MoreJoy MJ221

MoreJoy Smartwatch User Manual

Model: MJ221

Brand: MoreJoy

1. INTRODUCTION

This manual provides detailed instructions for the MoreJoy Smartwatch, Model MJ221. This device is designed to monitor various health metrics and provide smart notifications, compatible with both iPhone and Android smartphones. Please read this manual thoroughly before using the product to ensure proper operation and maintenance.

Figure 1: MoreJoy Smartwatch, showcasing its rectangular display and black strap.

2. KEY FEATURES

The MoreJoy Smartwatch offers a range of functionalities to enhance your daily life and health monitoring:

- **Large 1.7-inch Touch Screen:** Features a 1.7-inch (4.3 cm) rectangular touch screen with a resolution of 240 x 280 pixels, providing a wide display area for clear viewing of information, calls, and notifications.

- **Health Monitoring:** Integrates a comprehensive health tracking system including heart rate, blood pressure, and blood oxygen (SpO2) monitoring. It also tracks sleep patterns, distinguishing between deep and light sleep phases. *Note: The data collected by this device is for reference only and cannot be used for medical diagnosis or treatment.*

- **Smart Notifications:** Displays incoming calls, text messages, and app notifications directly on your wrist, accompanied by vibration alerts.

- **IP68 Water Resistance:** Designed with an IP68 waterproof rating, making it suitable for activities such as

swimming, rinsing, bathing, and enduring sweat without damage.

- **Multiple Sport Modes:** Supports 20 different sport modes to track various physical activities.

- **Long Battery Life:** Offers up to 7 days of typical use and approximately 20 days of standby time on a full charge.

- **Wide Compatibility:** Compatible with smartphones running iOS 9.0/Android 4.4 and above.

- **Additional Tools:** Includes practical functions such as a timer, stopwatch, wake-up gesture, phone finder, sedentary reminder, and music control.

- **Customizable Watch Faces:** Allows users to personalize the watch face to match their style.
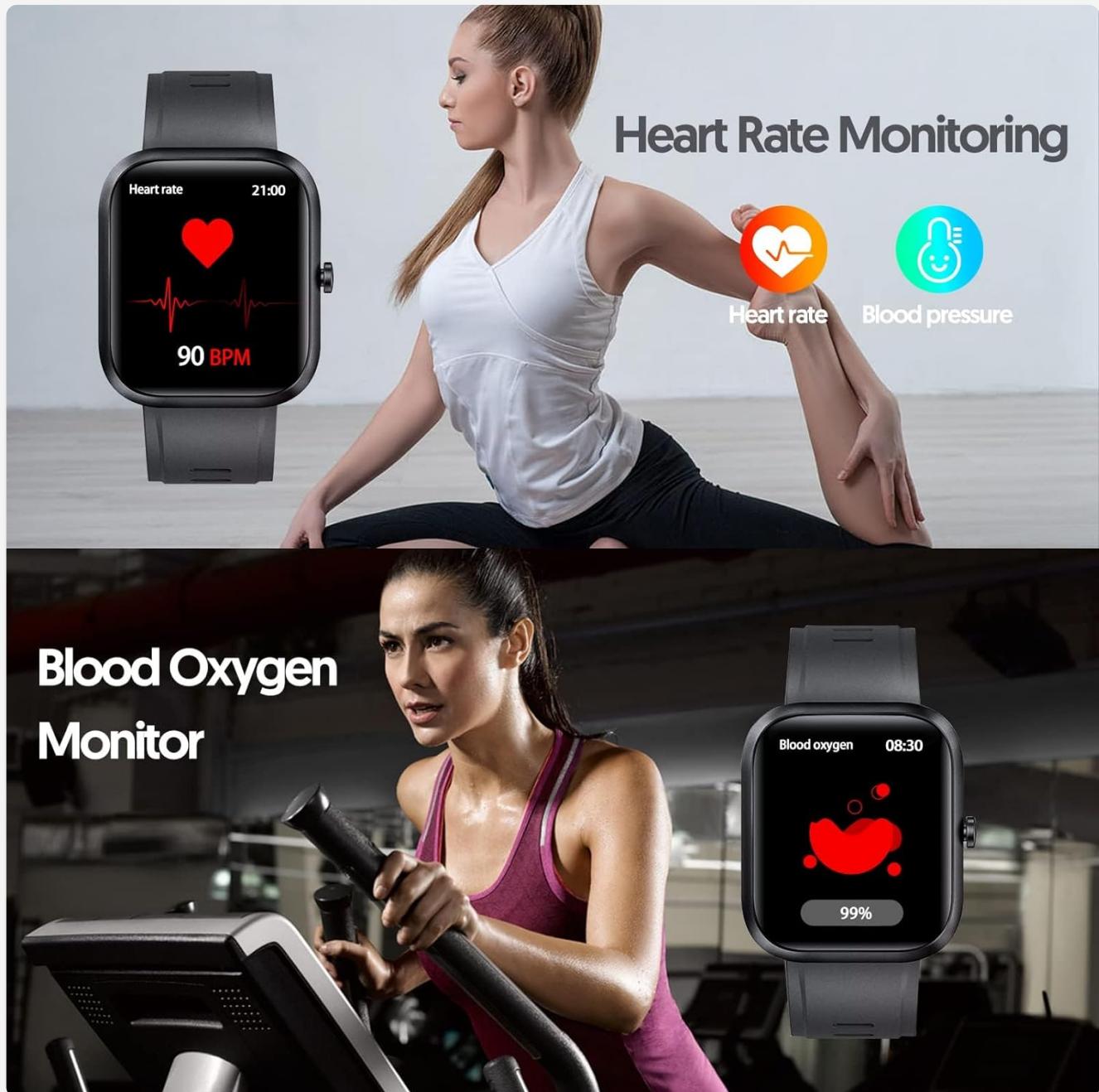

Figure 2: Illustration of the smartwatch's heart rate and blood oxygen monitoring capabilities.

SLEEP QUALITY MONITOR

AUTOMATICALLY MONITOR YOUR SLEEP QUALITY AT NIGHT

DEEP SLEEP

LIGHT SLEEP

AWAKE HOURS

Steps	Sleep	HR

< Today >

🌙 00:00   06:12 ☀

Total Duration: **6** H **5** M   Quality: Good

| **1** H **11** M	**4** H **54** M	**1** H **0** M
Deep	Light	Stay up late
00:00	**06:12**	**1**
Fell Asleep	Woke-Up	Got Up
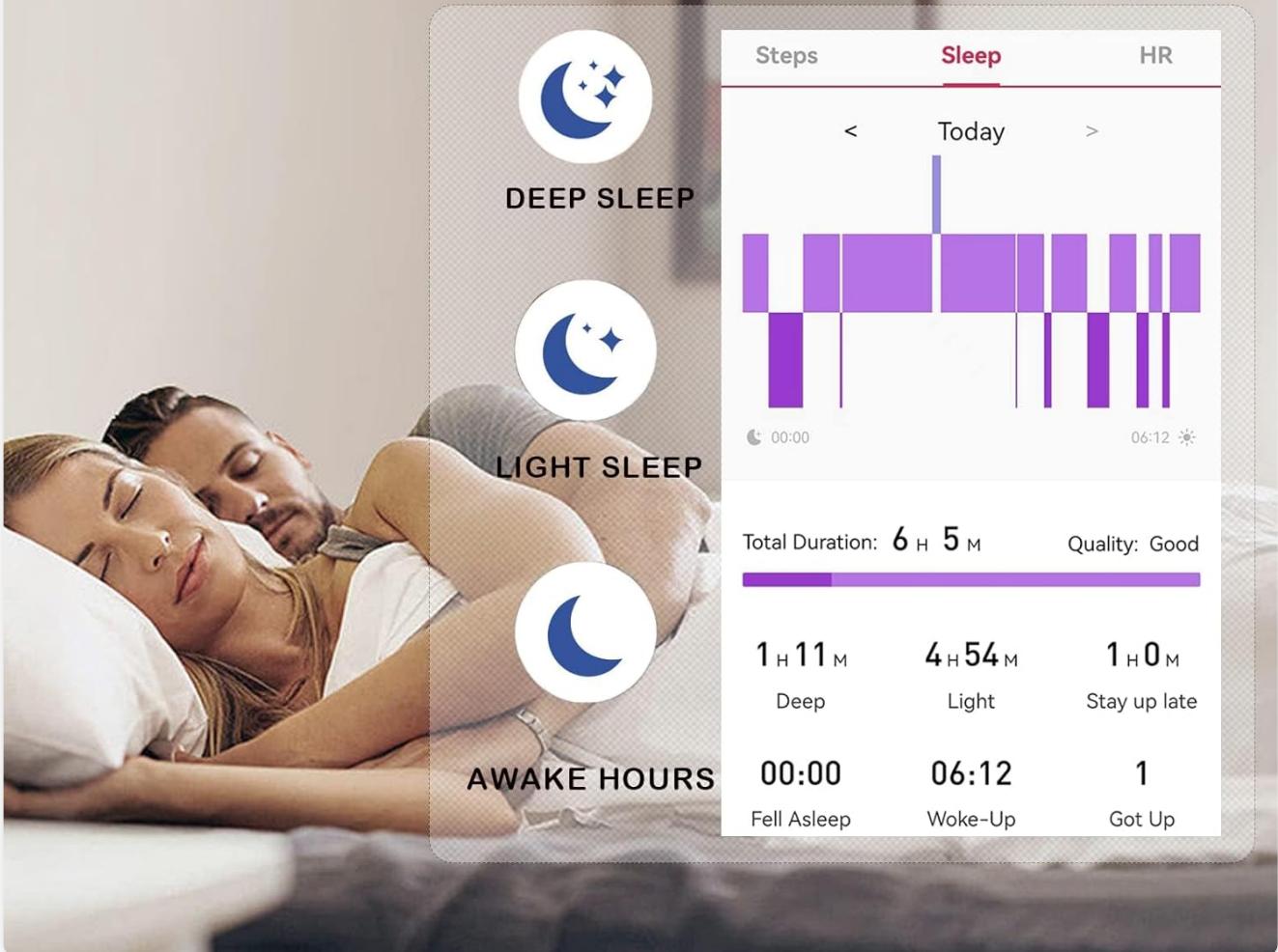
Figure 3: Depiction of the automatic sleep quality monitoring feature, showing deep, light, and awake hours.

Figure 4: Visual representation of the smartwatch's IP68 water resistance, suitable for swimming, rinsing, bathing, and sweat.

3. SETUP GUIDE

3.1 Initial Charging

Before first use, fully charge your MoreJoy Smartwatch. Connect the charging cable to the charging port on the back of the watch and plug the USB end into a standard USB power adapter (not included) or a computer's USB port. The watch display will indicate charging status.

3.2 App Installation

To unlock the full functionality of your smartwatch, you need to install the companion application on your smartphone. The specific app name is typically provided in the product packaging or a small quick start guide. If you cannot locate it, search for "MoreJoy Smartwatch" or scan a QR code if provided on the watch screen or packaging. Ensure your smartphone meets the compatibility requirements (iOS 9.0/Android 4.4 or above).

3.3 Pairing with Your Smartphone

1. Ensure Bluetooth is enabled on your smartphone.

2. Open the installed companion app on your smartphone.

3. Follow the in-app instructions to add a new device. The app will search for available smartwatches.

4. Select "MoreJoy MJ221" or the corresponding device name from the list.

5. Confirm the pairing request on both your smartphone and the smartwatch, if prompted.

6. Once paired, the watch will synchronize time and data with your phone.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

- **Touch Screen:** Swipe left/right, up/down to navigate through menus and functions. Tap to select an option.

- **Side Button:** Typically used to return to the home screen or wake up the device.

- **Wake-up Gesture:** Raise your wrist to automatically illuminate the screen. This feature can usually be enabled/disabled in the app settings.

4.2 Health Monitoring

Access health monitoring features by swiping through the watch interface or selecting them from the main menu. Ensure the watch is worn snugly on your wrist for accurate readings.

- **Heart Rate:** Tap the heart rate icon to initiate a measurement.

- **Blood Pressure:** Tap the blood pressure icon to start a measurement.

- **Blood Oxygen (SpO2):** Tap the SpO2 icon to measure your blood oxygen level.

- **Sleep Tracking:** The watch automatically monitors your sleep when worn during the night. View detailed sleep data (deep sleep, light sleep, awake time) in the companion app.

4.3 Sport Modes

The smartwatch supports 20 different sport modes. To start a workout:

1. Navigate to the "Sport" or "Workout" section on your watch.

2. Select your desired activity (e.g., running, cycling, swimming).

3. Tap to start the activity. The watch will begin tracking relevant metrics like duration, steps, distance, and calories burned.

4. Tap again or press the side button to pause or end the workout.

Figure 5: Overview of the 20 available sport modes for activity tracking.

4.4 Notifications and Other Features

- **Message Notifications:** Ensure notification permissions are granted to the app on your smartphone. Messages will appear on the watch screen.

- **Music Control:** Control music playback on your smartphone directly from the watch (play, pause, skip tracks).

- **Sedentary Reminder:** Set reminders in the app to prompt you to move after periods of inactivity.

- **Custom Watch Face:** Change your watch face via the companion app. Many options are available to suit your preference.

Figure 6: The smartwatch displaying smart notifications for texts and messages.

Figure 7: Examples of customizable watch faces to fit individual style preferences.

5. CARE AND MAINTENANCE

5.1 Cleaning Your Smartwatch

Regularly clean your smartwatch to ensure hygiene and proper function. Use a soft, lint-free cloth to wipe the screen and body. For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals, abrasive cleaners, or solvents.

5.2 Water Resistance

The MoreJoy Smartwatch has an IP68 water resistance rating. This means it is protected against immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for swimming in a pool, showering, and can withstand sweat and

splashes. However, it is not recommended for diving, hot water activities (like saunas or hot tubs), or high-pressure water jets.

5.3 Battery Care

- Avoid fully discharging the battery frequently.

- Do not expose the watch to extreme temperatures (hot or cold), as this can affect battery life and performance.

- Use only the provided charging cable or a compatible replacement.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch does not turn on.	Battery is depleted.	Charge the watch for at least 30 minutes.
Cannot pair with smartphone.	Bluetooth is off; app not running; watch not discoverable; incorrect app.	Ensure Bluetooth is on. Restart the app and watch. Check if the correct companion app is installed. Refer to section 3.2 for app installation.
No notifications received.	App permissions not granted; app not running in background; phone's Do Not Disturb mode.	Check app notification permissions in your phone's settings. Ensure the app is running. Disable Do Not Disturb mode on your phone.
Inaccurate health data.	Watch not worn snugly; sensor dirty; not a medical device.	Ensure the watch is worn correctly and snugly on your wrist. Clean the sensor on the back of the watch. Remember, data is for reference only.
Short battery life.	Frequent use of power-intensive features; excessive notifications; old battery.	Reduce screen brightness, limit background app refresh, or disable unnecessary notifications. Ensure full charge cycles.

7. SPECIFICATIONS

Feature	Detail
Brand	MoreJoy
Model Number	MJ221
Operating System	Android (compatible with iOS)
Screen Size	1.69 Inches (4.3 cm)
Connectivity	USB, Bluetooth
Special Features	Heart Rate Monitor, Sleep Monitor, Notification, Blood Pressure Monitor, Blood Oxygen (SpO2)
Compatible Devices	Smartphone (iOS 9.0+/Android 4.4+)
Battery Type	1 Lithium-polymer (included)

| Feature	Detail
Battery Life	Up to 7 days (usage), 20 days (standby)
Water Resistance	IP68
Target Audience	Men, Women (Adult)
Shape	Oval (Rectangular display)

SPECIFICATIONS
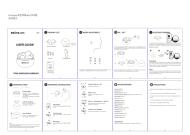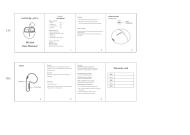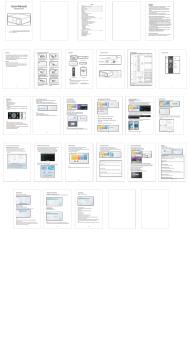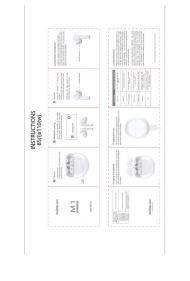
Figure 8: Dimensions of the MoreJoy Smartwatch (46mm x 41mm) and suitable wrist length (90-116mm).

8. WARRANTY AND SUPPORT

Information regarding product warranty and availability of spare parts is not provided in the product details. For specific warranty terms, technical support, or inquiries about spare parts, please refer to the official MoreJoy website or contact their customer service directly. Contact details are typically found on the product packaging or the manufacturer's official website.
Software updates are not guaranteed beyond the point of sale, as per available information.

Related Documents

	MoreJoy M2 True Wireless Earbuds User Guide User guide for the MoreJoy M2 True Wireless Earbuds, covering packing list, wear adjustment, on/off, Bluetooth pairing, charging state, operating instructions, specifications, and precautions.
	MoreJoy M2 Mini User Manual User manual for the MoreJoy M2 Mini wireless earbuds, detailing features, charging, functions, and maintenance.
	MoreJoy CUBE2 Smart Projector User Manual Comprehensive user manual for the MoreJoy CUBE2 Smart Projector, detailing setup, operation, features like 4K resolution, 1200 ANSI lumens, Android TV, autofocus, and auto keystone correction. Includes troubleshooting and technical specifications.
	MoreJoy M1 Wireless Earbuds Quick Start Guide and User Manual Comprehensive guide for MoreJoy M1 wireless earbuds, detailing setup, Bluetooth pairing, controls, Active Noise Cancellation, charging, and warranty information.