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CAPHAUS Premium Memory Foam Massage Table

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INSTRUCTION MANUAL

IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before assembling and using your CAPHAUS Massage Table. Retain this manual for future reference.

- **Supervision:** Do not leave young children unattended with this product.
- **Choking Hazard:** Keep small parts out of reach of young children to prevent choking hazards.
- **Weight Capacity:** Do not exceed the maximum load-bearing capacity of 250 kg (550 lbs). Overloading can cause damage to the table and potential injury.
- **Stable Surface:** Always set up the massage table on a flat, stable, and non-slip surface to prevent tipping.
- **Secure Legs:** Ensure all leg adjustment knobs are securely tightened before use.
- **Regular Inspection:** Periodically check all components, including legs, hinges, and upholstery, for any signs of wear, damage, or loose parts. Do not use the table if any damage is found.
- **Proper Use:** Use the table only for its intended purpose as a massage or spa bed.

PRODUCT OVERVIEW

The CAPHAUS Premium Memory Foam Massage Table is a foldable, portable, and height-adjustable spa bed designed for comfort and convenience. It features a durable wooden frame and high-quality memory foam padding.

Key Features

- **Premium Memory Foam:** 5cm total foam (2cm memory foam, 3cm regular base foam) for optimal support and pressure relief.
- **Foldable & Portable:** Designed for easy transport and storage with a included carry case.
- **Height Adjustable:** Table height can be adjusted from 24 inches to 34 inches.
- **Sturdy Construction:** High-quality white beech wooden legs ensure stability.
- **Accessories:** Includes an adjustable headrest, arm sling, side armrests, and an oil bag.
- **High Load Capacity:** Supports up to 250 kg (550 lbs).

Package Contents

- Foldable Massage Table (main unit)
- Adjustable Headrest
- Hanging Arm Sling
- Side Armrests (2)
- Oil Bag
- Carry Case



Figure 1: Overview of the CAPHAUS Massage Table and its key components, including the adjustable face cradle, side arm extension, hanging arm sling, oil pocket, adjustable wooden legs, and nonwoven fabric bag.



Figure 2: Illustration of the premium memory foam construction, showing 2cm of scientifically designed memory foam over 3cm of high-quality regular foam for superior comfort.



Figure 3: Diagram illustrating the multi-layered, soft, and skin-friendly upholstery of the massage table, highlighting its water-resistant, easy-to-clean, breathable, durable, and tear-resistant properties.

Setup Instructions

The CAPHAUS Massage Table is designed for quick and tool-free assembly.

1. Unfolding the Massage Table

1. Place the folded table on its side on a flat surface.
2. Unlatch any securing clips or buckles.
3. Gently unfold the table from the middle until it lies flat.
4. Allow the wooden legs to swing out and lock into their open position. Ensure all leg braces are fully extended and secure.



Figure 4: Step-by-step visual guide demonstrating how to unfold the massage table from its carry case, revealing its compact folded form, then opening it to its full operational state. The table has a load capacity of 550 lbs.

2. Attaching Accessories

- **Headrest:** Insert the headrest rods into the designated holes at one end of the table. Adjust the angle and height of the headrest for client comfort using the locking levers.
- **Side Armrests:** Slide the side armrests into the slots located on the sides of the table near the headrest.
- **Arm Sling:** Attach the arm sling to the designated hooks or loops beneath the headrest area.
- **Oil Bag:** Hang the oil bag from a convenient location on the table frame.

3. Adjusting Table Height

1. Locate the adjustment knobs on each leg.
2. Loosen the knobs on all four legs.
3. Carefully raise or lower the table to the desired height (between 24 and 34 inches). Ensure all legs are adjusted to the

same height to maintain stability.

4. Tighten all adjustment knobs securely on each leg before use.



Figure 5: Detailed product dimensions. Folded: 28" H x 37" W x 7.3" D. Unfolded with accessories: 84.2" L x 36.2" W (including armrests). Table height is adjustable from 24" to 34".

Operation

Using the Face Cradle and Armrests

- The adjustable face cradle allows for precise positioning to ensure client comfort and proper spinal alignment. Loosen the locking lever, adjust the angle, and then re-tighten.
- The side armrests provide additional width and support for the client's arms.
- The hanging arm sling offers comfortable support for the client's arms when lying prone.

Weight Capacity

The CAPHAUS Massage Table has a maximum load-bearing capacity of**250 kg (550 lbs)**. Do not exceed this limit to ensure safety and prevent damage to the table.

Folding for Storage and Transport

1. Remove all accessories (headrest, armrests, arm sling, oil bag).
2. Ensure the table is at its lowest height setting, or adjust legs to their shortest position if preferred for folding.
3. Fold the legs inward.
4. Fold the table in half, securing it with any latches or buckles.
5. Place the folded table into the provided carry case for protection and easy transport.

Care and Maintenance

- **Cleaning:** Wipe the upholstery with a dry cloth after each use. For deeper cleaning, use a mild soap and water solution on a damp cloth, then wipe dry immediately. Avoid harsh chemicals, abrasive cleaners, or oil-based products that can damage the upholstery.
- **Wood Care:** The wooden legs can be wiped with a dry or slightly damp cloth. Avoid excessive moisture.
- **Storage:** Store the massage table in its carry case in a cool, dry place away from direct sunlight and extreme temperatures. This protects the upholstery and frame from damage.
- **Inspection:** Regularly inspect all moving parts, fasteners, and upholstery for wear and tear. Tighten any loose screws or bolts as needed.

Troubleshooting

Problem	Possible Cause	Solution
Table feels wobbly or unstable.	Leg adjustment knobs are loose; table not on a flat surface; legs not fully extended.	Ensure all leg adjustment knobs are securely tightened. Move the table to a flat, stable surface. Check that leg braces are fully locked.
Headrest does not stay in position.	Headrest locking lever is not tightened.	Tighten the locking lever on the headrest mechanism firmly after adjusting the angle.
Difficulty folding/unfolding the table.	Legs or hinges are stiff; accessories still attached.	Ensure all accessories are removed. Gently apply pressure to hinges if stiff. Do not force. Check for any obstructions.
Upholstery appears stained or dirty.	Accumulated dirt or spills.	Clean with a mild soap and water solution on a damp cloth, then wipe dry immediately. Refer to "Care and Maintenance" section.

Product Specifications

Brand	CAPHAUS
Model	Premium Memory Foam Massage Table

Material	Memory Foam, Regular Foam, White Beech Wood
Color	Purple (as per product description)
Table Dimensions (without headrest/armrests)	72.8" L x 27.5" W
Table Dimensions (with headrest/armrests)	84.2" L x 36.2" W
Adjustable Height Range	24" to 34"
Folded Dimensions	37" L x 28" W x 7.3" D
Maximum Load Capacity	250 kg (550 lbs)
Assembly Required	Yes (tool-free)
Product Care	Wipe with Dry Cloth

Warranty and Support

Warranty Information

For specific warranty details regarding your CAPHAUS Premium Memory Foam Massage Table, please refer to the purchase documentation or contact CAPHAUS customer support directly.

Customer Support

If you encounter any issues, have questions about assembly, operation, or require assistance with your product, please do not hesitate to contact CAPHAUS customer service. You can typically reach us by sending a message through your Buyer Center on the platform where the product was purchased. Our customer service team is dedicated to providing courteous and efficient support.

For more information, visit the official CAPHAUS brand page:CAPHAUS Brand Store

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