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hooga Red Light Therapy Torch Device (B09YKJRVGL)

Hooga Red, Blue, and Near Infrared Light Therapy Torch Device User Manual

Model: Red Light Therapy Torch Device (B09YKJRVGL)

INTRODUCTION

The Hooga Red, Blue, and Near Infrared Light Therapy Torch Device is designed for targeted light therapy applications. This portable, rechargeable device utilizes specific wavelengths of light to support various bodily functions, including skin health, pain relief, and muscle recovery. This manual provides essential information for the safe and effective use of your device.

SAFETY INFORMATION

- Consult a healthcare professional before use if you have any medical conditions, are pregnant, or are taking photosensitizing medications.
- Do not look directly into the light source. Protective eyewear is recommended during use, especially for prolonged exposure.
- Keep out of reach of children.
- Use only as directed. Do not exceed recommended treatment times.
- Discontinue use if you experience any discomfort, irritation, or adverse reactions.
- Ensure the device is clean and dry before each use.

PACKAGE CONTENTS

Verify that all items are present in your package:

- Hooga Light Therapy Torch Device
- Removable Attachment Tip
- Travel Case
- Two Rechargeable Batteries
- Battery Charger

- Microfiber Cleaning Cloth
- Protective Eyewear (if included)



Image: Hooga Light Therapy Torch Device with its travel case, removable attachment, charger, and other accessories.

SETUP

1. **Charge Batteries:** Before first use, fully charge both rechargeable batteries using the provided charger. Insert the batteries into the charger according to the polarity indicators.
2. **Insert Battery:** Unscrew the bottom cap of the torch device. Insert one charged battery with the positive (+) end facing towards the light head. Screw the cap back on securely.
3. **Attach/Remove Tip (Optional):**
 - For targeted applications (e.g., inside mouth, nose, ear), gently screw the removable attachment tip onto the device head.
 - For broader applications, ensure the attachment tip is removed.



Image: The Hooga Light Therapy Torch Device with its removable attachment tip, suitable for precise applications.

OPERATING INSTRUCTIONS

The device offers multiple light modes. Ensure your skin is clean and bare before treatment.

1. **Power On:** Press and hold the power button located on the side of the device for approximately 2 seconds to turn it on. The device will typically start in Red Light mode.
2. **Select Mode:** Briefly press the power button to cycle through the available light modes:
 - **Red Light Mode:** Primarily for skin health, pain relief, and muscle recovery.
 - **Blue Light Mode:** For specific skin applications.
 - **Red + Near Infrared Mode:** Combines benefits for deeper tissue penetration.
3. **Application:** Position the light directly onto the targeted area of clean, bare skin. Maintain a distance of 0-2 inches from the skin.
4. **Treatment Duration:** Apply the light for approximately 3 minutes per area. For optimal results, use daily or as recommended by a healthcare professional. The device is designed for quick, targeted treatments.
5. **Power Off:** Press and hold the power button for approximately 2 seconds to turn off the device.



Image: The device operating in Red Light mode, suitable for general therapeutic use.



Image: The device operating in Blue Light mode, used for specific skin conditions.



Image: The device with the attachment tip, showing combined Red and Near Infrared light output.



Image: A person demonstrating the use of the Hooga Light Therapy Torch Device on their leg.

MAINTENANCE

- **Cleaning:** Use the provided microfiber cleaning cloth to gently wipe the device and light head after each use. Do not use abrasive cleaners or immerse the device in water.
- **Battery Care:** Store batteries in a cool, dry place. If the device will not be used for an extended period, remove the battery.
- **Storage:** Store the device and all accessories in the provided travel case to protect it from dust and damage.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Battery is not charged or incorrectly inserted.	Ensure battery is fully charged and inserted with correct polarity. Try the second battery.
Light output is weak.	Low battery charge.	Recharge the battery.
Device turns off unexpectedly.	Low battery charge or overheating.	Recharge the battery. Allow device to cool down if used continuously for an extended period.

SPECIFICATIONS

- **Model:** Hooga Red Light Therapy Torch Device (B09YKJRVGL)
- **Wavelengths:** Red, Blue, Near Infrared (Specific wavelengths not provided, but implied by "proven wavelengths" and "3-in-1")
- **Power Source:** Rechargeable Batteries
- **Package Dimensions:** 8.7 x 7.4 x 2.09 inches
- **Weight:** 1.17 Pounds
- **Manufacturer:** Hooga

WARRANTY AND SUPPORT

For warranty information, technical support, or further assistance, please refer to the contact information provided with your purchase or visit the official Hooga website. Keep your proof of purchase for warranty claims.

