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Medela Motion InBra

Medela Motion InBra Double Wearable Electric Breast Pump User Manual

Model: Motion InBra

1. Introduction

Thank you for choosing the Medela Motion InBra Double Wearable Electric Breast Pump. This manual provides essential information for the safe, efficient, and comfortable use of your breast pump. Please read these instructions thoroughly before first use and keep them for future reference.



Image 1.1: Medela Motion InBra Double Wearable Electric Breast Pump units.

Key Features:

- **Highly Efficient:** Features 2-Phase Expression Technology, 105° breast shields, and 9 adjustable suction levels (up to -300 mmHg) to mimic a baby's natural sucking rhythm.
- **Designed for Comfort:** Anatomical shape for discreet fit in your bra, lightweight design, and includes multiple silicone insert sizes (15mm, 18mm, 21mm) for optimal fit.
- **Easy to Use & Clean:** Intuitive controls, memory function, and only 3 components to clean. Parts are dishwasher safe and suitable for microwave disinfection.
- **Portable & Quiet:** Lightweight (250g per unit) and quiet (≤45 dB) for discreet use anywhere.
- **Hands-Free Operation:** Integrated rechargeable battery provides up to 2.5 hours or 10 pumping sessions per charge via USB-C.

2. Safety Information

Please observe the following safety precautions to prevent injury or damage to the device:

- Always use the pump for its intended purpose as described in this manual.
- Keep the device away from water and do not immerse the motor unit in water or other liquids.
- Do not use the pump if it is damaged or if any components are missing.
- Ensure all parts are clean and dry before assembly and use.
- Use only Medela original accessories and replacement parts.
- Keep out of reach of children.
- Consult a healthcare professional if you experience pain or discomfort during pumping.

3. What's in the Box

Your Medela Motion InBra Double Wearable Electric Breast Pump package includes:

- 2 x Motor Units
- 2 x 150 ml / 5 oz Breast Milk Containers
- 2 x Membranes
- 2 x 24 mm Breast Shields
- 2 x Dust Covers
- 2 x 15 mm Silicone Inserts
- 2 x 18 mm Silicone Inserts
- 2 x 21 mm Silicone Inserts
- 2 x USB-C Cables
- 4 x Easy Pour Breastmilk Storage Bags
- 4 x Ultra-Breathable Nursing Pads



Image 3.1: All components included in the Medela Motion InBra Double Wearable Electric Breast Pump package.

4. Setup

4.1 Charging the Motor Unit

1. Connect the USB-C cable to the charging port on the motor unit.
2. Connect the other end of the USB-C cable to a compatible USB power adapter (not included).
3. The battery indicator on the motor unit will show charging status. A full charge provides up to 2.5 hours of use or approximately 10 pumping sessions.

4.2 Assembly

Ensure all parts are clean and dry before assembly.

1. Insert the membrane securely into the breast milk container.
2. Attach the breast shield (24mm) to the breast milk container, ensuring a tight seal.

3. If needed, select the appropriate silicone insert (15mm, 18mm, or 21mm) for your nipple size and place it inside the breast shield. The insert should fit snugly.
4. Align the motor unit with the assembled container and breast shield, then press firmly to connect them. Ensure the motor unit is securely attached.

4.3 Fitting the Pump

1. Wear a supportive nursing bra that can hold the pump securely against your breast.
2. Center your nipple within the breast shield tunnel.
3. Place the assembled pump unit inside your bra, ensuring it is positioned correctly and comfortably. The pump should feel secure and create a good seal around your breast.



Image 4.1: Proper placement of the Medela Motion InBra pump within a nursing bra.

5. Operating Instructions

The Medela Motion InBra uses 2-Phase Expression Technology, mimicking a baby's natural sucking pattern: a faster

stimulation phase followed by a slower expression phase.



Image 5.1: Control panel overview of the Medela Motion InBra motor unit.

1. **Power On/Off:** Press and hold the power button (**yellow circle**) to turn the pump on or off. A short press during operation will pause/resume pumping.
2. **Stimulation Phase:** Upon powering on, the pump will start in the stimulation phase (faster suction cycles) to encourage milk let-down.
3. **Switch to Expression Phase:** Once milk starts flowing, press the stimulation button (**yellow wave icon**) to switch to the expression phase (slower, deeper suction cycles). The pump will automatically switch after 2 minutes if no button is pressed.
4. **Adjust Suction Level:** Use the '+' and '-' buttons (**yellow plus/minus**) to increase or decrease the vacuum level. There are 9 adjustable suction levels. Start with a comfortable level and gradually increase it to maximize milk output without causing discomfort.
5. **Memory Function:** The pump remembers your last used settings for both stimulation and expression phases, making subsequent sessions more convenient.

6. **End Session:** When you have finished pumping, press and hold the power button to turn off the pump. Carefully remove the pump units from your bra.
7. **Pouring Milk:** Carefully detach the motor unit from the container. Use the easy-pour spout on the container to transfer milk into storage bags or bottles.

6. Cleaning and Maintenance

Proper cleaning and maintenance are crucial for hygiene and the longevity of your breast pump. Always clean parts immediately after each use.

6.1 Disassembly

Separate all components that come into contact with breast milk: breast shield, silicone insert, membrane, and breast milk container. The motor unit should not be washed.

6.2 Cleaning

1. Rinse all separated parts with cold water to remove milk residue.
2. Wash parts in warm soapy water using a mild dish soap. Use a clean brush specifically for breast pump parts.
3. Rinse thoroughly with clean water.
4. Alternatively, all parts (except the motor unit) are dishwasher safe. Place them on the top rack.

6.3 Disinfection

Disinfect parts at least once a day, or as recommended by your healthcare professional.

- **Boiling:** Place clean parts in a pot of boiling water for 5 minutes.
- **Microwave:** Parts are suitable for microwave disinfection using a Medela Quick Clean Micro-Steam Bag or similar product, following the manufacturer's instructions.

6.4 Drying and Storage

Allow all parts to air dry completely on a clean paper towel or drying rack. Store dry parts in a clean, covered container until next use.



Image 6.1: The Medela Motion InBra is designed for easy cleaning with only three main components.

7. Troubleshooting

If you encounter any issues with your Medela Motion InBra, please refer to the following common solutions:

Problem	Possible Cause	Solution

Problem	Possible Cause	Solution
No suction or weak suction	• Parts not assembled correctly • Membrane damaged or not seated properly • Breast shield not sealed against breast • Motor unit not fully connected	• Disassemble and reassemble all parts, ensuring a tight fit. • Check the membrane for tears or damage; replace if necessary. Ensure it is seated flat. • Adjust pump position in bra to ensure a good seal around the breast. • Ensure the motor unit is firmly clicked onto the container.
Low milk output	• Incorrect breast shield/insert size • Suction level too low or too high • Stress or discomfort	• Ensure your nipple moves freely in the tunnel. Try different insert sizes for optimal fit. • Adjust suction to a comfortable yet effective level. • Relax during pumping. Ensure you are hydrated.
Milk leaking from pump	• Pump tilted excessively • Parts not sealed correctly • Container overfilled	• Maintain an upright posture during pumping. • Check all connections for a secure seal. • Do not exceed the maximum fill line on the container.
Motor unit not turning on	• Battery is depleted • Device malfunction	• Charge the motor unit fully. • If the issue persists after charging, contact Medela customer support.

If the problem persists after trying these solutions, please contact Medela customer support.

8. Specifications

Brand	Medela
Model Name	Motion InBra
Model Number	101047543
Type	Double Wearable Electric Breast Pump
Power Source	Battery Powered (Rechargeable via USB-C)
Battery Life	Up to 2.5 hours or 10 pumping sessions per charge
Suction Levels	9 adjustable levels
Max Suction	-300 mmHg
Noise Level	≤45 Decibels
Weight (per unit)	250g (approx.)

Material	Plastic (BPA-free)
Dishwasher Safe	Yes (all parts except motor unit)

9. Warranty and Support

9.1 Manufacturer's Warranty

The Medela Motion InBra Double Wearable Electric Breast Pump comes with a **2-year manufacturer's warranty** from the date of purchase. Please retain your proof of purchase for warranty claims. The warranty covers defects in materials and workmanship under normal use.

9.2 Customer Support

For further assistance, troubleshooting, or warranty claims, please contact Medela customer support through their official website or the contact information provided in your product packaging. You can find more information and support resources at www.medela.com.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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