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> Pdoo Teeth Whitening Strips PD14 User Manual

Pdoo PD14

Pdoo Teeth Whitening Strips PD14 User Manual

Model: PD14 | Brand: Pdoo

PRODUCT OVERVIEW

The Pdoo Teeth Whitening Strips are designed to effectively remove tooth discolorations and brighten your smile. This kit provides 14 treatments, with each treatment consisting of one upper and one lower strip. The strips are formulated with non-sensitive ingredients and feature a professional seal technology for a secure, non-slip application.



Image: Pdoo Teeth Whitening Strips product packaging, showing the box and individual foil packets containing the strips.

These strips are intended for individuals seeking to reduce stains from common sources such as coffee, tea, wine, and smoking, and to achieve a visibly whiter smile within a 14-day treatment period.



Image: An illustration demonstrating the effectiveness of Pdo0 Teeth Whitening Strips against common stains like tea, coffee, wine, and tobacco.

SAFETY INFORMATION

Please read all safety information before using the Pdo0 Teeth Whitening Strips.

- **Temporary Sensitivity:** Teeth sensitivity and/or gum discomfort may be experienced during the use of Pdo0 Teeth Whitening Strips. These effects are generally mild, temporary, and not harmful.
- **Discontinue Use:** If significant tooth sensitivity or gum discomfort develops, try stopping usage for 2-3 days, then resume usage. If the problem persists, discontinue use.
- **Not for Internal Use:** This product is for external dental cosmetic use only.
- **Children:** Keep out of reach of children.
- **Pregnancy/Lactation:** Consult a healthcare professional before use if pregnant or breastfeeding.
- **Dental Work:** This product will only whiten natural teeth. It will not whiten caps, crowns, veneers, fillings, or dentures.

SETUP AND PREPARATION

Before applying the whitening strips, ensure your teeth are clean. It is recommended to brush your teeth gently before application, but avoid brushing vigorously immediately prior to use to prevent gum irritation.



Image: A single pair of Pdo0 Teeth Whitening Strips, showing the distinct shapes for upper and lower teeth.

Each foil packet contains two strips: one longer strip for the upper teeth and one shorter strip for the lower teeth.

OPERATING INSTRUCTIONS

Follow these steps for effective application of Pdo0 Teeth Whitening Strips:

1. Step 1: Peel Off Strips

Open the foil packet and carefully peel the whitening strips from their backing liner. You will find one strip for your upper teeth and one for your lower teeth.

2. Step 2: Apply to Teeth

Apply the longer strip to your upper teeth, aligning the straight edge of the strip with your gum line. Gently press

and mold the strip to ensure full contact with the front surfaces of your teeth. Fold the remainder of the strip behind your teeth. Repeat this process for the shorter strip on your lower teeth.

3. Step 3: Wear for 30 Minutes

Wear the strips for 30 minutes. During this time, you can talk, drink water, or engage in other activities as the strips are designed to stay in place.

4. Step 4: Remove and Dispose

After 30 minutes, peel off both strips and dispose of them.

5. Step 5: Rinse and Brush

Gently rinse your mouth with water to remove any residual gel. You may also brush your teeth to ensure all leftover whitening formula is removed.



Image: Visual instructions demonstrating the three main steps of applying the whitening strips: peel, apply, and reveal.

For optimal results, use one treatment (one upper and one lower strip) per day for 14 consecutive days. Visible results may be observed within 2-3 uses, with full whitening results typically achieved after 14 days.

Before



After



SAVE YOURSELF TRIPS TO THE DENTIST

Image: A visual comparison showing teeth before and after using Pdo0 Teeth Whitening Strips, illustrating the brightening effect.

MAINTENANCE AND AFTERCARE

To maintain your brighter smile and ensure product effectiveness:

- **Avoid Eating/Drinking:** After removing the strips, avoid eating or drinking for at least 30 minutes to allow the whitening process to stabilize.
- **Stain-Causing Foods:** To prolong whitening results, limit consumption of stain-causing foods and beverages such as coffee, tea, red wine, and dark sodas.
- **Oral Hygiene:** Continue with your regular oral hygiene routine, including brushing and flossing daily.
- **Storage:** Store unused strips in their original foil packets in a cool, dry place, away from direct sunlight.

TROUBLESHOOTING

Issue	Possible Cause	Solution
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Issue	Possible Cause	Solution
Teeth Sensitivity / Gum Discomfort	Common temporary side effect of whitening agents.	Stop usage for 2-3 days, then resume. If discomfort persists, discontinue use. Consider using a sensitive toothpaste.
Strips Not Sticking Well	Teeth may not be dry enough, or improper application.	Ensure teeth are dry before application. Press firmly and mold the strip to your teeth. The gel is moisture-activated, but initial dryness helps adhesion.
Uneven Whitening / White Spots	May occur due to varying enamel porosity or initial tooth dehydration.	White spots are usually temporary and disappear within a few hours. Consistent, even application over the treatment period helps achieve uniform results.
No Visible Whitening Results	Inconsistent use, severe intrinsic stains, or unrealistic expectations.	Ensure daily use for the full 14-day treatment. Results vary by individual. Consult a dental professional for severe or intrinsic stains.

SPECIFICATIONS

Brand: Pdoo

Model Number: PD14

ASIN: B09X17H3WN

Product Dimensions: 2.64 x 0.67 x 4.53 inches

Item Weight: 1.44 ounces

Number of Items: 28 (14 upper strips, 14 lower strips for 14 treatments)

Item Form: Strip

Active Ingredients: Glycerin (as listed)

Product Benefits: Brightening, Enamel Protection, Sensitivity Protection

Date First Available: April 28, 2022

Manufacturer: PDOO

WARRANTY AND SUPPORT

Information regarding a specific warranty for the Pdoo Teeth Whitening Strips is not provided in the product details. For customer support or further inquiries, please refer to the seller's contact information on the platform where the product was purchased.

For general product information, you may visit the [Pdoo Brand Store](#).



