Instant Pot 140-0068-01

Instant Pot Duo Crisp Ultimate Lid

13-in-1 Air Fryer & Pressure Cooker Combo

Model: 140-0068-01

Introduction

The Instant Pot Duo Crisp with Ultimate Lid is a versatile 13-in-1 multi-cooker designed to simplify your cooking experience. This appliance combines the functionalities of a pressure cooker and an air fryer, along with numerous other cooking programs, all under a single, innovative lid. It is engineered for efficiency, safety, and ease of use, allowing you to prepare a wide variety of meals with convenience.
This manual provides essential information for the safe and effective operation of your Instant Pot Duo Crisp Ultimate Lid. Please read it thoroughly before first use and retain it for future reference.

Important Safeguards

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and injury to persons.

- Read all instructions before operating the appliance.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electrical shock, do not immerse cord, plugs, or the appliance in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The Instant Pot Duo Crisp Ultimate Lid features over 11+ safety features, including overheat protection and a safe locking lid for worry-free cooking. Always ensure the lid is properly secured before operating pressure cooking functions.
- Always activate steam venting directly from the control panel and wait for the 'OK to Open Lid' message before attempting to open the lid after pressure cooking.

Product Components and Overview

Familiarize yourself with the main components of your Instant Pot Duo Crisp Ultimate Lid.



Figure 1: Instant Pot Duo Crisp Ultimate Lid Multi-Cooker. This image displays the main unit of the Instant Pot Duo Crisp Ultimate Lid, showcasing its sleek black design and the integrated control panel. The product packaging is visible in the background.



Figure 2: Opening the Ultimate Lid. This image illustrates how the integrated lid opens, revealing the cooking pot and the heating element for air frying. A hand is shown pressing the release button, and another hand, protected by an oven mitt, is holding the inner lid.



Figure 3: The Ultimate Lid in action. This image highlights the single lid design that works for all cooking programs, including pressure cooking and air frying, eliminating the need for multiple attachments.



Figure 4: EvenCrisp Technology. This image shows a whole roasted chicken inside the Instant Pot Duo Crisp, demonstrating the use of the 2-in-1 steaming/air frying rack for achieving crispy results with less oil.

Key Components:

- **Main Unit:** Houses the heating element, control panel, and base.
- **Ultimate Lid:** The single, integrated lid that functions for both pressure cooking and air frying. Features a steam release button and lock/unlock switch.
- **Inner Cooking Pot:** Stainless steel pot where food is cooked.
- **2-in-1 Steamer and Air Frying Rack:** Accessory for steaming and air frying.
- **Pressure Cooking Cover:** An additional cover for the inner lid when pressure cooking.

Before First Use

1. **Unpack:** Remove all components from the box and discard packaging materials.
2. **Clean:** Wash the inner cooking pot, 2-in-1 steamer and air frying rack, and pressure cooking cover with warm,

soapy water. Rinse thoroughly and dry completely. The main unit should be wiped clean with a damp cloth.

3. **Assemble:** Place the inner cooking pot into the main unit. Ensure the Ultimate Lid is properly seated and locked.
4. **Test Run (Water Test):** It is recommended to perform a water test to familiarize yourself with the pressure cooking function and ensure the appliance is working correctly. Refer to the full user manual for detailed water test instructions.

Operating Instructions

Your Instant Pot Duo Crisp Ultimate Lid offers 13 cooking functions, accessible via the intuitive control panel.



Figure 5: Control Panel and Display. The large LCD display provides step-by-step cooking instructions and status updates, making operation straightforward.



Figure 6: Whisper-Quiet Steam Release. This image highlights the steam release button on the control panel and the vent, indicating a quiet and controlled steam release mechanism.

Cooking Functions:

The Instant Pot Duo Crisp Ultimate Lid combines the following functions:

- **Pressure Cook:** Cook food up to 70% faster than traditional methods.
- **Air Fry:** Achieve crispy results with 95% less oil using EvenCrisp Technology.
- **Slow Cook:** Prepare tender, flavorful meals over extended periods.
- **Steam:** Gently cook vegetables, fish, and more to retain nutrients.
- **Sauté:** Brown meats or sauté vegetables directly in the inner pot.
- **Roast:** Roast meats and vegetables for delicious, tender results.
- **Bake:** Bake cakes, bread, and other desserts.
- **Broil:** Finish dishes with a crispy, browned top.
- **Dehydrate:** Make dried fruits, vegetables, and jerky.

- **Sous Vide:** Precision cooking for perfectly cooked proteins.
- **Make Yogurt:** Prepare homemade yogurt.
- **Proof Bread:** Create the ideal environment for dough proofing.
- **Keep Warm:** Automatically keeps food warm after cooking.

General Operation Steps:

1. Place the inner cooking pot into the cooker base.
2. Add ingredients to the inner pot according to your recipe.
3. Close the Ultimate Lid, ensuring it is properly aligned and locked.
4. Select your desired cooking function from the control panel.
5. Adjust time and temperature settings using the central dial and buttons.
6. Press 'Start' to begin cooking.
7. Follow on-screen prompts for adding food or releasing steam.

Care and Cleaning

Regular cleaning ensures the longevity and optimal performance of your Instant Pot Duo Crisp Ultimate Lid.

- **Inner Pot, Air Frying Rack, and Pressure Cooking Cover:**These components are dishwasher-safe for quick and easy cleanup.
- **Ultimate Lid:** Wipe the exterior of the lid with a damp cloth. The interior of the lid, including the heating element, should be wiped clean with a damp cloth after each use, ensuring it is completely dry before storage. Do not immerse the lid in water.
- **Cooker Base:** Wipe the exterior of the cooker base with a clean, damp cloth. Never immerse the cooker base in water or any other liquid.
- **Storage:** Ensure all parts are clean and dry before storing the appliance.

Troubleshooting

If you encounter issues with your Instant Pot Duo Crisp Ultimate Lid, refer to the following common troubleshooting tips:

Problem	Possible Cause	Solution
Lid not sealing properly	Sealing ring not installed correctly or damaged; food debris on rim.	Check and re-install sealing ring; clean rim of inner pot and lid.
Error code on display	Specific sensor issue or malfunction.	Refer to the full user manual for a list of error codes and their solutions. Unplug and plug back in to reset.
Food not cooking evenly (Air Fry)	Overcrowding the basket; insufficient shaking/flipping.	Cook in smaller batches; shake or flip food halfway through cooking.
Steam leaking from lid	Lid not closed properly; sealing ring issues; food debris.	Ensure lid is fully locked; check and clean sealing ring and rim.

For more detailed troubleshooting or persistent issues, please contact customer support or consult the full Instant Pot Duo Crisp Ultimate Lid user manual.

Specifications

Brand	Instant Pot
Model Number	140-0068-01
Capacity	6.5 Liters (approximately 6 servings)
Material	Stainless steel (inner pot), Plastic (exterior finish)
Color	Black
Product Dimensions	15.4"D x 15.5"W x 13.4"H
Wattage	1500 watts
Voltage	120 Volts
Item Weight	23.32 Pounds
Control Method	Touch
Dishwasher Safe Parts	Pressure cooking cover, air frying rack, and cooking pot. Main unit is NOT dishwasher safe.
UPC	810028588301

Customer Support and Resources

For additional support, recipes, and product information, please utilize the following resources:

- **Official Website:** Visit the Instant Pot Store on Amazon for product details and updates.
- **Instant Brands Connect App:** Download the free Instant Brands Connect App to discover over 800 recipes and guided step-by-step instructions.
- **Warranty Information:** For details regarding product warranty and protection plans, please refer to the documentation provided with your purchase or visit the official Instant Pot support website.

Note: No official product videos with 'Seller' creator type were available in the provided data for embedding.

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