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SANODESK 156E

SANODESK Electric Standing Desk User Manual

Model: 156E

Introduction

This user manual provides detailed instructions for the assembly, operation, and maintenance of your SANODESK Electric Standing Desk. Please read this manual thoroughly before use to ensure proper function and safety.



Image: The SANODESK Electric Standing Desk in a home office setup, featuring a natural wood tabletop and white frame, equipped with two monitors, a keyboard, mouse, and other desk accessories.

Safety Information

For your safety and to prevent damage to the desk, please observe the following:

- **Always ensure the desk is properly assembled and stable before use.**
- **Do not exceed the maximum weight limit of 176 lbs (approximately 80 kg).**
- **Keep fingers and other body parts away from the moving parts during height adjustment.**
- **Always turn off and unplug the desk when not in use or when leaving the desk unattended.**

Parts Included

Before beginning assembly, verify that all parts listed below are present and undamaged. Refer to the installation video for visual identification of components.

Your browser does not support the video tag.

Video: SANODESK Standing Desk Installation Guide. This video provides a step-by-step visual guide for assembling your desk, including identification of all included parts.

Key Components:

- Desk Board (Whole-Piece Desktop)
- Lifting Columns (Legs)
- Crossbeam
- Desk Feet
- Motor with Keypad (6-Button Controller)
- Power Plug
- Transmission Rod
- Coupling
- Supporting Plates
- Spanner (Allen Wrench)
- Hooks (for headphones/bags)
- Various Screws and Fasteners



Image: Diagram illustrating the dimensions of the SANODESK Electric Standing Desk, showing a 55-inch width and 28-inch depth for the desktop.

Setup and Installation

Follow these steps carefully for proper assembly. It is recommended to have two people for assembly.

1. **Insert the Coupling into the Motor:** Ensure the coupling is inserted correctly into the motor, paying attention to the motor's direction as shown in the installation video.
2. **Insert the Motor and Right Column:** Attach the motor assembly to the right lifting column.
3. **Install the Crossbeam:** Securely attach the crossbeam to both lifting columns. During installation, align the three protrusions at the lifting column with the holes in the crossbeam.
4. **Install the Support Plates:** Fasten the support plates to the top of the lifting columns.
5. **Install the Desk Foot:** Attach the desk feet to the bottom of the lifting columns.
6. **Adjust the Crossbeam:** Ensure the crossbeam is centered and adjusted to fit the desktop, with approximately 200mm clearance on each side.
7. **Install Table Board:** Carefully place the desktop onto the assembled frame and secure it using the provided screws. A power drill (prepared by customer) is recommended for this step.
8. **Install the Transmission Rod:** Insert the transmission rod, ensuring it connects the motor to the other lifting column for synchronized movement.
9. **Tighten the Transmission Rod Nut:** Use the spanner to tighten the nut on the transmission rod.
10. **Install the Keypad:** Mount the 6-button controller keypad to the underside of the desktop using the provided screws.
11. **Install the Hooks:** Attach the accessory hooks to the desired locations on the underside of the desktop.
12. **Connect Cables:** Connect all necessary cables, ensuring they are securely fastened and routed to prevent interference with desk movement.



Image: The SANODESK Electric Standing Desk set up for various activities, highlighting its versatility for learning, working, and gaming.

Operating Instructions

Your SANODESK Electric Standing Desk features an intuitive 6-button controller for easy height adjustment and memory presets.

Height Adjustment:

- Use the ▲ **(Up)** and ▼ **(Down)** buttons to smoothly adjust the desk height. The LED display will show the current height.
- The desk operates quietly, typically below 50dB, ensuring a peaceful work environment.



Image: Visual representation of the desk's height adjustment range, from a minimum of 28.9 inches to a maximum of 46.5 inches.

Memory Presets:

- The controller features four memory keys (**1, 2, 3, 4**) to save your preferred sitting and standing heights.
- To save a height: Adjust the desk to your desired height, then press the **M** button followed by one of the number buttons (**1, 2, 3, or 4**). The height is now saved to that preset.
- To recall a saved height: Simply press the corresponding number button (**1, 2, 3, or 4**). The desk will automatically move to the saved position.



Image: A close-up view of the intelligent keypad, showing the LED display and the four memory height adjustment buttons.



Image: Illustration demonstrating the smooth and quiet operation of the desk, comparing its sound level to common sounds like a butterfly flutter and car honks.

Maintenance

Regular maintenance will ensure the longevity and optimal performance of your SANODESK Electric Standing Desk.

- **Cleaning:** Wipe the desktop and frame with a soft, damp cloth. Avoid abrasive cleaners or harsh chemicals that may damage the finish. The frame surface is coated with fine and smooth paint that is waterproof and rustproof.
- **Cable Management:** Periodically check all cables to ensure they are not pinched or tangled. Proper cable management helps prevent damage and ensures smooth operation.
- **Weight Distribution:** Distribute weight evenly across the desktop to prevent strain on the lifting mechanism.
- **Motor Care:** The electric lifting system is designed for durability. Avoid overloading the desk or forcing it to move if an obstruction is present.



Image: Close-up view of the desk surface, highlighting the high-quality, thick, waterproof, and eco-friendly wood desktop material.

Troubleshooting

If you encounter any issues with your SANODESK Electric Standing Desk, refer to the common problems and solutions below.

Problem	Possible Cause	Solution
Desk does not move.	Power cable disconnected; Motor cable disconnected; Overload.	Check all cable connections. Ensure the desk is plugged directly into a wall outlet (extension cords may not provide sufficient power). Reduce weight on the desk.
Desk moves unevenly or makes unusual noises.	Loose screws; Obstruction; Uneven weight distribution.	Check and tighten all assembly screws. Remove any obstructions. Redistribute weight evenly.
"E01" message displayed on keypad.	Overuse/Overheating of motor.	Allow the desk motor to rest for 10-15 minutes. It will return to normal operation automatically.
Desk is wobbly.	Loose connections; Uneven floor.	Ensure all screws are tightened. Adjust the leveling feet on the desk feet to stabilize on uneven surfaces.
Memory presets not working.	Incorrect saving procedure.	Refer to the "Memory Presets" section under Operating Instructions for correct saving procedure.

Problem	Possible Cause	Solution
Desk stops at certain height.	Obstruction or weight limit exceeded.	Remove any objects obstructing movement. Ensure total weight on desk does not exceed 176 lbs.

If the problem persists after attempting these solutions, please contact SANODESK customer service for further assistance.

Specifications

Feature	Detail
Brand	SANODESK
Model Name	156E
Product Dimensions (D x W x H)	28"D x 55"W x 28"H
Color	White Frame + Natural Top
Style	Modern
Base Material	Alloy Steel
Top Material Type	Wood
Finish Type	Wood (Painted)
Special Feature	Adjustable
Maximum Weight Recommendation	176 Pounds (approx. 80 kg)
Minimum Height	28.1 Inches
Maximum Height	47.6 Inches
Tabletop Thickness	1.25 Inches
Required Assembly	Yes
Recommended Number of People for Assembly	2
UPC	810072819451

Warranty and Support

SANODESK is committed to your satisfaction. We offer a limited warranty on our products.

Return Policy:

We provide a 30-day return or exchange service from the date of receipt. Please ensure the product is in its original

condition for returns.

Customer Service:

If you encounter any problems when you receive the product or during its use, please contact customer service through your order page on Amazon. We are very much willing to offer assistance and resolve any issues you may have.
For additional support and product information, you may visit the official SANODESK store on Amazon:SANODESK Store

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