

[Manuals.plus](#) /

› [Sharper Image](#) /

› Sharper Image Calming Heat Sauna Wrap Instruction Manual

Sharper Image Calming Heat Sauna Wrap B09YJ6J4WC

Sharper Image Calming Heat Sauna Wrap Instruction Manual

Model: B09YJ6J4WC

INTRODUCTION

Welcome to your new Sharper Image Calming Heat Sauna Wrap. This manual provides essential information for the safe and effective use, maintenance, and troubleshooting of your device. Please read all instructions carefully before first use.

IMPORTANT SAFETY INFORMATION

WARNING: To reduce risks of injury, read all instructions before first use.

- Only use on flat surfaces and never heat when folded.
- Wear comfortable, full-length, skin-covering clothing.
- Breathable socks with a higher cotton content perform best.
- Socks are required and must be worn.
- AVOID wearing tight-fitting Lycra or workout-based clothing.
- You must have a barrier between your skin and the sauna wrap at all times.
- DO NOT exceed a 50-minute session (10-minute preheat with a 50-minute session).
- Ensure the device is unplugged and cooled down for 30 minutes prior to cleaning or storing.
- DO NOT dry clean, bleach, or submerge in water. DO NOT machine wash.

PACKAGE CONTENTS

Your Sharper Image Calming Heat Sauna Wrap package includes:

- 1 Calming Heat Sauna Wrap
- 1 Digital Controller
- Instruction Manual

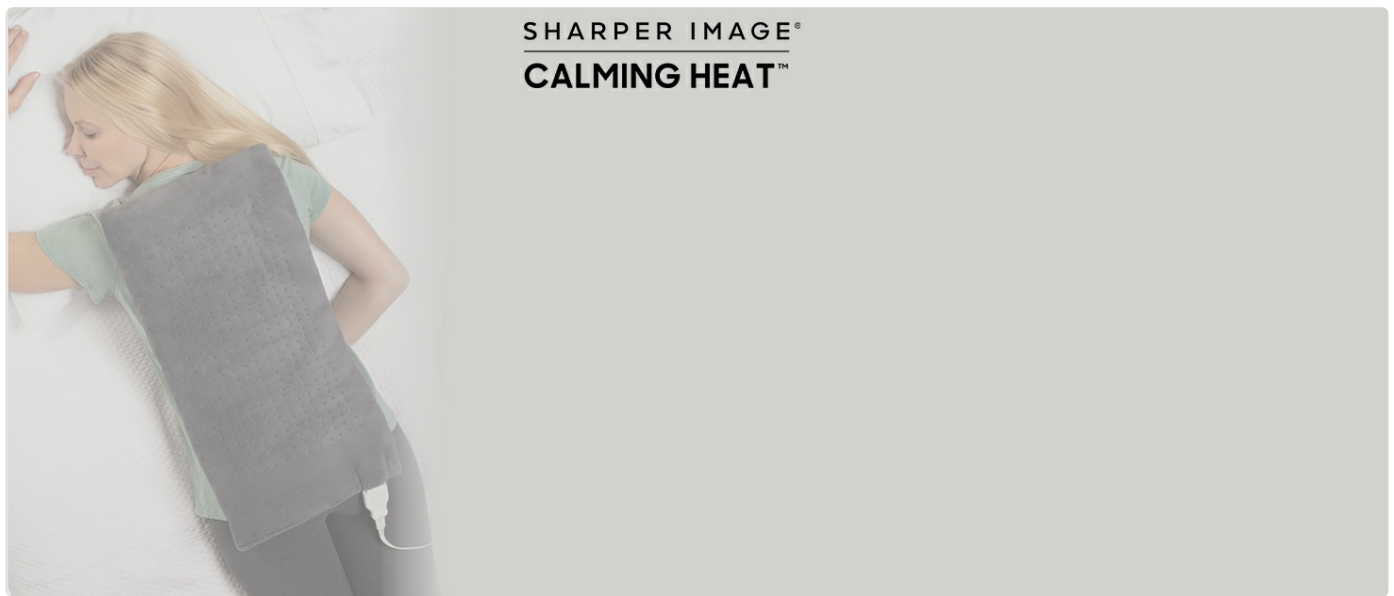


Image: The packaging box for the Calming Heat Sauna Wrap, showing the product and its key features.

SETUP

1. Unpack and Lay Flat

Carefully remove the Calming Heat Sauna Wrap from its packaging. Unfold the wrap and lay it flat on a heat-resistant surface, such as a bed or floor. Ensure there are no folds or creases that could trap heat.

SHARPER IMAGE®

CALMING HEAT™ SAUNA WRAP

11 SETTING CONTROLLER

8 heat settings
3 vibration settings

MADE WITH
NON-TOXIC
PREMIUM FABRICS

EASY HOOK &
LOOP CLOSURE

HEAVY-DUTY
MATERIAL
provides a
cleansing sweat

SOOTHING FAR
INFRARED HEAT
rejuvenates your
body and mind

Pad size 70 in x 70 in unfolded

Maximum interior circumference
when in use is approximately 65in

Image: The Calming Heat Sauna Wrap laid out flat, showing the attached controller.

2. Prepare for Use

Place a towel over a pillow to rest your head comfortably. Ensure you are wearing loose-fitting, breathable clothing made of cotton to create a barrier between your skin and the wrap.

SHARPER IMAGE®

CALMING HEAT™ SAUNA WRAP



WHAT TO WEAR WHILE USING?

- + Wear comfortable, full length, skin covering clothing
- + Breathable clothing with a higher cotton content perform the best
- + Socks are required & must be worn
- + BE COMFORTABLE sweatpants, pajama bottoms, & long sleeve shirts are best

AVOID skin tight Lycra, or workout based clothing
You must have a barrier between your skin and the sauna wrap at all times

Image: A woman demonstrating appropriate loose-fitting, skin-covering clothing for using the sauna wrap.

3. Connect Power

Plug the power cord of the digital controller into any standard 120-volt AC electrical outlet.

Your browser does not support the video tag.

Video: This instructional video demonstrates the setup, operation, and cleaning tips for the Calming Heat Sauna Wrap.

OPERATING INSTRUCTIONS

1. Power On and Preheat

Press the power/heat up button on the digital controller for 1 second to turn on the device. The display will illuminate. Preheat the wrap at a heat level of 3-5 for 10 minutes. Check the internal temperature by touching the inside of the wrap before entering. *(Refer to the instructional video in the Setup section for visual guidance.)*

2. Adjust Heat and Timer

Quickly press the "Heat Up" or "Heat Down" buttons to adjust the heat intensity (8 settings available). Press the "Timer" button to select your session duration in 15-minute increments, up to a total of 1 hour. The massage feature has a separate 15-minute auto-off feature.

SHARPER IMAGE® CALMING HEAT™ SAUNA WRAP



PRO TIPS

How should I clean the Sauna Wrap?

The Sauna Wrap is not machine washable. Use a non toxic cleaning wipe or damp towel with mild detergent.

Why doesn't my Sauna Wrap feel hot enough?

Preheating the device for 10 minutes will allow the Sauna Wrap to reach full temperature. Check temperature with your hand prior to entering the sauna. If the temperature is too hot, adjust heat setting and check again after a few minutes before entering.

What should I do if my controller won't turn the Sauna Wrap on?

Unplug the cord from the outlet, wait 5 minutes, and plug the unit in again to reset it.

What if I leave my Sauna Wrap on by accident?

The Sauna Wrap comes with a default 30 minute auto-off feature. this setting is adjustable in 15 minute increments up to 4 settings for a total of 1 hour. The massage feature has a 15 minute auto-off feature.



Image: Close-up of the digital controller, showing buttons for heat, vibration, and timer adjustments.

3. Using the Wrap

Lie down inside the wrap. The wrap features armholes for comfort and accessibility. The maximum interior circumference when in use is approximately 65 inches. Start at a heat level of 3-5. If you are able to sweat at these settings, there is no need to go to higher levels. If you are unable to sweat, slowly increase to level 6 or 7. It may take up to 20 minutes to produce a sweat. *(Refer to the instructional video in the Setup section for visual guidance.)*

SHARPER IMAGE®

CALMING HEAT™ SAUNA WRAP

FEEL RENEWED & REJUVENATED

LIE DOWN, RELAX

allow the far infrared
heat to work its magic

it may take up to 20 min to sweat

VERSATILE

perfect for home or for use on any flat, heat resistant surface

Image: A man relaxing inside the sauna wrap, demonstrating the open design for head and arms.

MAINTENANCE

1. Cleaning

The Sauna Wrap is not machine washable. After each use, ensure the device is unplugged and cooled down for at least 30 minutes. Use a damp rag with a mild detergent soap to wipe down any sweat from the interior. Optional non-toxic cleaning wipes can be used as a substitute. Wipe clean and allow to air dry completely before folding. *(Refer to the instructional video in the Setup section for visual guidance.)*

2. Storage

Once clean and dry, fold the wrap vertically, then fold it into three equal sections for compact storage. Store in a cool, dry place. *(Refer to the instructional video in the Setup section for visual guidance.)*

TROUBLESHOOTING

• **Controller Not Turning On**

If the controller does not turn on, unplug the cord from the outlet, wait 5 minutes, and then plug the unit in again to reset it.

• **Sauna Wrap Not Feeling Hot Enough**

Preheating the device for 10 minutes will allow the Sauna Wrap to reach full temperature. Check the temperature with your hand prior to entering. If the temperature is too hot, adjust the heat setting and check again after a few minutes.

• **Error Code "F" Displayed**

If the controller displays an "F" error code, this typically indicates a malfunction. Please refer to the warranty section for support.

SPECIFICATIONS

Product Dimensions	70 x 70 x 2 inches
Item Weight	14.48 pounds
Heat Settings	8 levels
Massaging Vibrations	3 levels
Auto-Off Feature	30 minutes (adjustable up to 1 hour in 15-minute increments)
Massage Pad Auto-Off	15 minutes

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the product packaging or contact Sharper Image customer service directly. Keep your purchase receipt for warranty claims.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for

conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

<https://manuals.plus/asin/B09YJ6J4WC>

More documents and user manuals: <https://manuals.plus/>