consumer Lifestyle B.V.
First Available Date	13 Sept. 2022

## Warranty and Support

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For warranty information, technical support, or to purchase replacement parts, please contact Philips customer service. Keep your proof of purchase for warranty claims.

**Manufacturer:** Philips Consumer Lifestyle B.V.

**Manufacturer Contact Information:** High Tech Campus 52, 5656 AG Eindhoven, Netherlands

You can also visit the official Philips store for more information and support:[Philips Official Store](#)