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G-TiDE G-TiDE R1

G-TiDE Smartwatch R1 User Manual

Model: G-TiDE R1 | Brand: G-TiDE

1. Introduction and Overview

The G-TiDE Smartwatch R1 is a versatile wearable device designed to enhance your daily life with advanced features. It allows you to answer and make calls directly from your wrist, track various health metrics, and monitor your fitness activities. With its robust design and long-lasting battery, the R1 smartwatch is an ideal companion for both men and women seeking a comprehensive smart experience.

Key features include a 1.32-inch HD full-touch display, IP68 water resistance, Bluetooth 5.2 connectivity, and compatibility with both Android and iOS devices.

Figure 1.1: G-TiDE Smartwatch R1. This image displays the primary grey smartwatch with a black band, showcasing its digital display with various health and activity metrics. A smaller green-banded version of the watch is visible in the background.

2. Setup Guide

2.1 Initial Charging

Before first use, fully charge your G-TiDE Smartwatch R1. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a standard USB power adapter (not included). A full charge typically takes approximately 2 hours.

2.2 App Installation and Pairing

1. **Download the App:** Search for and download the "GT FIT Pro" application from your smartphone's app store (Google Play Store for Android or Apple App Store for iOS).
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.

3. **Open App and Pair:** Open the "GT FIT Pro" app, navigate to the device section, and follow the on-screen instructions to search for and connect to your G-TiDE R1 smartwatch. The watch uses BLE5.2 + BLE Dual Audio mode for stable connectivity.
4. **Grant Permissions:** Allow necessary permissions requested by the app for full functionality, such as notification access and location services.

Figure 2.1: GT FIT Pro App Interface. This image shows the smartwatch's display on the left, with various app icons, and the corresponding mobile application interface on the right, detailing settings like APP reminder, Sedentary reminder, and firmware upgrade.

3. Operating Instructions

3.1 Call Functionality and Smart Notifications

Once paired, the G-TiDE R1 allows you to make and receive calls directly from your wrist. The watch can synchronize your contacts and call history for convenience. You will also receive notifications from various applications such as Facebook and WhatsApp directly on your smartwatch display.

Figure 3.1: Smart Notification Feature. This image illustrates the smartwatch on a wrist, displaying an incoming call, with various social media app icons (Skype, Instagram, Twitter, Facebook, Line, WhatsApp) floating around it, indicating notification support.

3.2 Activity Tracking and Sports Modes

The smartwatch tracks your daily activities including steps taken, calories burned, distance traveled, and active time. It supports 24 different sports modes, such as running, cycling, swimming, badminton, tennis, and mountaineering. The watch records real-time routes for outdoor activities and training.

Figure 3.2: Activity Tracking and Sports Modes. This image shows the smartwatch displaying various activity icons (pedometer, heart rate, blood oxygen, mood monitor, sleep tracking) on the left, and the corresponding app interface on the right, detailing device settings and tracking options.

3.3 Health Monitoring

Equipped with an advanced VC52 sensor, the G-TiDE R1 provides 24/7 heart rate monitoring, sleep quality analysis, and real-time measurement of blood oxygen, temperature, stress, and mood. All data can be viewed directly on the watch or within the "GT FIT Pro" app, helping you understand your physical condition.

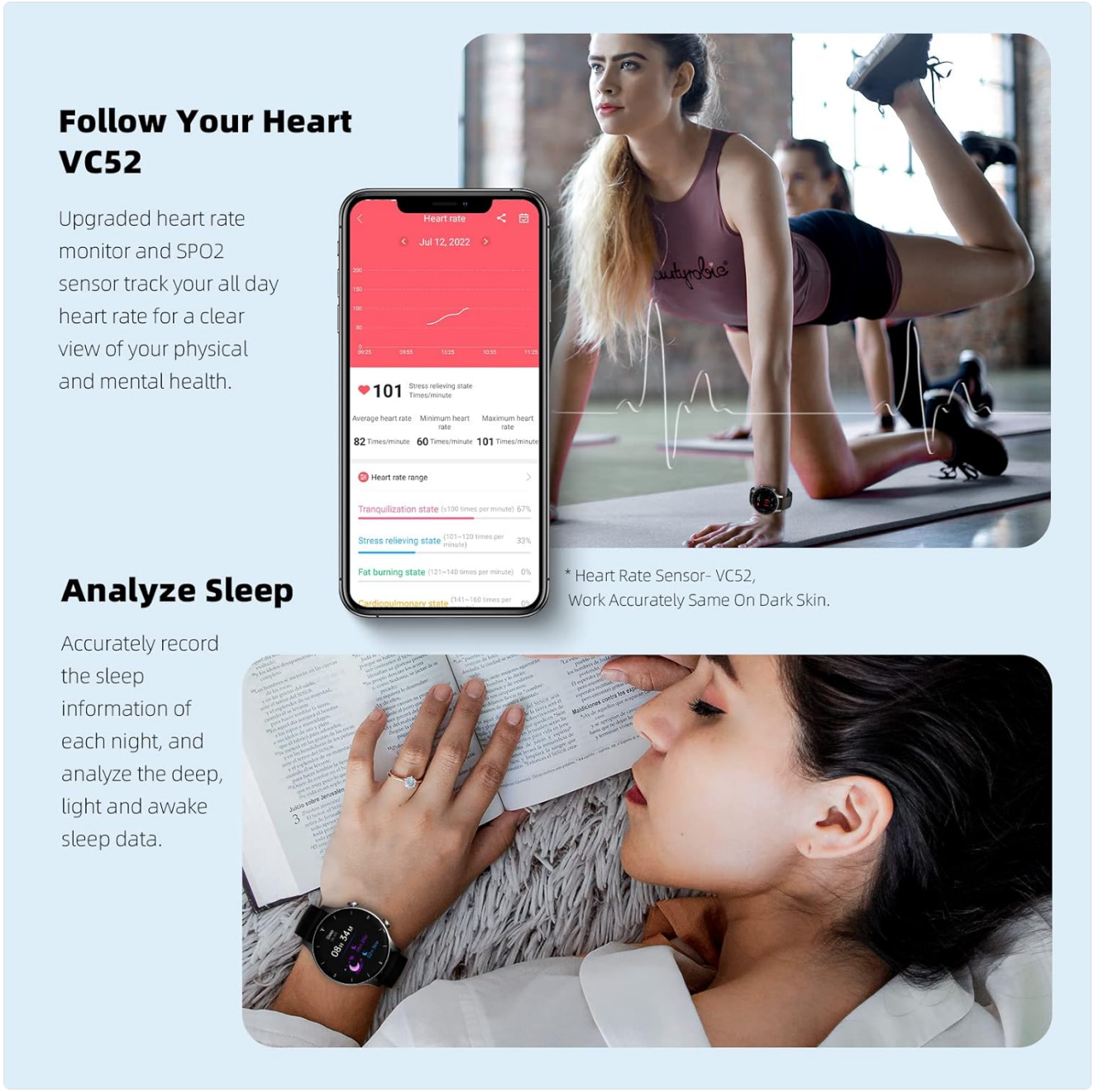

Figure 3.3: Health Monitoring Features. This image depicts the smartwatch's ability to monitor heart rate and analyze sleep, showing a woman exercising with the watch on her wrist and another woman sleeping, illustrating the watch's health tracking capabilities.

3.4 Display and Customization

The R1 smartwatch features a 1.32-inch HD full-touch display with a high resolution of 360x360 pixels, ensuring clear visibility in various lighting conditions. The zinc alloy frame and custom background options allow for personalization.

Figure 3.4: Multifunction Display. This image highlights the smartwatch's multifunctionality, emphasizing its zinc alloy frame, 1.32-inch full touch screen, 360x360 HD resolution, and the option for custom backgrounds, with an eagle graphic overlaid on the screen.

3.5 Music Control

The G-TiDE R1 offers upgraded touchscreen sensitivity for better music control directly from your wrist. You can play, pause, skip tracks, and adjust volume for music playing on your connected smartphone.

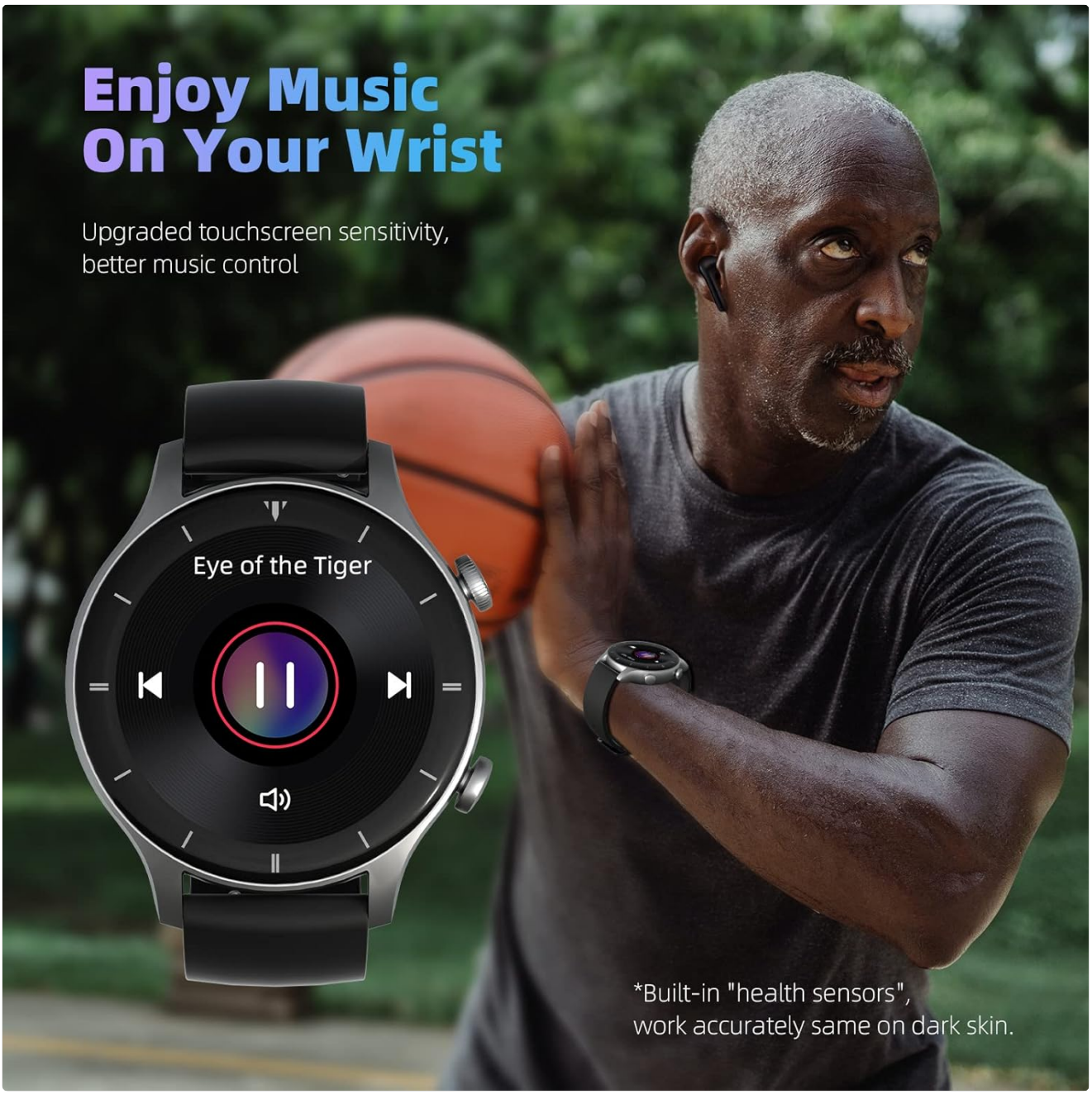

Figure 3.5: Music Control on Wrist. This image shows the smartwatch displaying music playback controls on its screen, with a person holding a basketball in the background, illustrating the convenience of controlling music during activities.

4. Maintenance

4.1 Battery Life and Charging

The G-TiDE R1 is equipped with a 300mAh battery. A single 2-hour charge provides approximately 10 days of typical usage and up to 30 days of standby time. For optimal battery longevity, avoid extreme temperatures during charging and storage.

Figure 4.1: Battery and Sensors. This image details the professional sensors (Heart rate sensor VC52, Reflective photoelectric sensor, Contact temperature sensor) and the 300mAh battery of the smartwatch, along with typical usage, basic usage, and Bluetooth call battery life estimates.

4.2 Water Resistance (IP68)

The smartwatch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, hand washing, and light rain. **Note:** It is not applicable for diving activities at depths greater than 10 meters. After use in seawater, rinse the watch with fresh water and dry it thoroughly to prevent corrosion.

Figure 4.2: IP68 Waterproof Feature. This image shows a person swimming with the smartwatch visible on their wrist, illustrating the IP68 waterproof rating. It also includes a disclaimer about not being suitable for diving beyond 10m and the need to rinse after seawater exposure.

4.3 Cleaning

To clean your smartwatch, wipe it with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these can damage the device.

5. Troubleshooting

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot pair with phone:**
  - Ensure Bluetooth is enabled on your phone and the watch.
  - Make sure the "GT FIT Pro" app is installed and running.
  - Try restarting both your phone and the smartwatch.

- Ensure the watch is not already connected to another device.

- **Notifications not received:**
  - Check app permissions on your phone to ensure "GT FIT Pro" has access to notifications.
  - Verify that notifications are enabled within the "GT FIT Pro" app settings for specific applications.
  - Ensure the watch is within Bluetooth range of your phone.
- **Inaccurate health data:**
  - Ensure the watch is worn snugly on your wrist, but not too tight.
  - Clean the sensor on the back of the watch regularly.
  - Environmental factors and individual physiology can affect readings.

6. Specifications

Brand	G-TiDE
Model Name	R1
Color	Gray
Operating System	Android 4.4+, iOS 9.0+
Screen Size	1.32 Inches
Display Resolution	360 x 360 HD IPS
Connectivity	Bluetooth 5.2 (BLE Dual Audio)
Special Features	Body temperature control, Heart rate monitor, Stress tracker, Activity tracker, Calorie tracker
Compatible Devices	Smartphone
Battery Capacity	300 mAh
Battery Composition	Lithium-polymer
Water Resistance Rating	IP68
Memory Storage Capacity	128 MB
Shape	Round
Manufacturer	G-TiDE

Figure 6.1: Product Dimensions and Accessories. This image provides detailed measurements of the G-TiDE R1 smartwatch, including its diameter (45.3mm), thickness (13mm), and total strap length (258mm), along with an illustration of the gift strap.

7. Warranty and Support

The G-TiDE Smartwatch R1 comes with a **12-month worry-free warranty**. For any questions or service requests regarding your smartwatch, please contact G-TiDE's official customer support. You can find the official mailbox contact information on the back of the product packaging.

G-TiDE is committed to providing support and assistance for your product.

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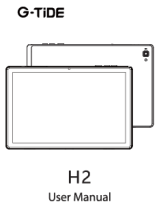
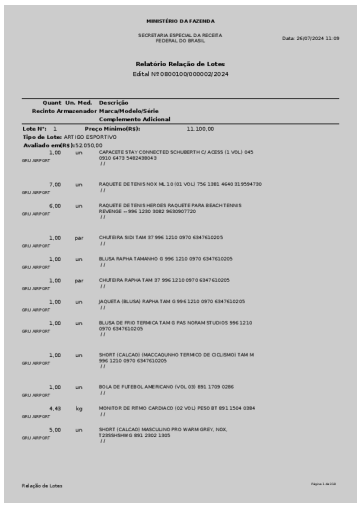
Related Documents

	G-Tide STYLE Smartwatch: FCC Compliance Information Official FCC compliance statement and guidelines for the G-Tide STYLE smartwatch (Model 2BKMA-STYLE), detailing interference prevention and radiation exposure limits.
	G-TIDE S1 Lite Smartwatch User Manual User manual for the G-TIDE S1 Lite smartwatch, providing comprehensive instructions on charging, operation, Bluetooth connectivity, and general usage guidelines from G-TIDE.
	G-Tide H2 Tablet User Manual User manual for the G-Tide H2 tablet, covering setup, features, safety information, troubleshooting, and specifications.
	G-Tide Smart Watch Quick Guide: Features, Setup, and Precautions Comprehensive quick guide for the G-Tide Smart Watch, covering touch controls, phone connectivity via CO-FIT APP, key features like health monitoring (heart rate, blood pressure, blood oxygen), activity tracking, music control, and essential precautions. Includes FCC compliance information.



MINISTÉRIO DA FAZENDA

SECRETARIA ESPECIAL DA RECEITA
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Relatório Relação de Lotes

Edital Nº 0800100/000002/2024

Quant	Un. Med.	Descrição
Recinto Armazenador		**Marca/Modelo/Série**
		Complemento Adicional

Lote Nº: 1 **Preço Mínimo(R$):** 11.100,00

Tipo de Lote: ARTIGO ESPORTIVO

Avaliado em(R$): 52.050,00

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GRU AIRPORT		
6,00	un	RAQUETE DE TENIS HEROES RAQUETE PARA BEACH TENNIS REVENGE – 996 1210 3082 9630907720 / /
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Relação de Lotes

Página 1 de 1/10

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