

## MIKO MMF-01C-2

# MIKO Foot Massager Machine MMF-01C-2 User Manual

Model: MMF-01C-2

## INTRODUCTION

This manual provides essential information for the safe and effective operation of your MIKO Foot Massager Machine, Model MMF-01C-2. This device is designed to provide deep kneading shiatsu massage, air compression, and heat therapy to your feet. Please read this manual thoroughly before initial use and retain it for future reference.



Figure 1: MIKO Foot Massager Machine (Model MMF-01C-2)

## Safety Information

For safe use, keep the device away from water and do not use it with wet feet. This product is recommended for adults and elders. Individuals with pre-existing health conditions, such as diabetes or neuropathy, should consult a healthcare professional before using this device.

## Package Contents

- 1 x MIKO Foot Massager Machine (MMF-01C-2)
- 1 x Power Adapter
- 1 x Wireless Magnetic Remote Control
- 1 x User Manual (this document)

## Product Overview

The MIKO Foot Massager Machine features an ergonomic design with dedicated foot inserts. The control panel is located on the top surface, providing easy access to various settings. The device incorporates an 'Ankle Free Design' to allow for comfortable positioning and a wider range of motion during massage.

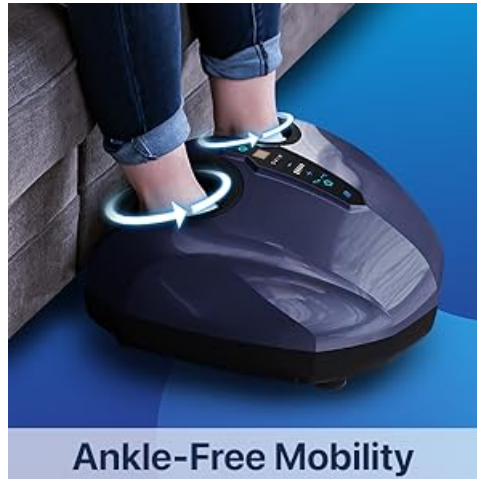


Figure 2: Ankle-Free Mobility Design

Key components include:

- **Foot Inserts:** Designed to accommodate feet up to Men's Size 12.
- **Control Panel:** Digital display and buttons for power, heat, pressure, and kneading.
- **Wireless Remote Control:** For convenient adjustment of settings.
- **Washable Foot Liners:** Removable for hygiene and easy cleaning.
- **Non-Slip Grip:** Located on the base for stability during use.

# Industry Highest Quality Standards



Figure 3: Quality Features (Washable Liners, LCD, Non-Slip)

## SETUP

1. Unpack the MIKO Foot Massager and all accessories from the packaging.
2. Place the massager on a flat, stable surface. Ensure there is enough space around the device for proper ventilation.
3. Connect the power adapter to the massager's power input port, then plug the adapter into a standard electrical outlet.
4. Ensure the washable foot liners are properly inserted into the foot chambers.

## OPERATING INSTRUCTIONS

The MIKO Foot Massager offers various customizable settings for a personalized experience.

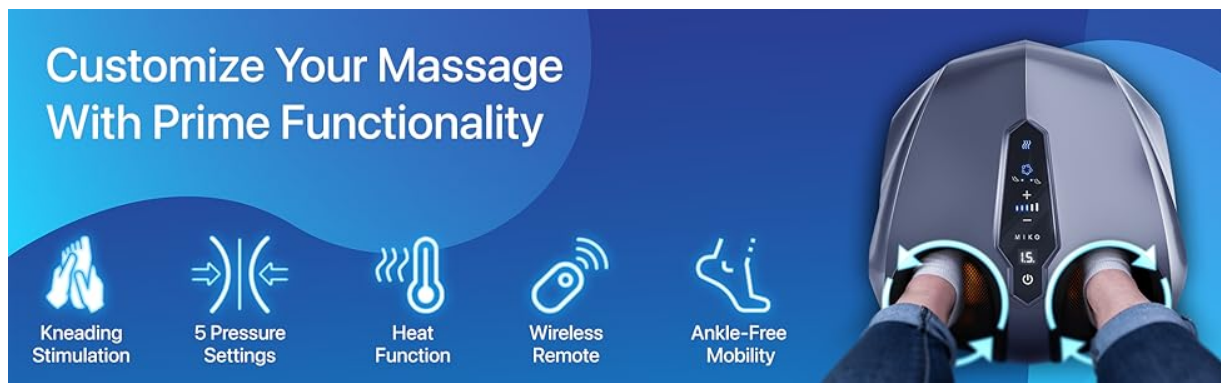


Figure 4: Customizable Massage Features

## Power On/Off

- Press the **ON/OFF** button on the control panel or the power button on the remote control to turn the device on. The digital display will show the remaining time.
- To turn off, press the **ON/OFF** button again. The device will also automatically shut off after the built-in timer (default 15 minutes) expires.

## Massage Modes and Intensity

The massager combines deep kneading, compression, and rolling techniques. You can adjust the intensity of these features:

- **Kneading:** The device features multiple kneading styles. Press the **KNEADING** button to cycle through available modes.
- **Pressure:** The air compression feature has 5 adjustable pressure settings. Use the **PRESSURE +** and **PRESSURE -** buttons to increase or decrease the intensity. The digital display will show the current pressure level (P1-P5).



Figure 5: Petrissage Max Technology

## Heat Function

- The heat function is typically activated by default when the device is turned on.
- Press the **HEAT** button to toggle the heat function on or off.

## Using the Remote Control

The device includes a wireless magnetic remote control for convenient operation. The remote can be magnetically attached to the massager for storage.





Figure 6: Wireless Remote Control

The remote allows you to:

- Turn the massager On/Off.
- Adjust pressure intensity.
- Toggle the heat function.
- Change kneading modes.

## MAINTENANCE

### Cleaning

The foot liners are removable and washable for hygiene.

1. Unplug the device from the power outlet before cleaning.
2. Locate the zippers on the foot liners inside the foot chambers.
3. Unzip and remove the foot liners.
4. Hand wash the liners with mild soap and water, or machine wash on a gentle cycle. Air dry completely before reinserting.
5. Wipe the exterior of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.



Figure 7: Removable Foot Liners

### Storage

Store the massager in a cool, dry place away from direct sunlight and out of reach of children when not in

use. Ensure the power cord is neatly coiled and not kinked.

## TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Not properly plugged in.	Ensure the power adapter is securely connected to both the massager and a working electrical outlet.
Massage feels too strong or too weak.	Pressure setting is too high/low.	Adjust the pressure settings using the <b>PRESSURE +</b> or <b>PRESSURE -</b> buttons.
Heat function is not working.	Heat function is turned off.	Press the <b>HEAT</b> button to activate the heat function. Allow a few minutes for the heat to build up.
Remote control is unresponsive.	Remote battery is low or depleted.	Replace the battery in the remote control. Ensure line of sight to the massager's sensor.

## SPECIFICATIONS

- **Model:** MMF-01C-2
- **Product Dimensions:** 18 x 16 x 10 inches
- **Item Weight:** 10 Pounds
- **Power Source:** Corded Electric
- **Material:** Plastic
- **Fits Foot Size:** Up to Men's Size 12
- **Timer:** Built-in 15-minute auto-shutoff

## WARRANTY AND SUPPORT

MIKO provides a full 1-year coverage for all its products. If you encounter any issues with your MIKO massager, please contact our customer support team for assistance. Contact information can be found on the official MIKO website or through your purchase platform.

**Legal Disclaimer:** Statements regarding this product have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

### Related Documents - MMF-01C-2

 <p>MIKO MAS II Foot Massager User Guide</p>	<p><a href="#">MIKO MAS II Foot Massager User Guide - Model MMF-03SB</a></p> <p>Comprehensive user guide for the MIKO MAS II Foot Massager (Model MMF-03SB), detailing features, technical specifications, control panel instructions, magnetic remote functions, care, storage, and important safety information for safe and effective use.</p>
 <p>MIKO Y2 FOOT MASSAGER User Manual</p>	<p><a href="#">MIKO Y2 Foot Massager User Manual - Safety, Operation, and Care Guide</a></p> <p>Comprehensive user manual for the MIKO Y2 Foot Massager (MMF-01C, MMF-01S). Includes essential safety instructions, operating procedures, feature descriptions, and care/storage guidelines for optimal use.</p>
 <p>MIKO YOISHO Foot Massager User Manual</p>	<p><a href="#">MIKO YOISHO Foot Massager User Manual - Safety, Usage, and Care Instructions</a></p> <p>Comprehensive user manual for the MIKO YOISHO Foot Massager (Models MMF-01C, MMF-01S, MMF-01W, MMF-01B, MMF-01BL). Includes important safety instructions, operating procedures, control panel guide, and care/storage recommendations.</p>
 <p>MIKO KUMO Deep Percussion &amp; Shiatsu Pillow User Manual</p>	<p><a href="#">MIKO KUMO Deep Percussion &amp; Shiatsu Pillow User Manual - MMB-02</a></p> <p>Comprehensive user manual for the MIKO KUMO Deep Percussion &amp; Shiatsu Pillow (Model MMB-02). Includes safety warnings, operating instructions, troubleshooting guide, cleaning and maintenance tips, and product specifications for optimal use.</p>
 <p>MIKO KUMO MINI 3D Shiatsu Pillow User Manual</p>	<p><a href="#">MIKO Kumo Mini 3D Shiatsu Pillow User Manual</a></p> <p>User manual for the MIKO Kumo Mini 3D Shiatsu Pillow (MMB-01), providing detailed instructions, safety warnings, troubleshooting guidance, and maintenance information for this personal massage device.</p>
 <p>Support Miko 2 Quick Start Guide and User Information</p>	<p><a href="#">Miko 2 Quick Start Guide and User Information</a></p> <p>A comprehensive guide to setting up, using, and understanding the features of the Miko 2 interactive robot for children, including commands, safety guidelines, and app features.</p>