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VITALmaxx 03764

VITALmaxx Electric Mini Massage Gun Instruction Manual

Model: 03764

INTRODUCTION

This manual provides essential instructions for the safe and effective use of your VITALmaxx Electric Mini Massage Gun. Please read this manual thoroughly before first use and retain it for future reference.



Image: The VITALmaxx Electric Mini Massage Gun shown with its main unit and four interchangeable massage heads.

SAFETY WARNINGS

Failure to follow these safety instructions may result in injury or damage to the device.

- Do not use the device on open wounds.
- Avoid using the device while sleeping.
- Do not use the device for excessively long periods.
- Always read and follow the instructions for use and maintenance carefully.

PACKAGE CONTENTS

Your VITALmaxx Electric Mini Massage Gun package includes:

- 1x VITALmaxx Electric Mini Massage Gun
- 4x Interchangeable Massage Heads
- 1x USB Charging Cable



Image: The VITALmaxx Electric Mini Massage Gun, four massage heads, and a USB charging cable laid out.

SETUP

Charging the Device

1. Before first use, fully charge the device using the provided USB charging cable.
2. Connect the USB cable to the charging port on the massage gun and to a suitable USB power source.
3. The battery indicator lights will show the charging status. A full charge provides up to 50 minutes of runtime.

Attaching Massage Heads

The VITALmaxx Mini Massage Gun comes with four different massage heads, each designed for specific applications:

- **Flat Head Attachment:** Suitable for general use on larger muscle groups.
- **Bullet Head Attachment:** Ideal for deep tissue massage and targeting smaller muscle areas.
- **Fork Head Attachment:** Designed for use around the spine, neck, and Achilles tendon.
- **Ball Head Attachment:** Versatile for general muscle relaxation and larger areas.

To attach a massage head, simply align the head with the opening on the device and push it firmly into place. To remove, pull the head straight out.



FLACH-AUFSATZ
für den gesamten Körper



PATRONEN-AUFSATZ
für Füße, Arme, Hände und Co.



KUGEL-AUFSATZ
für große Partien, wie
z.B. Bauchmuskeln



GABEL-AUFSATZ
für den Nacken, Rücken-
strecker, Waden u.v.m



Image: Close-up of the four interchangeable massage heads: flat, bullet, fork, and ball.

OPERATING INSTRUCTIONS

1. **Power On/Off:** Press and hold the power button to turn the device on or off.
2. **Adjusting Intensity:** The massage gun features 5 power levels. Once powered on, press the power button repeatedly to cycle through the intensity levels (1 to 5). The current level will be indicated on the device.
3. **Application:** Apply the massage gun to the desired muscle group. The ergonomic shape allows for comfortable use from various angles.
4. **Smart Sensor:** An integrated sensor increases the beats per minute when slight pressure is applied, providing a more intense massage experience.

Massagers are beneficial for reducing recovery time after sports, promoting blood circulation, and improving mobility.



**AKKU-
BETRIEB**

**LAUFZEIT
BIS ZU
50 MIN**

**BIS ZU
3000
SCHLÄGE/
MINUTE**



**DIE POWER-MASSAGE
MIT OPTIMALEM GRIP!**

Image: A person demonstrating the use of the VITALmaxx Electric Mini Massage Gun on their neck, highlighting its ergonomic design and power.



Image: A diagram illustrating the VITALmaxx Electric Mini Massage Gun's features, including up to 3000 strokes per minute, interchangeable attachments, 5 intensity levels, and ergonomic form.

MAINTENANCE

To ensure the longevity and optimal performance of your VITALmaxx Electric Mini Massage Gun, follow these maintenance guidelines:

- Always turn off and unplug the device before cleaning.
- Wipe the device with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Store the device in a cool, dry place away from direct sunlight and extreme temperatures.
- Keep the massage heads clean and free from debris.

TROUBLESHOOTING

If you encounter any issues with your VITALmaxx Electric Mini Massage Gun, please refer to the following common

solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or not charged.	Ensure the device is fully charged. Press and hold the power button for a few seconds to turn on.
Weak massage intensity.	Incorrect intensity level selected.	Press the power button to cycle through the 5 intensity levels until the desired strength is reached.
Massage head is loose.	Attachment not properly secured.	Remove the massage head and re-insert it firmly until it clicks into place.

SPECIFICATIONS

- **Brand:** VITALmaxx
- **Model Number:** 03764
- **Product Dimensions:** 16 x 12.5 x 4.2 cm
- **Weight:** 570 g
- **Power Source:** Battery Powered
- **Battery:** Built-in 1800mAh Lithium-Ion battery
- **Runtime:** Up to 50 minutes per charge
- **Intensity Levels:** 5
- **Strokes Per Minute:** Up to 3,000
- **Material:** Acrylonitrile Butadiene Styrene
- **Color:** Blackone
- **Special Features:** Rechargeable, Ergonomic design for varied reach
- **Intended Use:** Shoulder, Myofascial release
- **Product Benefits:** Blood circulation, relief of tension

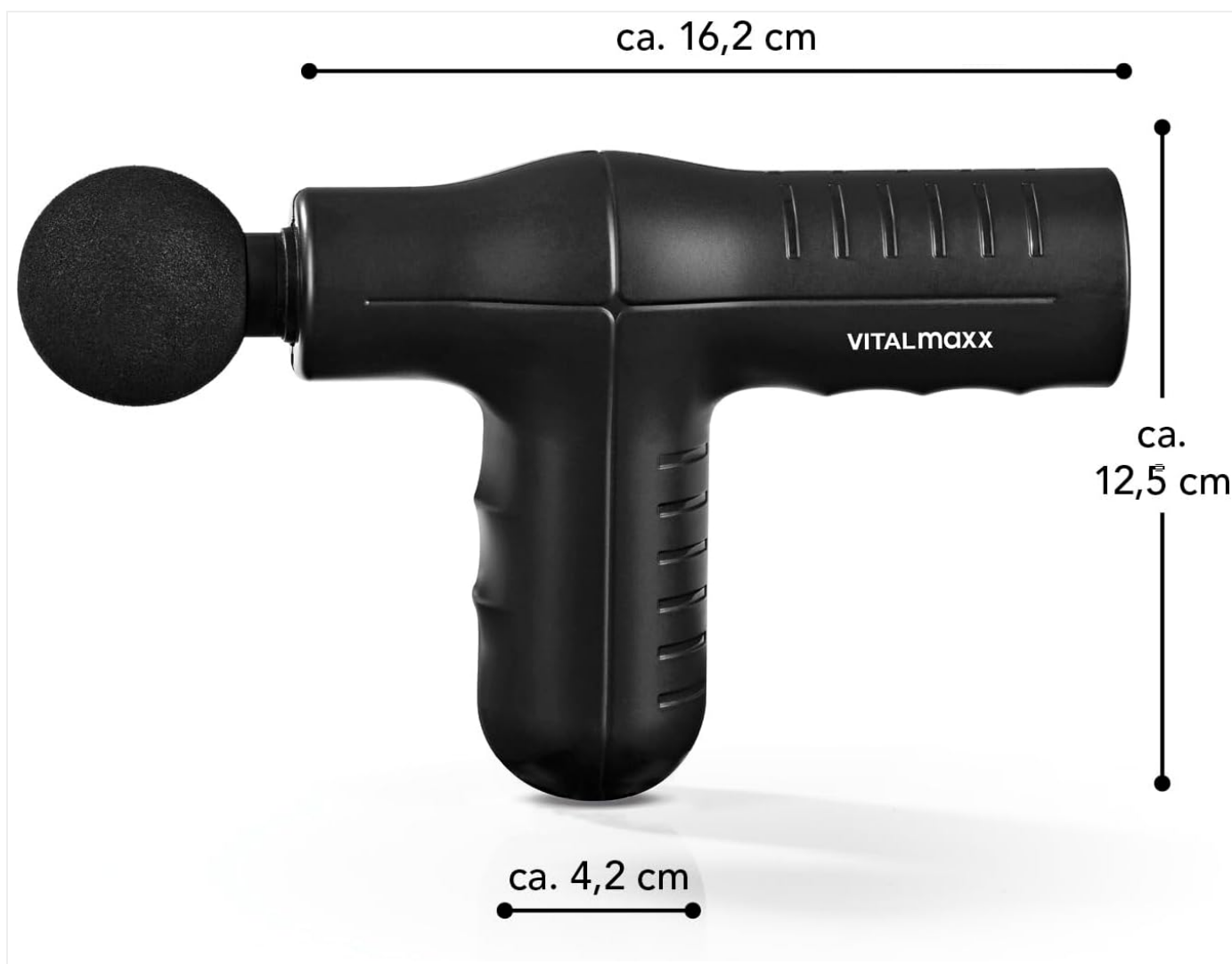


Image: A diagram showing the approximate dimensions of the VITALmaxx Electric Mini Massage Gun (16.2 cm length, 12.5 cm height, 4.2 cm width).

WARRANTY AND SUPPORT

For warranty information or customer support, please refer to the contact details provided with your purchase documentation or visit the official VITALmaxx website. Keep your proof of purchase for any warranty claims.

