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## Panasonic EH-SP85-K

# Panasonic Vitalift Kassa Facial and Body Massager EH-SP85-K Instruction Manual

Model: EH-SP85-K

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## 1. INTRODUCTION

Thank you for purchasing the Panasonic Vitalift Kassa Facial and Body Massager EH-SP85-K. This device is designed to provide lift care for your face and body using Dual Dynamic EMS technology and a warm sensation. Please read this instruction manual thoroughly before use to ensure safe and effective operation. Keep this manual for future reference.

## 2. SAFETY INFORMATION

To prevent injury to yourself and others, and to avoid damage to the device, please observe the following safety precautions:

### Important Safety Instructions:

- Do not use if you have a pacemaker or other implanted medical electronic devices.
- Consult a doctor before use if you have any medical conditions, including heart disease, epilepsy, or skin sensitivities.
- Do not use on broken, irritated, or infected skin.
- Avoid using on the eyelids, eyeballs, or directly over the Adam's apple.

- Keep out of reach of children.
- This device is waterproof (IPX7 standard) and can be used in the bath, but do not submerge the entire device for extended periods.
- Do not use with oil-based cosmetics, scrub-type products, body soaps, or lotions/gels containing fat-burning ingredients or those that produce a warming sensation, as this may cause skin irritation or damage the device. Use only with the included Water Clear Gel or other recommended water-based gels.

### **3. PACKAGE CONTENTS**

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Verify that all items are present in the package:

- Panasonic Vitalift Kassa Facial and Body Massager (Main Unit)
- AC Adapter (for charging)
- Water Clear Gel
- Instruction Manual (this document)

### **4. PRODUCT OVERVIEW**

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Familiarize yourself with the components and controls of your Panasonic Vitalift Kassa device.

#### **Device Components:**



**Figure 1:** The Panasonic Vitalift Kassa EH-SP85-K device. This image shows the sleek black design with two control buttons on the side and the Panasonic logo.

# VITALIFT

KASSA

デュアルダイナミックEMSで  
美顔筋肉を鍛える<sup>※2</sup>

リフトケア<sup>※1</sup>美顔器 EH-SP85

EMS電極



**Figure 2:** Close-up view of the Vitalift Kassa device, highlighting the EMS electrodes. The device features a unique Kassa shape designed for effective skin contact.

- **Kassa Head:** The contoured surface designed for skin contact and massage.
- **EMS Electrodes:** Integrated into the Kassa head, these deliver electrical muscle stimulation.
- **Control Buttons:** Typically power on/off, mode selection, and intensity adjustment.
- **Indicator Lights:** Display power status, charging status, and selected mode/intensity.
- **Charging Port:** Located at the base of the device.

## 5. SETUP

### Initial Charging:

1. Before first use, fully charge the device.
2. Connect the AC adapter to the charging port on the device.
3. Plug the AC adapter into a power outlet.
4. The indicator light will show charging status. A full charge takes approximately 3 hours (at room temperature 15°C to 35°C).
5. Once fully charged, disconnect the AC adapter.

A full charge provides approximately 5 uses (each approximately 8 minutes on the high warmth setting).

## 6. OPERATING INSTRUCTIONS

The Panasonic Vitalift Kassa features Dual Dynamic EMS and a warm sensation to enhance your skincare routine. It is designed for easy targeting of specific areas and lifting.

肌を引き上げながら複雑な表情筋を

## EMS でトレーニング\*

> 頬を支える **大・小頬骨筋**

FACE

> 口角を引き上げている **口角挙筋**

MOUTH

> フェイスラインにつながる **胸鎖乳突筋**

NECK

### 独自開発

## 「デュアルダイナミックEMS」搭載

※電気刺激を筋肉に伝え、筋肉を収縮させること。<写真・イラストはイメージです>

Figure 3: Illustration of how Dual Dynamic EMS targets facial muscles for training, including major and minor zygomatic muscles, orbicularis oris muscle, and sternocleidomastoid muscle.

#### Usage Modes:

- **Dual Dynamic EMS:** Features 6 intensity levels. This technology delivers electrical stimulation to muscles, causing them to contract and relax, effectively training complex facial muscles.
- **Warm Sensation:** Features 2 intensity levels. Provides a comfortable warming effect during use.

緩急のある独自プログラムで、  
複雑な表情筋を効率的にトレーニング。<sup>\*1</sup>



**Figure 4:** Illustration of the EMS waveform, demonstrating alternating contraction and relaxation at 5Hz and sustained contraction at 25Hz for efficient muscle training.

### Application Areas and Techniques:

The Kassa shape is designed to easily target areas and provide a lifting effect.



## 気になる部分を狙いやすく、 引き上げるように使えるかっさ形状

<写真・イラストはイメージです>

Figure 5: Guide to applying the Kassa device. Areas A, B, C, and D indicate different facial and neck regions for targeted treatment.



Figure 6: Detailed application for areas A and B. **A:** Gently glide over the eye area, forehead, and nasolabial folds. **B:** Stroke downwards on the neck and décolleté.

気になる部分を狙いやすく、  
引き上げるように使えるかっさ形状



Figure 7: Detailed application for areas C and D. C: Pinch and lift along the face line. D: Scoop upwards on wider areas like the cheeks and body.



Figure 8: A user demonstrating the application of the Panasonic Vitalift Kassa device on the face. This device can be used from the face to the décolleté, arms, and other body areas.

## Preparation for Use:

1. Cleanse your skin thoroughly before use.
2. Apply a generous amount of the included Water Clear Gel or another recommended water-based gel to the area you intend to treat. Ensure the skin is sufficiently moist for optimal conductivity and comfort.

## Operating Steps:

1. Press the power button to turn on the device.
2. Select your desired EMS intensity level (1-6) and warmth level (1-2) using the control buttons. Start with a lower intensity and gradually increase as comfortable.
3. Place the Kassa head firmly against your skin, ensuring both EMS electrodes are in contact.
4. Slowly glide the device across the skin following the recommended techniques for each area (refer to Figures 5, 6, and 7).
5. Each treatment session is typically around 8 minutes. The device may have an automatic shut-off feature.
6. After use, press the power button to turn off the device.

## Flexible Usage Scenarios:



**Figure 9:** The device can be used in various situations: before morning makeup, during relaxation time, or even in the bath due to its waterproof design.

The device is designed for convenient use anytime you feel the need for skin care, whether it's before applying makeup in the morning, during your relaxation time, or even in the bath.



ハリ感

フェイスラインの  
肌の引き締め感

化粧ノリの  
よさ

## かっさ美容の効果により 1回の使用で効果実感

○効果には個人差があります。

**Figure 10:** Perceived effects of Kassa beauty treatment after a single use. Users reported improvements in firmness, skin tightening along the face line, and better makeup application. Individual results may vary.

### 7. MAINTENANCE AND CLEANING

Proper maintenance ensures the longevity and hygiene of your device.

#### Cleaning the Device:

1. After each use, turn off the device and wipe the Kassa head and electrodes with a soft, damp cloth.
2. Ensure no gel residue remains on the device.
3. Do not use alcohol, abrasive cleaners, or harsh chemicals, as these can damage the device's surface.
4. Allow the device to air dry completely before storing.

#### Storage:

- Store the device in a cool, dry place, away from direct sunlight and high temperatures.
- Keep the device away from moisture and dust.

## 8. TROUBLESHOOTING

If you encounter any issues with your device, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Battery is depleted.	Charge the device fully (approx. 3 hours).
No EMS sensation or weak sensation.	Insufficient gel applied. Electrodes not fully in contact with skin. EMS intensity level is too low.	Apply more Water Clear Gel to ensure good conductivity. Ensure both electrodes are firmly pressed against the skin. Increase the EMS intensity level.
Device stops during use.	Battery is low. Automatic shut-off activated.	Recharge the device. This is a normal function to prevent overuse. Restart the device if needed.
Skin irritation after use.	Incorrect gel used. Intensity level too high. Allergic reaction.	Ensure you are using the recommended water-based gel. Discontinue use if irritation persists and consult a dermatologist. Reduce intensity.

If the problem persists after trying these solutions, please contact customer support.

## 9. SPECIFICATIONS

Feature	Detail
Model Number	EH-SP85-K
Brand	Panasonic
Power Source	Rechargeable
Charging Time	Approx. 3 hours (at 15°C to 35°C)
Continuous Use	Approx. 5 times (8 minutes/use, high warmth) on full charge
Dimensions (H x W x D)	7.6 x 11.5 x 4.2 cm (Main Unit)
Weight	Approx. 165 g (excluding cap)
Waterproof Rating	IPX7 standard
Included Accessories	AC Adapter, Water Clear Gel
GTIN	04549980573839

## 10. WARRANTY AND SUPPORT

**Manufacturer's Warranty:**

This product comes with a manufacturer's warranty of 12 months from the date of purchase. Please retain your proof of purchase for warranty claims. The warranty covers defects in materials and workmanship under normal use. It does not cover damage caused by misuse, accidents, unauthorized repairs, or normal wear and tear.

**Customer Support:**

For product inquiries, technical assistance, or warranty service, please contact Panasonic customer support. Refer to the contact information provided in your product packaging or on the official Panasonic website for your region.