

ProfiCare PC-FM 3099

ProfiCare PC-FM 3099 Electric Shiatsu Foot Massager User Manual

Model: PC-FM 3099 | Brand: ProfiCare

1. INTRODUCTION

Thank you for choosing the ProfiCare PC-FM 3099 Electric Shiatsu Foot Massager. This device is designed to provide a relaxing and stimulating foot massage experience with Shiatsu technology and a comforting heat function. Please read this manual carefully before first use to ensure safe and proper operation. Keep these instructions for future reference.

The PC-FM 3099 features motorized 3D drums for Shiatsu massage, adjustable heat, and three distinct massage programs to promote relaxation and improve blood circulation in your feet.

2. SAFETY INFORMATION

Important Safety Instructions:

- Read all instructions before using the appliance.
- This appliance is for household use only. Do not use outdoors.
- Always unplug the appliance from the power outlet immediately after use and before cleaning.
- Do not use the massager if you have open wounds, skin diseases, or swelling on your feet. Consult a doctor if you have any medical conditions, including diabetes, circulatory problems, or pacemakers.
- Do not use the massager in or near water. **This device is not water-resistant.**
- Keep the appliance away from hot surfaces.
- Do not operate the appliance with a damaged cord or plug. If the appliance malfunctions or has been damaged in any manner, return it to an authorized service center for examination and repair.
- Do not use attachments not recommended by the manufacturer.
- Never drop or insert any object into any opening.
- Do not use where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the OFF position, then remove the plug from the outlet.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision

or instruction concerning use of the appliance by a person responsible for their safety.

- Children should be supervised to ensure that they do not play with the appliance.

3. PRODUCT OVERVIEW

Familiarize yourself with the components of your ProfiCare PC-FM 3099 foot massager.



Figure 1: Front view of the ProfiCare PC-FM 3099 Shiatsu Foot Massager, showcasing its design and foot inserts.

Control Panel and Display:



3 Massageprogramme
 —
 3 Intensitätsstufen
 —
 Wärme-/Heizfunktion
 —
 Inkl. Timer (5–30 Min.)
 mit Restlaufanzeige

Figure 2: Close-up of the control panel with a hand interacting with the buttons. The panel features 3 massage programs, 3 intensity levels, a heat function, and an integrated timer (5-30 minutes) with a remaining time display.

- **LED Display:** Shows remaining massage time.
- **Timer Button:** Adjusts massage duration (5-30 minutes).
- **Mode Button:** Selects between 3 massage programs.
- **Intensity Button:** Adjusts massage intensity (3 levels).
- **Heat Function Button:** Activates/deactivates the heating function.
- **Power Button:** Turns the device on/off.

4. SETUP

1. Unpack the foot massager and remove all packaging materials.
2. Place the massager on a flat, stable surface.
3. Ensure the power cable is easily accessible and not obstructed.
4. Plug the power cable into a suitable electrical outlet.
5. Ensure the inner covers are properly installed before use.

5. OPERATING INSTRUCTIONS

The ProfiCare PC-FM 3099 offers a comprehensive foot massage experience with customizable settings.



Figure 3: A person comfortably using the foot massager while seated, demonstrating typical usage.

Starting a Massage:

1. Sit comfortably and place your feet into the foot inserts of the massager.
2. Press the **Power Button** to turn on the device. The LED display will illuminate.
3. The device will typically start with a default massage program and timer setting.

Adjusting Settings:

- **Massage Programs:** Press the **Mode Button** repeatedly to cycle through the 3 available massage programs (e.g., kneading, rolling, pressure combinations).
- **Intensity Levels:** Press the **Intensity Button** to select one of the 3 intensity levels for your massage.
- **Heat Function:** Press the **Heat Function Button** to activate or deactivate the soothing heat. The infrared light source provides deep warmth.
- **Timer:** Press the **Timer Button** to set the desired massage duration, typically between 5 and 30 minutes. The remaining time will be shown on the LED display.

Shiatsu-Massage

durch motorbetriebene 3D-Trommeln



Figure 4: Illustration of the Shiatsu massage mechanism with motorized 3D drums. Shows air compression (1), kneading and rolling (2), kneading and pressure (3), and infrared/heat function (4) targeting different areas of the foot.

Ending a Massage:

The massager will automatically turn off once the set timer expires. You can also manually turn off the device at any time by pressing the **Power Button**.

6. MAINTENANCE AND CLEANING

Regular cleaning ensures hygiene and extends the lifespan of your foot massager.

Pflegeleichter Innenbezug abnehmbar (waschbar und hautsympathisch)



Figure 5: A hand demonstrating the removal of the easy-care, washable, and skin-friendly inner cover for hygienic maintenance.

- **Before Cleaning:** Always unplug the device from the power outlet.
- **Outer Surface:** Wipe the exterior of the massager with a soft, damp cloth. Do not use abrasive cleaners or harsh chemicals.
- **Inner Covers:** The inner fabric covers are removable and washable. Gently pull them out from the foot inserts. They can be machine washed according to their care label (typically gentle cycle). Ensure they are completely dry before reattaching them to the massager.
- **Storage:** Store the massager in a cool, dry place when not in use. Wrap the power cord neatly around the designated area to prevent damage.

7. TROUBLESHOOTING

If you encounter any issues with your ProfiCare PC-FM 3099, refer to the following common problems and solutions:

- **Device does not turn on:**
 - Ensure the power cord is securely plugged into a working electrical outlet.
 - Check if the power outlet is functional by plugging in another appliance.

- **Massage function is weak or inconsistent:**

- Verify that the intensity level is set to your preference (there are 3 levels).
- Ensure your feet are properly positioned within the foot inserts.

- **Heat function is not working:**

- Confirm that the heat function is activated via its dedicated button.
- Allow a few minutes for the heating elements to warm up.

- **Unusual noises during operation:**

- Turn off the device and inspect for any foreign objects inside the foot inserts.
- If the noise persists, discontinue use and contact customer support.

For issues not covered here, please contact ProfiCare customer support.

8. SPECIFICATIONS

Model Name	PC-FM 3099
Model Number	330990
Dimensions (L x W x H)	42 x 36 x 24 cm
Weight	4 Kilograms
Power Source	Electric Cable
Material	Plastic
Color	Titanium/Black
Massage Technique	Shiatsu (with motorized 3D drums)
Massage Programs	3
Intensity Levels	3
Heat Function	Yes (Infrared)
Timer	Adjustable (5-30 minutes)
Water Resistance	No
Washable Cover	Yes (removable)

9. WARRANTY AND SUPPORT

For warranty information, please refer to the warranty card included with your product or visit the official ProfiCare website. If you require technical support or have questions about your device, please contact ProfiCare customer service through their official channels.

Manufacturer: ProfiCare

Country of Origin: China

