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Beurer BF 980 (Model 76009)

Beurer BF 980 Diagnostic Bathroom Scale User Manual

Model: BF 980 (76009)

1. Introduction

The Beurer BF 980 Diagnostic Bathroom Scale is designed to provide comprehensive body analysis, including body weight, body fat, muscle percentage, BMI, and heart rate. It features WiFi and Bluetooth connectivity for seamless data transfer to a smartphone application, allowing for graphical representation and convenient monitoring of your health data. The integrated rechargeable battery eliminates the need for disposable batteries.
This manual provides essential information for the safe and effective use of your Beurer BF 980 scale. Please read it thoroughly before first use and keep it for future reference.

2. Key Features

- **Comprehensive Body Analysis:** Measures body weight, body fat, muscle percentage, BMI, and heart rate. The accompanying app provides additional values such as metabolic age, body water, BMR/AMR calories, and bone mineral density.
- **Wireless Connectivity:** Equipped with both WiFi and Bluetooth for automatic data synchronization with the Beurer HealthManager Pro app.
- **Rechargeable Battery:** Features an integrated lithium-ion battery, eliminating the need for frequent battery replacement.
- **User-Friendly Design:** Extra-large platform made of safety glass and a modern DotMatrix LED display for clear readability.
- **Automatic User Recognition:** Stores data for up to 8 users with automatic recognition based on weight variations.
- **High Capacity:** Supports a maximum load capacity of 180 kg (396 lbs) with 100g (0.2 lb) increments.

3. Setup

3.1 Unpacking and Initial Charge

1. Carefully remove the scale from its packaging.
2. Place the scale on a firm, level surface. Avoid carpets or uneven flooring, as this can affect accuracy.
3. Before first use, fully charge the integrated lithium-ion battery using the provided USB cable. Connect the cable to the scale's charging port and a suitable USB power source. The display will indicate charging status.



Image: The integrated rechargeable battery allows for easy recharging without the need for disposable batteries.

3.2 App Installation and Pairing

1. Download the **Beurer HealthManager Pro** app from your smartphone's app store (iOS or Android).
2. Open the app and follow the on-screen instructions to create a user profile. You will need to enter personal data such as age, height, and gender for accurate body analysis.
3. Within the app, navigate to the device pairing section and select the BF 980 scale.
4. The app will guide you through connecting the scale via Bluetooth and then configuring its WiFi connection. Ensure your scale is within range of your WiFi network during setup.



Image: The Beurer HealthManager Pro app provides graphical evaluation and analysis of body values.

3.3 User Profile Setup on Scale

The scale supports up to 8 user profiles. During app setup, your profile will be assigned. For additional users, repeat the app pairing process on their respective devices or manually assign a user number on the scale if using it without the app (see Operating Instructions).

4. Operating Instructions

4.1 Taking a Measurement

1. Step onto the scale barefoot with dry feet. Ensure your feet are positioned correctly on the electrodes for accurate body analysis.
2. Stand still. The scale will automatically turn on and begin measurement.

3. The display will show your weight first, followed by other body analysis values (body fat, muscle percentage, BMI, heart rate).
4. If connected to the app via WiFi, your data will automatically synchronize with your profile in the Beurer HealthManager Pro app.



Image: The scale display shows current measurements, while the app provides a detailed overview of body metrics.

4.2 Automatic User Recognition

The scale automatically recognizes users based on their last measured weight. If your weight is within a certain range of a stored profile, the scale will assign the measurement to that profile. If multiple profiles are within range, you may need to manually select your user number using the up/down buttons on the scale (if available, or via the app).



Image: Automatic synchronization via WiFi ensures your data is always up-to-date in the app.

4.3 Using Without the App

The Beurer BF 980 can also be used as a standard weight scale without app connectivity. Simply step on, and your weight will be displayed. However, body analysis values and data tracking features require the app.

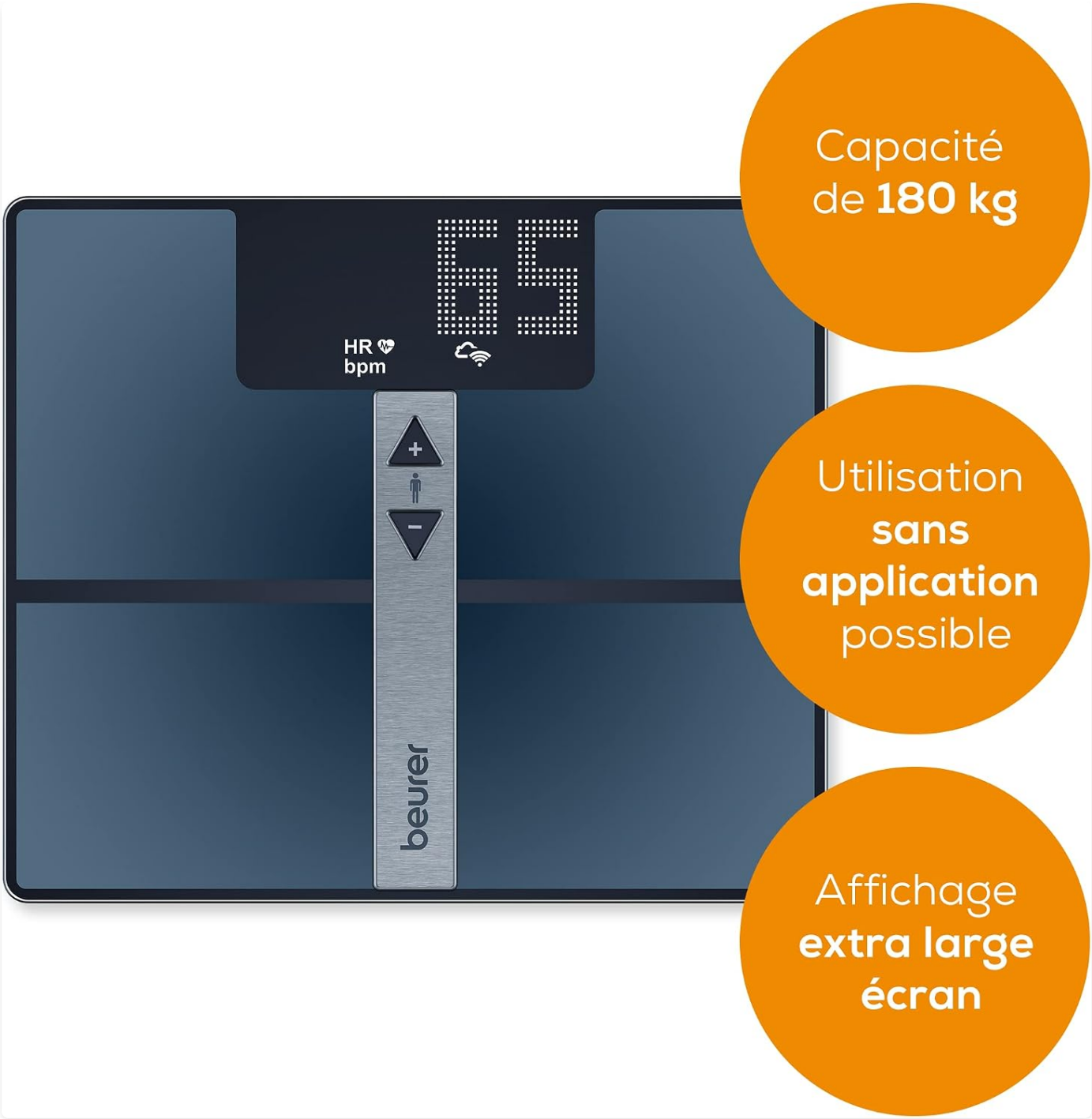


Image: The scale features an extra-large display and can be used for basic weight measurement without the app.

5. Maintenance

5.1 Cleaning

Clean the scale regularly with a damp cloth and a mild detergent. Do not use abrasive cleaning agents or immerse the scale in water. Ensure the surface is dry before storage or next use.

5.2 Storage

Store the scale in a dry, cool place away from direct sunlight and extreme temperatures. Avoid placing heavy objects on the scale when not in use.

5.3 Battery Care

The integrated lithium-ion battery should be recharged when the low battery indicator appears on the display. Avoid fully discharging the battery frequently to prolong its lifespan. If storing the scale for an extended period, ensure it is partially charged (around 50%) and recharge it every few months.

6. Troubleshooting

- **Scale does not turn on:** Ensure the battery is charged. Connect the scale to a power source using the USB cable.
- **Inaccurate measurements:**
  - Ensure the scale is on a hard, flat surface, not carpet.
  - Step onto the scale barefoot with dry feet.
  - Stand still during measurement.
  - Recalibrate the scale by stepping on it briefly, then stepping off, and waiting for it to display '0.0' before taking a measurement.
- **App not synchronizing data:**
  - Check if Bluetooth and WiFi are enabled on your smartphone.
  - Ensure the scale is within range of your WiFi router.
  - Verify that the scale is paired correctly with the Beurer HealthManager Pro app.
  - Restart both the scale and your smartphone.
- **Error messages on display:** Refer to the specific error code in the full Beurer BF 980 manual (available on the Beurer website) for detailed instructions. Common errors may indicate overload or measurement issues.

7. Specifications

Feature	Specification
Brand	Beurer
Model Number	76009
Dimensions (L x W x H)	40 x 32.7 x 4.5 cm
Weight	2.2 Kilograms
Power Source	1 Lithium-ion battery (included)
Material	Tempered glass
Weight Limit	180 Kilograms
Reading Accuracy	100 Grams
Display Type	LED

Connectivity	WiFi, Bluetooth
User Memories	8

8. Warranty and Support

For warranty information and customer support, please refer to the documentation included with your product or visit the official Beurer website. You can typically find detailed warranty terms, contact information for technical support, and frequently asked questions there.

Beurer Official Website: www.beurer.com

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