

Parsonver LW46

Parsonver LW46 Smart Watch User Manual

Model: LW46

1. INTRODUCTION

This manual provides essential instructions for setting up, operating, and maintaining your Parsonver LW46 Smart Watch. Please read this guide thoroughly to ensure proper use and optimal performance of your device.

2. WHAT'S IN THE BOX

- Parsonver LW46 Smart Watch
- Genuine Leather Band
- Silicone Band
- Magnetic Charging Cable
- User Manual



Image: Parsonver LW46 Smart Watch with both leather and silicone bands, and the charging cable.

3. SETUP

3.1. Download the Companion App

1. Power on your smartwatch. A QR code will appear on the screen.
2. Scan the QR code using your smartphone's camera or a QR code scanner app. This will direct you to download the **FitCloudPro** app.
3. Alternatively, search for "FitCloudPro" directly in your smartphone's app store (Google Play Store for Android or Apple App Store for iOS) and install it.



Image: A smartphone displaying the FitCloudPro app download page.

3.2. Pairing the Smartwatch

1. Ensure your smartphone's Bluetooth is turned on.
2. Open the **FitCloudPro** app and create an account or log in.
3. Navigate to the "Device" section within the app.
4. Tap "Search Now" or the equivalent option to find your smartwatch.
5. Select your device from the list (e.g., "LW46_XXX").
6. Confirm the pairing request on both your smartphone and the smartwatch.

Your browser does not support the video tag.

Video: This video demonstrates the process of downloading the app, signing in, binding the smartwatch, and setting up various features like contacts, heart rate monitoring, and reminders.

3.3. Bluetooth Call Function Setup

1. After successful pairing, go to your smartphone's Bluetooth settings.
2. Locate your smartwatch (e.g., "LW46-5F0") in the list of paired devices.
3. Tap on the device name and ensure that the "Call Audio" or "Media Audio" option is enabled. This allows the smartwatch to make and receive calls.
4. You can now dial numbers directly from your smartwatch or answer incoming calls.

Bluetooth Dial & Answer Calls



Image: The smartwatch screen showing an active call interface with dial pad and contact options.

4. OPERATING INSTRUCTIONS

4.1. Basic Navigation

- **Swipe Up/Down:** Access quick settings or notifications.
- **Swipe Left/Right:** Navigate through main features like activity data, heart rate, weather, etc.
- **Press Side Button:** Return to the home screen or access the app menu.

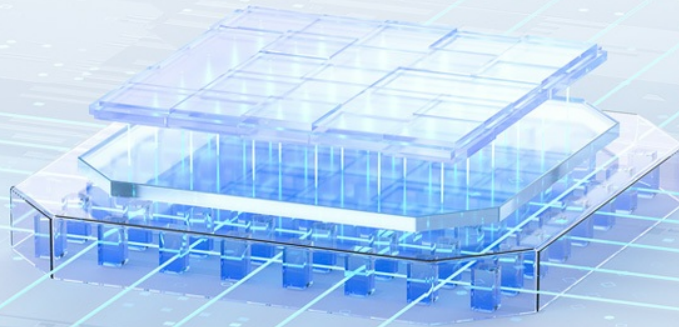
4.2. Customizing Watch Faces

Personalize your smartwatch by changing the watch face through the FitCloudPro app.

1. Open the FitCloudPro app on your smartphone.
2. Go to the "Device" section and select "Watchface".
3. Browse through available watch faces or upload a custom image from your phone's gallery.
4. Select your desired watch face and synchronize it with your smartwatch.

LATEST ALL-IN-ONE CHIP TECHNOLOGY

Newest Bluetooth Call Smart Watch



Fast and Convenient

Our New Version

One-time Connection

Previous Version

Two-time Connection

Image: Multiple Parsonver LW46 smartwatches displaying different customized watch faces.

4.3. Health Monitoring

The smartwatch continuously monitors various health metrics:

- **Heart Rate:** Real-time 24/7 heart rate monitoring. View historical data in the app.
- **Blood Oxygen (SpO2):** Monitor your blood oxygen levels.
- **Sleep Monitoring:** Automatically tracks deep sleep, light sleep, and waking time.
- **Female Health Alerts:** Set up and receive menstrual cycle and pregnancy period reminders via the app.

Health Management



Sleep Monitor



Heart Rate



Blood Oxygen

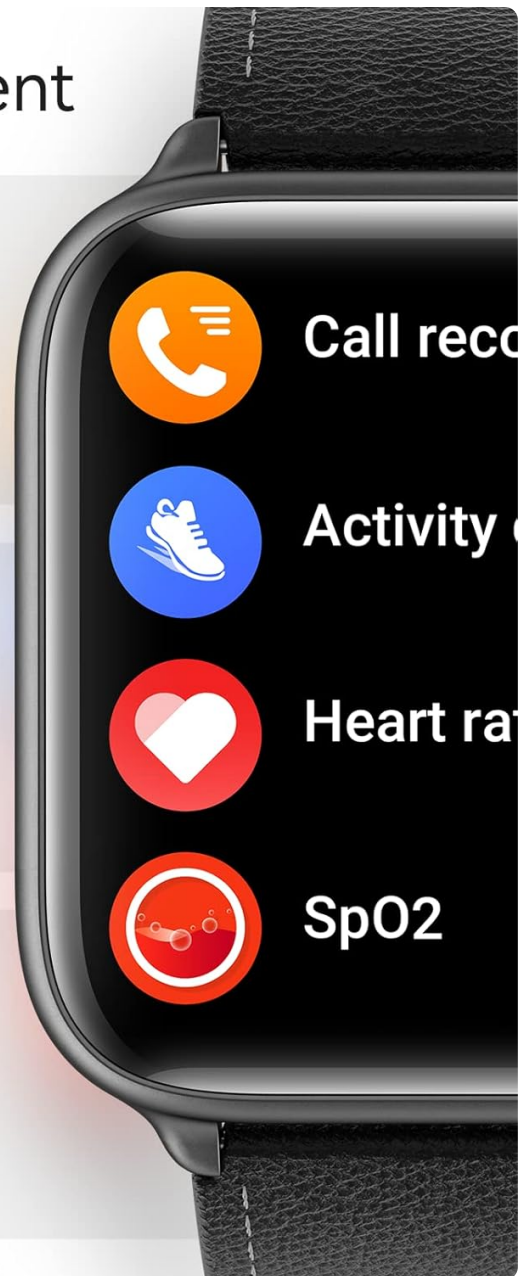


Image: Icons representing sleep monitor, heart rate, and blood oxygen monitoring features.

4.4. Activity Tracking

Track your fitness progress with multiple sports modes:

- **Steps & Calories:** Records daily steps, distance, and calories burned.
- **Multi-sport Modes:** Features 19 exercise modes including walking, running, biking, jumping rope, basketball, soccer, and more.
- **Daily Sports Goal:** Set personalized daily step, distance, or calorie goals in the app.



Image: The smartwatch screen showing various sports mode icons.

4.5. Notifications & Reminders

- **Message Notifications:** Receive alerts for calls, SMS, and social media apps (Facebook, WhatsApp, Instagram, Twitter, etc.). Enable these in the FitCloudPro app under "Push Notifications".
- **Alarm Clock:** Set multiple alarms through the app.
- **Sedentary Reminder:** Get alerts to move if inactive for too long. Customize time intervals in the app.
- **Drink Water Reminder:** Set reminders to stay hydrated. Customize time intervals in the app.

4.6. Additional Features

- **Weather Forecast:** View current weather and forecasts on your watch (requires app synchronization).
- **Raise to Wake:** Lift your wrist to automatically activate the screen. Customize active hours in the app.
- **Time Format & Units:** Adjust between 12-hour or 24-hour time formats and select preferred units (metric/imperial, Celsius/Fahrenheit) in the app.
- **Do Not Disturb Mode:** Silence notifications and vibrations during specified times.

5. MAINTENANCE

5.1. Charging

To charge your smartwatch, connect the magnetic charging cable to the charging points on the back of the watch. Connect the USB end to a power adapter (not included) or a computer USB port. A full charge typically takes approximately 2 hours.



Image: The back of the smartwatch connected to its magnetic charging cable.

5.2. Water Resistance

The Parsonver LW46 Smart Watch has an IP68 water resistance rating, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, such as hand washing or light rain, but not recommended for swimming, diving, or hot showers.

5.3. Cleaning

Regularly clean your smartwatch and bands to prevent skin irritation and maintain device longevity. Use a soft, lint-free cloth to wipe the screen and watch body. For the bands, use mild soap and water if necessary, then rinse thoroughly and dry completely before wearing.

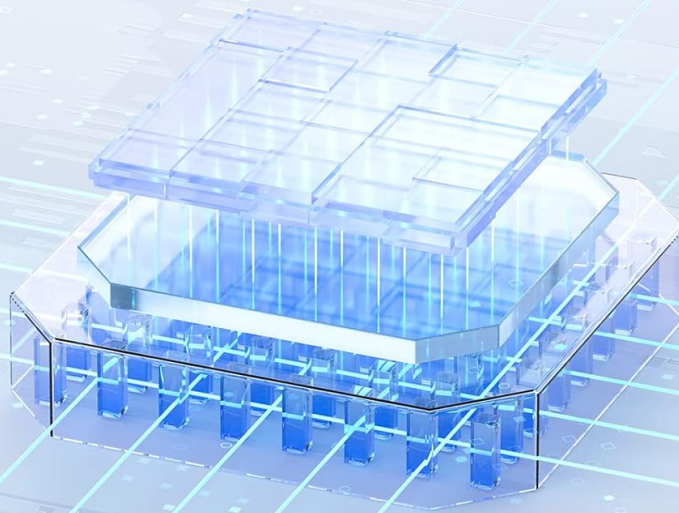
5.4. Changing Bands

The smartwatch comes with interchangeable bands. To change a band, locate the small quick-release pin

on the underside of the band where it connects to the watch. Pull the pin inwards to detach the band. To attach a new band, align the pin with the holes on the watch casing and release the pin to secure it.

LATEST ALL-IN-ONE CHIP TECHNOLOGY

Newest Bluetooth Call Smart Watch



Fast and Convenient

Ours

One-time Connection

Others

Two-time Connection

Image: The smartwatch shown with both a black silicone band and a brown leather band.

6. TROUBLESHOOTING

If you encounter any issues with your Parsonver LW46 Smart Watch, please try the following:

- **Restart the Device:** Often, a simple restart can resolve minor software glitches.
- **Check Bluetooth Connection:** Ensure your smartwatch is properly connected to your smartphone via Bluetooth.
- **Update App/Firmware:** Check the FitCloudPro app for any available updates for the app or the smartwatch's firmware.
- **Consult App FAQ:** The FitCloudPro app includes an FAQ section that may provide solutions to common problems.
- **Factory Reset:** As a last resort, you can perform a factory reset through the smartwatch settings or the app. Note that this will erase all data on the watch.

7. SPECIFICATIONS

Feature	Specification
Model Number	LW46
Screen Size	1.7 inches (43.18 mm)
Product Dimensions	9.84 x 1.77 x 0.43 inches
Item Weight	2.54 ounces (72 Grams)
Battery Capacity	300 Milliamp Hours
Battery Type	Lithium Polymer
Charging Time	Approx. 2 hours
Battery Life (Typical Use)	Up to 7 days
Standby Time	Up to 30 days
Water Resistance	IP68
Connectivity	Bluetooth
Operating System Compatibility	iOS 10.0+ and Android 5.0+
Memory Storage Capacity	512 MB

8. WARRANTY AND SUPPORT

Parsonver is committed to providing a positive user experience. For any questions, queries, or suggestions regarding your LW46 Smart Watch, please contact our customer support team. We offer efficient after-sales service support 24 hours a day.

For more information, visit the [Parsonver Store](#).