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› Citizen Men's Eco-Drive Weekender Avion Field Watch Instruction Manual (Model: BM7555-59E)

Citizen BM7555-59E

Citizen Men's Eco-Drive Weekender Avion Field Watch Instruction Manual

Model: BM7555-59E

INTRODUCTION

This manual provides detailed instructions for the proper use and care of your Citizen Eco-Drive Weekender Avion Field Watch, Model BM7555-59E. This timepiece features Citizen's innovative Eco-Drive technology, which converts any light source into energy, eliminating the need for battery replacement. It is designed for durability and functionality, suitable for daily wear.





Image: Front view of the Citizen Eco-Drive Weekender Avion Field Watch, showcasing the black dial, luminous hands, and compass markings on the bezel.

SETUP

1. Initial Charging

Your Eco-Drive watch is powered by light. Before initial use, or if the watch has stopped, ensure it is fully charged. Expose the watch dial to direct sunlight or bright artificial light for several hours. A full charge can take approximately 8-10 hours in direct sunlight or significantly longer under indoor lighting.

- **Direct Sunlight:** Recommended for fastest charging.
- **Bright Fluorescent Light:** Takes longer, but effective.
- **Avoid:** Charging in extreme heat (e.g., on a car dashboard in direct sun) as this can damage the watch.

The second hand may move in two-second intervals if the watch is low on charge, indicating a power reserve warning. Continue charging until the second hand resumes normal one-second intervals.

2. Setting the Time and Date

1. **Pull out the crown:** Gently pull the crown (located on the right side of the watch case) out to the second click position. The second hand will stop.
2. **Set the time:** Rotate the crown to move the hands clockwise until the desired time is displayed. Ensure you differentiate between AM and PM when setting the time, especially if setting the date. The date will change around midnight.
3. **Set the date:** Push the crown in one click to the first click position. Rotate the crown to adjust the date. Do not attempt to set the date between 9:00 PM and 1:00 AM, as this may damage the date mechanism.
4. **Push in the crown:** Once the time and date are set, push the crown back into the normal position. The second hand will resume movement.



Image: Side view of the watch, highlighting the crown used for setting time and date.

Eco-Drive Technology

The Eco-Drive system utilizes a solar cell located under the dial to convert light into electrical energy. This energy is stored in a rechargeable power cell. The watch is designed to run for extended periods even in complete darkness once fully charged. Regular exposure to light is recommended to maintain optimal performance.

Water Resistance (100 Meters / 10 Bar)

This watch is water resistant to 100 meters (10 bar). This rating makes it suitable for swimming, showering, and snorkeling. It is not recommended for scuba diving or high-impact water sports. Always ensure the crown is fully pushed in before exposing the watch to water.

- **Do not operate the crown** while the watch is wet or submerged.
- **Avoid extreme temperature changes** when the watch is wet, as this can affect water resistance.

Luminescence

The hands and hour markers of your watch are treated with a luminous material that absorbs light and glows in the dark. The intensity and duration of the glow depend on the amount and type of light exposure. For best results, expose the watch to bright light before entering a dark environment.

MAINTENANCE

Cleaning Your Watch

To maintain the appearance of your watch, wipe the case and bracelet regularly with a soft, dry cloth. For water-resistant models, a slightly damp cloth can be used, followed by a dry cloth. Avoid using chemical cleaners, as they may damage the watch's finish.

Storage

When storing your watch for extended periods, ensure it is exposed to light periodically to prevent the power cell from fully depleting. Storing the watch in a dark place for too long may require a full recharge cycle.



Image: Rear view of the watch, showing the case back with model information and water resistance rating.

TROUBLESHOOTING

Watch Not Running or Second Hand Moving Irregularly

- **Cause:** Insufficient charge.
- **Solution:** Expose the watch to bright light for several hours (refer to "Initial Charging" section). If the watch has completely stopped, it may take longer to resume normal operation.

Incorrect Time or Date

- **Cause:** Time or date was not set correctly, or the watch was exposed to a strong magnetic field.
- **Solution:** Reset the time and date according to the "Setting the Time and Date" section. If the issue persists after resetting, contact customer support.

SPECIFICATIONS

Feature	Detail
Model Number	BM7555-59E
Movement	Eco-Drive (Light-Powered)
Case Material	Black Ion-Plated Stainless Steel
Crystal	Spherical Mineral Crystal
Dial Color	Black
Water Resistance	100 Meters (10 Bar)
Functions	3-Hand, Date Display
Luminescence	Luminous Hands and Markers
Bracelet Material	Black Ion-Plated Stainless Steel

WARRANTY AND SUPPORT

Your Citizen Eco-Drive watch is covered by a **5-Year Limited Warranty**. Please refer to the official warranty documentation included with your purchase for full terms and conditions.

For further assistance, detailed user guides, or warranty claims, please visit the official Citizen website or contact Citizen customer support.

A comprehensive user guide in PDF format can be found here:[Citizen User Guide \(PDF\)](#)

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question