

## Fastrack 38078PP01

# Fastrack Reflex Vybe Smartwatch Instruction Manual

Model: 38078PP01

## INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Fastrack Reflex Vybe Smartwatch. Please read this manual thoroughly before using your device to ensure proper functionality and to maximize your user experience.



Image: Front view of the Fastrack Reflex Vybe Smartwatch, showcasing its square display and black strap.

## 1. SETUP

### 1.1 Unboxing and Package Contents

Upon opening the package, verify that all components are present:

- Watch Head
- Strap
- Magnetic Charger
- Quick Start Guide
- Product Manual (this document)

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Video: An overview of the Fastrack Reflex Vybe Smartwatch, demonstrating its features and design. This video provides a visual guide to the product's appearance and basic interactions.

### 1.2 Charging the Smartwatch

Before initial use, fully charge your smartwatch. Connect the magnetic charger to the charging points on the back of the watch and plug the USB end into a compatible power source. A full charge typically

provides up to 5 days of battery life under average usage conditions.



Image: The Fastrack Reflex Vybe Smartwatch screen showing a "Full charged" message and a battery icon, indicating the device is ready for use.

### 1.3 Pairing with Your Smartphone

1. Download the official Fastrack Reflex app from your smartphone's app store (compatible with Android operating systems).
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the Fastrack Reflex app and follow the on-screen instructions to pair your smartwatch.
4. Confirm the pairing request on both your smartphone and the smartwatch.

## 2. OPERATING YOUR SMARTWATCH

### 2.1 Basic Navigation and Display

The Fastrack Reflex Vybe features a 1.5-inch HD touchscreen display for intuitive interaction. Swipe left, right, up, or down to access various functions and menus. Press the side button to return to the home screen or wake the device.

# 1.5" HD DISPLAY



Image: Close-up of the Fastrack Reflex Vybe Smartwatch display, highlighting its 1.5-inch HD screen with time and date information.

## 2.2 Customizing Watchfaces

Choose from over 100 watchfaces to personalize your smartwatch. Access watchface settings through the Fastrack Reflex app or directly on the watch by long-pressing the home screen.

# 100+ WATCHFACES



Image: A visual representation of the Fastrack Reflex Vybe Smartwatch with several watchface designs layered, illustrating the variety of customization options available.

## 2.3 Sports Modes

The smartwatch supports over 50 multi-sport modes across 9 categories. Select your desired activity from the sports menu to track your performance, including steps, heart rate, and calories burned.



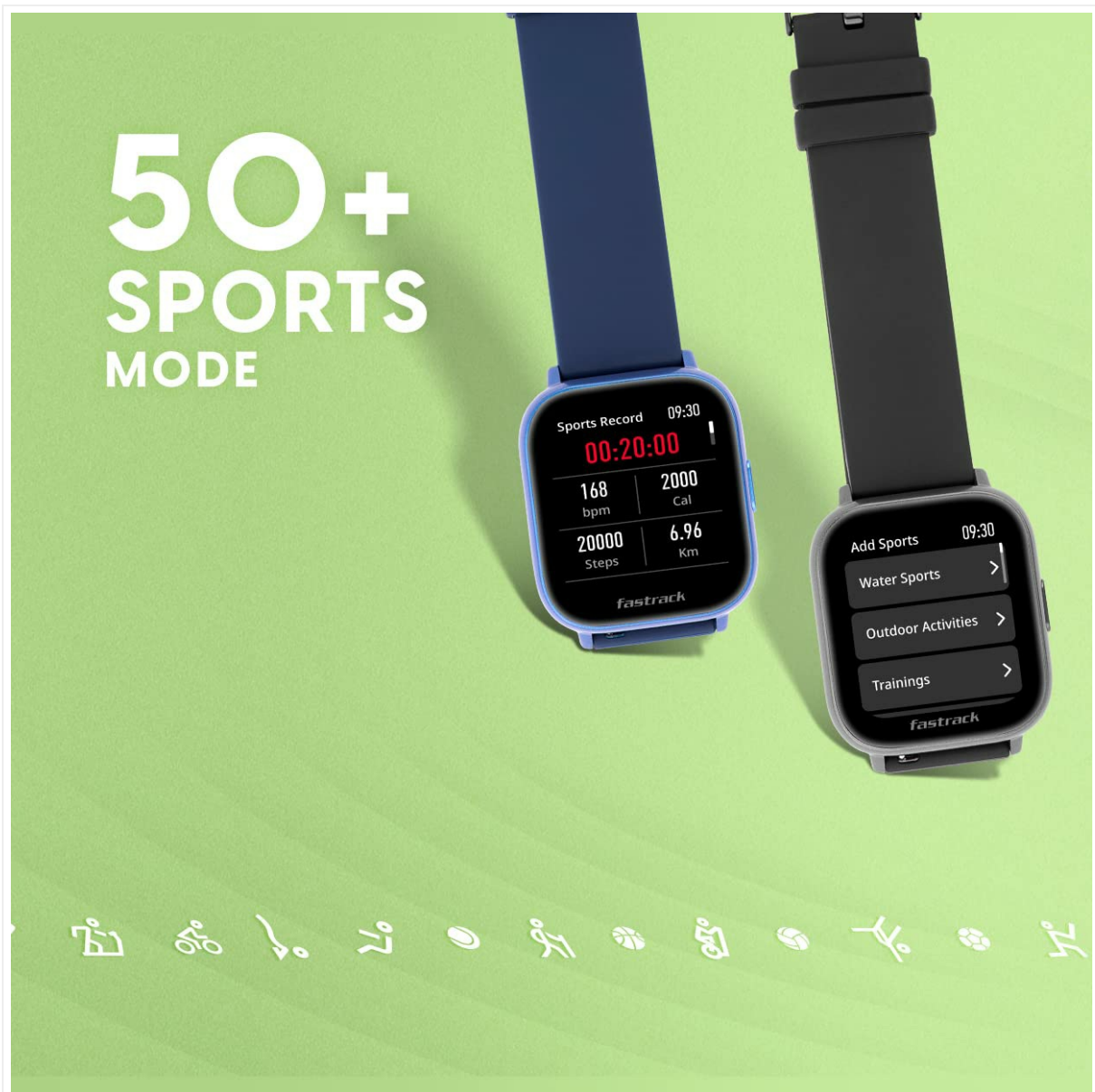


Image: Two Fastrack Reflex Vybe Smartwatches showing different sports tracking screens, one with "Sports Record" and another with options like "Water Sports" and "Outdoor Activities."

## 2.4 Health Monitoring

The Fastrack Reflex Vybe includes a comprehensive health suite:

- **24x7 Heart Rate Monitor (HRM):** Continuously tracks your heart rate.
- **Blood Pressure Monitor:** Provides blood pressure readings.
- **SpO2 Tracker:** Measures blood oxygen saturation levels.
- **Sleep Monitor:** Analyzes sleep patterns and quality.
- **Period Tracker:** Helps track menstrual cycles.

**Note:** The health monitoring features are for general fitness and wellness purposes only and are not intended for medical diagnosis or treatment. Consult a medical professional for any health concerns.

# BLOOD PRESSURE MONITOR



Image: The Fastrack Reflex Vybe Smartwatch screen showing a blood pressure reading of 120/90 mmHg, with a graph of recent measurements.

## 2.5 Additional Features

The smartwatch offers several other useful functions:

- **In-Built Games:** Access pre-installed games for entertainment.
- **Sedentary Reminders:** Receive alerts to encourage movement after periods of inactivity.
- **Hydration Reminders:** Get notifications to remind you to drink water.
- **Phone Finder:** Locate your paired smartphone.
- **Camera Control:** Remotely control your smartphone's camera.
- **Music Control:** Manage music playback on your smartphone.
- **Built-in Flashlight:** Utilize the screen as a flashlight.

## 3. MAINTENANCE

### 3.1 Water and Dust Resistance

The Fastrack Reflex Vybe is IP68 rated for water and dust resistance. This means it is protected against immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use and light water

activities but not recommended for swimming or diving.

### 3.2 Cleaning Your Smartwatch

To clean your smartwatch, gently wipe the screen and strap with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these can damage the device.

### 3.3 Battery Care

To prolong battery life, avoid exposing the smartwatch to extreme temperatures. Charge the device regularly and avoid letting the battery completely drain for extended periods.

## 4. TROUBLESHOOTING

If you encounter issues with your Fastrack Reflex Vybe Smartwatch, refer to the following common solutions:

- **Device not turning on:** Ensure the watch is fully charged. Connect it to the magnetic charger and allow it to charge for at least 30 minutes before attempting to power it on.
- **Pairing issues:**
  - Ensure Bluetooth is active on your smartphone and the smartwatch.
  - Restart both your smartphone and the smartwatch.
  - Clear the app's cache or reinstall the Fastrack Reflex app.
  - Ensure the smartwatch is within Bluetooth range of your phone.
- **Inaccurate health data (HRM, SpO2, BP):**
  - Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.
  - Keep your arm still during measurements.
  - Note that these sensors are for wellness tracking and may not provide medical-grade accuracy.
- **Notifications not appearing:**
  - Check notification settings within the Fastrack Reflex app to ensure they are enabled.
  - Verify that your smartphone's notification permissions allow the app to send alerts.
  - Ensure the smartwatch is connected via Bluetooth.
- **Touchscreen unresponsiveness:**
  - Restart the smartwatch.
  - Ensure the screen is clean and dry.
- **Step count inaccuracy:**
  - Ensure your personal profile (height, weight) is accurately set in the app.
  - Wear the watch consistently on the same wrist.

## 5. SPECIFICATIONS

Brand	Fastrack
Model Name	Reflex Vybe



<b>Model Number</b>	38078PP01
<b>Display Size</b>	1.5 Inches
<b>Display Type</b>	HD LCD
<b>Connectivity</b>	Bluetooth
<b>Operating System</b>	Android compatible
<b>Special Features</b>	Blood Pressure Monitor, Heart Rate Monitor, Multisport Tracker, Notifications, Sleep Monitor
<b>Battery Life</b>	Up to 5 Days (average use)
<b>Water Resistance</b>	IP68
<b>Material</b>	Polycarbonate
<b>Item Weight</b>	33 g
<b>Dimensions (LxWxH)</b>	37 x 46 x 10 Millimeters

## 6. WARRANTY AND SUPPORT

### 6.1 Warranty Information

Your Fastrack Reflex Vybe Smartwatch comes with a **12-month warranty** from the date of purchase. This warranty covers manufacturing defects. Please retain your proof of purchase for warranty claims.

### 6.2 Customer Support

For technical assistance, troubleshooting, or warranty inquiries, please contact Fastrack customer support. Refer to the Quick Start Guide or the official Fastrack website for contact details.