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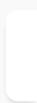
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› [GYMAX Folding Stool \(28-inch, Model CA-GM1405\) Instruction Manual](#)

GYMAX CA-GM1405

GYMAX Folding Stool (28-inch, Model CA-GM1405) Instruction Manual

Your guide to safe and effective use



1. INTRODUCTION

Thank you for choosing the GYMAX 28-inch Folding Stool. This manual provides essential information for the safe and proper use, maintenance, and troubleshooting of your new stool. Please read it thoroughly before use and retain it for future reference.

2. SAFETY INFORMATION

- **Weight Limit:** Do not exceed the maximum weight capacity of **330 pounds (150 kg)**. Exceeding this limit may cause damage to the stool and lead to injury.
- **Stable Surface:** Always place the stool on a flat, stable, and non-slip surface to prevent tipping or instability.
- **Proper Use:** Use the stool only for its intended purpose as a seating device. Avoid standing on the stool or using it as a ladder.
- **Children:** Keep children away from the folding mechanism to prevent pinching. Adult supervision is recommended when children are near or using the stool.
- **Inspection:** Before each use, inspect the stool for any signs of damage, loose parts, or wear. Do not use if damaged.

3. SETUP AND UNFOLDING

The GYMAX Folding Stool requires no assembly and is ready for use directly out of the packaging. To unfold the stool:

1. Hold the stool by the integrated handle on the seat.
2. Gently pull the legs outwards until they fully extend and the locking mechanism engages. You should hear a click, indicating the stool is securely locked in the open position.
3. Ensure all four legs are firmly on the ground and the stool is stable before sitting.



Image 3.1: The GYMAX folding stool in its fully unfolded and ready-to-use position.



Image 3.2: Visual representation of the stool transitioning from folded to unfolded states.

4. OPERATING INSTRUCTIONS

Once unfolded and stable, the stool can be used for various purposes, both indoors and outdoors.

- **Sitting:** Sit centrally on the seat, ensuring your weight is evenly distributed.
- **Footrest:** The crossbars between the legs can serve as a convenient footrest for added comfort.

Folding the Stool for Storage:

To fold the stool for compact storage or transport:

1. Ensure no one is sitting on the stool.
2. Grasp the stool by the handle located on the seat.
3. Place one foot on the lower crossbar (footrest) to stabilize the stool.
4. Locate the locking ring or pin mechanism near the hinge. Pull the locking ring outwards to disengage the lock.
5. While holding the locking ring out, gently pull upwards on the seat handle. The legs will begin to collapse inwards.
6. Continue to fold until the stool is completely flat.



Image 4.1: The stool folds flat for easy storage and transport, fitting into spaces like a car trunk.



Image 4.2: The built-in handle allows for effortless carrying of the folded stool.

5. MAINTENANCE

To ensure the longevity and proper function of your GYMAX Folding Stool, follow these maintenance guidelines:

- **Cleaning:** The stool features a premium HDPE (High-Density Polyethylene) seat and a powder-coated metal frame. Both surfaces are waterproof and easy to clean. Wipe with a damp cloth and mild soap if necessary. Avoid abrasive cleaners or harsh chemicals.
- **Drying:** After cleaning, ensure the stool is thoroughly dry before folding and storing to prevent rust on metal components.
- **Storage:** Store the folded stool in a dry place, away from extreme temperatures and direct sunlight, to preserve the material integrity.
- **Lubrication:** Periodically check the hinge mechanism. If it becomes stiff, a small amount of silicone-based lubricant can be applied to the moving parts to ensure smooth operation.

6. TROUBLESHOOTING

If you encounter issues with your GYMAX Folding Stool, refer to the following common problems and solutions:

- **Stool is difficult to unfold or fold:**

- Ensure the locking mechanism is fully disengaged when folding, or fully engaged when unfolding.
- New stools may be stiff initially. Apply slight pressure or gently wiggle the components while operating the mechanism.
- As mentioned in Section 4, for folding, ensure you pull the locking ring out completely while simultaneously pulling up on the handle.
- Consider applying a silicone-based lubricant to the hinge points if stiffness persists.

- **Stool feels unstable:**

- Verify that the stool is placed on a completely flat and level surface.
- Ensure the legs are fully extended and the locking mechanism is engaged.
- Check for any visible damage to the frame or legs. Do not use if damaged.

- **Seat surface is scratched or damaged:**

- The HDPE seat is designed for durability. Minor scratches are cosmetic and do not affect structural integrity.
- Avoid sharp objects or abrasive materials coming into contact with the seat.

7. SPECIFICATIONS

Feature	Detail
Brand	GYMAX
Model Number	CA-GM1405
Product Dimensions (Unfolded)	15.5"D x 15"W x 28"H (39.4 cm D x 38.1 cm W x 71.1 cm H)
Product Dimensions (Folded)	Approximately 15"W x 2.5"D x 39"H (38.1 cm W x 6.4 cm D x 99.1 cm H)
Seat Height	28 Inches (71.1 cm)
Seat Width	12 Inches (30.5 cm)
Item Weight	5.5 pounds (2.5 kg)
Maximum Weight Recommendation	330 Pounds (150 kg)
Material	HDPE Seat, Steel Frame
Color	Black
Assembly Required	No (Ready to use)

Product Dimensions

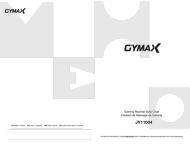
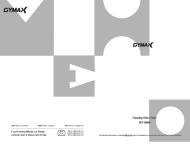
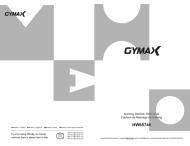
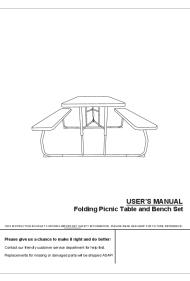


Image 7.1: Detailed product dimensions for both unfolded and folded states.

8. WARRANTY AND SUPPORT

Specific warranty information for the GYMAX Folding Stool (Model CA-GM1405) is not provided in this manual. For details regarding warranty coverage, returns, or technical support, please contact GYMAX customer service directly or refer to the retailer's policy where the product was purchased.

You may also visit the official GYMAX store on Amazon for more information: [GYMAX Amazon Store](#)

	<p>Gymax Set of 2 Counter Height Chairs User Manual</p> <p>Assembly and care instructions for the Gymax Set of 2 Counter Height Chairs. Includes parts list, hardware list, assembly steps, and maintenance tips.</p>
	<p>Gymax Treadmill Operation Manual and App Guide</p> <p>Comprehensive guide for the Gymax treadmill, covering operation instructions, system functions, troubleshooting, maintenance, and the Gymax mobile application for iOS and Android.</p>
	<p>GYMAX JV11004 Gaming Recliner Sofa Chair User Manual and Safety Guide</p> <p>Comprehensive guide for the GYMAX JV11004 Gaming Recliner Sofa Chair, covering assembly, operation, features like massage and Bluetooth, safety precautions, and maintenance.</p>
	<p>GYMAX Gaming Sofa Chair HV10006 Assembly and User Guide</p> <p>Comprehensive assembly instructions, safety information, and return/damage claim procedures for the GYMAX Gaming Sofa Chair HV10006. Learn how to set up your chair and what to do in case of damage.</p>
	<p>GYMAX HW65746 Gaming Recliner Sofa Chair User Manual</p> <p>This user manual provides instructions for operating, maintaining, and safety precautions for the GYMAX HW65746 Gaming Recliner Sofa Chair. It includes details on product features, how to use the massage functions, and important safety warnings.</p>
	<p>Gymax Folding Picnic Table and Bench Set User Manual</p> <p>User manual for the Gymax Folding Picnic Table and Bench Set, providing assembly instructions, part list, and safety guidelines for outdoor use.</p>