

## BIGGERFIVE BF160

# BIGGERFIVE Vigor Kids Fitness Tracker User Manual

Model: BF160

## INTRODUCTION

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The BIGGERFIVE Vigor Kids Fitness Tracker is designed to encourage healthy habits and monitor key activity metrics for children aged 5-15. This durable and waterproof device tracks steps, distance, calories burned, heart rate, and sleep patterns, providing valuable insights through its dedicated smartphone application. With a focus on simplicity and safety, it offers a fun and engaging way for kids to stay active without unnecessary distractions.

## SETUP GUIDE

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### 1. Charging the Device

The BIGGERFIVE Vigor fitness tracker features a convenient direct USB charging design, eliminating the need for an extra charging cable. Simply remove one end of the wristband to reveal the USB plug. Insert this plug directly into any standard USB adapter or USB port on a computer for charging.

# EASY TO CHARGE

🔌 **USB** charging directly



# LONG BATTERY TIME

**1** hour  
1 hour charging

**7** days  
up to 7 days working



*Image description: A close-up view of the BIGGERFIVE Vigor fitness tracker. One end of the wristband is detached, revealing a USB connector. This connector is shown plugged into a white wall adapter, illustrating the direct charging method. The other end of the wristband is shown detached from the tracker.*

A full charge typically takes 1-2 hours and provides up to 7 days of battery life, allowing for extended use between charges.

## 2. Installing the BIGGERFIVE App

To access all features and monitor your child's activity data, download the official BIGGERFIVE app on your smartphone. The app is compatible with most smartphones and allows for real-time data monitoring, heart rate data, and sleep trends. Search for "BIGGERFIVE" in your device's app store (App Store for iOS or Google Play Store for Android) and install the application.

## 3. Pairing the Device with the App

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the BIGGERFIVE app and follow the on-screen instructions to create an account or log in.
3. Navigate to the device pairing section within the app.
4. Select the BIGGERFIVE Vigor from the list of available devices to establish a connection.
5. Once paired, the app will synchronize with the tracker, displaying your child's activity data.



*Image description: A pink BIGGERFIVE Vigor fitness tracker is displayed prominently next to a smartphone. The smartphone screen shows the BIGGERFIVE app interface, which includes a step count, activity data, and sleep tracking information. In the blurred background, a young girl is seen running outdoors, suggesting active use of the tracker.*

## OPERATING INSTRUCTIONS

### 1. All-Day Activity Tracking

The BIGGERFIVE Vigor automatically tracks your child's daily steps, distance covered, and calories burned. It supports over 10 activity modes, including Walking, Running, Bicycle, Dance, Basketball, Football, Tennis, Climbing, and Workout. This feature helps children monitor their activity levels and encourages them to stay active.

# ALL DAY ACTIVITY TRACKING



**628**  
CALORIES



**9658**  
STEPS



**6.5KM**  
DISTANCE

*Image description: A group of children are joyfully running across a vibrant green grassy field under a clear blue sky. Overlaid on the image are icons and text indicating "628 CALORIES", "9658 STEPS", and "6.5KM DISTANCE", representing the all-day activity tracking capabilities of the fitness tracker.*



# 10+ SPORTS MODE



**Walking**



**Running**



**Bicycle**



**Dance**



**Basketball**



**Football**



**Tennis**

.....

**More**

*Image description: A person's arm is shown holding a basketball on a court, with a fitness tracker visible on their wrist. To the left, a graphic displays "10+ SPORTS MODE" with icons for various activities including Walking, Running, Bicycle, Dance, Basketball, Football, and Tennis, indicating the tracker's multi-sport tracking capabilities.*

## 2. Heart Rate and Sleep Monitoring

The fitness tracker automatically monitors your child's real-time heart rate throughout the day. It also tracks sleep patterns, providing data on sleep duration, light sleep, and deep sleep through the app. A silent alarm clock feature can gently wake your child without disturbing others.

# 24-HOUR HEART RATE MONITORING



 **089**BPM  
PEAK HEART RATE

Image description: A young boy with blonde hair is smiling while riding a bicycle, with an adult figure blurred in the background. In the foreground, a close-up of the BIGGERFIVE Vigor fitness tracker shows its green optical sensor light,

indicating 24-hour heart rate monitoring. An icon of a heart with "089 BPM PEAK HEART RATE" is displayed below.



Image description: A young girl is shown sleeping soundly in bed, cuddling a large teddy bear. Her purple BIGGERFIVE Vigor fitness tracker is visible on her wrist. Accompanying graphics highlight "AUTO SLEEP MONITORING" with details on sleep duration tracking, wristband alarm for gentle waking, and the benefit of understanding sleep patterns for improved daily energy.

### 3. Customizing Watch Faces

The BIGGERFIVE Vigor allows for customization of its watch face. You can choose from several fun and engaging backgrounds directly on the device or through the app to personalize the display.



Image description: A hand is shown interacting with a blue BIGGERFIVE Vigor fitness tracker on a child's wrist. Several different watch face designs are displayed as options, including digital time with a cartoon cat, a monster face, and other playful graphics, demonstrating the customization feature.

## MAINTENANCE

### Water Resistance (IP68)

The BIGGERFIVE Vigor is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. This allows your child to wear the tracker during various water activities such as swimming (in a pool), showering, and in rainy conditions. It is not recommended for diving or high-pressure water activities.





*Image description: A young child with blonde hair is happily floating in a swimming pool inside a colorful inflatable ring. The child is wearing the BIGGERFIVE Vigor fitness tracker on their wrist. Icons above indicate the tracker's suitability for "Rainproof", "Shower", and "Swimming Pool" use, highlighting its IP68 waterproof rating.*

## Cleaning and Care

To maintain the tracker's condition, regularly clean the device and wristband with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials. Ensure the charging contacts are dry and clean before charging to prevent corrosion.

## TROUBLESHOOTING

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- **Device Not Turning On:** Ensure the device is fully charged. Connect it to a USB power source and check for the charging indicator.
- **App Connection Issues:**
  - Verify Bluetooth is active on your smartphone.
  - Ensure the tracker is within Bluetooth range of your phone.
  - Restart both the tracker and the smartphone.
  - Try unpairing and re-pairing the device in the app's settings.
- **Inaccurate Step Count:** Ensure the tracker is worn snugly on the wrist. Arm movements during non-walking activities might sometimes be counted as steps.
- **Sleep Data Not Recording:** Make sure the tracker is worn throughout the night. Ensure it's charged sufficiently before bedtime.



- **Screen Glitching/Unresponsive:** Try restarting the device. If the issue persists, contact customer support.



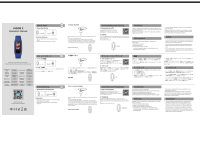

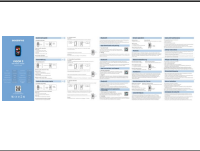
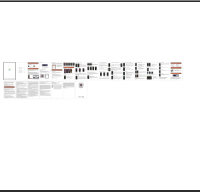
For more detailed troubleshooting, please refer to the official[Troubleshooting Guide \(PDF\)](#).

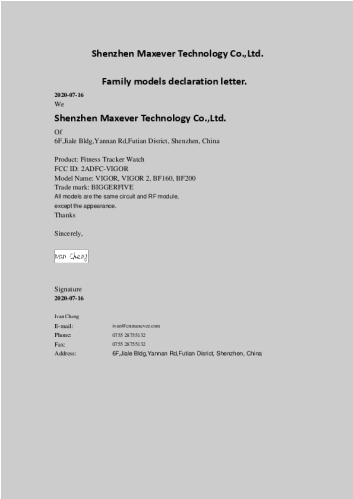
## SPECIFICATIONS

Feature	Detail
Brand	BIGGERFIVE
Model Name	BF160
Item Weight	19 Grams
Material	Silicone
Color	Black
Screen Size	0.96 Inches
Waterproof Rating	IP68
Battery Life	Up to 7 days
Charging Time	1-2 hours
Connectivity	Bluetooth, USB Direct Charge
Recommended Age	5-15 years

## WARRANTY AND SUPPORT

BIGGERFIVE is committed to providing high-quality products and excellent customer service. Many users have reported positive experiences with our responsive support team, particularly regarding product issues and replacements. For any inquiries, technical assistance, or warranty claims, please contact BIGGERFIVE customer support through the contact information provided in your product packaging or on the official BIGGERFIVE website. You can also refer to the comprehensive[User Manual \(PDF\)](#) for additional information.

	<p><a href="#">BIGGERFIVE Fitness Tracker FAQ and Troubleshooting Guide</a></p> <p>A comprehensive FAQ and troubleshooting guide for the BIGGERFIVE fitness tracker, covering connection issues, data synchronization, battery life, and resetting the device.</p>
	<p><a href="#">BIGGERFIVE Watch FAQ and Troubleshooting Guide</a></p> <p>Comprehensive FAQ and troubleshooting guide for the BIGGERFIVE watch, covering connection issues, app compatibility, data accuracy, battery life, and more.</p>
	<p><a href="#">VIGOR 2 Smart Band Operation Manual   BIGGERFIVE</a></p> <p>Official operation manual for the BIGGERFIVE VIGOR 2 smart band, detailing quick start, pairing, functions, maintenance, safety, and specifications.</p>
	<p><a href="#">BIGGERFIVE VIGOR 2 Quick Start Guide: Features and Setup</a></p> <p>Comprehensive quick start guide for the BIGGERFIVE VIGOR 2 fitness tracker, covering compatibility, charging, app setup, activity tracking, heart rate monitoring, sleep tracking, and specifications.</p>
	<p><a href="#">BIGGERFIVE VIGOR 3 Smart Band Quick Start Guide</a></p> <p>Comprehensive quick start guide for the BIGGERFIVE VIGOR 3 smart band, detailing charging, features, Bluetooth connectivity, app recommendations, and essential safety information.</p>
	<p><a href="#">BIGGERFIVE VIGOR Fitness Tracker Watch User Guide</a></p> <p>Comprehensive user guide for the BIGGERFIVE VIGOR Fitness Tracker Watch, covering setup, features, functions, and maintenance. Learn how to activate, pair, and use your device for health and fitness tracking.</p>



[pdf] Declaration of Conformity

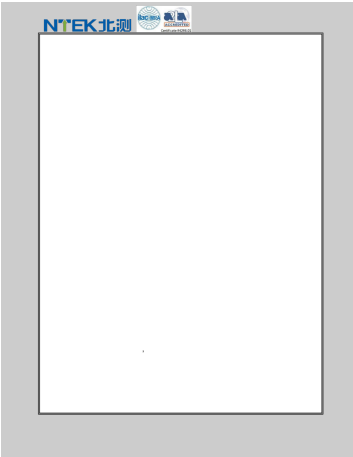
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We Shenzhen Maxever Technology Co.,Ltd. Of 6F,Jiale Bldg,Yunnan Rd,Futian Disrict, Shenzhen, China Product: Fitness Tracker Watch FCC ID: 2ADFC-VIGOR Model Name: VIGOR, VIGOR 2, **BF160**, BF200 Trade mark: BIGGERFIVE All ...  
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[pdf] Test Report

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Product: Fitness Tracker Watch Trade Mark: BIGGERFIVE Model No.: VIGOR Family Model: VIGOR 2, **BF160**, BF200 Report No.: S20060902904001 Issue Date: 24 Jun. 2020 Prepared for Shenzhen Maxever Technology Co.,Ltd. 6F,Jiale Bldg,Yunnan Rd...  
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