

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

- › [Avista](#) /
- › [Avista Macaron Smart Watch Model A1 User Manual](#)

Avista A1

Avista Macaron Smart Watch Model A1 User Manual

Your guide to setup, operation, and features.

1. INTRODUCTION

Thank you for choosing the Avista Macaron Smart Watch Model A1. This device is designed to assist you in monitoring your fitness activities and health metrics, including heart rate, blood pressure, and blood oxygen levels. This manual provides essential information for setting up, operating, and maintaining your smart watch.



Image 1.1: Front view of the Avista Macaron Smart Watch Model A1, showcasing its display with a music icon.

2. PACKAGE CONTENTS

Please verify that all items are present in your product package:

- Avista Macaron Smart Watch Model A1
- Charger
- Extra Band
- User Manual (this document)

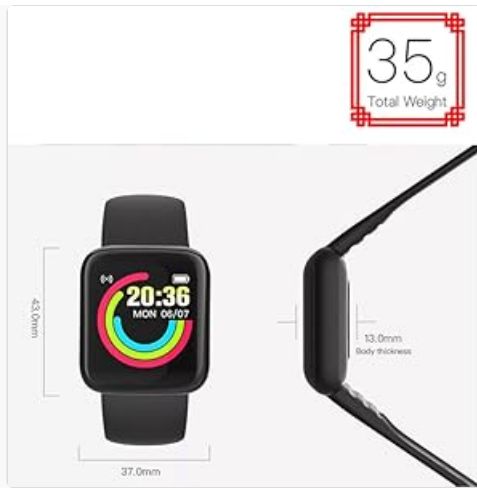


Image 2.1: Visual representation of the items included in the Avista Macaron Smart Watch Model A1 package.

3. SETUP

3.1 Initial Charging

Before first use, fully charge your smart watch. Connect the provided charger to the watch and a compatible USB power source. The watch display will indicate charging status.

3.2 App Installation and Pairing

To unlock the full functionality of your Avista Macaron Smart Watch, you need to install the companion application on your smartphone.

1. **Download the App:** Search for "FitPro" in your smartphone's app store (Google Play Store for Android or Apple App Store for iOS) and install it.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open App and Pair:** Open the FitPro app, navigate to the device pairing section, and follow the on-screen instructions to connect your Avista Macaron Smart Watch (Model A1). The app will guide you through the pairing process.

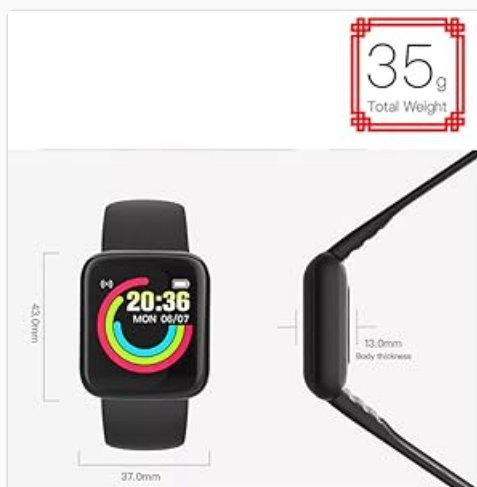


Image 3.1: The FitPro application interface, used for connecting and managing the smart watch.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

The Avista Macaron Smart Watch features a touch-sensitive display for navigation. Swipe left, right, up, or down to access different functions and menus. Tap to select an option.

4.2 Power On/Off

- **Power On:** Press and hold the side button (if available) or tap the screen if the watch is in standby.
- **Power Off:** Navigate to the settings menu on the watch, locate the 'Power Off' option, and confirm.

5. HEALTH MONITORING FEATURES

The smart watch is equipped with sensors to monitor various health parameters. For accurate readings, ensure the watch is worn snugly on your wrist.

5.1 Heart Rate Monitoring

The watch continuously or periodically monitors your heart rate. Access the heart rate interface on the watch to view your current beats per minute (BPM).

5.2 Blood Pressure Monitoring

The device can measure your blood pressure. Follow the on-screen instructions when initiating a blood pressure measurement. Readings are for reference only and should not replace professional medical advice.

5.3 Blood Oxygen Monitoring

Monitor your blood oxygen saturation (SpO2) levels. Ensure your arm is still during measurement for best results. These readings are for general wellness and fitness purposes.

Physical and mental health,
Your top priority

Heart rate monitoring,
blood pressure measurement,
blood oxygen saturation
monitoring.



Enjoy
Music



The
weather is
synchronous

Image 5.1: Health monitoring features (Heart Rate, Blood Pressure, Blood Oxygen) displayed on the smart watch screen.



Image 5.2: Close-up of the smart watch on a wrist, displaying a heart rate measurement.

6. FITNESS TRACKING FEATURES

The smart watch tracks various fitness activities and provides data to help you monitor your progress.

6.1 Activity Tracking

The watch records daily steps, distance traveled, and calories burned. This data can be viewed on the watch or in the companion app.

6.2 Multi-Sport Modes

Engage in specific sport modes (e.g., running, cycling) to get more accurate tracking for your workouts. Select the desired sport mode from the watch's menu before starting your activity.



Image 6.1: Fitness tracking in action, showing a user during a run with activity data displayed.

7. CONNECTIVITY

The Avista Macaron Smart Watch connects to your smartphone via Bluetooth for data synchronization and notifications.

- **Bluetooth:** Used for pairing with the FitPro app and receiving notifications.
- **USB:** The charging cable connects via USB.

8. MAINTENANCE

8.1 Cleaning

Wipe the watch and strap regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials. Ensure the charging contacts are clean and dry.

8.2 Storage

Store the watch in a cool, dry place when not in use. Avoid extreme temperatures.

8.3 Water Resistance

Refer to the product specifications for details on water resistance. Avoid submerging the watch in water unless explicitly stated as waterproof for such activities.

9. TROUBLESHOOTING

If you encounter issues with your smart watch, refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot pair with phone:**
 - Ensure Bluetooth is enabled on your phone.
 - Make sure the watch is within Bluetooth range of your phone.
 - Restart both the watch and your phone.
 - Clear the Bluetooth cache on your phone or forget the device and try pairing again.
- **Inaccurate readings:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch.
- **Notifications not received:** Check app permissions on your phone to ensure the FitPro app has access to notifications. Verify that notifications are enabled within the FitPro app settings.

10. SPECIFICATIONS

| Feature | Detail |
|----------------------|---|
| Brand | Avista |
| Model | A1 |
| Model Name | Smart Watch Fitness wrist Watch |
| Display Technology | LCD |
| Screen Size | 1.44 inches (38 Millimetres) |
| Resolution | 240 x 184 |
| Operating System | watchOS (Note: This refers to the watch's internal OS, not Apple's watchOS) |
| Compatible Devices | Smartphone |
| Special Features | Blood Pressure Monitor, Heart Rate Monitoring, Blood Oxygen Monitoring |
| Wireless Type | Bluetooth |
| Connector Type | USB |
| Battery Average Life | 24 Hours |
| Product Dimensions | 4.4 x 3.8 x 1.1 cm (44 x 38 x 11 Millimeters) |

Item Weight

40 g



Image 10.1: Overview of the Avista Macaron Smart Watch Model A1 in different color variations.

11. WARRANTY AND SUPPORT

11.1 Warranty Information

This product comes with a **1 Month Warranty** from the date of purchase. Please retain your proof of purchase for warranty claims. The warranty covers manufacturing defects but does not cover damage caused by misuse, accidents, or unauthorized modifications.

11.2 Customer Support

For technical assistance, warranty claims, or any other inquiries, please contact Avista customer support:

- **Phone:** +91-8700755850
- **Email:** admin@theavista.com
- **Manufacturer:** Avista Electronics Private Limited