

Iaret I50

Iaret Smart Watch Model I50 User Manual

Model: I50

INTRODUCTION

Welcome to the Iaret Smart Watch Model I50 user manual. This guide provides detailed instructions to help you set up, operate, and maintain your new smartwatch. The Iaret Smart Watch I50 is designed to enhance your daily life with features such as Bluetooth calling, comprehensive fitness tracking, and health monitoring capabilities. Please read this manual thoroughly to ensure optimal performance and longevity of your device.

PACKAGE CONTENTS

Verify that all items are present in your package:

- 1 Gold Smart Watch Body
- 1 Rose Gold Stainless Steel Smartwatch Band
- 1 Pink Silicone Smartwatch Band
- 1 White Silicone Smartwatch Band
- 1 Smart Watch Charger
- 1 User Manual (this document)

GETTING STARTED

1. Charging the Device

Before first use, fully charge your Iaret Smart Watch. Connect the provided charger to the charging contacts on the back of the watch and plug the USB end into a power source. A full charge typically takes approximately 2.5 hours. The watch has a 270mAh battery capacity, providing 3-7 days of usage depending on individual use patterns.



Image: Illustration of the smart watch dimensions and charging details.

2. App Installation and Device Pairing

- 1. Download the App:** Scan the QR code in the manual or search for the companion app (name typically provided in the quick start guide or on the watch screen) in your phone's app store (compatible with iOS 7.1 and above, Android 4.4 and above).
- 2. Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
- 3. Open the App:** Launch the installed app and follow the on-screen instructions to create an account or log in.
- 4. Pair the Watch:** Within the app, navigate to the device pairing section. The app will search for available devices. Select 'Iaret I50' or a similar device name from the list. Confirm the pairing request on both your phone and watch.



Image: Screenshot of the companion app interface showing notification settings.

3. Band Installation

The Iaret Smart Watch I50 comes with three interchangeable bands: a rose gold stainless steel band, a pink silicone band, and a white silicone band. To attach or detach a band, locate the quick-release pins on the underside of the band. Slide the pin inwards to release the band from the watch body. Align the new band with the watch lugs and slide the pin back into place until it clicks securely.

OPERATING INSTRUCTIONS

1. Basic Navigation

The watch features a 1.32" HD full touch color screen. Swipe left, right, up, or down to navigate through menus, notifications, and widgets. Tap to select an option or open an application. Press the side button to return to the home screen or access the main menu.

2. Bluetooth Calling and Smart Notifications

Once paired via Bluetooth 5.0, you can make and answer calls directly from your watch. The watch will vibrate to notify you of incoming calls, SMS, and SNS messages (e.g., Facebook, WhatsApp, Instagram, Twitter). Ensure notification permissions are enabled in the companion app.



Image: The smart watch displaying an incoming call and icons for various messaging applications.

3. Custom Watch Faces

Personalize your watch with over 200 free dials available through the companion app. You can also upload your favorite pictures to create custom watch faces.



Image: A selection of available watch faces, including options for custom photos.

4. AI Voice Assistant

Control your phone's AI voice assistant (Siri, Bixby, Google) directly from your watch. Tap the voice assistant icon on the watch screen to activate and issue commands such as sending messages, making calls, or checking the weather.



Image: The smart watch displaying the voice assistant interface with example commands.

5. Fitness Tracking (20 Sports Modes)

The watch supports 20 sports modes, including walking, running, climbing, cycling, swimming, elliptical, yoga, tennis, and golf. It accurately records all-day activities such as steps, distance, calories burned, active minutes, and heart rate. Data can be synchronized to your phone for analysis and progress tracking.



Image: The smart watch interface showing different sports modes and real-time fitness data.

6. All-Round Health Monitoring

The latest Smart Watch I50 provides 24/7 health monitoring features:

- **Heart Rate:** Continuous heart rate tracking.
- **Blood Pressure:** On-demand blood pressure measurements.
- **Blood Oxygen (SpO2):** Blood oxygen saturation monitoring.
- **Sleep Monitor:** Automatically tracks sleep status and provides comprehensive analysis (deep sleep,

light sleep, awake time).

- **Female Physiological Cycle:** Tracks and predicts menstrual cycles.
- **Drink Reminder:** Reminds you to stay hydrated.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.

Note: This device is not intended for medical use. Health data is for reference only.

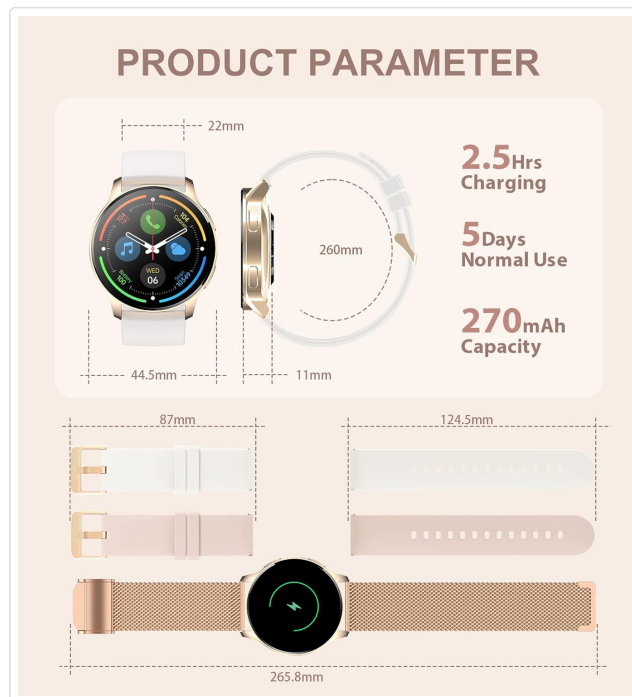


Image: The smart watch interface showing icons and readings for heart rate, blood oxygen, blood pressure, sleep, and female health tracking.

7. Additional Features

The Iaret Smart Watch I50 includes several other practical tools:

- **Music Playback Control:** Control music on your paired smartphone.
- **Camera Control:** Remotely trigger your phone's camera shutter.
- **Weather Display:** View current weather conditions.
- **Find Phone:** Locate your misplaced smartphone.
- **Timer & Alarm Clock:** Set timers and alarms directly from your wrist.

MAINTENANCE

1. Water Resistance

The Iaret Smart Watch I50 is IP67 waterproof. This means it is resistant to splashes and brief immersion in water, allowing you to wear it while washing hands or in light rain. However, it is **not suitable** for diving, showering, or sauna use, as steam and hot water can damage the seals.

2. Cleaning

To clean your watch, gently wipe the screen and body with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials. Ensure the charging contacts are clean and dry before charging.

TROUBLESHOOTING

1. Connectivity Issues

- Ensure Bluetooth is enabled on your phone and the watch is within range (8-10 meters).
- Restart both your phone and the watch.
- Unpair the device from your phone's Bluetooth settings and re-pair through the app.
- Check if the companion app is running in the background and has necessary permissions.

2. Time/Date Synchronization

- The watch's time and date should automatically synchronize with your paired smartphone. Ensure the watch is successfully connected to the app.
- If synchronization fails, try disconnecting and reconnecting the watch to the app.
- Verify your phone's time and date settings are correct.

3. Short Battery Life

- Frequent use of features like Bluetooth calling, continuous heart rate monitoring, and bright screen settings can reduce battery life.
- Reduce screen brightness and turn off unnecessary notifications.
- Ensure the watch is fully charged before use.

4. Inaccurate Readings (Fitness/Health)

- Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.
- Clean the sensor on the back of the watch regularly.
- Movement of the arm can affect pedometer accuracy; ensure natural arm swing during walking/running.
- Remember that health monitoring data is for reference and not for medical diagnosis.

SPECIFICATIONS

Feature	Detail
Model Number	I50
Product Dimensions	1.97 x 1.73 x 0.43 inches
Item Weight	5.9 ounces (168 Grams)
Screen Size	1.32 Inches
Screen Type	HD Full Touch Color Screen
Battery Capacity	270 mAh (Lithium Polymer)
Charging Time	Approx. 2.5 hours
Typical Usage Time	3-7 days

Connectivity	Bluetooth 5.0
Operating System Compatibility	iOS 7.1 and above, Android 4.4 and above
Water Resistance	IP67
Memory Storage Capacity	64 MB
Special Features	Activity Tracker, Heart Rate Monitor, Pedometer, Notifications, Alarm Clock, Calorie Tracker, Camera & Music Player Control, Cycle Tracking, Gesture Control, Sedentary Reminder, Time Display, Phone Call, Sleep Monitor, AI Voice Assistant

WARRANTY AND SUPPORT

For warranty information, please refer to the documentation provided with your purchase or contact the seller directly. If you encounter any issues not covered in this manual, or require further assistance, please reach out to laret customer support through the contact information provided on the product packaging or the official laret website.