HUAWEI ODN-B19

HUAWEI WATCH GT 3 Pro 46mm Smartwatch User Manual

Model: ODN-B19

1. Introduction

The HUAWEI WATCH GT 3 Pro 46mm is a sophisticated smartwatch that blends traditional aesthetics with advanced technology. It features a durable titanium case and a sapphire glass display, elevating its design and resilience. This device is equipped with comprehensive health management functions and robust water resistance, making it suitable for various sports and daily activities.



Image: Front view of the HUAWEI WATCH GT 3 Pro 46mm smartwatch with a grey leather strap.

2. Setup

2.1 Charging the Device

Before first use, ensure your HUAWEI WATCH GT 3 Pro is fully charged. The watch supports magnetic charging. A full charge typically provides approximately 14 days of continuous use under normal conditions.

- Connect the charging cable to a power source.

- Attach the magnetic end of the cable to the charging contacts on the back of the watch.
- The watch display will indicate charging status.



Image: The smartwatch on its magnetic charger, illustrating its long battery life.

2.2 Installing the HUAWEI Health App

To unlock the full potential of your smartwatch, install the HUAWEI Health app on your smartphone.

- **For iOS devices:** Download the HUAWEI Health app from the Apple App Store, or scan the QR code provided on the product packaging.
- **For Android devices:** Scan the QR code on the product packaging to download the app from the HUAWEI App Gallery website.

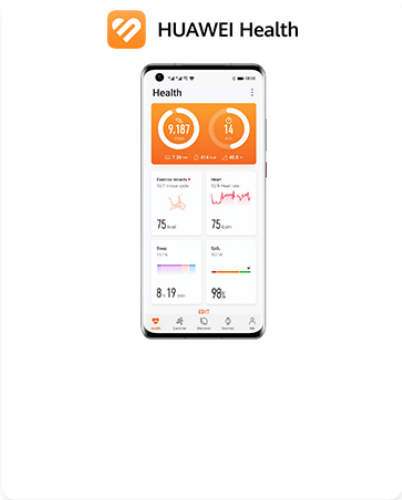


Image: A smartphone displaying the HUAWEI Health app interface, showing various health metrics.

3. Operating the Smartwatch

3.1 Basic Functions

- **Call Management:** View incoming calls, reject calls, and make Bluetooth calls directly from your watch.
- **Message Notifications:** Receive and view message notifications from your paired smartphone.

- **Time and Alarms:** Utilize timer and alarm functions for daily reminders.
- **Weather Forecast:** Get real-time weather updates on your wrist.

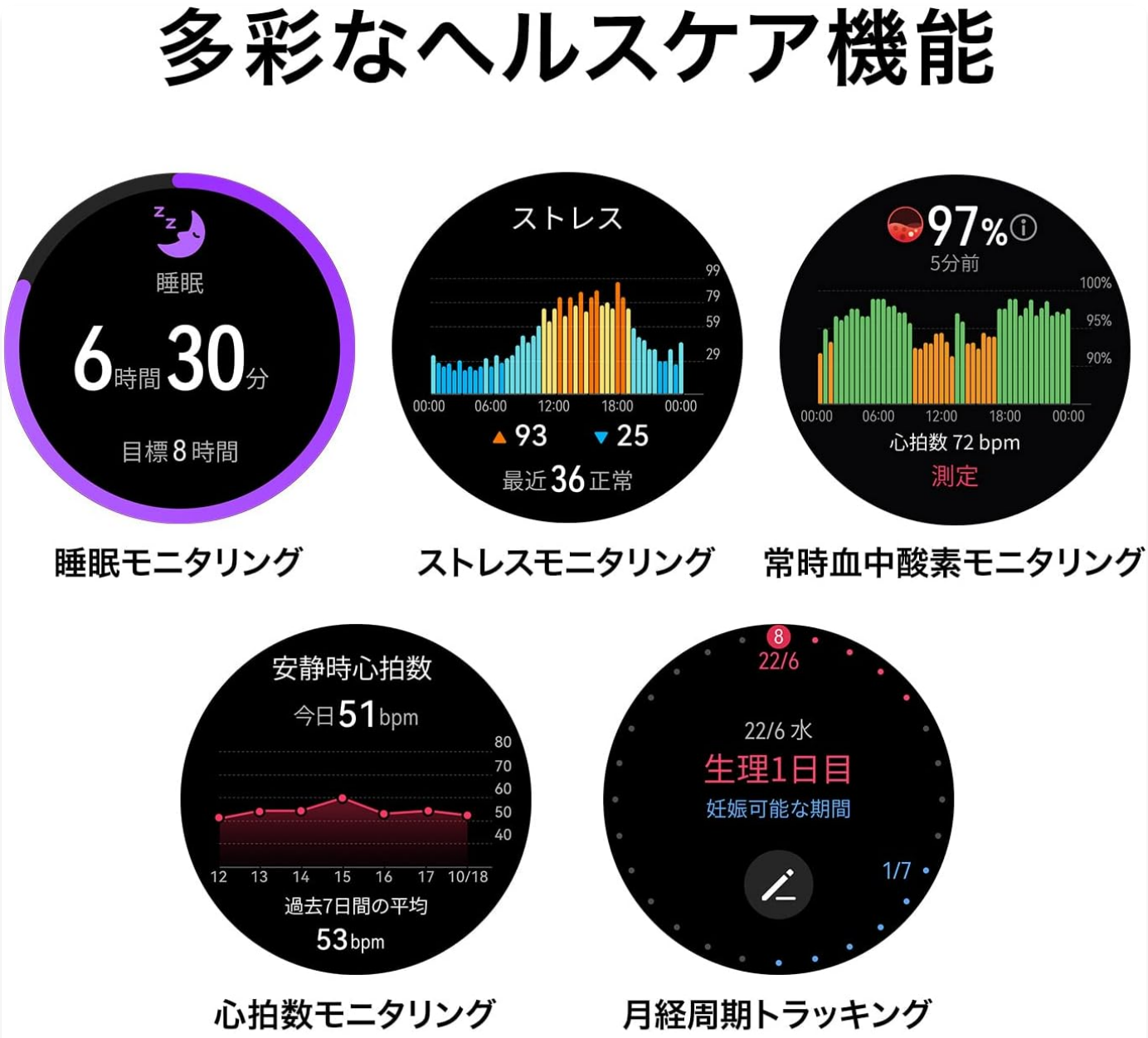


Image: The smartwatch display showing an incoming call with options to answer or reject.

3.2 Health Monitoring

The HUAWEI WATCH GT 3 Pro offers comprehensive health monitoring features:

- **Heart Rate Monitoring:** Continuously track your heart rate throughout the day.
- **Blood Oxygen (SpO2) Measurement:** Monitor your blood oxygen levels.
- **Sleep Tracking:** Analyze your sleep patterns and quality.
- **Stress Monitoring:** Keep track of your stress levels.
- **Menstrual Cycle Tracking:** For female users, track and predict menstrual cycles.



※医療目的で使用できません。

Image: A visual representation of the smartwatch's health monitoring capabilities, including sleep, stress, blood oxygen, heart rate, and menstrual cycle tracking.

Note: This product is for general wellness and fitness purposes and is not designed as a medical device. It cannot be used for diagnosis, treatment, or prevention of diseases.

3.3 Workout Modes

The watch supports over 100 workout modes, allowing you to track various physical activities with detailed metrics.

- **Running:** Track running performance and metrics.
- **Swimming:** Monitor your swimming sessions.
- **Diving:** Supports free diving up to 30 meters.
- And many more, including cycling, golf, and various indoor/outdoor sports.



Image: The smartwatch display showing a swimming workout mode, surrounded by icons representing over 100 different sports activities.

4. Maintenance

4.1 Water Resistance

The HUAWEI WATCH GT 3 Pro is rated IP68 and 5ATM, complying with ISO 22810:2010 for 50m water resistance and EN13319 for free diving up to 30m. This allows for use in shallow water activities like swimming in pools or at the beach, and free diving.



Image: A person's arm underwater wearing the HUAWEI WATCH GT 3 Pro, demonstrating its water resistance for free diving up to 30m.

Important Considerations:

- Do not use the watch in hot showers, hot springs, saunas (steam rooms), during platform dives, high-pressure washing, or in environments with high temperature, high humidity, or rapid water flow.
- It is not suitable for scuba diving, technical diving, or underwater activities exceeding 30m depth.
- After use in seawater, always rinse the watch with fresh water.
- Leather and metal bands are not designed to withstand swimming or sweat. It is recommended to use other types of bands for water activities.
- Water resistance is not permanent and may decrease over time with daily wear.

4.2 Cleaning

Regularly clean your smartwatch to maintain its appearance and functionality. Use a soft, lint-free cloth. For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.

5. Troubleshooting

Problem	Possible Cause / Solution
Watch not turning on or charging.	Ensure the charging cable is properly connected to both the watch and the power source. Check if the power adapter is working. The battery might be completely drained; allow it to charge for a few minutes before attempting to turn it on.
Cannot connect to the HUAWEI Health app.	Ensure Bluetooth is enabled on your smartphone and the watch. Make sure the HUAWEI Health app is updated to the latest version. For Android users, ensure you have downloaded the app from the HUAWEI App Gallery as Google Play Store might not have the latest version or full compatibility due to regional restrictions. Restart both the watch and the phone.
Inaccurate health data readings.	Ensure the watch is worn snugly on your wrist, not too loose or too tight. Clean the sensors on the back of the watch. Avoid excessive movement during measurements. Environmental factors can sometimes affect readings.
Short battery life.	Frequent use of GPS, continuous heart rate monitoring, or numerous notifications can reduce battery life. Adjust settings in the HUAWEI Health app to optimize battery consumption. Ensure background app refresh is managed.

6. Specifications

Feature	Detail
Model Number	ODN-B19
Operating System	Harmony OS2
Dimensions	4.66 x 4.66 x 1.09 cm
Weight	54 g (without strap)
Battery	1 Lithium Ion Battery (included)
Wireless Technology	Bluetooth
Connectivity	Bluetooth, GPS
GPS	Built-in GPS
Special Features	Activity Tracker, Sleep Monitor, Wireless Charging, GPS, Heart Rate Monitor

Feature	Detail
Input Device	Touchscreen
Color	Gray
Box Contents	Quick Start Guide, Charging Cable
Memory Storage	32 GB

7. Warranty and Support

7.1 Product Warranty

HUAWEI provides the following warranty periods from the customer's purchase date:

- **Main Unit:** 1 year
- **Included Charger:** 6 months
- **USB Cable:** 3 months

The product warranty applies to products purchased from carts where Amazon.co.jp is specified as the seller/shipper.

7.2 Customer Support

For any inquiries or support regarding your HUAWEI WATCH GT 3 Pro, please contact Huawei Customer Service:
Email: Support.jp@huawei.com

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question