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› PayLessHere Full Body Shiatsu Massage Chair Model BM-EC1816-Black User Manual

## PayLessHere BM-EC1816-Black

# PayLessHere Full Body Shiatsu Massage Chair User Manual

Model: BM-EC1816-Black

## INTRODUCTION

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Thank you for choosing the PayLessHere Full Body Shiatsu Massage Chair. This manual provides essential information for the safe and effective use of your massage chair. Please read it thoroughly before assembly and operation, and retain it for future reference. This chair is designed to provide a comprehensive massage experience, featuring zero-gravity recline, an air massage system, wormwood therapy, and integrated Bluetooth speakers.

## SAFETY INFORMATION

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Always read and follow the assembly instructions carefully. Do not attempt to assemble or operate the chair if you are not comfortable with the process. Keep the chair on a stable, level surface. Do not exceed the maximum weight capacity of 350 pounds. Be cautious when using the reclining, zero-gravity, and airbag massage features to avoid injury. Keep the chair away from heat sources and liquids to prevent damage or injury.

## SETUP

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### 1. Unpacking and Placement

Carefully remove all packaging materials. Basic assembly instructions are included with the product. Ensure the chair is placed on a stable, level surface with adequate space around it for reclining and operation. The chair dimensions are approximately 53.8"D x 27.9"W x 41.3"H. Allow extra space for full recline.

# One button zero-gravity

feel virtually weightless



Figure 1: Massage Chair Dimensions. This image illustrates the chair's dimensions, including depth, width, and height, in both its standard and fully reclined positions.

## 2. Power Connection

Connect the power cord to the chair and then to a suitable electrical outlet. Ensure the power switch on the chair is in the OFF position before plugging it in.

## OPERATING INSTRUCTIONS

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### 1. Control Panel

The massage chair features an easy-to-use control panel with a large screen. This screen displays the current massage program and settings, allowing for clear monitoring and adjustment during your massage session.



Figure 2: Control Panel. This image shows the detailed layout of the chair's smart control panel, highlighting the large color touch screen for easy program selection and adjustment.

## 2. Zero-Gravity Function

Activate the one-button zero-gravity feature to recline the chair to a position where your feet are elevated above your heart. This posture minimizes gravitational stress on your spine and promotes blood circulation, providing a feeling of weightlessness.

# Mode selection

5 preset automatic programs



Knead



massage



strong



stretch



sleep



Figure 3: Zero-Gravity Recline. This image depicts the massage chair in its zero-gravity position, designed to reduce pressure on the spine and enhance relaxation.

### 3. Massage Modes and Techniques

The chair offers 5 preset automatic programs: Knead, Massage, Strong, Stretch, and Sleep. It targets 8 key massage points including shoulder, back, waist, and foot. The extendable footrest can be adjusted from 0-16cm to accommodate various user heights.

# Heat Therapy With Artimisa

Built in waist heater promote blood circulation

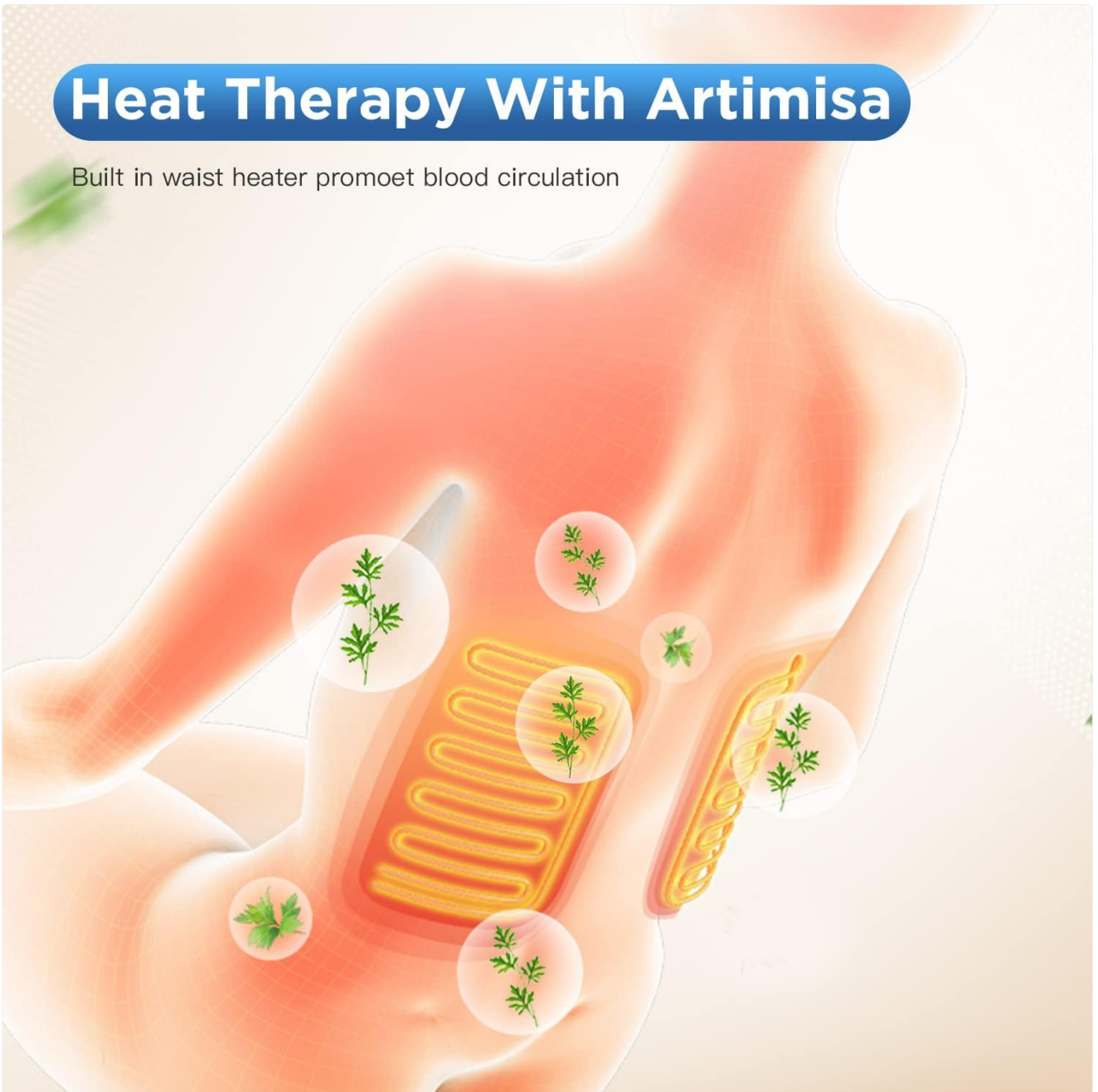


Figure 4: Massage Mode Selection. This image displays the various preset massage programs available on the chair, each represented by an icon.

# Full body air massage

Airbag massage you need it most

- ① Shoulder
- ② Arm
- ③ Buttocks
- ④ Leg
- ⑤ Foot



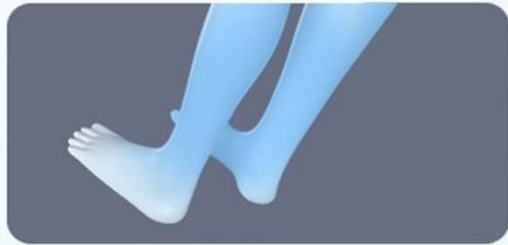
Figure 5: 8 Massage Points. This diagram illustrates the key areas of the body targeted by the massage rollers, including the shoulders, back, waist, and feet.

## Airbag Massage System

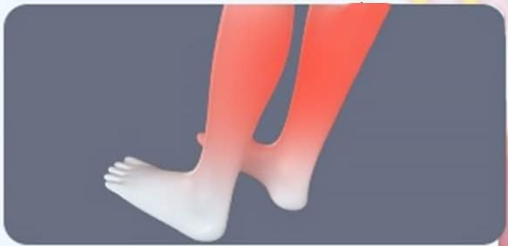
Uniquely designed airbags inflate and deflate to provide a comprehensive massage to the shoulders, arms, buttocks, legs, and feet. This system can work simultaneously or individually to twist and stretch the body, promoting deeper relaxation.

# Leg Heating

can relieve coldness and pain on your leg  
which can activate cell and promote metabolism



Before



After

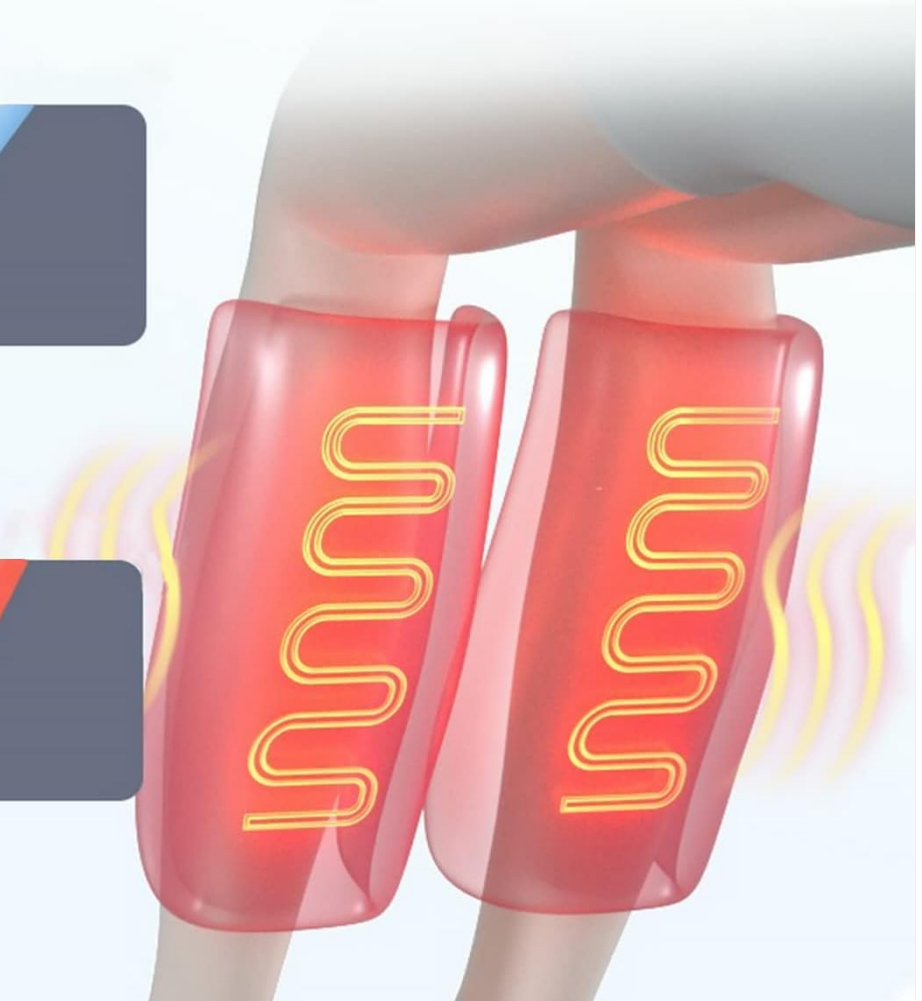


Figure 6: Full Body Air Massage. This image highlights the locations of the airbags throughout the chair, targeting shoulders, arms, buttocks, legs, and feet for a comprehensive compression massage.

## Foot Massage

The foot area features rollers that provide a soothing kneading application, stimulating acupuncture points. Airbags inflate to generate a deeper massage along the bottoms of your feet.

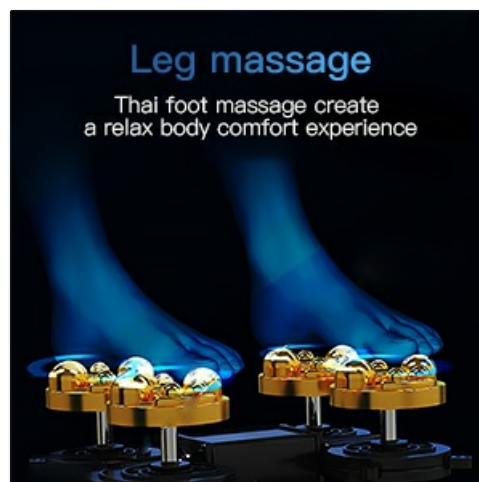


Figure 7: Foot Massage Rollers. This image details the foot massage mechanism, showing rollers and their action on the soles of the feet.

## 4. Heating Functions

### Wormwood Back Hot Compress Massage

Heating pads located in the lumbar area provide heat therapy, complemented by wormwood. This feature is ideal for relieving occasional strains and chronic pain, increasing blood circulation, and loosening tense muscles.

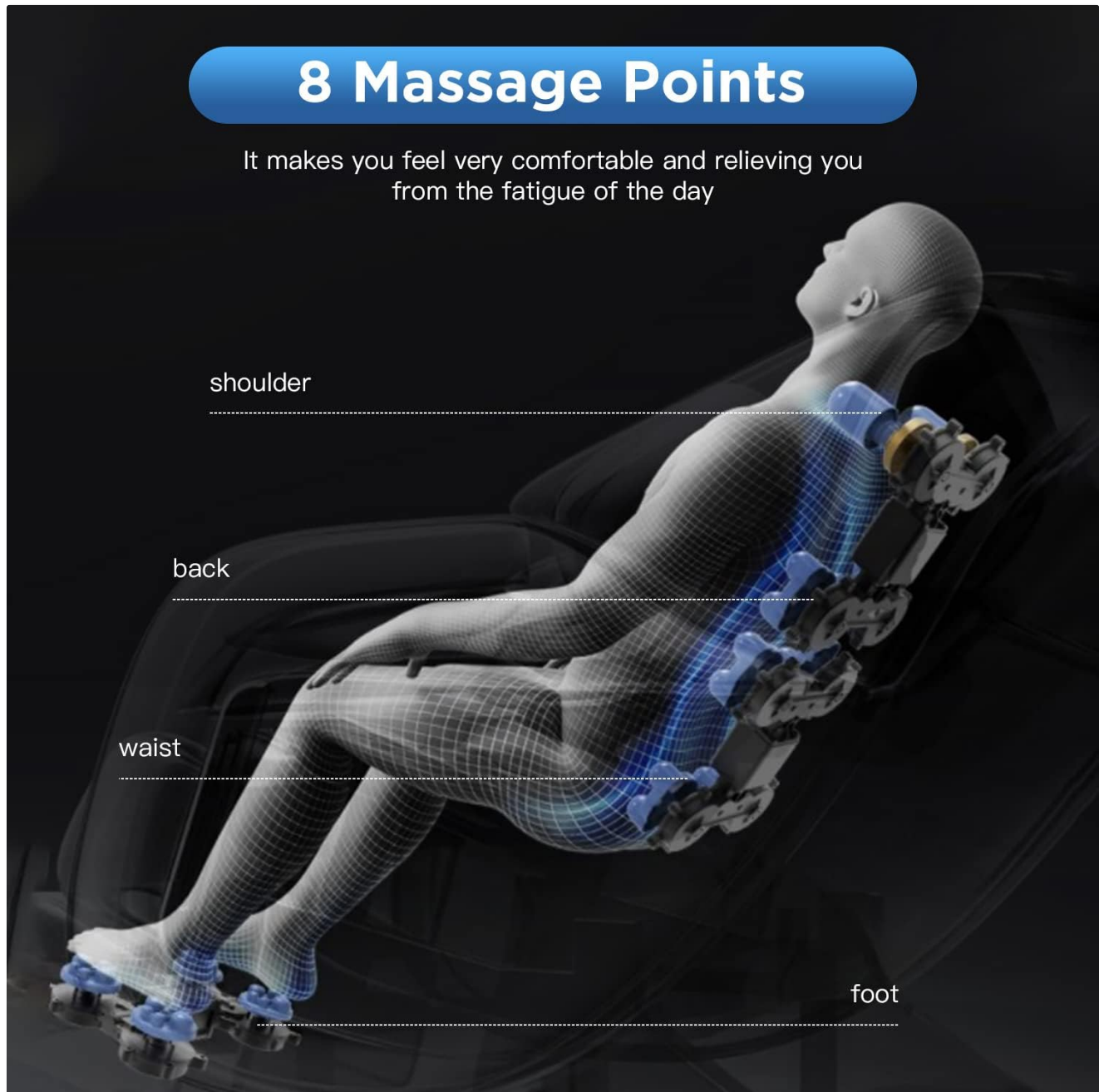


Figure 8: Back Heating Function. This image illustrates the back heating elements within the chair, showing how they can relieve coldness and pain by activating cells and promoting metabolism.

### Leg Heating

Dedicated heating elements in the leg area provide warmth to relieve coldness and pain, further enhancing relaxation and promoting metabolism.



Figure 9: Leg Heating. This image demonstrates the leg heating feature, designed to alleviate coldness and pain in the legs.

## 5. Bluetooth Speakers

The chair includes high-quality Bluetooth speakers. Pair your device to enjoy music or audio during your massage session.



Figure 10: Bluetooth Speaker Design. This image shows the internal components of the Bluetooth speakers and how a mobile device can connect to them for audio playback.

## 6. Official Product Video

Your browser does not support the video tag.

Video 1: Massage Chair Features Overview. This video provides a visual demonstration of the massage chair's various functions, including different massage modes, zero-gravity recline, and heating features.

## MAINTENANCE

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### Cleaning and Care

To maintain your massage chair, wipe it clean with a soft, damp cloth. Avoid using harsh chemicals or abrasive cleaners, as these can damage the material. Ensure the chair is unplugged before cleaning. Regularly inspect the power cord for any damage.

## TROUBLESHOOTING

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If you encounter any issues with your massage chair, please refer to the following common troubleshooting steps:

- **Chair not powering on:** Ensure the power cord is securely plugged into both the chair and the wall outlet. Check if

the power switch is in the ON position. Verify the wall outlet is functional.

- **Message functions not working:** Check the control panel for any error messages. Ensure the chair is not in a paused state. Try restarting the chair by turning it off and on again.
- **Unusual noises:** Minor operational noises are normal. If you hear loud or unusual sounds, discontinue use and contact customer support.
- **Remote control not responding:** Ensure the remote's batteries are correctly installed and not depleted. Point the remote directly at the chair's receiver.

For persistent issues, please contact customer support.

## SPECIFICATIONS

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Feature	Specification
Brand	PayLessHere
Model Number	BM-EC1816-Black
Color	Black
Material	Leather (Polyurethane seat)
Product Dimensions (D x W x H)	53.8" x 27.9" x 41.3"
Item Weight	123 Pounds
Maximum Weight Recommendation	350 Pounds
Additional Features	Arm Rest, Bluetooth Speaker, Foot Rest, Reclining, Wormwood Therapy
Required Assembly	Yes (Basic assembly)
Indoor/Outdoor Usage	Indoor

## WARRANTY

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Please refer to your purchase documentation or contact the seller for specific warranty information regarding your PayLessHere Full Body Shiatsu Massage Chair. Warranty terms and conditions may vary.

## SUPPORT

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For further assistance, technical support, or inquiries about your PayLessHere Full Body Shiatsu Massage Chair, please contact the seller, Cavalier Store, or the manufacturer directly. Contact information can typically be found on your purchase receipt or the product packaging.