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SIDIZ T50

SIDIZ T50 Ergonomic Home Office Chair Instruction Manual

Model: T50

1. INTRODUCTION

This manual provides essential information for the assembly, operation, maintenance, and troubleshooting of your SIDIZ T50 Ergonomic Home Office Chair. Please read this manual thoroughly before assembly and use to ensure proper function and longevity of your chair.





Figure 1: A full view of the SIDIZ T50 ergonomic office chair in beige, showcasing its modern design and mesh back.

2. SAFETY INFORMATION

- **Maximum Weight Capacity:** The SIDIZ T50 chair is designed to support a maximum weight of 275 pounds (125 kg). Exceeding this limit may cause damage to the chair or personal injury.
- **Proper Assembly:** Ensure all components are correctly assembled and tightened according to the instructions to prevent instability.
- **Tilting Caution:** Use caution when tilting the chair to avoid tipping. Ensure your feet are firmly on the ground or footrest when reclining.
- **Children and Pets:** Keep children and pets away from the chair during assembly and adjustment to prevent accidents.

3. ASSEMBLY INSTRUCTIONS

The SIDIZ T50 chair requires assembly. It is designed for straightforward setup, typically taking less than 10 minutes with the provided tools.

3.1. Unpacking and Preparation

1. Carefully open the packaging and remove all components.

2. Verify that all parts are present by comparing them with the parts list (not provided in this manual, refer to packaging).
3. Place the components on a clean, flat, and soft surface to prevent scratches.

3.2. Step-by-Step Assembly

1. **Attach the Casters to the Base:** Insert the casters into the holes at the ends of the chair base (star base).
2. **Insert the Gas Lift:** Place the gas lift cylinder into the center hole of the assembled star base.
3. **Assemble Seat and Backrest:** The seat and backrest components are largely pre-assembled. Attach the backrest to the seat mechanism using the provided screws and heavy-duty Allen key. The packaging box can be used to support the seat while attaching the back.
4. **Attach Armrests:** Secure the armrests to the seat assembly using the designated screws.
5. **Connect Top to Base:** Carefully place the assembled seat and backrest onto the gas lift cylinder, ensuring it is seated firmly.
6. **Attach Headrest:** Insert the headrest into its designated slot at the top of the backrest.

All ergonomic adjustments are pre-installed and do not require additional setup during assembly.

4. OPERATING INSTRUCTIONS (ADJUSTMENTS)

The SIDIZ T50 chair offers over 10 adjustable functions to customize your seating experience for optimal comfort and ergonomic support.

Enjoy Advanced Ergonomics.

SIDIZ's people-oriented design helps you fully adjust T50 with 10+ adjustable features.



Figure 2: A detailed diagram highlighting the various adjustable components of the SIDIZ T50 chair, such as headrest, armrests, lumbar support, seat depth, and tilt mechanism.

4.1. Key Adjustments

- **Seat Height Adjustment:** Locate the lever under the seat, typically on the right side. Pull the lever up to raise the seat, or pull it up while seated to lower the seat. Release the lever to lock the height.
- **Seat Depth Adjustment:** Find the lever or button under the seat, usually on the left side. Engage the mechanism to slide the seat forward or backward, then release to lock.
- **Tilt and Recline:** The chair features a tilting mechanism. A lever (often on the left side) controls the tilt lock/unlock. Another knob or lever may adjust the tilt tension, allowing you to control the effort required to recline. The chair has one primary reclining position.
- **Lumbar Support (2-Way):** The lumbar support can be adjusted vertically and for depth. Locate the controls on the backrest to position the support to fit the natural curve of your lower back.
- **Armrest Adjustment (3-Way):** The armrests can be adjusted in three dimensions: height, depth (forward/backward), and pivot (inward/outward). Use the buttons or levers on the armrests to make these adjustments.
- **Headrest Adjustment:** The headrest can be adjusted for height and angle to provide optimal neck and head

support.

Experiment with each adjustment to find the most comfortable and supportive configuration for your body and work posture.

5. MAINTENANCE AND CARE

Regular maintenance helps preserve the appearance and functionality of your SIDIZ T50 chair.

- **Cleaning the Mesh Back:** Use a soft brush or vacuum cleaner with a brush attachment to remove dust and debris from the ventilated mesh back. For stains, gently wipe with a damp cloth and mild soap solution, then blot dry. Avoid harsh chemicals.
- **Cleaning the Cushion Seat:** For the fabric cushion seat, vacuum regularly. For spills, blot immediately with a clean, dry cloth. For tougher stains, use a fabric cleaner according to its instructions, testing on an inconspicuous area first.
- **Frame and Base:** Wipe the metal and plastic components with a soft, damp cloth. Avoid abrasive cleaners.
- **Casters:** Periodically check the casters for accumulated hair or debris and clean them to ensure smooth movement.
- **Fasteners:** Occasionally check all screws and bolts to ensure they are tight. Re-tighten if necessary.

6. TROUBLESHOOTING

This section addresses common issues you might encounter with your SIDIZ T50 chair.

6.1. Common Issues and Solutions

- **Chair Squeaks:** If you hear squeaking, particularly from the lumbar support area, it may be due to friction between plastic parts. Applying a thin layer of padding or a silicone-based lubricant to the contact points can often resolve this. Ensure all bolts are tightened.
- **Difficulty Adjusting Components:** Ensure no obstructions are preventing movement. Check that adjustment levers or buttons are fully engaged or disengaged. If a component feels stuck, do not force it; re-read the operating instructions for that specific adjustment.
- **Chair Feels Unstable:** Verify that all assembly screws are securely tightened. Ensure the chair is on a flat, even surface.
- **Seat Cushion Feels Flat/Uncomfortable:** Over time, seat cushions can compress. While this is a wear characteristic, if it occurs prematurely, contact customer support for assistance.

If you encounter an issue not listed here or if the suggested solutions do not resolve the problem, please contact SIDIZ customer support.

7. SPECIFICATIONS

Feature	Detail
Brand	SIDIZ
Model Name	SIDIZ T50
Product Dimensions (D x W x H)	19"D x 19"W x 51"H

Feature	Detail
Item Weight	48.6 pounds (22 kg)
Maximum Weight Recommendation	275 Pounds (125 kg)
Color	Beige (variant)
Back Style	Solid Back with Ventilated Mesh
Arm Style	With 3-Way Adjustable Arms
Special Features	Adjustable Headrest, 2-Way Lumbar Support, Forward Tilt, Adjustable Seat Depth, Tilting (1 Reclining Position)
Fill Material	Foam (Cushion Seat)
Furniture Finish	Metal (Base)
Compliance	ANSI/BIFMA, Greenguard certified



Figure 3: An image illustrating the key dimensions of the SIDIZ T50 chair, including height, seat width, and seat depth.

8. WARRANTY AND SUPPORT

For warranty information, product support, or to inquire about replacement parts, please contact SIDIZ customer service directly. While specific warranty details are not provided in this manual, SIDIZ is committed to product quality.

- **Returns:** The product typically accepts returns within 30 days of purchase. Please refer to your retailer's return policy for specific terms.
- **Protection Plans:** Optional extended protection plans may be available for purchase through your retailer. These plans are separate from the manufacturer's warranty.
- **Contacting Support:** Visit the official SIDIZ store or website for contact information and further assistance.