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- › [Medela](#) /
- › [Medela Symphony Plus Breast Pump Instruction Manual](#)

Medela Symphony Plus (Model 0240215)

Medela Symphony Plus Breast Pump Instruction Manual

Brand: Medela | Model: Symphony Plus (Model 0240215)

INTRODUCTION

The Medela Symphony PLUS is a hospital-grade breast pump designed to support mothers in their breastfeeding journey, from initiating milk production to maintaining supply. It features exclusive Initiation Technology™ and is clinically proven to enhance milk volume. This manual provides essential information for the safe and effective use of your Symphony Plus breast pump.

Key Features:

- **Initiation Technology:** Designed to increase milk production and help mothers reach full milk volume early by mimicking infant sucking patterns.
- **Hospital-Grade Performance:** Offers reliable performance for both initiating and maintaining milk supply, suitable for home use.
- **Versatile Pumping:** Easily switch between single or double pumping modes.
- **User-Friendly Interface:** Simple controls for power, suction, and program selection.

PACKAGE CONTENTS

The Medela Symphony PLUS breast pump package includes:

- (1) Symphony breast pump
- (1) Symphony PLUS Program Card
- (1) Container Stand
- (1) Quick Start Card
- (1) Protector for card/cord
- Instructions for Use

Note: The Symphony Double Pumping Kit (model #67099) is sold separately and is required for use. This kit includes tubes, valves, membranes, breast shields, and bottles.

SETUP

Before first use, ensure all parts of the pumping kit that come into contact with breast milk are cleaned and sanitized according to the separate pumping kit instructions.

1. Place the Symphony Plus breast pump on a stable, flat surface.
2. Open the top lid of the pump unit.
3. Insert the membrane caps into the designated slots.
4. Connect the tubing from your Symphony Double Pumping Kit to the membrane caps.
5. Attach the breast shields, connectors, and bottles from your pumping kit to the other end of the tubing.
6. Close the top lid securely.
7. Plug the power cord into the back of the pump and then into a power outlet.



Image: Medela Symphony Plus Breast Pump with double pumping kit components. Note that the pumping kit is sold separately.



Symphony Breast Pump Kits sold separately.

Image: Medela Symphony Plus Breast Pump shown with separate pumping kit components, highlighting that these are not included with the main pump unit.

OPERATING INSTRUCTIONS

- 1. Power On:** Press the power button (circular button with a line and circle icon) to turn on the pump. The display will show "Press Power" or "INITIATE Press".
- 2. Select Program:**
 - **Initiate Program:** For mothers establishing milk supply, especially soon after birth. Press the "Initiate" button (icon with a baby head and milk drops). This program uses a mix of stimulation, expression, and pause phases to mimic natural infant sucking.
 - **Maintain Program:** For mothers maintaining an established milk supply. Press the "Maintain" button (icon with a milk bottle and drops). This program focuses on efficient milk expression.
- 3. Adjust Vacuum Level:** Use the central rotary knob to adjust the vacuum strength to a comfortable level. Start with a lower setting and gradually increase it.
- 4. Single or Double Pumping:** The Symphony Plus allows for both single and double pumping. Ensure the

correct number of pumping kits are connected for your desired mode.

5. **Pumping Duration:** The pump may have pre-set durations for programs (e.g., 15 minutes for Initiate). Monitor your milk flow and comfort.
6. **Power Off:** Press the power button again to turn off the pump.

Demonstration Videos:

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Video: A user demonstrates the Medela Symphony pump, highlighting its hospital-grade quality and two suction modes (infant suction simulation for milk supply increase). The video shows powering on, selecting modes, and adjusting suction. (Duration: 0:24)

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Video: A user demonstrates the Medela Symphony breast pump, emphasizing its use in hospitals and lactation consultant recommendations. The video shows how to power on, select the infant sucking simulation mode, and adjust suction. (Duration: 0:41)

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Video: A user reviews the Medela Symphony Plus pump, demonstrating its power-on sequence, suction adjustment, and the two distinct pumping phases (stimulation and expression). (Duration: 0:59)

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Video: A user demonstrates the Medela Symphony Plus breast pump, showing how to open the unit, connect the tubing and pumping kit, and operate the power and vacuum settings. (Duration: 0:56)

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Video: A user demonstrates the features of the Medela Symphony hospital-grade breast pump, including connecting the tubing and breast shields, and operating the power and vacuum controls. (Duration: 1:19)

MAINTENANCE

Proper maintenance ensures the longevity and hygiene of your breast pump.

- **Cleaning:** The main pump unit should be wiped clean with a damp cloth. Do not immerse the pump unit in water.
- **Pumping Kit:** All parts of the pumping kit that come into contact with breast milk (e.g., breast shields, connectors, bottles, valves, membranes) must be cleaned and sanitized after each use. Refer to the instructions provided with your Symphony Double Pumping Kit for detailed cleaning and sanitizing procedures.
- **Dishwasher Safety:** The main pump unit is **not** dishwasher safe.
- **Storage:** Store the pump and accessories in a clean, dry place when not in use.

TROUBLESHOOTING

If you encounter issues with your Medela Symphony Plus breast pump, consider the following:

- **Low Suction:**
 - Check that all tubing connections are secure and free from kinks.
 - Ensure the membrane caps are correctly seated and not damaged.
 - Inspect valves and membranes for tears or wear; replace if necessary.
 - Verify that the breast shields are properly sealed against the breast.
 - Confirm the vacuum level is adjusted appropriately using the rotary knob.
- **No Power:**

- Ensure the power cord is securely plugged into both the pump and a working electrical outlet.
- Check the power outlet with another appliance to confirm it is functional.
- **Unusual Noises:** If the pump makes unusual noises, discontinue use and contact Medela customer support.

SPECIFICATIONS

Feature	Detail
Model Number	0240215
Material Type	Plastic
Material Composition	100% Various
Material Free	BPA Free
Power Source	Corded Electric
Pump Type	Electric
Additional Features	Hospital-grade
Item Weight	6.89 pounds
Package Dimensions	11.97 x 10.12 x 8.23 inches
Dishwasher Safe	No (for main unit)

WARRANTY AND SUPPORT

The Medela Symphony Plus Breast Pump comes with a **3-Year Limited Warranty**. For warranty claims, technical support, or further assistance, please refer to the contact information provided in your product packaging or visit the official Medela website.

For additional resources and product information, visit the [Medela Store on Amazon](#).