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› aeac Smart Watch GCA-207 User Manual

aeac GCA-207

aeac Smart Watch GCA-207 User Manual

Model: GCA-207 | Brand: aeac

INTRODUCTION

This manual provides comprehensive instructions for setting up, operating, and maintaining your aeac Smart Watch GCA-207. Please read this manual thoroughly to ensure proper use and to fully utilize all features of your device.

WHAT'S IN THE BOX

- aeac Smart Watch GCA-207 (with silicone band)
- Charging Cable
- User Manual

SETUP

1. Charging the Device

Before first use, fully charge your aeac Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. The watch screen will indicate charging status.



Image: Close-up of the aeac Smart Watch GCA-207 connected to its magnetic charging cable.

2. App Installation and Pairing

To unlock the full potential of your smartwatch, download and install the **VeryFit** app on your smartphone. The app is compatible with iOS 9.0 / Android 6.0 or above.

1. Scan the QR code in the manual or search for "VeryFit" in your phone's app store (Apple App Store for iOS, Google Play Store for Android).
2. Open the VeryFit app and follow the on-screen instructions to create an account or log in.
3. Ensure Bluetooth is enabled on your smartphone.
4. In the VeryFit app, navigate to the "Device" section and select "Add Device" or "Bind Device".
5. Select your aeac Smart Watch (GCA-207) from the list of available devices.
6. Confirm the pairing request on both your watch and smartphone.

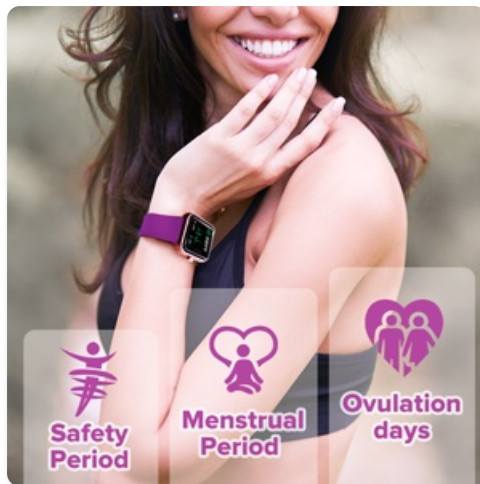


Image: Smartphone screen showing the VeryFit app interface with various health data, positioned next to the aeac Smart Watch GCA-207.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touch Screen:** Swipe left, right, up, or down to navigate through menus and screens. Tap to select an option.
- **Side Button:** Press the side button to return to the home screen or wake the device. A long press may access power options.

Accessing Features

From the home screen, swipe in different directions to access various functions:

- Swipe down: Quick settings (brightness, DND, etc.).
- Swipe up: Notifications.
- Swipe left/right: Widgets for health data, exercise, weather, music control, etc.

Multi Sport Modes

Smart watch fitness tracker accurately records your activities.



Image: A hand interacting with the touchscreen of the aeac Smart Watch GCA-207, showing a menu of applications.

HEALTH MONITORING

The aeac Smart Watch GCA-207 is equipped with high-performance sensors to monitor key health metrics:

- **Heart Rate:** Continuous 24-hour monitoring (when enabled in the VeryFit app).
- **Blood Oxygen (SpO2):** Measure your blood oxygen levels.
- **Stress Level:** Track your stress levels throughout the day.
- **Sleep Monitoring:** Records deep sleep, light sleep, and awake times to provide insights into your sleep patterns.
- **Step & Calorie Counter:** Tracks your daily steps, distance, and calories burned.

Detailed data and historical trends can be viewed within the VeryFit app. For a quick check, slide left on the watch face and use the one-click monitoring feature.



Image: A user wearing the aeac Smart Watch GCA-207, with the watch screen displaying various health metrics like heart rate, sleep, steps, and stress levels.

MULTIPLE SPORTS MODES

The smartwatch supports multiple sports modes to accurately track your activities and help optimize your exercise routine. These include:

- Walking
- Running
- Mountaineering
- Swimming
- Yoga
- Hiking
- Cycling

- Treadmill
- Elliptical
- Workout
- Open Water Swim
- Indoor Cycle
- Cricket
- Indoor Run
- Indoor Walk
- Rower
- Pool Swim

Select the appropriate mode before starting your workout to get accurate tracking of duration, distance, calories, and other relevant data.



Image: A man wearing the aeac Smart Watch GCA-207, stretching before exercise, with icons representing various sports modes displayed.

MESSAGE NOTIFICATIONS & PRACTICAL TOOLS

Stay connected by receiving notifications directly on your wrist when paired with your smartphone. The watch supports notifications from various applications including Facebook, WhatsApp, Instagram, and Twitter.

Additional practical tools include:

- Alarm Clock
- Stopwatch
- Music Controller
- Weather Forecast
- Sedentary Reminder

- Adjustable Brightness
- "Find Your Phone" feature



Image: A hand wearing the aeac Smart Watch GCA-207, with notification bubbles from various social media and communication apps floating around it.

CUSTOMIZATION

Personalize your smartwatch experience with various customization options:

- **DIY Dial:** Upload your favorite photos to create unique watch faces.
- **Multiple Languages:** The watch supports several languages for user interface.
- **Watch Faces:** Choose from a variety of pre-installed watch faces or download more via the VeryFit app.



Image: The aeac Smart Watch GCA-207 displaying a custom photo watch face, with a smartphone screen showing the watch face customization interface in the VeryFit app.

WATERPROOFING

The aeac Smart Watch GCA-207 features a 5ATM waterproof rating, making it suitable for various water-related activities. You can wear it while:

- Washing hands
- In the rain
- Swimming (pool or open water)

Note: Avoid hot water, saunas, or diving, as extreme temperatures and high-pressure water jets may compromise the waterproof seal.

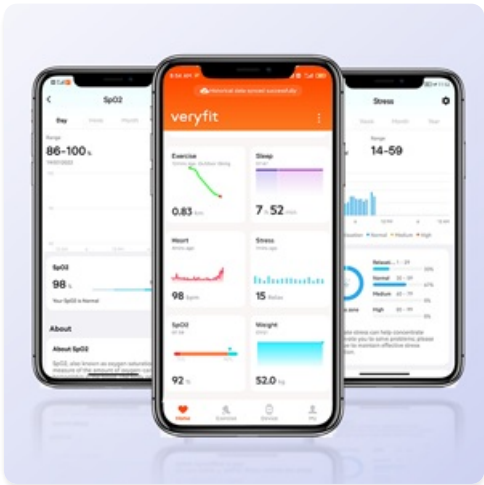


Image: A woman wearing the aeac Smart Watch GCA-207 while swimming in a pool, demonstrating its 5ATM waterproof capability.

BATTERY LIFE

The aeac Smart Watch GCA-207 is designed with a large capacity and low power consumption, offering up to 14 days of battery life on a single charge under typical usage conditions. Actual battery life may vary based on usage patterns and enabled features.

MAINTENANCE

- **Cleaning:** Regularly clean your watch and band with a soft, damp cloth. Ensure the charging contacts are free of dirt and debris.
- **Storage:** Store the watch in a cool, dry place when not in use.
- **Avoid Chemicals:** Do not expose the watch to strong chemicals, detergents, or solvents, as these can damage the materials.

TROUBLESHOOTING

Issue	Solution
Watch not turning on	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.

Issue	Solution
Unable to pair with smartphone	1. Ensure Bluetooth is enabled on your phone. 2. Make sure the watch is within Bluetooth range (approx. 10 meters). 3. Restart both your phone and the watch. 4. Check if the VeryFit app is updated to the latest version. 5. Forget the device in your phone's Bluetooth settings and try pairing again.
Inaccurate health data/step count	1. Ensure the watch is worn snugly on your wrist, about one finger's width above your wrist bone. 2. Clean the sensors on the back of the watch. 3. Calibrate the watch in the VeryFit app if available.
Notifications not appearing	1. Ensure the watch is connected to your phone via Bluetooth. 2. Check notification permissions for the VeryFit app in your phone's settings. 3. Verify that app notifications are enabled within the VeryFit app. 4. Disable "Do Not Disturb" mode on your watch.

SPECIFICATIONS

- **Model:** GCA-207
- **Screen Size:** 1.69 Inches
- **Display Type:** LCD
- **Connectivity:** Bluetooth 5.0
- **Battery Capacity:** 300 mAh Lithium Polymer
- **Water Resistance:** 5ATM (IP68)
- **Operating System:** Android (compatible with Android 6.0+ / iOS 9.0+)
- **Memory Storage Capacity:** 128 MB
- **Sensors:** Accelerometer, Optical Heart Rate Sensor, and other unspecified sensors
- **Band Material:** Silicone
- **Case Material:** Resin
- **Item Weight:** 5 Grams
- **Item Dimensions:** 4.33 x 2.95 x 2.1 inches

WARRANTY & SUPPORT

The aeac Smart Watch GCA-207 comes with a 3-year warranty, as promised by the manufacturer. For any questions, technical assistance, or warranty claims, please contact aeac customer support through your purchase platform or the official aeac website.

Please retain your proof of purchase for warranty validation.



