

Timex TW5M53000JT

Timex UFC Men's Impact 50mm Watch Instruction Manual

Model: TW5M53000JT

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Timex UFC Men's Impact 50mm Watch. Please read these instructions carefully to ensure proper use and longevity of your timepiece.



Image 1: Front view of the Timex UFC Men's Impact 50mm Watch. This image displays the watch's face, featuring both analog hands and a digital display, set within a robust red and black casing with a matching strap.

WATCH COMPONENTS

Familiarize yourself with the various buttons and their functions:

- **RESET Button (Top Left):** Used to reset functions such as the stopwatch or to navigate settings.

- **MODE Button (Bottom Left):** Cycles through different watch modes (e.g., Time, Alarm, Stopwatch).
- **ST/STP Button (Top Right):** Starts and stops the stopwatch function, or adjusts settings.
- **INDIGLO Button (Bottom Right):** Activates the Indiglo night-light for illumination of the display.



Image 2: Side view of the watch, showing the four control buttons. The top left button is labeled 'RESET', the bottom left 'MODE', the top right 'ST/STP', and the bottom right 'INDIGLO'.

INITIAL SETUP

Setting Time and Date

1. Press the **MODE** button repeatedly until the time setting mode is displayed (often indicated by flashing digits).
2. Use the **ST/STP** button to adjust the flashing digit (hours, minutes, seconds).
3. Press the **RESET** button to move to the next setting (e.g., from hours to minutes, then to date, month, year).
4. Once all settings are correct, press the **MODE** button to exit the setting mode.
5. For analog time, pull out the crown (center button on the right side) and turn it to set the hands. Push the

crown back in to start the analog movement.

Battery Information

Your watch comes with one Lithium Metal battery pre-installed. When the display dims or functions become erratic, it may be time for a battery replacement. It is recommended to have battery replacement performed by a qualified watch technician to ensure water resistance is maintained.

OPERATING MODES

Time Mode

This is the default mode, displaying the current time and date. The analog hands show the primary time, while the digital display can show time, date, or other information depending on your settings.

Stopwatch Mode

1. Press the **MODE** button until the stopwatch display appears.
2. Press the **ST/STP** button to start the stopwatch.
3. Press **ST/STP** again to pause the stopwatch.
4. Press the **RESET** button to clear the stopwatch to zero.

Alarm Mode

1. Press the **MODE** button until the alarm setting display appears.
2. Use the **ST/STP** and **RESET** buttons to set the desired alarm time.
3. Press the **MODE** button to activate or deactivate the alarm. An alarm icon will typically appear when activated.

Indiglo Night-Light

Press the **INDIGLO** button (bottom right) to illuminate the watch face for a few seconds, allowing visibility in low-light conditions.

MAINTENANCE AND CARE

Water Resistance

This watch is water resistant to 50 meters (164 feet). This means it can withstand splashes or brief immersion in water. It is **not** suitable for swimming, diving, or bathing. Avoid pressing buttons while the watch is wet or submerged to prevent water ingress.

Cleaning

Clean your watch regularly with a soft, damp cloth. For the strap, a mild soap solution can be used, followed by rinsing with clean water and thorough drying. Avoid harsh chemicals or abrasive materials.

Battery Replacement

When the battery needs replacement, it is recommended to take your watch to an authorized Timex service center or a professional watch repair shop. This ensures the correct battery type is used and the watch's water resistance seal is properly re-secured.



Image 3: Rear view of the watch, displaying the red strap and the stainless steel case back. The Timex logo is visible on the strap keeper.



Image 4: Close-up of the watch's stainless steel case back. Engraved details include the UFC and Timex logos, water resistance rating (WR 50M), 'STAINLESS STEEL BACK', and battery specifications ('CR2016+SR626SW CELL').

TROUBLESHOOTING

- **Digital Display is Dim or Blank:** The battery may be low or depleted. Refer to the 'Battery Replacement' section.
- **Analog Hands Not Moving:** Ensure the crown is pushed in completely. If still not moving, the battery may need replacement or there could be a mechanical issue.
- **Buttons Not Responding:** Ensure the watch is not in a locked mode (if applicable) or that it is not wet. If the issue persists, a reset may be required (consult a service center).
- **Incorrect Time/Date:** Follow the 'Setting Time and Date' instructions carefully.

SPECIFICATIONS

Feature	Detail
Model Number	TW5M53000JT
Case Diameter	50mm
Strap Length	8 inches (Red)
Lens Material	Acrylic






Water Resistance	50m (164ft)
Battery Type	1 Lithium Metal battery (CR2016 + SR626SW Cell)
Case Material	Stainless Steel Back
Item Weight	5.29 ounces

WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the official Timex website or contact Timex customer service directly. Details regarding specific warranty periods and service procedures are typically provided with your purchase documentation.

You can visit the [Timex Store on Amazon](#) for additional product information and support resources.

Related Documents - TW5M53000JT

	<p>Timex UFC Kick Digital Watch Operating Instructions</p> <p>Comprehensive operating instructions for the Timex UFC Kick Digital watch, covering features, modes, stopwatch, alarm, time/date settings, and battery replacement.</p>
	<p>Timex Digital Watch User Manual and Battery Safety Guide</p> <p>Comprehensive user manual for the Timex Digital Watch, detailing operation of time, stopwatch, countdown timer, and alarm functions. Includes essential battery safety warnings, handling instructions, and replacement guidelines.</p>
	<p>Руководство по эксплуатации часов Timex</p> <p>Подробное руководство по эксплуатации часов Timex, охватывающее настройку времени, использование хронографа, водонепроницаемость, регулировку браслета и функции подсветки INDIGLO® для различных механизмов Timex.</p>
	<p>Timex Analog Watch User Manual - Features, Settings, and Care</p> <p>Comprehensive user guide for Timex Analog watches, covering setup, features like INDIGLO® Night-Light, water resistance, alarms, perpetual calendar, and maintenance. Available in multiple languages.</p>
	<p>Timex Kids Digital Watch User Guide - Operation and Features</p> <p>Comprehensive user guide for the Timex Kids digital watch (model 791-095007). Covers features, basic operations, setting time and date, chronograph, alarm, timer, INDIGLO night light, water resistance, strap adjustments, battery information, and warranty details.</p>

[Timex Atelier Marine M1a User Manual and International Warranty](#)

Comprehensive user manual and international warranty details for the Timex Atelier Marine M1a watch. Includes product specifications, instructions for setting the time and adjusting the bracelet, and warranty coverage information.