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> Invisible Sleep Earbuds Wireless Smallest Lightest Tiny Noise Cancelling Ear Buds for Sleeping Quiet-Comfort Mini Bluetooth 5.3 Hidden Headphones for Side Sleepers/Work Brown - User Manual

## Xmenha Xmenha-SJJ-TLH-MY001-Brown

# Invisible Sleep Earbuds User Manual

MODEL: XMENHA-SJJ-TLH-MY001-BROWN

Brand: Xmenha

## 1. INTRODUCTION

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Thank you for choosing the Xmenha Invisible Sleep Earbuds. These compact, wireless earbuds are designed for comfort and discretion, especially for sleeping and work. Featuring physical noise reduction and Bluetooth 5.3 technology, they provide a stable connection and clear audio experience. This manual will guide you through the setup, operation, and maintenance of your new earbuds.



Image: The Xmenha Invisible Sleep Earbuds nestled in their compact brown charging case, with the lid open revealing the earbuds.

## 2. PRODUCT FEATURES

- **Designed for Sleeping:** Ultra-mini and invisible body design, ideal for side sleepers, ensuring no foreign body sensation. U-shaped rubber skin-friendly ear caps provide all-night comfort.
- **Sense-Free to Wear:** Each earbud weighs only 0.08 oz (approx. 2.3 grams), offering a light and natural feel, making them barely noticeable during extended wear.
- **Clear Calls:** Combines physical and acoustic noise-cancelling technology for the microphone, ensuring clearer calls even in noisy environments.
- **Extended Battery Life & Fast Charging:** Provides 4-5 hours of listening time on a single charge, extended to 24 hours with

the stylish charging case. Features TYPE-C fast charging, allowing 91 minutes of listening after just 10 minutes of charging.

- **Premium Sound Quality:** Graphene diaphragm unit delivers high-fidelity audio with powerful bass and clear, natural sound. Whale cavity stereo surround sound provides an immersive music experience.
- **One-Step Connection:** Super easy to connect; simply open the charging case cover, and the earbuds automatically power on and pair with each other.

### 3. PACKAGE CONTENTS

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Please check the box for the following items:

- 1 x Pair of Wireless Mini Earbuds
- 1 x USB Cable (Type-C)
- 1 x User Manual (this document)
- Ear Cushions (pre-installed or in packaging)

### 4. SETUP

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#### 4.1 Charging the Earbuds and Case

Before first use, fully charge the earbuds and the charging case. Place the earbuds into the charging case. Connect the provided USB Type-C cable to the charging port on the case and plug the other end into a compatible USB power source (e.g., wall adapter, computer USB port).

- Earbud Charging Time: Approximately 1.5 hours.
- Charging Case Charging Time: Approximately 1.5 hours.
- Indicator lights on the case will show charging status.

#### 4.2 Pairing with Your Device

The Xmenha Invisible Sleep Earbuds feature one-step connection for easy pairing.

1. Ensure your device's Bluetooth is turned on.
2. Open the lid of the charging case. The earbuds will automatically power on and enter pairing mode.
3. On your device, search for Bluetooth devices and select "Xmenha Earbuds" (or similar name) from the list.
4. Once connected, you will hear an audible confirmation, and the earbuds will be ready for use.

# New upgrade automatic pairing Bluetooth 5.3 insensitive delay

Bluetooth one touch connection, no master-slave restrictions, single and dual non sensory switching experience, Let you choose as you like and take it with you.



Image: A visual representation of the earbuds in their charging case next to a smartphone, illustrating the automatic pairing feature with Bluetooth 5.3.

## 4.3 How to Wear

Due to their small size, proper placement is crucial for comfort and signal stability.

- Gently insert the earbud into your ear canal.
- Ensure the signal hole (small dot) on the earbud is facing outwards, not blocked by your ear. This is the most comfortable way to wear them and ensures optimal Bluetooth signal.

# How to Wear

The body of these earbuds is really very small,  
so they need to be worn in the right way:

Put the earbuds into your ears and place the signal hole outside your ears  
(this is the most comfortable way to wear them  
and also ensures the stability of the Bluetooth signal)



Image: A diagram illustrating the correct way to wear the earbuds, showing the signal hole facing outwards, and an incorrect way where the signal hole is blocked.

## 5. OPERATING INSTRUCTIONS

### 5.1 Basic Controls

The earbuds are designed with intuitive touch controls. Specific functions may vary slightly based on your connected device and app settings. Refer to your device's audio settings for advanced control customization.

- **Play/Pause:** Single tap on either earbud.
- **Next Track:** Double tap on the right earbud.
- **Previous Track:** Double tap on the left earbud.
- **Answer/End Call:** Single tap on either earbud during an incoming call.
- **Reject Call:** Press and hold either earbud for 2 seconds during an incoming call.
- **Activate Voice Assistant:** Triple tap on either earbud.

## 5.2 Noise Control

The earbuds utilize physical and acoustic noise cancellation for improved audio clarity, especially during calls. There is no active noise cancellation (ANC) button; the noise reduction is integrated into the design and microphone technology.

## 5.3 Invisible Design and No Flashing Lights

These earbuds are designed to be discreet. Their small size allows them to be hidden in the ear, and they do not feature flashing lights during use, making them suitable for private use in various situations.



Image: A close-up of a person's ear with the small earbud discreetly placed inside, emphasizing its hidden design and lack of visible flashing lights.



## No flashing light during use

The classic working non flashing light design makes it difficult for you to be noticed by others during regular wearing Easily meet the needs of various complex "agents" such as lazy in class and lazy at work

Image: A close-up of a person's face, highlighting the discreet nature of the earbuds with no flashing lights visible during operation.

## 6. MAINTENANCE

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To ensure the longevity and optimal performance of your Xmenha Invisible Sleep Earbuds, follow these maintenance guidelines:

- **Cleaning:** Regularly clean the earbuds and charging case with a soft, dry, lint-free cloth. Do not use harsh chemicals, cleaning solvents, or strong detergents.
- **Storage:** When not in use, always store the earbuds in their charging case to protect them from dust, dirt, and physical damage. Store in a cool, dry place away from direct sunlight and extreme temperatures.
- **Avoid Water:** While the earbuds have a waterproof rating, avoid prolonged exposure to water or submerging them. Dry them thoroughly if they get wet.
- **Charging:** Charge the earbuds and case regularly, even if not used frequently, to maintain battery health.

## 7. TROUBLESHOOTING

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If you encounter any issues with your earbuds, please refer to the following common solutions:

<b>Problem</b>	<b>Possible Solution</b>
Earbuds not pairing	Ensure earbuds are charged. Turn off and on your device's Bluetooth. Forget the device in your Bluetooth settings and re-pair.
No sound from one earbud	Place both earbuds back in the case, close the lid, wait a few seconds, then open and try again. Check device audio balance settings.
Low volume or poor sound quality	Clean earbud mesh/grille. Ensure earbuds are properly seated in your ears. Adjust volume on both earbuds and your connected device.
Charging issues	Check USB cable and power adapter. Ensure charging contacts on earbuds and case are clean and dry.

If the issue persists, please refer to the Warranty and Support section for contact information.

## 8. SPECIFICATIONS

<b>Feature</b>	<b>Detail</b>
Model Name	MY001
Connectivity Technology	Wireless (Bluetooth)
Bluetooth Version	5.3
Bluetooth Range	Up to 10 meters (33 feet)
Play Time (Earbuds)	5 hours
Play Time (with Charging Case)	24 hours
Charging Time (Earbuds)	1.5 hours
Charging Time (Case)	1.5 hours
Item Weight (each earbud)	0.08 ounces (approx. 2.3 grams)
Total Item Weight	3.13 ounces
Product Dimensions	3.1 x 1.6 x 2.6 inches
Material	Rubber
Water Resistance Level	Waterproof
Control Type	Noise Control, App
Ear Placement	In Ear
Manufacturer	Jiaxing Yuejia Trading Co., Ltd.

1.04inch(26.5mm)



0.75inch(19.05mm)



The coin is small, like nothing

MY001

# The world's smallest earbuds



inspired by Penguin

Image: A visual comparison showing the tiny size of the Xmenha earbuds next to a US dollar coin and a penny, highlighting their compact design.

# ANC HD audio decoding Create a powerful sound wave~

In order to present deep bass, increase the number of folds on the diaphragm This can reduce distortion and improve compatibility.

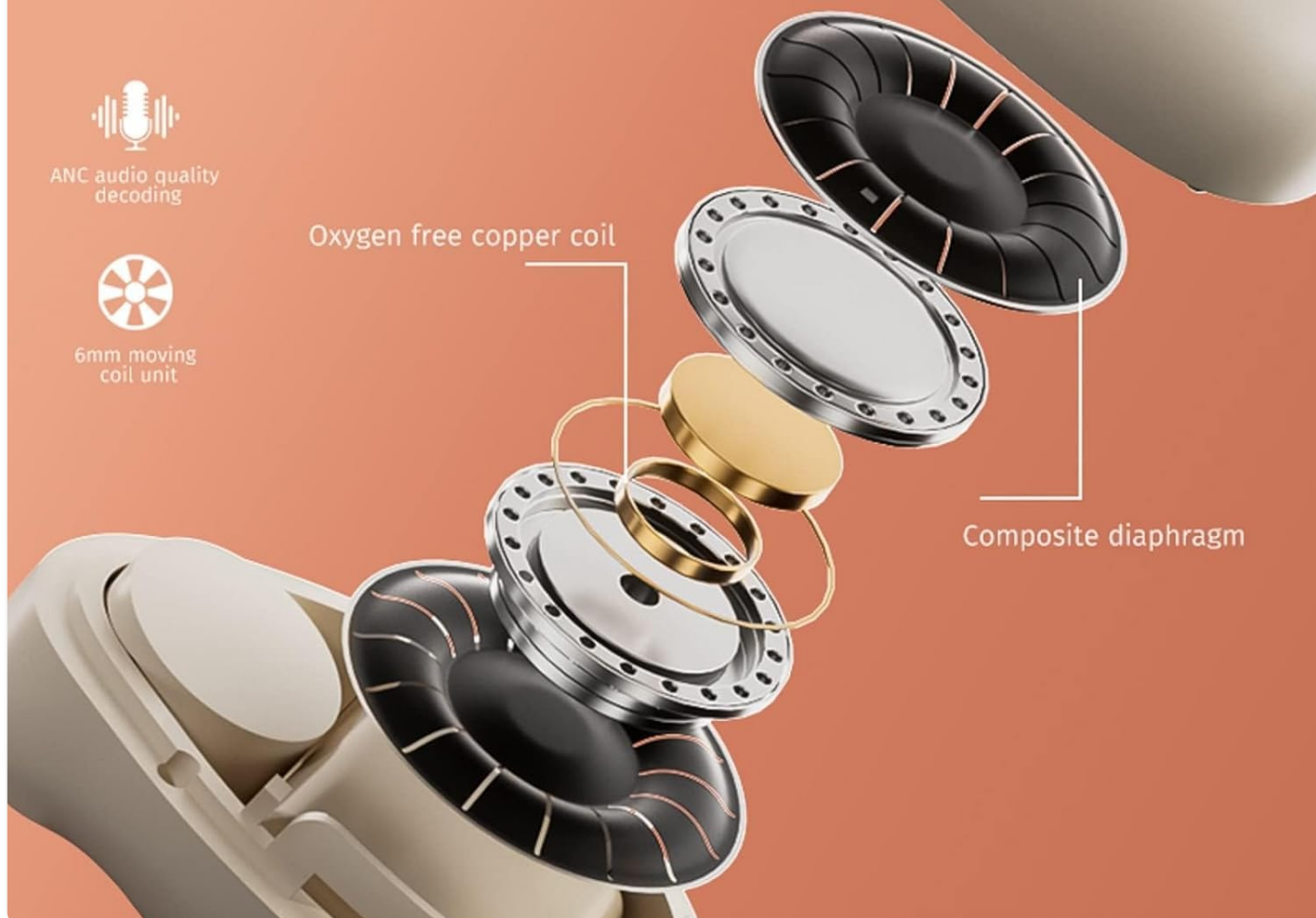


Image: An exploded diagram illustrating the internal components of the earbud, including the 6mm moving coil unit, oxygen-free copper coil, and composite diaphragm, which contribute to its ANC HD audio decoding.

## 9. OFFICIAL PRODUCT VIDEO

Video: An official product video titled "MY001 Smallest Invisible Earbuds for work sleep" by Xmenha, showcasing the compact size, comfortable fit, and stable connection of the earbuds. The video demonstrates the earbuds being worn and highlights their suitability for various uses.

## 10. WARRANTY AND SUPPORT

Your Xmenha Invisible Sleep Earbuds are designed for reliability and performance. Please read this instruction manual carefully before use to ensure proper operation.

If you receive a defective product or have any questions during use, please do not hesitate to contact us. Our customer support team is committed to resolving any issues you may encounter within 25 hours.

For support, please visit the Xmenha Store on Amazon or contact us directly through the platform where you purchased the product.

Thank you for your purchase!

