

LAMA Kids Smartwatch

LAMA Kids Smartwatch User Manual

Model: Kids Smartwatch

INTRODUCTION

Thank you for choosing the LAMA Kids Smartwatch. This manual provides essential information for the safe and efficient use of your device. Please read it carefully before use and retain it for future reference.

SETUP

1. Charging the Smartwatch

Before first use, fully charge the smartwatch. Use the provided magnetic charging cable. Connect the magnetic end to the charging points on the back of the watch and the USB end to a standard USB power adapter (not included).

- A full charge takes approximately 2 hours.
- A fully charged watch provides 5-7 days of battery life, depending on usage.
- Avoid prolonged use or high brightness settings, as this may reduce battery life.

2. App Installation and Pairing

The LAMA Kids Smartwatch requires the **FitCloudPro** application for full functionality. The app is compatible with smartphones running Android 4.4 or higher, or iOS 8.0 or higher. It is not compatible with PCs, iPads, or other tablets.

1. Download the **FitCloudPro** app from your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the **FitCloudPro** app and follow the on-screen instructions to create an account or log in.
4. Within the app, navigate to the device pairing section and search for your LAMA Kids Smartwatch.
5. Select your smartwatch from the list of available devices to complete the pairing process.

OPERATING INSTRUCTIONS

1. Basic Navigation

The smartwatch features a 1.4-inch touchscreen display. Swipe left, right, up, or down to navigate through menus and functions. Tap to select an option.

2. Activity Tracking and Sport Modes

The watch tracks daily activity including steps, distance, and calories burned. It also offers 20 dedicated sport modes for more precise tracking.



Image: The LAMA Kids Smartwatch showing its activity tracking capabilities, including steps, time, and heart rate, designed to keep children motivated.

To access sport modes:

1. Swipe on the watch face to find the "Sport Modes" icon.
2. Tap the icon to view the list of 20 available activities (e.g., running, walking, cycling, swimming, yoga, basketball, volleyball, football, rowing).
3. Select your desired sport mode to start tracking. The watch will display real-time data such as duration, heart rate, distance, calories, and steps.

20 Sport Modes

Walking Running

Cycling Swimming

Basketball Badminton

Climbing Tennis

09:40

Meet your kids' various exercise need

Image: The smartwatch interface displaying various sport mode icons, illustrating its capability to track 20 different physical activities for children.

3. Heart Rate Monitoring

The smartwatch continuously monitors your child's heart rate throughout the day.



Image: The smartwatch screen showing a detailed 24-hour heart rate monitoring graph, indicating the device's health tracking feature.

To view heart rate data:

- Swipe to the heart rate monitoring screen on the watch.
- For detailed historical data and trends, open the **FitCloudPro** app on your smartphone.

4. Sleep Tracking

The smartwatch automatically tracks your child's sleep quality at night. This includes sleep duration and patterns.

- Sleep data can be viewed in detail within the **FitCloudPro** app.

5. Smart Notifications

Receive notifications for SMS, calls, and messages from various applications directly on your smartwatch when paired with your smartphone.

- Supported apps include Facebook, Twitter, WhatsApp, Messenger, Instagram, Snapchat, Skype, and Gmail.
- The watch will vibrate to alert you to new messages or missed calls, even if your phone is on silent.

- Enable notification permissions for the **FitCloudPro** app on your smartphone to ensure proper functionality.

6. Alarm Clock

Set vibrating alarms through the **FitCloudPro** app.

- In the app, navigate to the alarm settings, set the time, and select a reminder icon.
- The vibrating alarm can wake your child without disturbing others.

7. Games

The smartwatch includes 5 classic puzzle games designed to help develop logical thinking skills.



Image: The smartwatch showing one of its five classic puzzle games, designed to engage children and develop their logical thinking abilities.

To play games:

- Swipe on the watch face to find the "Games" icon.
- Tap to select and choose from the available puzzle games.

8. Customizing Watch Faces

Personalize the smartwatch with various dynamic watch faces.



Image: A selection of customizable watch faces for the LAMA Kids Smartwatch, allowing children to choose their preferred display style.

To change the watch face:

- Long-press on the current watch face on the smartwatch.
- Swipe left or right to browse through available watch faces and tap to select.
- More options may be available through the **FitCloudPro** app.

9. Other Functions

- **Sedentary Reminder:** Set reminders in the app to encourage movement after periods of inactivity.
- **Camera Control:** Use the smartwatch as a remote shutter for your smartphone camera via the app.
- **Stopwatch:** Access the stopwatch function directly on the watch for timing activities.
- **Female Function:** The watch includes a feature to record menstruation cycles, accessible through the app.

MAINTENANCE

1. Cleaning

- Wipe the watch screen and strap regularly with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials, as these can damage the device.
- Ensure the charging contacts are clean and dry before charging.

2. Water Resistance (IP68)

The LAMA Kids Smartwatch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. This makes it suitable for activities like swimming, hand washing, and use in rain.



Image: The smartwatch highlighting its IP68 waterproof rating, suitable for various water activities such as swimming and hand washing.

- Do not use the watch in hot water, saunas, or steam rooms, as high temperatures can compromise the seal.
- Avoid pressing buttons underwater.
- Rinse the watch with fresh water after exposure to salt water or chlorinated water and dry thoroughly.

3. Battery Care

- To prolong battery life, avoid fully discharging the battery frequently.

- Store the watch in a cool, dry place when not in use for extended periods.
- Use only the provided charging cable.

TROUBLESHOOTING

Watch not turning on:

- Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- Press and hold the power button for 10-15 seconds to attempt a forced restart.

Cannot pair with smartphone:

- Make sure Bluetooth is enabled on your smartphone.
- Ensure the smartwatch is sufficiently charged.
- Confirm that you are using the correct app: **FitCloudPro**.
- Restart both your smartphone and the smartwatch.
- Try unpairing any previously connected devices from your phone's Bluetooth settings.
- Ensure your smartphone meets the minimum OS requirements (Android 4.4+ or iOS 8.0+).

Notifications not appearing:

- Check that the watch is successfully paired with your smartphone.
- Verify that notification permissions are granted for the **FitCloudPro** app in your smartphone's settings.
- Ensure notifications are enabled for specific apps within the **FitCloudPro** app settings.
- Confirm that your phone's "Do Not Disturb" mode is not active.

Inaccurate activity data:

- Ensure the watch is worn snugly on the wrist, not too loose or too tight.
- Calibrate the watch's step tracking if an option is available in the app.
- Movement patterns can sometimes affect accuracy; ensure natural arm swings for step counting.

SPECIFICATIONS

Brand	LAMA
Model	Kids Smartwatch
Color	Black
Screen Size	1.4 inches
Operating System	Android, iOS
Connectivity	Bluetooth
Water Resistance	IP68

Battery Type	Lithium-polymer
Battery Life	5-7 days (typical usage)
Charging Time	Approx. 2 hours
Compatible App	FitCloudPro
Special Features	Heart rate monitor, activity tracking, 20 sport modes, sleep tracking, smart notifications, alarm clock, games, camera control, stopwatch, sedentary reminder, female function.

WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your purchase or contact the retailer where the product was acquired. You may also visit the official LAMA website for further assistance.