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› [Soundcore Life Note 3 XR True Wireless Earbuds User Manual](#)

## Soundcore Life Note 3 XR

# Soundcore Life Note 3 XR True Wireless Earbuds User Manual

Model: Life Note 3 XR

## INTRODUCTION

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This manual provides essential instructions for the safe and efficient operation of your Soundcore Life Note 3 XR True Wireless Earbuds. Please read this manual thoroughly before using the product and retain it for future reference.



Image: Soundcore Life Note 3 XR True Wireless Earbuds, showing both earbuds and their charging case. The earbuds are black with a sleek design, and the charging case has a textured, carbon-fiber-like finish with the Soundcore logo.

## PACKAGE CONTENTS

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- Soundcore Life Note 3 XR True Wireless Earbuds
- Charging Case
- USB-C Charging Cable
- Eartips (Multiple Sizes)
- Quick Start Guide
- Safety Card

## SETUP

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### 1. Charging the Earbuds and Case

Before first use, fully charge the earbuds and the charging case. Connect the charging case to a power source using the provided USB-C cable. The LED indicators on the case will show the charging status.

- **Charging Case:** Connect the USB-C cable to the charging port on the back of the case.
- **Earbuds:** Place the earbuds into the charging case. They will begin charging automatically.

## 2. Pairing with Your Device

1. Open the charging case. The earbuds will automatically enter Bluetooth pairing mode.
2. On your device (smartphone, tablet, etc.), go to the Bluetooth settings.
3. Select "Soundcore Life Note 3 XR" from the list of available devices.
4. Once connected, a voice prompt will confirm successful pairing.

**Note:** If the earbuds do not automatically enter pairing mode, press and hold the button on the charging case for 3 seconds until the LED indicators flash white.

## 3. Wearing the Earbuds

Choose the eartips that provide the most secure and comfortable fit for optimal sound quality and noise cancellation. Insert the earbuds into your ear canals and twist gently to secure them.

# OPERATING INSTRUCTIONS

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## Touch Controls

The Soundcore Life Note 3 XR earbuds feature touch-sensitive controls on each earbud. The functions can be customized via the Soundcore app.

Action	Left Earbud	Right Earbud
Play/Pause	Double-tap	Double-tap
Next Track	(Customizable)	Press and hold 2s
Previous Track	Press and hold 2s	(Customizable)
Answer/End Call	Double-tap	Double-tap
Reject Call	Press and hold 2s	Press and hold 2s
Activate Voice Assistant	(Customizable)	(Customizable)
Switch Noise Cancelling Modes	Press and hold 2s	Press and hold 2s

## Soundcore App

Download the Soundcore app to enhance your experience. The app allows you to:

- Customize touch controls.
- Adjust equalizer settings (EQ).
- Switch between Noise Cancelling modes (Indoor, Outdoor, Transport).
- Update firmware.
- Find your earbuds.

## Noise Cancelling Modes

The Life Note 3 XR offers multiple noise cancelling modes:

- **Noise Cancellation:** Reduces ambient noise for an immersive listening experience.
- **Transparency Mode:** Allows you to hear your surroundings while listening to audio.
- **Normal Mode:** Standard audio playback without active noise cancellation or transparency.

Switch between modes by pressing and holding the touch control on either earbud for 2 seconds, or via the Soundcore app.

## MAINTENANCE

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### Cleaning

- Regularly clean the earbuds and charging case with a soft, dry, lint-free cloth.
- Remove eartips and clean them with mild soap and water, then dry thoroughly before reattaching.
- Do not use harsh chemicals or abrasive materials.

### Storage

When not in use, store the earbuds in their charging case to protect them and keep them charged. Store in a cool, dry place away from extreme temperatures.

### Water Resistance

The earbuds are IPX5 water-resistant, meaning they can withstand splashes and sweat. They are not designed for swimming or submersion in water. Ensure the charging port is dry before charging.

## TROUBLESHOOTING

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Problem	Solution
Earbuds not pairing	<ul style="list-style-type: none"><li>• Ensure earbuds are charged.</li><li>• Place earbuds in case, close, then open to re-enter pairing mode.</li><li>• Forget "Soundcore Life Note 3 XR" from your device's Bluetooth list and try pairing again.</li><li>• Reset the earbuds (see "Resetting Earbuds" section).</li></ul>
Only one earbud playing audio	<ul style="list-style-type: none"><li>• Place both earbuds back into the charging case, close the lid, then open it again.</li><li>• Ensure both earbuds are charged.</li><li>• Reset the earbuds.</li></ul>
Poor sound quality	<ul style="list-style-type: none"><li>• Ensure eartips provide a good seal.</li><li>• Clean the earbuds and eartips.</li><li>• Try different eartip sizes.</li><li>• Move closer to your connected device to avoid interference.</li></ul>

Problem	Solution
Charging case not charging	<ul style="list-style-type: none"><li>Check the USB-C cable and power adapter.</li><li>Ensure the charging port is clean and free of debris.</li></ul>

## Resetting Earbuds

If you experience connectivity issues or functional problems, you may need to reset the earbuds:

1. Place both earbuds into the charging case and leave the lid open.
2. Press and hold the button on the charging case for 10 seconds until the LED indicators on both earbuds flash red 3 times.
3. Close the charging case. The earbuds are now reset.
4. Remove "Soundcore Life Note 3 XR" from your device's Bluetooth list and re-pair.

## SPECIFICATIONS

Feature	Detail
Model	Life Note 3 XR
Driver Size	11mm Dynamic Drivers
Microphones	6 (for clear calls)
Noise Control	Multi-Mode Active Noise Cancelling (Indoor, Outdoor, Transport)
Playtime (Earbuds)	Up to 7 hours (ANC off)
Total Playtime (with Case)	Up to 35 hours
Charging Port	USB-C
Water Resistance	IPX5
Connectivity	Bluetooth 5.x (implied by "True Wireless")
Control Method	App, Touch
UPC	194644047139
ASIN	B09YCKQSFC

## WARRANTY AND SUPPORT

Soundcore products are backed by a limited warranty. For detailed warranty information, please refer to the warranty card included in your package or visit the official Soundcore website.

For technical support, frequently asked questions, or to contact customer service, please visit:

- [Soundcore Support Website](#)
- [Contact Soundcore Customer Service](#)

Please have your product model and purchase information ready when contacting support.

## Related Documents - Life Note 3 XR

	<p><a href="#"><u>Soundcore Life Note 3i True Wireless Earbuds Quick Start Guide</u></a></p> <p>Quick start guide for Soundcore Life Note 3i true wireless earbuds, covering setup, pairing, controls, charging, app features, sound modes, and troubleshooting. Includes warranty and support information.</p>
	<p><a href="#"><u>Soundcore Life Note E User Manual</u></a></p> <p>User manual for the Soundcore Life Note E true wireless earbuds, covering charging, wearing, powering on/off, Bluetooth pairing, controls, and specifications.</p>
	<p><a href="#"><u>Soundcore Life Note E User Manual - Charging, Pairing, and Controls</u></a></p> <p>Comprehensive user manual for the Soundcore Life Note E True Wireless Earbuds, covering charging, wearing, powering on/off, Bluetooth pairing, controls in stereo and mono modes, reset instructions, and specifications.</p>
	<p><a href="#"><u>Soundcore Life P3i User Manual: Features, Controls, and Specifications</u></a></p> <p>Detailed user manual for the Soundcore Life P3i true wireless earbuds, covering charging, wearing, pairing, controls, app features, reset procedures, and technical specifications.</p>
	<p><a href="#"><u>Soundcore Life A3i User Manual: Charging, Pairing, Operation, and Specifications</u></a></p> <p>This user manual provides comprehensive instructions for the Soundcore Life A3i true wireless earbuds, covering essential functions like charging, fitting, power management, Bluetooth pairing, touch controls, app integration, reset procedures, and detailed product specifications.</p>
	<p><a href="#"><u>Soundcore P31i / R60i NC True Wireless Earbuds User Manual</u></a></p> <p>Comprehensive user manual for Soundcore P31i / R60i NC true wireless earbuds, covering setup, features like AI Assistant and AI Translation, controls, charging, and specifications.</p>

