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> [ESHINE 3000 Series Twin XL Adjustable Bed Frame with 14-inch Hybrid Mattress User Manual](#)

ESHINE EE-3000PT14H-1

ESHINE 3000 Series Twin XL Adjustable Bed Frame with 14-inch Hybrid Mattress User Manual

Model: EE-3000PT14H-1

PRODUCT OVERVIEW

The ESHINE 3000 Series Twin XL Adjustable Bed Frame with 14-inch Hybrid Mattress offers enhanced comfort and support through its ergonomic design and advanced features. This system combines an adjustable bed frame with a luxury gel memory foam hybrid mattress, designed for optimal sleep and relaxation.

- **Adjustable Positions:** Head incline up to 55° and foot incline up to 42° for personalized comfort.
- **Full Body Massage:** Features a German-engineered OKIN motor system with 3 intensity levels, 3 modes (wave, pulse, constant), and a 10 to 30-minute timer.
- **Wireless Remote Control:** A 19-button remote for easy adjustment of positions, massage settings, and other functions.
- **Multi-Function Design:** Includes dual USB ports for device charging and under-bed night lights for convenience.
- **Adjustable Legs:** Customize bed height to 8 inches or 11.4 inches.
- **14-inch Hybrid Mattress:** Features a total gel memory foam top, comfortable foam layers, and a 319-pocket spring support system for medium-soft firmness, spine protection, and pressure relief.

SETUP INSTRUCTIONS

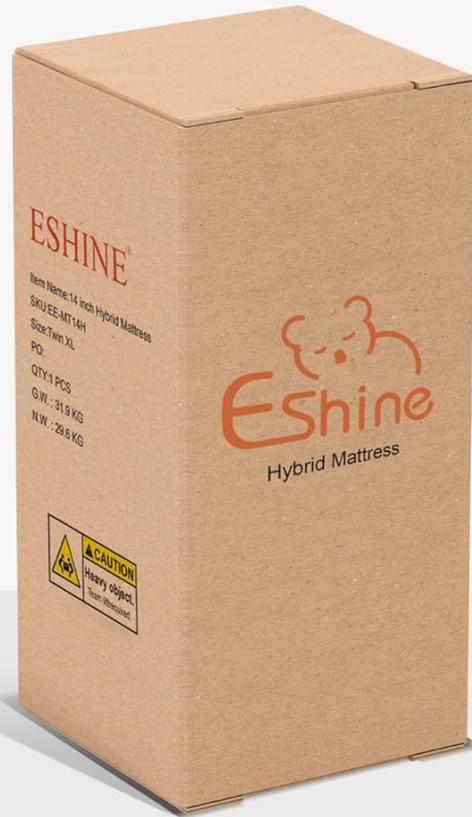
Follow these steps for proper assembly and setup of your ESHINE adjustable bed frame and mattress.

1. **Unbox and Inspect Components:** Carefully unbox all components. Ensure you have the bed frame, legs, remote control, power supply, retainer bar, and manual.
2. **Lay Out Bed Frame:** Place the bed frame box flat on the floor. Open the box and carefully lift the bed frame out, laying it upside down on the floor.
3. **Attach Legs:** Screw the adjustable legs into the designated sockets on the underside of the bed frame. The legs are in two pieces (3.4" and 8" long) and can be separated or combined to achieve desired height.
4. **Connect Power Cords:** Connect the power cords from the motor to the power outlet. Ensure secure connections. Plug the adapter into a functioning electrical outlet. The LED under the base will flash for 5 seconds to confirm power.

5. **Install Retainer Bar:** Turn the bed frame over carefully. Insert the retainer bar ends into the quick-connect brackets at the foot of the bed frame.
6. **Test Remote Control:** Confirm the remote control works by testing the head and foot incline functions.
7. **Place Mattress:** Carefully place the 14-inch hybrid mattress on top of the adjustable bed frame.

EASY TO SHIP AND SET-UP

This luxurious mattress is compressed and smartly shipped in a box for convenient delivery and set-up, so you can easily carry it up the stairs through a narrow door.



Installation steps

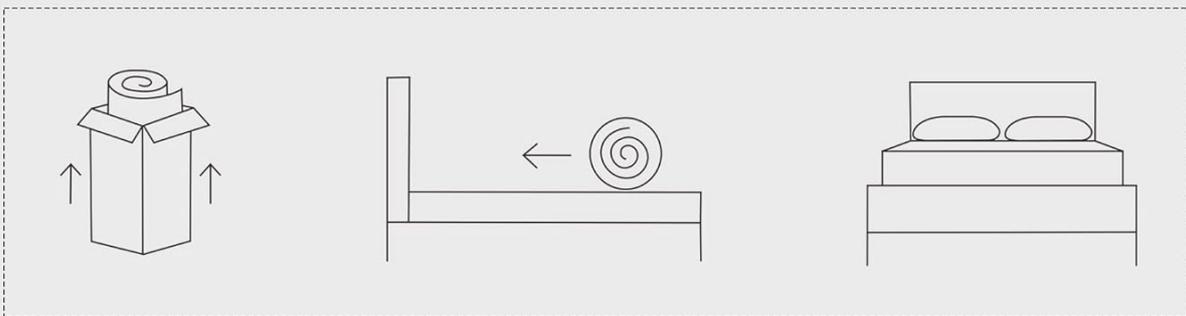


Figure 1: Easy to Ship and Set-Up. The mattress is compressed and shipped in a box for convenient delivery and setup.



Figure 2: The 14-inch Hybrid Mattress is designed to sit directly on the adjustable bed frame.

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Video 1: ESHINE Installation Instructions. This video provides a visual guide for assembling your adjustable bed frame.

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Video 2: Adjustable Bed Installation. A short video demonstrating the installation process of the adjustable bed.

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Video 3: Motor Installation. This video guides you through the installation of the bed's motor components.

OPERATING INSTRUCTIONS

Your ESHINE adjustable bed is designed for ease of use with its wireless remote control.

Wireless Remote Control Functions

WIRELESS REMOTE CONTROL

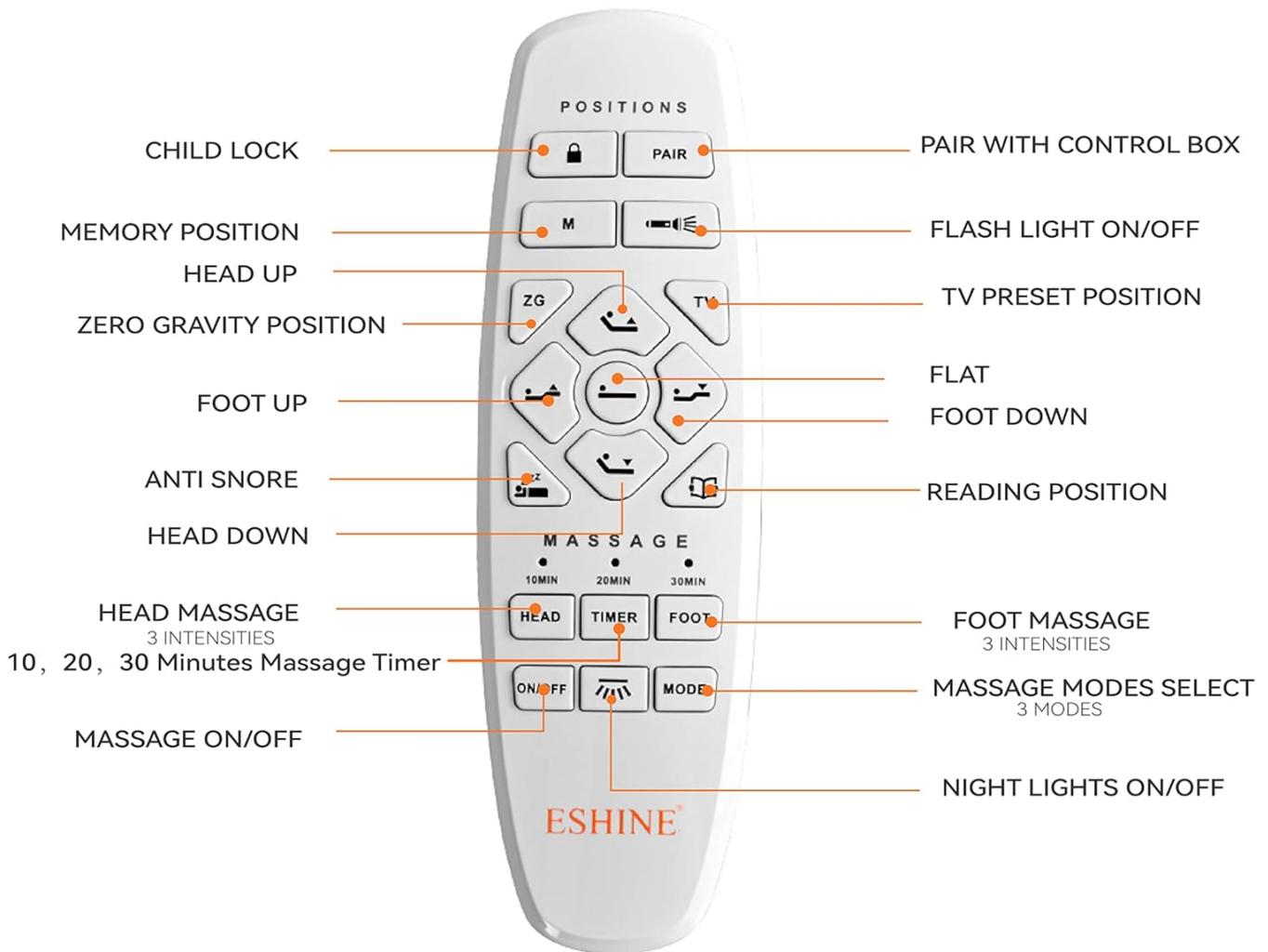


Figure 3: Wireless Remote Control Layout. Familiarize yourself with the remote's buttons for optimal use.

- **Head/Foot Incline:** Use the dedicated 'Head Up/Down' and 'Foot Up/Down' buttons to adjust the bed's position.
- **Zero Gravity Position (ZG):** Press the 'ZG' button to automatically adjust the bed to a position that elevates your head and feet, creating a feeling of weightlessness.
- **TV Position:** Use the 'TV' preset button to quickly adjust the bed to an upright position suitable for watching television.
- **Massage Function:** Activate massage with the 'Massage On/Off' button. Adjust intensity (3 levels) and mode (wave, pulse, constant) using the 'Head', 'Foot', and 'Mode' buttons. Set a timer (10, 20, 30 minutes) with the 'Timer' button.
- **Under Bed Night Lights:** Turn the night lights on or off using the dedicated button on the remote.
- **USB Ports:** Two USB ports are located on the side of the bed frame for convenient charging of your devices.
- **Child Lock:** The remote includes a child lock feature to prevent accidental adjustments. Refer to the remote diagram for its location.

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Video 4: Bed Frame Pairing and Child Safety Locks. Learn how to pair your remote and activate child safety features.

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MAINTENANCE

- **Mattress Care:** The mattress cover is recommended for dry clean only. Follow the care instructions for the mattress to ensure its longevity and safety.
- **Frame Cleaning:** Wipe the bed frame with a damp cloth as needed. Avoid harsh chemicals.
- **Motor Inspection:** Periodically check motor connections and moving parts for any obstructions or loose fittings.

TROUBLESHOOTING

- **Bed Not Responding:** Ensure the power cord is securely plugged into a functioning electrical outlet. Check if the remote control batteries need replacement.
- **Motor Noise:** Some motor noise during adjustment is normal. If the noise is excessive or unusual, check for any obstructions under the bed.
- **Remote Control Issues:** If the remote is not pairing or responding, try re-pairing it according to the instructions in Video 4. Ensure there are no objects blocking the signal between the remote and the bed base.
- **Uneven Adjustment:** If the bed adjusts unevenly, ensure all legs are securely tightened and the bed is on a level surface.

SPECIFICATIONS

Feature	Detail
Size	Twin XL
Material	Memory Foam
Product Dimensions (L x W x H)	78.7" x 38.5" x 27.7"
Style	Adjustable Bed with 14" Hybrid Mattress
Special Features	Adjustable, Wireless Remote, Massage, USB Ports, Under Bed Night Lights
Included Components	Mattress
Brand Name	ESHINE
Manufacturer	Eshine Sleep
Manufacturer Part Number	EE-3000PT14H-1
Required Assembly	Yes
Maximum Weight Recommendation	750 Pounds
Item Weight	170 Pounds
Color	Orange



Figure 4: Product Dimensions. The Twin XL bed measures 78.7"L x 38.5"W x 27.7"H.

HEAD & FOOT ARTICULATION

0-55 DEGREES
HEAD INCLINE

0-42 DEGREES
FOOT INCLINE



Figure 5: Head and Foot Articulation. The bed frame allows for head incline up to 55 degrees and foot incline up to 42 degrees, supporting up to 750 lbs.

Why Choosing OKIN Motors

- 1 Quiet Motors & Quick Reaction
- 2 High quality, UL & SUV certificate guarantees your safety
- 3 Independent control of head and foot

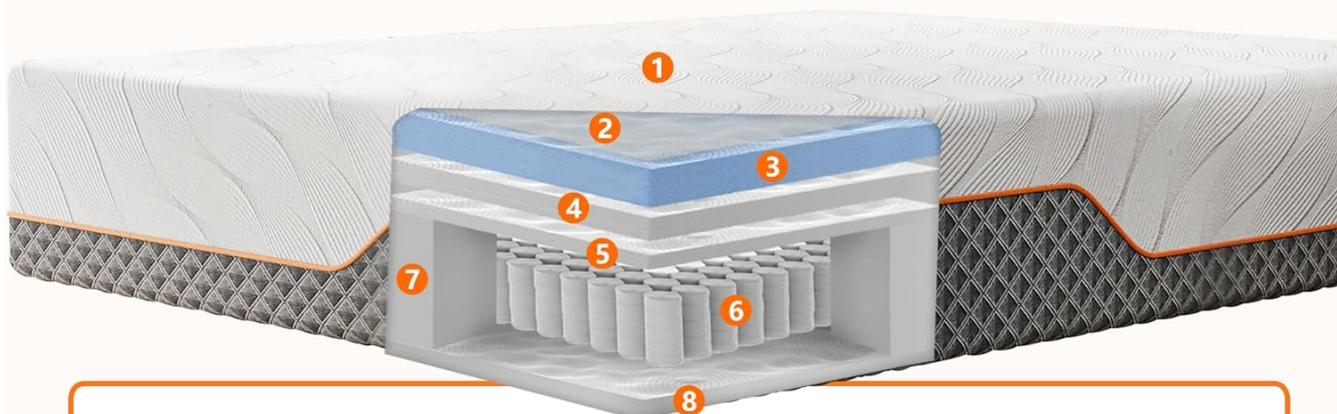


Figure 6: OKIN Motors. The bed frame utilizes German-engineered OKIN motors for quiet and reliable operation.

WHAT'S INSIDE



Independent pocket springs



1 Jacquard Fabric Cover

Soft, breathable and skin-friendly.

2 Fiberglass-free FR inner cover

Provide a safe, effective flame retardant layer.

3 Gel Infused Air Memory Foam

Highly elastic and ergonomic to fit body curves.

4 5 Breathable Density Foam

Breathability with pressure relief.

6 Pocket spring support system

Individual spring pockets increase resilience and provide zoned rebound throughout the mattress.

7 8 High density support foam

Provides a strong support for the mattress and edges.

Figure 7: Mattress Construction. The 14-inch hybrid mattress features multiple layers for comfort and support.

SAFETY WARNINGS

- Do not exceed the maximum weight limit of 750 lbs.
- Always assemble the bed according to the instructions provided in this manual.
- Never place the bed near a window or other potential entrapment hazards.
- Always use appropriate bedding materials for infants and young children to prevent suffocation hazards.
- Always follow the care instructions for the mattress to ensure its longevity and safety.

WARRANTY AND SUPPORT

ESHINE is committed to providing high-quality products and customer satisfaction.

- **Return Policy:** This product is eligible for a 90-day easy return policy.
- **Protection Plans:** Optional protection plans are available, including a 3-Year Protection Plan and a NEW Complete Protect plan (monthly billing).
- **Customer Support:** For any questions, issues, or support needs, please contact ESHINE-USA directly.

