

[manuals.plus](#) /

› [Fastrack](#) /

› [Fastrack Tick Tock Quartz Multifunction Watch NR3287QM01 User Manual](#)

## Fastrack NR3287QM01

# Fastrack Tick Tock Quartz Multifunction Watch NR3287QM01 User Manual

Model: NR3287QM01

## 1. PRODUCT OVERVIEW

The Fastrack Tick Tock Quartz Multifunction Watch NR3287QM01 is an analog timepiece designed for men, featuring a brown dial and a brown metal strap. It incorporates multiple subdials for enhanced functionality, powered by a reliable quartz movement.



Figure 1: Front view of the Fastrack Tick Tock Quartz Multifunction Watch NR3287QM01.

## 2. KEY FEATURES

- **Multifunction Display:** Includes dedicated subdials for 24-hour time, date, and day of the week.
- **Quartz Movement:** Ensures accurate and reliable timekeeping.
- **Analog Display:** Classic watch face with hour, minute, and second hands.
- **Durable Construction:** Features a brass case and bezel, with an alloy steel brown metal strap.
- **Water Resistance:** Rated for 50 meters (5 ATM), suitable for short periods of recreational swimming, but not for diving or snorkeling.
- **Deployment Clasp:** Secure and easy-to-use push-button deployment clasp for the metal strap.

## 3. SETUP

### 3.1 Setting Time and Date

1. **Pull out the Crown:** Gently pull the crown (the knob on the side of the watch) to position 2 for setting the date and day, or position 3 for setting the time.
2. **Set Date and Day:** In position 2, rotate the crown clockwise or counter-clockwise to adjust the date

and day subdials. Ensure these are set correctly for the current day.

3. **Set Time:** In position 3, rotate the crown to move the hour and minute hands. Set the time to the desired hour, ensuring the 24-hour subdial aligns correctly if applicable.
4. **Push in the Crown:** Once set, push the crown back into position 1 to start the watch and seal it against water.

### 3.2 Adjusting the Metal Strap

The metal strap can be adjusted by removing or adding links. This procedure typically requires specialized tools and is best performed by a qualified watch technician to avoid damage to the strap or clasp mechanism.

### 3.3 Wrist Measurement Guide

To ensure a comfortable fit, measure your wrist circumference. The watch is designed to fit various wrist sizes. Refer to the visual guide below for assistance.

Your browser does not support the video tag.

Video 1: A quick guide on how to measure your wrist for watch sizing and dial size comparison.



Figure 2: Wrist measurement guide for optimal watch fit.

## 4. OPERATING INSTRUCTIONS

### 4.1 Reading the Multifunction Dials

- **24-Hour Time Subdial:** This subdial displays the current time in a 24-hour format, providing an alternative time reference.
- **Date Subdial:** This subdial indicates the current day of the month.
- **Day Subdial:** This subdial shows the current day of the week.

### 4.2 General Operation

The watch operates continuously once the time is set and the crown is pushed back into position 1. The quartz movement ensures consistent accuracy. No further daily adjustments are typically required unless

the battery needs replacement or the time zone changes.

Your browser does not support the video tag.

Video 2: An overview of the Fastrack Tick Tock Multifunction Watch features and design.

## 5. MAINTENANCE

---

### 5.1 Water Resistance

This watch has a water resistance rating of 50 meters (5 ATM). This means it is suitable for everyday use and can withstand splashes, rain, and brief immersion in water. It is *not* recommended for showering, bathing, diving, or prolonged water activities. Always ensure the crown is fully pushed in before any contact with water.

### 5.2 Cleaning

To maintain the appearance of your watch, wipe the case and strap with a soft, dry cloth regularly. For stubborn dirt, a slightly damp cloth can be used, followed by immediate drying. Avoid using harsh chemicals or abrasive materials, as these can damage the finish.

### 5.3 Battery Replacement

The watch is powered by a Lithium Polymer battery. When the watch stops or the hands move erratically, it may indicate a low battery. Battery replacement should be performed by a certified watch technician to ensure proper sealing and functionality, especially concerning water resistance.

## 6. TROUBLESHOOTING

---

- Watch Not Running:** Check if the crown is fully pushed in. If it is, the battery may need replacement.
- Incorrect Time/Date:** Refer to Section 3.1 for instructions on how to reset the time, date, and day.
- Condensation Inside Dial:** This may indicate a breach in the water resistance seal. Avoid further contact with water and have the watch inspected by a technician immediately.

## 7. SPECIFICATIONS

---

<b>Brand</b>	Fastrack
<b>Model Number</b>	NR3287QM01
<b>Model Name</b>	Tick Tock
<b>Display Type</b>	Analog
<b>Movement</b>	Quartz
<b>Case Material</b>	Brass
<b>Strap Material</b>	Alloy Steel
<b>Water Resistance</b>	50 Meters (5 ATM)
<b>Product Dimensions</b>	14 x 7 x 10 cm
<b>Item Weight</b>	200 g

<b>Battery Type</b>	Lithium Polymer (included)
---------------------	----------------------------

## **8. WARRANTY AND SUPPORT**

---

This Fastrack watch comes with a standard manufacturer warranty. For specific warranty terms, duration, and service procedures, please refer to the warranty card included with your purchase or contact Fastrack customer support directly. Keep your proof of purchase for warranty claims.