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› [HUAWEI Watch GT 3 Pro 46mm Smartwatch User Manual](#)

**HUAWEI 55028834**

# HUAWEI Watch GT 3 Pro 46mm Smartwatch User Manual

Model: 55028834

## 1. INTRODUCTION

The HUAWEI Watch GT 3 Pro combines exquisite craftsmanship with advanced health and fitness tracking capabilities. This smartwatch features a durable titanium case, a sapphire dial, and offers comprehensive health management, including heart rate and SpO2 monitoring. Designed for an active lifestyle, it boasts IP68 and 5ATM water resistance, supporting free diving up to 30 meters. This manual provides essential information for setting up, operating, maintaining, and troubleshooting your device.



Figure 1: Front view of the HUAWEI Watch GT 3 Pro 46mm with titanium strap.

## 2. WHAT'S IN THE Box

Upon unboxing your HUAWEI Watch GT 3 Pro, please verify that all the following items are present:

- HUAWEI Watch GT 3 Pro Smartwatch (46mm)
- Wireless Charging Cradle
- USB Charging Cable
- Quick Start Guide
- Safety Information & Warranty Card

## 3. SETUP

### 3.1 Charging the Device

Before first use, fully charge your smartwatch. Connect the charging cable to the wireless charging cradle and then to a power adapter (not included). Place the back of the watch onto the charging cradle. The

watch screen will indicate charging status.

## 3.2 Pairing with Your Smartphone

1. Download the **HUAWEI Health app** from your smartphone's app store (compatible with Android).
2. Open the HUAWEI Health app and navigate to **Devices > Add device**.
3. Select your HUAWEI Watch GT 3 Pro from the list of available devices.
4. Follow the on-screen instructions in the app and on your watch to complete the pairing process.  
Ensure Bluetooth is enabled on your smartphone.

## 4. OPERATING INSTRUCTIONS

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### 4.1 Basic Navigation

- **Touchscreen:** Swipe up, down, left, or right to navigate through menus and notifications. Tap to select items.
- **Rotatable Crown:** Rotate to scroll through lists or zoom in/out. Press to return to the home screen or open the app list.
- **Side Button:** Press to access customizable functions or specific apps.

### 4.2 Health Monitoring Features

The watch offers advanced health tracking:

- **Heart Rate Monitoring:** Continuously tracks your heart rate. Access data via the Heart Rate app on the watch or HUAWEI Health app.
- **SpO2 Monitoring:** Measures blood oxygen saturation. Ensure the watch is worn snugly for accurate readings.
- **Sleep Tracking:** Monitors sleep stages and quality. View detailed analysis in the HUAWEI Health app.
- **Stress Monitoring:** Provides insights into your stress levels throughout the day.
- **GPS:** Built-in GPS for accurate tracking of outdoor activities without needing your phone.



Figure 2: Rear view of the watch, highlighting the health sensors.

### 4.3 Water Resistance and Diving

The HUAWEI Watch GT 3 Pro is rated IP68 and 5ATM for water and dust resistance. This means it can withstand immersion in water up to 50 meters and is suitable for shallow-water activities like swimming in a pool or ocean. It also supports free diving up to 30 meters. After exposure to saltwater, rinse the watch with fresh water and dry it thoroughly.

## 5. MAINTENANCE

## 5.1 Cleaning Your Watch

Regularly clean your watch and strap to prevent skin irritation and maintain functionality. Use a soft, lint-free cloth. For stubborn dirt, slightly dampen the cloth with fresh water. Avoid using harsh chemicals or abrasive materials.

## 5.2 Battery Care

The watch features a long-lasting battery. To maximize battery life, avoid extreme temperatures and fully discharge and recharge the battery periodically (e.g., once a month). Use only the provided charging cradle and cable.

## 5.3 Software Updates

Keep your watch's software updated through the HUAWEI Health app to ensure optimal performance, new features, and security enhancements.

## 6. TROUBLESHOOTING

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- **Watch not turning on:** Ensure the watch is fully charged. Place it on the charging cradle for at least 10 minutes.
- **Cannot pair with phone:** Check if Bluetooth is enabled on your phone and the watch. Restart both devices and try pairing again. Ensure the HUAWEI Health app is up to date.
- **Inaccurate health readings:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensors on the back of the watch.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed.
- **Watch unresponsive:** Press and hold the side button for about 10-15 seconds to force restart the device.

## 7. SPECIFICATIONS

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Feature	Specification
Manufacturer	HUAWEI
Model Number	55028834
Product Dimensions	50 x 50 x 28 cm; 54 grams
Operating System	Android
Memory Storage Capacity	32000 MB
Special Feature	Heart Rate Monitor
Battery Capacity	530 mAh
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Battery Cell Composition	Lithium Polymer
GPS	Built-in GPS
Shape	Round
Screen Size	1.43 inches

## 8. WARRANTY AND SUPPORT

### 8.1 Warranty Information

Your HUAWEI Watch GT 3 Pro comes with a **three-year warranty** against manufacturer defects. Please retain your proof of purchase for warranty claims. The warranty does not cover damage caused by misuse, accidents, unauthorized modifications, or normal wear and tear.

### 8.2 Customer Support

For further assistance, technical support, or warranty service, please visit the official HUAWEI support website or contact their customer service. Refer to the safety information and warranty card included in your product packaging for specific contact details in your region.